

## NCS SPORTS ADVISORY COMMITTEE MINUTES

MINUTE TOPIC	MAKER OF MOTION /SECOND	ACTION
<b>I. CONSENT AGENDA</b>	Bud Beemer/Don Nelson	Unanimous
<b>II. MINUTES OF THE PREVIOUS MEETING</b>	--	PASSED (CONSENT)
<b>III PUBLIC INPUT</b>	--	NONE
<b>IV. CIF ITEMS</b>		
A. Football Mercy Rule	Phil Tomasini/Don Nelson	21-4-3 (PASSED)
B. Proposed New Bylaw – Return to Play	Don Nelson/Linda Sawyer	30-0-0 (PASSED)
C. Girls’ State Wrestling Championships (Attachment CIF IV.C)	Phil Tomasini/Bill Jones	29-0-1 (PASSED)
D. CIF Bylaw 1203 Revision (Attachment CIF IV.E)	Tom Breen/ Ole Chiavini	30-0-0 (PASSED)
E. Wrestling Weigh-in Violation Penalty (Attachment CIF IV.C)	Linda Sawyer/ Phil Tomasini	29-0-1 (PASSED)
<b>V. NCS ITEMS</b>		
A. 2009-2010 Sport Divisions/Classifications (Attachments A-M)	Ole Chiavini/Tom Breen	29-0-0 (PASSED)
<b>VI. NEW BUSINESS</b>		
A. Criteria for Hosting NCS Championship	Chuck Davison/Robert Pinoli	20-4-4 (PASSED)
B. Interpretation of CIF Rule 600 Scrimmage (Winter soccer only)	Don Nelson/ Tom Welsh	18-0-12 (PASSED)
C. Cross Country NCS Divisional restructuring (Attachment N) additional item	Don Nelson/ Linda Desimone	2-22-6 (FAILED)
D. Movement to a higher division implementation date	Linda Sawyer/Stephanie Hamilton	4-21-5 (FAILED)
E. Change entrant guidelines for Wrestling	Don Nelson/ Mario Balestrieri	19-3-4 (PASSED)
F. Water Polo Two Divisions (Attachment O)	Pat Middendorf/ Phil Tomasini	23-2-4 (PASSED)
G. Bylaw 518 Hosting	Ole Chiavini/ Don Nelson	9-21-0 (FAILED)
<b>VII. OLD BUSINESS</b>		
A. Three Divisions in Boys’ Fall Soccer (Attachment P)	Chuck Davison/ Robert Pinoli	28-0-0 (PASSED)
<b>VIII. STAFF REPORTS</b>		INFORMATION
A. Commissioner (Attachment Q)	Gil Lemmon	
B. Associate Commissioner (Attachment R)	Karen Smith	
C. Assistant Commissioner (Attachment S)	Bri Niemi	

The regular meeting of the North Coast Section Sports Advisory Committee was called to order by Chairperson Susie Woodall at 8:35 a.m. on March 8, 2010, at **NOVATO UNIFIED SCHOOL DISTRICT**, Novato, California.

## LEAGUES & REPRESENTATIVES

### **Alameda Contra Costa Athletic League (2)**

Bill Jones, ACCAL Commissioner–  
Tiffany Valdehueza, Pinole Valley HS

### **Bay Area Conference**

Tom Welsh, BAC Commissioner

#### **Bay Counties League (2)**

Mary Fahey, Head-Royce HS

#### **Bay Counties League East (1)**

Linda Desimone, College Prep HS

#### **Bay Counties League-West (1)**

Josh Freschette, Marin Academy HS

#### **Bay Counties League Central (1)**

Stephanie Hamilton for Steve Glass, Bay School S.F. HS

### **Bay Shore Athletic League (2)**

Phil Tomasini, BSAL Commissioner  
TBA

### **Bay Valley Athletic League (2)**

Bud Beemer, BVAL Commissioner  
Elisha Hall, Liberty HS (

### **Coastal Mountain Conference (4)**

Chuck Davison, CMC Commissioner (Absent)

#### **NBL I North**

Geri Giovannetti, Middletown High School

#### **NBL I South**

Tom Hoppe, St. Helena HS

Sue Keller, St. Vincent

#### **NBL II North**

Robert Pinoli, Anderson Valley

#### **NBL II South**

### **Diablo Foothill Athletic League (2)**

Ole Chiavini, DFAL Commissioner  
Linda Sawyer, DFAL Rep.

### **Diablo Valley Athletic League (2)**

Mario Balestrieri, DVAL Commissioner  
Pat Middendorf, Clayton Valley

### **East Bay Athletic League (2)**

Don Nelson, EBAL Commissioner  
Gleam Greene, Carondelet HS

### **Hayward Area Athletic League (2)**

Dave Kiesel, HAAL Commissioner  
Chris Krisman, Moreau Catholic HS

### **Humboldt-Del Norte League (2)**

Charlie Lakin, HDNL Commissioner (Absent)  
Karen Parlato, Fortuna HS

### **Marin County Athletic League (2)**

Susie Woodall, MCAL Commissioner, SAC Chair  
Rick Winter, Marin Catholic HS (Absent)  
Michelle Smith, Branson School

### **Mission Valley Athletic League (2)**

Tom Breen, MVAL Commissioner  
Kim Martin, Irvington HS

### **North Bay League (2)**

Marie Sugiyama, NBL Co-Commissioner  
Russ Petrich, NBL Co-Commissioner

### **Sonoma County League (2)**

Dave Ashworth, SCL Commissioner  
Kathryn Teeter, Petaluma HS

### **STAFF:**

Gil Lemmon, NCS Commissioner of Athletics  
Karen Smith, NCS Associate Commissioner  
Sandy Lemmon, NCS Championship Events Coordinator

**Guests:** Jim Ketchum, SF University HS  
Tim Hunter, San Ramon Valley HS

Each item passed at this meeting will become effective July 1, 2010 unless otherwise noted, if passed by the Board of Managers at the April 26, 2010 meeting.

# NCS SPORTS ADVISORY COMMITTEE MINUTES

## March 8, 2010

### I. CONSENT AGENDA

#### A. PASSED (Unanimous)

To approve the consent agenda

### II. MINUTES

#### A. PASSED (CONSENT, AGENDA)

To approve of the minutes of the December 7, 2009 meeting as printed.

### III. PUBLIC INPUT no public input was given.

### IV. CIF ITEMS

#### A. PASSED (21-4-3)

##### Football Mercy Rule

Below are some preliminary discussion points that may be beneficial to the **CIF FB Advisory Committee** in its consideration of developing such a procedure:

- **NFHS FB Rule 3-1-2** allows such a procedure to be established: *“By state association adoption, a point differential may be established whereby at the end of the 1<sup>st</sup> half if one team has gained the established point differential or if it secures such differential during the 2<sup>nd</sup> half, the game shall be terminated. A state association may also establish guidelines to use a running clock when the point differential is reached.”*
  - Currently the only **NFHS FB** rule directly addressing shortening or terminating a contest is **Rule 3-1-3**, which states, *“A period or periods may be shortened in any emergency by agreement of the opposing coaches and the referee. By mutual agreement of the opposing coaches and the referee, any remaining period may be shortened at any time or the game terminated.”* As one can see, the language of this rule requires the mutual agreement of opposing coaches, which many times can prove to be problematic.
  - While the intent of this agenda item is to consider the implementation of a “mercy rule” for only Championship events, it would certainly be appropriate for **CIF-Sections** and Leagues to consider such implementation for regular-season contests and Play-offs as well. However, depending on final **State CIF** action, that decision is probably better left for those respective entities to consider.
  - The implementation of a “mercy rule” for Championship events is not unprecedented. Most **CIF-Sections** and Leagues have some kind of game-shortening/-terminating procedures in place in the sports of Baseball, Softball and Wrestling. As well, the **State CIF** has already implemented a mandatory “mercy rule” for the sport of Basketball.
  - Approximately 37 of the 50 states already have a “mercy rule” in place for the sport of Football, for both the regular-season and/or Championship play.
1. During the 1<sup>st</sup> half, by mutual agreement of the opposing coaches and the referee, a “*running clock*” may be used if the point differential between the two teams reaches 35 or more;
  2. If at the start of the second half or at any time during the second half, the point differential is 35 or more points, a running clock shall be used for the remainder of the contest;
  3. Once the “*running clock*” is in effect during the 2<sup>nd</sup> half, it shall remain in effect for the balance of the contest, even if the team that is behind subsequently scores to make the deficit less than 35 points;
  4. The “*running clock*” will be administered as follows:
    - A. The game clock will start with the snap or legal touch of a free kick on the first play following the establishment of the pertinent point differential, and continue to run uninterrupted when:
      - A 1<sup>st</sup> down is awarded to either team, including following a change of possession;
      - The ball or runner is out-of-bounds;
      - A legal or illegal forward pass is incomplete;
      - A play results in a touchback;
      - An inadvertent whistle occurs;
      - During all penalty enforcements.
    - B. The game clock shall be stopped for:
      - The end of a period;
      - A score (including touchdown; try; field goal; safety);
      - The free kick following a fair catch or awarded fair catch;

- A charged team time-out;
  - A coach-referee conference;
  - An official's time-out (injury; equipment; 1<sup>st</sup> down measurement; other, as required);
- C. Following a stoppage for any reason in B. above, the game clock will start when the ball is next:
- Marked ready-for-play; or
  - Legally touched on the free kick following a score, a fair catch or awarded fair catch

**B. PASSED (30-0-0)**

**Proposed New Bylaw 313 – Return to Play**

Motion to approve new bylaw 313 – Return to Play. A student-athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider.

Rationale: Several other western states have passed bylaws regarding “return to play” for any student-athlete who is suspected of receiving a concussion or head injury. Nationwide data continues to show that many catastrophic head injuries are a direct result of injured athletes returning to play too soon, not having fully recovered from the first head injury. Presently California does NOT have any bylaw governing this issue and it has been left up to schools/districts to have a local policy. Many schools/districts are looking to the CIF for direction and governance on this important topic. The CIF Sports Medicine Advisory Committee (SMAC) has discussed this issue numerous times and strongly supports a CIF policy that would require a written medical clearance before “Return to Play” is permitted.

**C. PASSED (29-0-1)**

**Girls' State Wrestling Championships**

Motion to adopt a CIF Girls' Wrestling State Championship

See CIF IV.C

**D. PASSED (30-0-0)**

**CIF Bylaw 1203 Revision**

Motion to adopt revisions to CIF Bylaw 1203

See CIF IV.D

**E. PASSED (29-0-1)**

**Wrestling Weigh-in Violation Penalty**

Motion to adopt a penalty for violation of NFHS Wrestling rule 4-5-5, weight allowance for consecutive days of team competition.

See CIF IV.E

**V. NCS ITEMS**

**A. PASSED (29-0-0)**

**A. 2010-11 Sport Divisions**

Motion to approve the sport 2010-11 Sport Divisions. See Attachments A-M

**VI. NEW BUSINESS**

**A. PASSED (20-4-4)**

**Criteria for Hosting NCS Championship (Football Only)**

Motion to change the wording in the application to host to include the following: provide restroom, dressing room **and shower facilities-exceeding 60 miles (one way) upon request of the visiting school** for home and visiting teams use before, at half-time and after the game.

#8 (In Basketball) Same wording is used in other sports.

Provide a restroom and dressing facilities for the home and visiting teams use before, at half-time and after the game. (Shower facility not addressed).

Rationale:

Income and Expenses Related to Implementation: None

**B. PASSED (18-0-12)****Interpretation of CIF Rule 600 Scrimmage**

Motion to adopt the following interpretation concerning CIF Rule 600 for the sport of winter soccer only.

## CIF Rule 600

A student on a high school team becomes ineligible if the student competes in a contest on an “outside” team, in the same sport, during the student’s high school season of sport.

## NCS Commissioner Interpretation

1. A student becomes a member of the regular school team when they participate in a ~~scrimmage or~~ contest.
2. A student is allowed to participate with an outside team during practices and scrimmages without violation of CIF Rule 600.

Rationale: Club soccer teams are extending their season into December. This means our schools have tryouts the first week in November and cannot have our players be in a scrimmage until December 5, 6, and 7. Having them eligible for a scrimmage allows each high school program to prepare for their teams contests in December. Additionally, winter soccer is the only season that this applies. Fall and Spring soccer do not have to abide by this interpretation due to the fact that schools playing during the Spring and Fall do not have to be concerned with Rule 600, since it is only in effect during the winter season of sport.

**C. FAILED (2-22-6)****Cross Country NCS Divisional restructuring (See Attachment O)****D. FAILED (4-21-5)****Proposal to require movement to a higher classification or division implementation date (BAC)**

Motion for the new NCS rule that requires schools that win the NCS championship 3 years in a row to move up a division to be implemented for the 2011-2012 school year.

Rationale: The reason for this is that there are student-athletes who are current juniors that will find the current implementation schedule to be devastating. That will certainly be the case in for our Boys’ Cross Country team. We have never won a Boys’ State Championship in Cross Country (no NCS D5 team has—it has been a Southern Section team for 14 straight years--- Woodcrest Christian for the last 5). We have juniors on our team who have established this as their goal for their senior year. The news that they will be moved up to Division 4 next year for both the Section and the State meet (if they can qualify in D4) has crushed them.

If the implementation date were moved forward a year, then this surprise and devastating change would be significantly mitigated. Current juniors would not have it impact them in their senior year. Current freshman and sophomores would know that it was coming and would have to take advantage of their opportunity next year with fair warning that they might be moved up the following year.

With a 22-16-3 passage by the Board of Managers, it is clear that this proposal did not generate overwhelming support. I hope that all who believe that this is the right long term solution will also see that implementing it immediately will have an unnecessarily negative impact on dedicated student-athletes in their final year of interscholastic competition, leaving them with a sour taste in their mouths when all that they have done is work hard and strive to achieve team success.

**E. PASSED (19-3-4)****Proposal to change team/individual entrant guidelines for post season competition to allow two wrestlers from same team to compete at the same weight class. (DVAL)**

There are 14 weight divisions in High School Wrestling. Currently, according to California Interscholastic Federation (CIF) guidelines, each team can enter only one (1) wrestler per weight division in the first individual post season qualifier for the State Championship Series, for a total of fourteen (14) wrestlers per team.

The Michigan High School Athletic Association (MHSAA) rules state:

Individual District General Procedures-Each school is allowed to enter fourteen (14) wrestlers in the First Individual District Tournament with no more than two (2) wrestlers being entered in any one weight class.

I believe the MHSAA model is superior to the CIF model for several reasons:

1. Quality of Competition-Wrestling, when entering the State Championship Series is an individual sport. Team scores and championships are dictated by individuals performances in the individual league, sub-section, section, and state

tournaments. The Michigan model allows each team to enter its best 14 wrestlers at their most competitive weight class. Like in track and swimming the best athletes from each team should move on to represent their team at their best event/weight. Ex. In a dual meet competition the best wrestlers on the team can be moved around to fill weight classes and get key match ups. This may mean moving up a weight class or even two to help the team get the win. A 165lb wrestler may do well in a dual at the 189lb class but not be at his most competitive if at this weight for the post season. In California if a team has two competitive 285lb wrestlers or two very competitive 103lb wrestlers only one of these athletes may move on to the post season, often seeing a different weight class on the team filled by a much less competitive (first year) athlete.

2. Safety of the Wrestlers-In terms of safety and the well being of the wrestlers, the Michigan Model encourages wrestlers to compete at their ideal/safest weight class. Wrestlers would not have to cut excessive weight to make a spot on the team for the post season. Wrestlers would not have to move up several weight classes and compete against much larger opponents because that is where they could qualify for their team. With the recent implementation of the body composition analysis, the Michigan model falls in line with looking after the safety of the wrestlers. Ex-1. A team may have two wrestlers who are very competitive at the 103lb class. The better of the two weighs 106lb and cuts down to 103/105lb class for the post season. The second best wrestler, who weighs 98lbs, in our current system, could then be the teams starting 112/114lb wrestler for the post season. This 98lb young man who had been very successful at the 103lb class giving up only a few lbs would be facing in the post season kids who have in many case dropped down from 120-125lbs. The Michigan model offers a safer solution for this young man instead of stepping on the mat against wrestlers 20-25lbs, or 30% heavier. (In all dual meets the 98lb wrestler went 103 and the larger boy went 112). Ex-2. At the start of the season a team has two wrestlers at the HW division who are capable of placing at the State Level. They both weigh 270-280lbs and the body composition states they could both compete at the 215lb class at the end of the season. As workout partners they push each other in practice and the post season lifting weights to get stronger and play football and wrestle. To both be able to compete in the post season for wrestling one of these young men would have to lose nearly 60 lbs, or 22% of their bodyweight, in less than 3 months, especially if the team made the post season football playoffs. (see 2002/2003 De La Salle heavyweights Drazba and Sandie). The Michigan model allows both athletes to wrestle at the HW division without the drastic weight loss and still pursue their football goals.
3. Equity-The Michigan model allows for greater equity in the post season for smaller teams. Teams which may not fill all 14 weight classes, yet have competitive wrestlers in the same weight class would be able to enter more wrestlers in the post season and be better equipped to compete against teams with larger programs. Ex-A school has only 10 wrestlers in its entire wrestling team. Its two best wrestlers are both heavyweights capable of placing at the section tournament. This team currently could only field nine (9) wrestlers for the post season, leaving at least one competitive wrestler out. The Michigan model allows this team to enter all ten (10) wrestlers in the post season giving them more scoring opportunities as a team versus teams with larger programs.

Points of interest:

- A. Does not effect or change team scoring. Every team has the same opportunity to enter fourteen (14) wrestlers in the post season and all fourteen (14) score for the team.
- B. Encourages all wrestlers to stay out and compete based on merit of skills, hard work, and accomplishments. (Athletes, especially heavyweights, will not quit if they can not beat the starter).
- C. Coaches can still use challenge matches for determining post season competitors. These wrestlers can then be entered at their ideal and safest weight, (up to 2 per weight class). Coaches will also be able to take into account a wrestlers accomplishments, tournament record, year in school and many other factors if need be, not just were the athlete fits in the lineup by weight.
- D. Mark Uyle of the MHSAA who I have been in contact with for much of this information stated, "The (wrestling) coaches (in Michigan) have been very pleased with this approach".

#### **F. PASSED (23-2-4)**

**Proposal to create WATER POLO DIVISIONS I & II (DVAL) see Attachment O**

**REMOVED OPTIONS ONE AND TWO**

#### **G. FAILED (9-21-0)**

**Motion to change the wording in by-law 518H to allow seeding to be the determining factor for hosting the NCS playoff games in the first, quarterfinal, and semifinal rounds of the NCS championship playoffs. (DFAL)**

#### **518H Championship Series Sites (first, second and semifinal rounds)**

- a) In the sports of baseball, basketball, football, lacrosse, soccer and softball, NCS member schools host home contests during first, quarterfinal and semifinal rounds provided their facility meets the minimum site criteria.
- b) In the sport of team tennis, NCS member schools host home contests during first and quarterfinal round contests, provided their facility meets the minimum site criteria.

c) In the sport of volleyball, NCS member schools will host contests through the championship round. The higher seeded team will host provided their school facility complies with established minimum facility requirements.

Championship Series Sites (first, quarterfinal and semifinal rounds)

Selection of sites for first, quarterfinal and semifinal round (a quarterfinal round contest only occurs in a tournament that has four rounds) contests shall be determined according to the following priorities and criteria.

~~(First priority) Conduct the contest at the home site or in the geographical area of the league champion provided the league champion can provide a site that meets the criteria for the respective championship series event. If the league champion is unable to provide a site that meets the criteria, the contest may be hosted by or in the geographical area of the competing school provided its site meets the criteria. If neither school can provide a site that meets the criteria, the NCS staff will arrange for the contest to be conducted at a designated site. The area of the league champion will be given preference if a site that meets the criteria is available. If there is not any available site that meets the criteria, NCS staff will select a site balancing all applicable factors.~~

~~(Second priority): If a league champion is not involved in the contest, The contest will be conducted at the site or in the geographical area of the highest-seeded team provided the highest-seeded team is able to provide a site that meets the criteria for the respective championship series event. If the highest-seeded team is unable to provide a site that meets the criteria, the contest will be conducted at the site or in the geographical area of the other competing school provided its site meets the criteria. If neither school can provide a site that meets the criteria, the NCS staff will arrange for the contest to be conducted at a designated site. The area of the highest-seeded team will be given preference if a site that meets the criteria is available. If there is not any available site that meets the criteria, the NCS staff will select a site balancing all applicable factors.~~

~~(October 30, 1998)~~

~~(Third priority): If a seeded team is not involved in the contest, the contest will be conducted at the site or in the geographical area of the team which defeated the higher seeded team provided the team which defeated the higher seeded team is able to provide a site that meets the criteria for the respective championship series event. If the team that defeated the higher seeded team is unable to provide a site that meets the criteria, the contest will be conducted at the site or in the geographical area of the other competing school provided its site meets the criteria. If neither school can provide a site that meets the criteria, the NCS staff will arrange for the contest to be conducted at a neutral site. The area of the team that defeated the higher seeded team will be given preference if a site that meets the criteria is available. If there is not any available site that meets the criteria, the NCS staff will select a site balancing all applicable factors.~~

~~(Board of Managers October 30, 1998)~~

Rationale: Since we are using pure seeding in the Championship Playoffs, it stands to reason that teams with the higher seed be given the hosting privilege so long as they meet the NCS site criteria. By not giving the higher seed the hosting privilege, it defeats the purpose of pure seeding. Additionally, a team's body of work that has earned it a higher seed would be unfairly disregarded if they have to play a league champion team with a lower seed and on the road.

VII. OLD BUSINESS

A. TABLED (PASSED TO REMOVE FROM TABLE 28-0-0)

PASSED (28-0-0)

Motion to adopt a third Division in the NCS/ Les Schwab Tires Fall Soccer Championships.

(See Attachment P)

VIII. STAFF REPORTS

- A. Commissioner
- B. Associate Commissioner
- C. Assistant Commissioner

- ATTACHMENT P
- ATTACHMENT Q
- ATTACHMENT R



# California Interscholastic Federation

[www.cifstate.org](http://www.cifstate.org)

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**CIF IV.C**

**TO: FEDERATED COUNCIL**

**FROM: CIF Executive Committee**

**THROUGH: Championship New Events Committee  
Commissioner's Committee**

**DATE: February 5, 2010**

**RE: Girls Wrestling State Invitational**

In May of 2009, the Federated Council passed the CIF Regional and State Championship Master Plan. A State Invitational in Girls Wrestling is the first event in the plan in order to restore balance to the number of State offerings for boys and girls sports. While adding a State Invitational is not the normal procedure for adopting CIF Championship Events, it may be done in cases where gender and ethnic equity issues are a concern.

**1<sup>st</sup> Reading: February 5, 2010**

**Vote: May 7, 2010**

## Proposal for New CIF Championship Event from the CIF/Central Section

**Name of Event:** CIF Girls Wrestling State Invitational

**Proposed Event Dates:** February 25 & 26, 2011

**Financial Criteria and Feasibility for New Events Sponsored by CIF:**

1. What travel, lodging, and meal reimbursement will be provided to participating schools (please use the CIF Adopted Criteria)?

**Based upon the reimbursement policy established by the Federated Council, this event does not meet the criteria for travel, lodging and meals reimbursement.**

2. Will this event place any CIF Section event at risk financially?

**There will be no financial obligation for any CIF Section.**

3. Will this event be a burden on any CIF Section budget or the State CIF budget?

**There will be no burden on any CIF Section budget and we feel that the tournament will have a positive impact on the State budget.**

4. Please provide a detailed, specific, feasible cost estimate for the operation of this event.

	<u>Proposed Budget</u>	
	<b>Revenue:</b>	<b>Expenses:</b>
Ticket Sales	<b>\$7,000.00</b>	Referees
	<b>\$7,000.00</b>	Awards
		Maintenance
		Staffing
		<b>\$4,100.00</b>
		Net Profit:
		<b>\$2,900.00</b>

**The schools that have been selected as possible host sites have agreed to allow the use of their facility for free. In lieu of fees the schools are requesting to be awarded concessions and parking for the event.**

**We have also tentatively secured a vendor to provide the meals for workers and meals for a hospitality room at no charge. In addition, the organization will possibly donate hotel rooms for CIF Staff. We will also be working with the State Office in regards to securing some local sponsors and vendors for the event.**

5. Please demonstrate using the both costs in #4 above and anticipated event revenue how this event may be sustained economically over many years.

**We feel that based upon having very low expenses and the potential for interest in the event to grow it can be sustainable for many years. Because of the commitment by the Central Section Schools, Section Office, and the wrestling community, this event will be held in a top quality venue with very little financial risk to the State CIF.**

6. Is the current CIF State Office staff capable of managing this event?

**The current CIF State staff can provide more than adequate management for the event. With help from the Central Section Office, this event can be run successfully.**

7. Is there capable staff available to support the CIF State Office in the operation of this event?

**The Central Section Office and its Executive Board, along with numerous volunteers from the section wrestling community, will be an integral part of running the event. We have a commitment from the area wrestling community to make the event a success.**

### **Philosophical Criteria for New Events:**

1. How does this event contribute to the goals of the CIF (i.e. a new event may enhance gender equity, economic stability and enhance the awareness of values taught through sport)?

**With the addition of this event, the state will offer the same amount of state championships for boys and girls. This will put the State CIF back in compliance in regards to gender equity and help promote the importance of sports for all of our student-athletes regardless of gender. These student-athletes will be able to experience what a state championship event feels like and will gain an opportunity to enhance the values of hardwork, teamwork, sportsmanship and perseverance.**

### **Qualifying Participation Criterion for a State Championship:**

1. Do 60% of all CIF schools participate in the sport in the same season or do at least six or more Sections have championships in the sport (incl. at least two in the north and two in the south)?

**Due to not meeting the criteria established for qualifying as a state championship. This event will be classified as a CIF State Invitational.**

Note: If an event does not meet this criterion, it may be proposed as an Invitational.

### **Other Questions:**

1. How will this event benefit participating schools and students?

**The students will be participating in a CIF run and sanctioned event, which will be held to the high standards under which all CIF events are conducted. It will give our female student-athletes and schools the opportunity to say they are state champions.**

2. Do the proposed dates conflict with state mandated testing?

**The dates of this event do not conflict with any state mandated testing windows.**

3. Does the event cause additional loss of instructional time? If so, has any thought been given to mitigating this loss (Saturdays, evenings, vacation time)?

**This event will take place on a Friday and Saturday, following the same type format used for the boys event. There is a non-CIF event currently happening in which the girls are already participating. Therefore, there is no anticipated loss of additional instruction time.**

4. If the proposal is for a sport that is played now in more than one season in the state, what dates are selected and why?

**This sport is offered during the same season in all of the sections that have girls wrestling and for those where the girls wrestle in boys events.**

5. How, specifically, will this event be a demonstration of the values of participation in high school athletics? In choosing teams or individuals for an event, is there any criterion such as demonstration of respect, sportsmanship, citizenship, achievement through effort and cooperation, full compliance to CIF code of ethics, rules, regulations, guidelines, etc.?

**This event will follow all guidelines that are in place for all CIF Events. We would follow all procedures that are in place in regards to selection and qualifying for the event. All participants are expected to meet all CIF rules and participate using the aspects of "Pursuing Victory with Honor" that have been established by the State CIF.**

6. Will the proposed event lend itself to a partnership between the State CIF and a CIF Section? If so, the nature of the partnership must be detailed. What are the duties and responsibilities of the State and Section entities? If there is to be a risk/profit sharing, what are the proposed financial details? If resources, other than financial, are to be used as part of a partnership, what are the anticipated resources? Any proposal that considers a Section/State partnership should consider whether or not an event should be rotated, upon request, among Sections.

**There would be no partnership between the State CIF and the Central Section in regards to the financial aspect of the event. The proposed area of partnership would happen in the areas of event management and providing personnel to run the event, along with helping to secure financial support in regards to sponsorship and vendor booths.**

7. Will there be any ancillary activities associated with the event to make it more attractive and reflective of the goals and mission of CIF (i.e. training for coaches, sportsmanship activities for schools)?

**There are no plans for ancillary activities associated with this event.**



# Girls Wrestling Invitational Tournament 2011

**Date:** Friday and Saturday Feb 25-26, 2011

**Site:** TBD

**Who May Compete:**

- Girls must have completed the Weight Assessment Program and be listed on the schools NWCA Pre Match Weigh In Form to be presented at the event weigh-ins.
- Must have qualified from the following: (All qualifiers must be completed by Feb. 19<sup>th</sup>)
  - North: North Coast Section/Oakland Section Girls Tournament: 4 Qualifiers
  - Sac-Joaquin Section/Northern Section Girls Tournament: 4 Qualifiers
  - Central Coast Section/San Francisco Section Girls Tournament: 4 Qualifiers

South: Regional to include Central, LA, San Diego, and Southern Sections: 12 Qualifiers

- Athlete must be eligible in accordance with school, league and CIF Rules.
- Athlete must be accompanied by a certified coach from their school.

**Weight Classes:** 98, 103, 108, 114, 118, 122, 126, 132, 138, 146, 154, 165, 189, 235

**Registration:** Must be submitted by the section or regional at completion of qualifier.

**Separation:** Separation should be done similar to existing CIF State Tournament

- Separation is designed to split athletes into different quadrants of a bracket so they will not meet each other in early rounds.
- Common considerations to separate wrestlers from meeting in early rounds could be:
  - wrestlers from the same section
  - returning regional medalists and/or state medalists

<b>Time Schedule:</b>	Friday Feb. 25	Weigh Ins	7 am
		Tournament Begins	9 am
	Saturday Feb. 26	Weigh Ins	7 am
		Tournament Begins	9 am
		Finals	6 pm

**Awards:** Individual Awards 1<sup>st</sup> through 6<sup>th</sup>  
Team Awards 1<sup>st</sup> & 2<sup>nd</sup>  
Note: The number of individual and team awards will increase as the bracket size increases.

**Rules:** NFHS Rules Book except for the adopted Weight Classes

## Bylaw 1203 Revision

(move to Bylaw 500)

### ARTICLE 50

#### GENERAL RULES

#### 500. AUTHORIZED PARTICIPATION

##### A. During the School Year

~~CIF-approved sports are listed in Bylaw 1200. Rules and regulations apply for these sports during the school year only. Some activities depend upon specified sport skills. Among these are hole-in-one contests for golf, basketball free-throw contests, baseball throws for distance and accuracy, and football punts for distance. Achievement in these activities depends upon an individual's athletic prowess in a particular sport. If this activity is an approved CIF sport, then a student may jeopardize the student's CIF eligibility if the student's participation violates the CIF amateur status or award rules.~~

**All athletic activities in CIF-approved sports involving CIF member schools must be held under the rules and regulations of the participating schools' respective league, section and the CIF, during the established school year (district, section, league).**

##### B. During the Summer

~~During the summer period, CIF rules and regulations do not apply to any activities except as follows:~~

**During the summer period only CIF bylaws pertaining to transfer eligibility, undue influence, pre-enrollment contact and athletically motivated transfers apply.**

- ~~(1) — No physical conditioning or practice sessions for football prior to the opening of authorized practice may be conducted by a high school, unless specifically authorized by the appropriate Section; (Moved to C)~~
- ~~(2) — Participation in any other sports during the summer is governed by the nationally recognized authority for each sport, if such authority exists.~~

C. During the summer period, no physical conditioning or practice sessions for football prior to the opening of authorized practice may be conducted by a high school unless specifically authorized by the **school principal/designee** appropriate Section. **Sections may establish sport specific rules and/or policies.**



# California Interscholastic Federation

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## CIF IV.D

**TO:** FEDERATED COUNCIL  
**FROM:** Commissioner's Committee  
**THROUGH:** CIF Executive Committee  
**DATE:** February 5, 2010  
**RE:** Wrestling Weigh In Violation Penalty

### Rationale for penalty:

#### CONCERN:

That tournaments are granting one or two pounds in their advance information bulletins without really knowing if a team, in the tournament, will have consecutive days of competition to warrant the additional pound(s).

Example #1 A two-day tournament with weigh-ins on Friday morning, one pound should be given to all teams in the tournament, if one of the teams in the tournament had a dual meet or tournament on Thursday. On Saturday morning the athletes will be given one more pound.

Example #2 A two-day tournament with weigh-ins on Friday morning, **two** pounds should be given to all teams in the tournament, if one of the teams in the tournament had a dual meet or tournament Wednesday **and** Thursday. On Saturday morning the athletes will **not** be given any more pounds, because the maximum pounds to be given in consecutive days of competition is 2 pounds.

Example #3 If a JV wrestler competes in JV only tournament or dual meet on Thursday and on Friday is moved up to Varsity to compete in the Varsity tournament the one pound is **NOT** given for the Friday weigh ins because the "consecutive days of team competition..." has not been met. In this case it must be varsity to varsity team competition.

1<sup>st</sup> Reading: February 5, 2010

Vote: May 7, 2010



# California Interscholastic Federation

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## NFHS WRESTLING WEIGH IN VIOLATIONS

### Rule 4 Section 5 Article 5

When there are consecutive days of team competition, there shall be a 1-pound additional allowance granted each day for all wrestlers up to a maximum of two pounds. In order to be granted this 1-pound additional allowance, a minimum of 48 hours advance notice is required for the opponent(s).

### PENALTIES FOR WEIGH IN VIOLATION

Violation of NFHS Rule 4 Section 5 Article 5 will result in the following sanction:

- A. Any school hosting a tournament that violates this rule will not be allowed to host any tournament for the following year and cannot financially benefit from any other tournament for that year.

In addition to the above sanction, the Section, depending on the violation, may impose the following additional sanctions:

- 1) The hosting school placed on probation.
- 2) Reduction of maximum number of matches allowed for the following year for the host school.

## BASKETBALL DIVISIONS 2010-2011

BASED ON 2009-10 TOTAL ENROLLMENT - GRADES 9-12

Last updated 3/9/10

## DIVISION I - 2000 &amp; ABOVE (UP TO 16-team bracket)

AMADOR VALLEY	2590	FOOTHILL	2298	MONTE VISTA	2207
ANTIOCH	2824	FREEDOM	2385	NEWARK MEMORIAL*	2126
BERKELEY	3461	GRANADA	2330	PITTSBURG	2406
CALIFORNIA	2435	HERITAGE	2114	SAN LEANDRO	2675
CARONDELET	1622	IRVINGTON	2032	SAN RAMON VALLEY	2032
CASTRO VALLEY	2920	JAMES LOGAN	4154		
COLLEGE PARK	2053	LIBERTY	2057		
DE LA SALLE	2102	LIVERMORE	2076		
DEER VALLEY	3249	MISSION SAN JOSE	2156		

## DIVISION II 1,401 - 1999 (UP TO 16-team bracket)

ALAMEDA	1902	LAS LOMAS	1456	SANTA ROSA	1998
AMERICAN*	1997	MARIA CARRILLO	1590	TENNYSON	1450
ARROYO	1980	MONTGOMERY	1756	UKIAH	1683
CAMPOLINDO	1408	MT DIABLO*	1670	WINDSOR	1781
CASA GRANDE	1909	MT EDEN	1980	WASHINGTON	1946
CLAYTON VALLEY	1876	NORTHGATE	1496		
CONCORD	1543	PINOLE VALLEY	1661		
DOUGHERTY VALLEY	1503	RANCHO COTATE	1771		
DUBLIN	1490	REDWOOD	1477		
EUREKA	1409	RICHMOND	1915		
HAYWARD	1685	SAN LORENZO	1618		

## DIVISION III -900 - 1,400 (UP TO 16-team bracket)

ACALANES	1368	ENCINAL	1210	SAN MARIN	968
ALBANY	1330	HERCULES	1086	SAN RAFAEL	934
ALHAMBRA	1349	JOHN F. KENNEDY - FREMONT	1337	SIR FRANCIS DRAKE	1056
ANALY	1281	JOHN F. KENNEDY - RICHMOND	934	SONOMA VALLEY	1320
BISHOP O'DOWD	1200	MIRAMONTE	1280	TAMALPAIS	1120
DE ANZA	985	MOREAU CATHOLIC	900	TERRA LINDA	1114
DEL NORTE	1090	NOVATO	1346	YGNACIO VALLEY	1365
EL CERRITO	1250	PETALUMA	1385		
ELSIE ALLEN	1223	PINER	1242		

## DIVISION IV - 420 - 899 (UP TO 16-team bracket)

ARCATA	868	GATEWAY	455	MIDDLETOWN	484
BEREAN CHRISTIAN	434	HEALDSBURG	797	PIEDMONT	864
BRANSON SCHOOL(G)	320	JOHN SWETT	532	SALESIAN	550
CARDINAL NEWMAN HS	892	JUSTIN-SIENA	606	ST. HELENA	502
CLEAR LAKE	494	KELSEYVILLE	550	ST. MARY'S COLLEGE	617
CLOVERDALE	495	LICK WILMERDING	441	ST. PATRICK/ST. VINCENT	603
EL MOLINO	864	LOWER LAKE	753	UPPER LAKE	425
FORT BRAGG	525	MARIN CATHOLIC	745	URSULINE	574
FORTUNA	857	MCKINLEYVILLE	663	WILLITS	547

## DIVISION V - 200 - 419 (UP TO 16-team bracket)

ATHENIAN SCHOOL	301	HEAD-ROYCE SCHOOL	334	SAN DOMENICO *	244
BAY SCHOOL OF SAN FRAN.	273	HOLY NAMES	394	SAN FRANCISCO UNIV. H. S.	408
BENTLEY UPPER SCHOOL	284	HOOPA VALLEY	259	SONOMA ACADEMY	221
BRANSON SCHOOL(B)	320	INTERNATIONAL	320	SANTA ROSA CHRISTIAN	273
CALIF SCHOOL FOR THE DEAF	222	LEADERSHIP *	268	SOUTH FORK	235
CALISTOGA JR/SR	384	LEADERSHIP PUBLIC HAYWARD	414	ST. JOSEPH NOTRE DAME	392
CHINESE CHRISTIAN SCHOOL	225	LEADERSHIP PUBLIC RICHMOND	325	ST. VINCENT	352
COLLEGE PREP. SCHOOL	356	MARIN ACADEMY	407	STUART HALL HIGH SCHOOL	308
CONVENT OF SACRED HEART HS	388	MENDOCINO	207	URBAN SCHOOL OF S.F.	349
DREW SCHOOL	234	OAKLAND MILITARY INSTITUTE	312	VALLEY CHRISTIAN - DUBLIN *	303
EMERY	226	REDWOOD CHRISTIAN	220		
FREMONT CHRISTIAN	208	ROSELAND UNIVERSITY PREP	348		

## DIVISION VI - 199 AND FEWER (UP TO 16-team bracket)

ANDERSON VALLEY	180	MARIN SCHOOL	86	RINCON VALLEY CHRISTIAN	132
ARCHBISHOP HANNA BOYS CENTER	166	NAPA CHRISTIAN	37	RIO LINDO ADVENTIST ACADEMY	162
CANDELLS COLLEGE PREP	22	ORINDA ACADEMY	102	ROUND VALLEY	114
CONTRA COSTA CHRISTIAN	121	PACIFIC UNION COLLEGE PREP	79	SAN FRANCISCO WALDORF	144
CORNERSTONE CHRISTIAN	71	PESCADERO	99	SOUTHERN TRINITY	44
EL SOBRANTE CHRISTIAN	57	PLEASANT HILL ADVENTIST ACADEMY	87	ST. BERNARD CATHOLIC	172
FERNDALE	171	POINT ARENA	193	ST. ELIZABETH	199
GEYSERVILLE	75	POTTER VALLEY	87	SUMMERFIELD WALDORF of SANTA ROSA	95
LAYTONVILLE	132	QUARRY LANE	105	TOMALES	185
LEGGETT VALLEY	36	REDWOOD ADVENTIST ACADEMY	52		

\*2008-09 Total School Enrollment numbers have not been submitted to the NCS Office. \*\*Total enrollment as of 10/1/08, which is an increase of over 15% from 07/08.

**FOOTBALL DIVISION 2010**

BASED ON 2008-09 TOTAL SCHOOL ENROLLMENT - GRADES 9-12

Last updated: 3/9/2010

## DIVISION I (2000 AND ABOVE) (up to 16-team bracket)

AMADOR VALLEY HIGH SCHOOL	2590	FOOTHILL HIGH SCHOOL	2298	MISSION SAN JOSE HS	2156
ANTIOCH HIGH SCHOOL	2824	FREEDOM HIGH SCHOOL	2385	MONTE VISTA HIGH SCHOOL	2207
BERKELEY HIGH SCHOOL	3461	GRANADA HIGH SCHOOL	2330	NEWARK MEMORIAL HS	2126
CALIFORNIA HIGH SCHOOL	2435	HERITAGE HIGH SCHOOL	2114	PITTSBURG HIGH SCHOOL	2406
CASTRO VALLEY HIGH SCHOOL	2920	IRVINGTON HIGH SCHOOL	2032	SAN LEANDRO HIGH SCHOOL	2675
COLLEGE PARK HIGH SCHOOL	2053	JAMES LOGAN HIGH SCHOOL	4154	SAN RAMON VALLEY HS	2032
DE LA SALLE HIGH SCHOOL	2102	LIBERTY HIGH SCHOOL	2057		
DEER VALLEY HIGH SCHOOL	3249	LIVERMORE HIGH SCHOOL	2076		

## DIVISION II (1,450 - 1999) (up to 16-team bracket)

ALAMEDA HIGH SCHOOL	1902	HAYWARD HIGH SCHOOL	1685	REDWOOD HIGH SCHOOL	1477
AMERICAN HIGH SCHOOL	1997	LAS LOMAS HIGH SCHOOL	1456	RICHMOND HIGH SCHOOL	1915
ARROYO HIGH SCHOOL	1980	MARIA CARRILLO HIGH SCHOOL	1590	SAN LORENZO HIGH SCHOOL	1618
CARDINAL NEWMAN HS	892P08	MONTGOMERY HIGH SCHOOL	1756	SANTA ROSA HIGH SCHOOL	1998
CASA GRANDE HIGH SCHOOL	1909	MT DIABLO HIGH SCHOOL	1653	TENNYSON HIGH SCHOOL	1450
CLAYTON VALLEY HIGH SCHOOL	1876	MT. EDEN HIGH SCHOOL	1980	UKIAH HIGH SCHOOL	1683
CONCORD HIGH SCHOOL	1543	NORTHGATE HIGH SCHOOL	1496*	WASHINGTON HIGH SCHOOL	1946
DOUGHERTY VALLEY HS	1503	PINOLE VALLEY HIGH SCHOOL	1661	WINDSOR HIGH SCHOOL	1781
DUBLIN HIGH SCHOOL	1490	RANCHO COTATE HIGH SCHOOL	1771		

## DIVISION III (900 - 1,449) (16-team bracket)

ACALANES HIGH SCHOOL	1368	ELSIE ALLEN HIGH SCHOOL	1223	PETALUMA HIGH SCHOOL	1385
ALBANY HIGH SCHOOL	1330	ENCINAL HIGH SCHOOL	1210	PINER HIGH SCHOOL	1242
ALHAMBRA HIGH SCHOOL	1349	EUREKA HIGH SCHOOL	1409	SAN MARIN HIGH SCHOOL	968
ANALY HIGH SCHOOL	1281	HERCULES HIGH SCHOOL	1086	SAN RAFAEL HIGH SCHOOL	934
BISHOP O'DOWD HIGH SCHOOL	1200	JOHN F. KENNEDY - FREMONT	1337	SIR FRANCIS DRAKE HS	1056
CAMPOLINDO HIGH SCHOOL	1408	JOHN F. KENNEDY H.S. - RICHMOND	934	SONOMA VALLEY HIGH SCHOOL	1320
DE ANZA HIGH SCHOOL	985	MIRAMONTE HIGH SCHOOL	1280	TAMALPAIS HIGH SCHOOL	1120
DEL NORTE HIGH SCHOOL	1090	MOREAU CATHOLIC HS	900	TERRA LINDA HIGH SCHOOL	1114
EL CERRITO HIGH SCHOOL	1250	NOVATO HIGH SCHOOL	1346	YGNACIO VALLEY HIGH SCHOOL	1365

## DIVISION IV (400 - 899) (up to 16-team bracket)

ARCATA HIGH SCHOOL	868	HEALDSBURG HIGH SCHOOL	797	ST. HELENA HIGH SCHOOL	502
BEREAN CHRISTIAN HS	434	JOHN SWETT HIGH SCHOOL	532	ST. MARY'S COLLEGE HS	617
CLEAR LAKE HIGH SCHOOL	494	JUSTIN-SIENA HIGH SCHOOL	606	ST. PATRICK/ST. VINCENT HIGH	603
CLOVERDALE HIGH SCHOOL	495	KELSEYVILLE HIGH SCHOOL	550	SALESIAN HIGH SCHOOL	550
EL MOLINO HIGH SCHOOL	864	LOWER LAKE HIGH SCHOOL	753	UPPER LAKE HIGH SCHOOL	425
FERNDALE HIGH SCHOOL	171p	MARIN CATHOLIC HIGH SCHOOL	745	WILLITS HIGH SCHOOL	547
FORT BRAGG HIGH SCHOOL	525	MCKINLEYVILLE HIGH SCHOOL	663		
FORTUNA HIGH SCHOOL	857	MIDDLETOWN HIGH SCHOOL	484		
HARKER	655*	PIEDMONT HIGH SCHOOL	864		

## DIVISION V (399 AND BELOW) (8-team bracket)

ANDERSON VALLEY HS	180	MENDOCINO HIGH SCHOOL	207	ST. ELIZABETH HIGH SCHOOL	199
CALIF SCHOOL FOR THE DEAF	222	POINT ARENA HIGH SCHOOL	193	ST. VINCENT HIGH SCHOOL	352
CALISTOGA JR/SR HIGH SCHOOL	384	POTTER VALLEY HIGH SCHOOL	87	SOUTH FORK HIGH SCHOOL	235
EMERY HIGH SCHOOL	226	RINCON VALLEY CHRISTIAN	132	TOMALES HIGH SCHOOL	185
HOOPA VALLEY HIGH SCHOOL	259	ROUND VALLEY HIGH SCHOOL	114	VALLEY CHRISTIAN HS	303
LAYTONVILLE HIGH SCHOOL	132	ST. BERNARD CATHOLIC HS	172		

\*2007-08 TOTAL ENROLLMENT numbers. 2008-09 TOTAL ENROLLMENT numbers have not been received by the NCS Office as of 1/19/201

## GIRLS VOLLEYBALL DIVISIONS 2010

BASED ON 9-12 2009-2010 YEAR ENROLLMENT (Last Updated: 3/9/10)

## DIVISION I (2000 &amp; ABOVE) up to 16 TEAM BRACKET

AMADOR VALLEY	2590	FOOTHILL	2298	LIVERMORE	2076
ANTIOCH	2824	FREEDOM	2385	MISSION SAN JOSE	2156
BERKELEY	3461	GRANADA	2330	MONTE VISTA	2207
CALIFORNIA	2435	HERITAGE	2114	NEWARK MEMORIAL	2126
CASTRO VALLEY	2920	IRVINGTON	2032	PITTSBURG	2406
COLLEGE PARK	2053	JAMES LOGAN	4154	SAN LEANDRO	2675
DEER VALLEY	3349	LIBERTY	2057	SAN RAMON VALLEY	2032

## DIVISION II (1,450-1,999) up to 16 TEAM BRACKET

ALAMEDA	1902	HAYWARD	1685	REDWOOD	1477
AMERICAN	1997	LAS LOMAS	1456	RICHMOND	1915
ARROYO	1980	MARIA CARRILLO	1590	SAN LORENZO	1618
BISHOP O'DOWD(**)	1200	MONTGOMERY	1756	SANTA ROSA	1998
CARONDELET	1622	MT DIABLO	1670*	TENNYSON	1450
CASA GRANDE	1909	MT EDEN	1980	UKIAH	1820
CLAYTON VALLEY	1876	NORTHGATE	1496	WASHINGTON	1946
CONCORD	1543	PINOLE VALLEY	1661	WINDSOR	1781
DOUGHERTY VALLEY	1503	RANCHO COTATE	1771		
DUBLIN	1490				

## DIVISION III (900-1,449) up to 16 TEAM BRACKET

ACALANES	1368	ENCINAL	1210	PINER	1242
ALBANY	1330	EUREKA	1409	SAN MARIN	968
ALHAMBRA	1349	HERCULES	1086	SAN RAFAEL	934
ANALY	1281	J. F. KENNEDY (F)	1337	SIR FRANCIS DRAKE	1056
CAMPOLINDO	1408	J.F. KENNEDY(R)	934	SONOMA VALLEY	1320
DE ANZA	985	MIRAMONTE	1280	TAMALPAIS	1120
DEL NORTE	1090	MOREAU CATHOLIC	900	TERRA LINDA	1114
EL CERRITO	1250	NOVATO	1346	YGNACIO VALLEY	1365
ELSIE ALLEN	1223	PETALUMA	1385		

## DIVISION IV (420-899) up to 16 TEAM BRACKET

ARCATA	868	JOHN SWETT	532	SALESIAN	550
BEREAN CHRISTIAN	434	JUSTIN-SIENA	606	ST. HELENA	502
CLEAR LAKE	494	KELSEYVILLE	550	ST. MARY'S COLLEGE	617
CLOVERDALE	495	LICK WILMERDING	441	ST. PATRICK/ST. VINCENT	603
EL MOLINO	864	LOWER LAKE	753	UPPER LAKE	425
FORT BRAGG	525	MARIN CATHOLIC	745	URSULINE	574
FORTUNA	857	MCKINLEYVILLE	663	WILLITS	547
GATEWAY	455	MIDDLETOWN	484		
HEALDSBURG	797	PIEDMONT	864		

## DIVISION V (231-419) up to 16 TEAM BRACKET

ATHENIAN SCHOOL	301	HEAD-ROYCE	334	SAN FRANCISCO UNIV.	408
BAY SCHOOL of S.F.	273	HOLY NAMES	394	SANTA ROSA CHRISTIAN	273
BENTLEY UPPER	284	HOOPA VALLEY	259	SOUTH FORK	235
BRANSON SCHOOL	320	INTERNATIONAL	320	ST. JOSEPH NOTRE DAME	392
CALISTOGA JR/SR	384	LEADERSHIP	268	ST. VINCENT	352
COLLEGE PREP.	356	MARIN ACADEMY	407	URBAN (SAN FRANCISCO)	349
CONVENT/SACRED HEART	388	OAKLAND MIL. INST.	312	VALLEY CHRISTIAN	303
DREW SCHOOL	234	ROSELAND UNIV. PREP	348		

## DIVISION VI (230 &amp; FEWER) up to 16 TEAM BRACKET

ANDERSON VALLEY	180	LEGETT VALLEY	36	ROUND VALLEY	114
CA. SCH. FOR THE DEAF	222	MENDOCINO	207	SAN DOMENICO	122
CHINESE CHRISTIAN	225	NAPA CHRISTIAN	37	S.F. WALDORF	144
CONTRA COSTA CHR.	121	PACIFIC UNION COL. PREP	79*	SONOMA ACADEMY	221
CORNERSTONE CHR.	71	PESCADERO	99	SOUTHERN TRINITY	44
EMERY	226	PLEASANT HILL ADVENTIST	87	ST. BERNARD CATHOLIC	172
FERNDALE	171	POINT ARENA	193	ST. ELIZABETH	199
FREMONT CHRISTIAN	208	REDWOOD CHRISTIAN	220	TOMALES	185
GEYSERVILLE	75	RINCON VALLEY CHR.	132		
LAYTONVILLE	132	RIO LINDO ADVENTIST ACAD.	162		

# BASEBALL DIVISIONS 2011

BASED ON 2009-10 TOTAL ENROLLMENT - GRADES 9-12

Last updated: 3/9/10

## Division I (2000 AND ABOVE) UP TO 16-team bracket

AMADOR VALLEY	2590	FOOTHILL	2298	MONTE VISTA	2207
ANTIOCH	2824	FREEDOM	2385	NEWARK MEMORIAL	2126
BERKELEY	3461	GRANADA	2330	PITTSBURG	2406
BISHOP O'DOWD(p09)	1200	HERITAGE	2114	SAN LEANDRO	2675
CALIFORNIA	2435	IRVINGTON	2032	SAN RAMON VALLEY	2032
CASTRO VALLEY	2920	JAMES LOGAN	4154		
COLLEGE PARK	2053	LIBERTY	2057		
DE LA SALLE	2102	LIVERMORE	2076		
DEER VALLEY	3249	MISSION SAN JOSE	2156		

## Division II (1450 - 1999) UP TO 16-team bracket

ALAMEDA	1902	LAS LOMAS	1456	SAN LORENZO	1618
AMERICAN	1997	MARIA CARRILLO	1590	SANTA ROSA	1998
ARROYO	1980	MONTGOMERY	1756	TENNYSON	1450
CASA GRANDE	1909	MT DIABLO	1670*	UKIAH	1683
CARDINAL NEWMAN (p09)	892	MT EDEN	1980	WASHINGTON	1946
CLAYTON VALLEY	1876	NORTHGATE	1496	WINDSOR	1781
CONCORD	1543	PINOLE VALLEY	1661		
DOUGHERTY VALLEY	1503	RANCHO COTATE	1771		
DUBLIN	1490	REDWOOD	1477		
HAYWARD	1685	RICHMOND	1915		

## Division III (900 -1449) UP TO 16-team bracket

ACALANES	1368	EUREKA	1409	SAN RAFAEL	934
ALBANY	1330	HERCULES	1086	SIR FRANCIS DRAKE	1056
ALHAMBRA	1349	JOHN F. KENNEDY - F	1337	SONOMA VALLEY	1320
ANALY	1281	JOHN F. KENNEDY.- R	934	TAMALPAIS	1120
CAMPOLINDO	1408	MIRAMONTE	1280	TERRA LINDA	1114
DE ANZA	985	MOREAU CATHOLIC	900	YGNACIO VALLEY	1365
DEL NORTE	1090	NOVATO	1346		
EL CERRITO	1250	PETALUMA	1385		
ELSIE ALLEN	1223	PINER	1242		
ENCINAL	1210	SAN MARIN	968		

## Division IV (420- 899) UP TO 16-team bracket

ARCATA	868	HEALDSBURG	797	MIDDLETOWN	484
BEREAN CHRISTIAN	434	JOHN SWETT	532	PIEDMONT	864
CLEAR LAKE	494	JUSTIN-SIENA	606	SALESIAN	550
CLOVERDALE	495	KELSEYVILLE	550	ST. HELENA	502
EL MOLINO	864	LICK WILMERDING	441	ST. MARY'S COLLEGE	617
FORT BRAGG	525	LOWER LAKE	753	ST. PATRICK/ST. VINCENT	603
FORTUNA	857	MARIN CATHOLIC HS	745	UPPER LAKE	425
GATEWAY	455	MCKINLEYVILLE	663	WILLITS	547

## Division V (200-419) UP TO 16-team bracket

ATHENIAN SCHOOL	301	HEAD-ROYCE SCHOOL	334	SAN FRAN. UNIVERSITY	408
BAY SCHOOL OF SF	273	HOOPA VALLEY	259	SANTA ROSA CHRISTIAN	273
BENTLEY UPPER SCHOOL	284	INTERNATIONAL	320	SOUTH FORK	235
BRANSON SCHOOL	320	LEADERSHIP	268	ST. JOSEPH NOTRE DAME	392
CA SCHOOL FOR THE DEAF	222	LEADERSHIP PUBLIC (H)	414*	ST. VINCENT	352
CALISTOGA JR/SR	384	LEADERSHIP PUBLIC (R)	325*	STUART HALL	308
COLLEGE PREPARATORY	356	MARIN ACADEMY	407	URBAN SCHOOL OF SF	349
DREW SCHOOL	234	MENDOCINO	207	VALLEY CHRISTIAN DUBLIN	303
EMERY	226	OAKLAND MILITARY INSTITUTE	312		
FREMONT CHRISTIAN	208	REDWOOD CHRISTIAN	220		

## Division VI (199 and fewer) 8-team bracket

ANDERSON VALLEY	180	LAYTONVILLE	132	ROUND VALLEY	114
ARCHBISHOP HANNA	166	ORINDA ACADEMY	102*	ST. ELIZABETH	199
CONTRA COSTA CHRISTIAN	121	PESCADERO	99	SF WALDORF	144
CORNERSTONE CHRISTIAN	71	POINT ARENA	193	ST. BERNARD CATHOLIC	172
FERNDALE	171	POTTER VALLEY	87	TOMALES	185
GEYSERVILLE	75	RINCON VALLEY CHR	132		

## SOFTBALL DIVISIONS 2011

BASED ON 2009-10 TOTAL ENROLLMENT - GRADES 9-12

Last updated: 3/9/10

## Division I (2000 AND ABOVE) UP TO 16-team bracket

AMADOR VALLEY	2590	GRANADA	2330	PITTSBURG	2406
ANTIOCH	2824	HERITAGE	2114	SAN LEANDRO	2675
BERKELEY	3461	IRVINGTON	2132	SAN RAMON VALLEY	2032
CALIFORNIA	2435	JAMES LOGAN	4154		
CASTRO VALLEY	2920	LIBERTY	2057		
COLLEGE PARK	2053	LIVERMORE	2064		
DEER VALLEY	3249	MISSION SAN JOSE	2156		
FOOTHILL	2298	MONTE VISTA	2207		
FREEDOM	2385	NEWARK MEMORIAL	2126		

## Division II (1450- 1999) UP TO 16-team bracket

ALAMEDA	1902	LAS LOMAS	1456	SAN LORENZO	1618
AMERICAN	1997	MARIA CARRILLO	1590	SANTA ROSA	1998
ARROYO	1980	MONTGOMERY	1756	TENNYSON	1450
CASA GRANDE	1909	MT DIABLO	1670	UKIAH	1683
CARONDELET	1622	MT EDEN	1980	WASHINGTON	1946
CLAYTON VALLEY	1876	NORTHGATE	1496	WINDSOR	1781
CONCORD	1543	PINOLE VALLEY	1661		
DOUGHERTY VALLEY	1503	RANCHO COTATE	1771		
DUBLIN	1490	REDWOOD	1477		
HAYWARD	1685	RICHMOND	1915		

## Division III (900 -1449) UP TO 16-team bracket

ACALANES	1368	EUREKA	1409	SIR FRANCIS DRAKE	1056
ALBANY	1330	HERCULES	1086	SONOMA VALLEY	1320
ALHAMBRA	1349	JOHN F. KENNEDY.- R	934	TAMALPAIS	1120
ANALY	1281	JOHN F. KENNEDY - F	1337	TERRA LINDA	1114
BISHOP O'DOWD	1200	MIRAMONTE	1280	URSULINE	574P09
CAMPOLINDO	1408	MOREAU CATHOLIC	900	YGNACIO VALLEY	1365
DE ANZA	985	NOVATO	1346		
DEL NORTE	1090	PETALUMA	1385		
EL CERRITO	1250	PINER	1242		
ELSIE ALLEN	1223	SAN MARIN	968		
ENCINAL	1210	SAN RAFAEL	934		

## Division IV (420- 899) UP TO 16-team bracket

ARCATA	868	JOHN SWETT	532	SALESIAN	550
BEREAN CHRISTIAN	434	JUSTIN-SIENA	606	ST. HELENA	502
CLEAR LAKE	494	KELSEYVILLE	550	ST. MARY'S COLLEGE	617
CLOVERDALE	495	LOWER LAKE	753	ST. PATRICK/ST. VINCENT	603
EL MOLINO	864	MARIN CATHOLIC HS	745	UPPER LAKE	425
FORT BRAGG	525	MCKINLEYVILLE	663	WILLITS	547
FORTUNA	857	MIDDLETOWN	484		
HEALDSBURG	797	PIEDMONT	864		

## Division V (200-419) UP TO 16-team bracket

ATHENIAN SCHOOL	301	HEAD-ROYCE SCHOOL	334	SAN DOMENICO	300
BAY SCHOOL OF SF	273	HOLY NAMES	394	SAN FRAN. UNIVERSITY	408
BENTLEY UPPER SCHOOL	284	HOOPA VALLEY	259	SOUTH FORK	235
BRANSON SCHOOL	320	LEADERSHIP	268	ST. JOSEPH NOTRE DAME	392
CA SCHOOL FOR THE DEAF	222	LEADERSHIP PUBLIC (H)	414	ST. VINCENT	352
CALISTOGA JR/SR	384	LEADERSHIP PUBLIC (R)	325	URBAN SCHOOL OF SF	349
COLLEGE PREPARATORY	356	MARIN ACADEMY	407	VALLEY CHRISTIAN - DUBLIN	303
EMERY	226	OAKLAND MILITARY INSTITUTE	312		
FREMONT CHRISTIAN	208	REDWOOD CHRISTIAN	220		

## Division VI (199 and fewer) 8-team bracket

ANDERSON VALLEY	159	LAYTONVILLE	132	RIO LINDO ADVENTIST	162
CONTRA COSTA CHRISTIAN	121	ORINDA ACADEMY	102	ROUND VALLEY	114
CORNERSTONE CHRISTIAN	71	PESCADERO	99	ST. BERNARD CATHOLIC	172
EL SOBRANTE CHRISTIAN	57	POINT ARENA	193	TOMALES	185
FERNDALE	171	POTTER VALLEY	87		
GEYSERVILLE	75	RINCON VALLEY CHR	132		

CROSS COUNTRY DIVISIONS 2010

BASED ON 2009-10 TOTAL ENROLLMENT – GRADES 9 - 12

Last updated 3/9/10

DIVISION I – 2,051 & ABOVE

AMADOR VALLEY HIGH SCHOOL	2590	FOOTHILL HIGH SCHOOL	2298	MONTE VISTA HIGH SCHOOL	2207
ANTIOCH HIGH SCHOOL	2824	FREEDOM HIGH SCHOOL	2385	NEWARK MEMORIAL HS	2126*
BERKELEY HIGH SCHOOL	3418*	GRANADA HIGH SCHOOL	2330	PITTSBURG HIGH SCHOOL	2406
CALIFORNIA HIGH SCHOOL	2435	HERITAGE HIGH SCHOOL	2114	SAN LEANDRO HIGH SCHOOL	2675
CASTRO VALLEY HIGH SCHOOL	2920	JAMES LOGAN HIGH SCHOOL	4315*		
COLLEGE PARK HIGH SCHOOL	2053	LIBERTY HIGH SCHOOL	2057		
DE LA SALLE HIGH SCHOOL	2102	LIVERMORE HIGH SCHOOL	2076		
DEER VALLEY HIGH SCHOOL	3349	MISSION SAN JOSE HS	2156		

DIVISION II 1,601– 2,050

ALAMEDA HIGH SCHOOL	1902	MONTGOMERY HIGH SCHOOL	1756	SANTA ROSA HIGH SCHOOL	1998
AMERICAN HIGH SCHOOL	1997*	MT DIABLO HIGH SCHOOL	1805*	UKIAH HIGH SCHOOL	1720*
ARROYO HIGH SCHOOL	1980	MT EDEN HIGH SCHOOL	1980*	WASHINGTON HIGH SCHOOL	1946
CARONDELET HIGH SCHOOL	1622	PINOLE VALLEY HIGH SCHOOL	1688*	WINDSOR HIGH SCHOOL	1781
CASA GRANDE HIGH SCHOOL	1909	RANCHO COTATE HIGH SCHOOL	1771		
CLAYTON VALLEY HIGH SCHOOL	1876	RICHMOND HIGH SCHOOL	1902*		
HAYWARD HIGH SCHOOL	1685	SAN LORENZO HIGH SCHOOL	1618		
IRVINGTON HIGH SCHOOL	2032	SAN RAMON VALLEY HS	2032		

DIVISION III – 1,151 – 1,600

ACALANES HIGH SCHOOL	1368	DUBLIN HIGH SCHOOL	1490	MIRAMONTE HIGH SCHOOL	1280
ALBANY HIGH SCHOOL	1330	EL CERRITO HIGH SCHOOL	1257	NORTHGATE HIGH SCHOOL	1496
ALHAMBRA HIGH SCHOOL	1349	ELSIE ALLEN HIGH SCHOOL	1223	NOVATO HIGH SCHOOL	1346
ANALY HIGH SCHOOL	1281	ENCINAL HIGH SCHOOL	1210	PETALUMA HIGH SCHOOL	1385
BISHOP O'DOWD HIGH SCHOOL	1200	EUREKA HIGH SCHOOL	1409	PINER HIGH SCHOOL	1242
CAMPOLINDO HIGH SCHOOL	1408	HERCULES HIGH SCHOOL	1196*	REDWOOD HIGH SCHOOL	1477
CONCORD HIGH SCHOOL	1543	JOHN F. KENNEDY - FREMONT	1337	SONOMA VALLEY HIGH SCHOOL	1320
DOUGHERTY VALLEY HIGH SCHOOL	1503	LAS LOMAS HIGH SCHOOL	1456	TENNYSON HIGH SCHOOL	1450
		MARIA CARRILLO HIGH SCHOOL	1590	YGNACIO VALLEY HIGH SCHOOL	1365

DIVISION IV – 500 – 1,150

ARCATA HIGH SCHOOL	868	JUSTIN-SIENA HIGH SCHOOL	606	SAN RAFAEL HIGH SCHOOL	934
CARDINAL NEWMAN HS	892	KELSEYVILLE HIGH SCHOOL	550	SIR FRANCIS DRAKE HS	1056
DE ANZA HIGH SCHOOL	930	LOWER LAKE HIGH SCHOOL	753	ST. MARY'S COLLEGE HS	617
DEL NORTE HIGH SCHOOL	1090	MARIN CATHOLIC HIGH SCHOOL	745	ST. PATRICK/ST. VINCENT HIGH	603
EL MOLINO HIGH SCHOOL	864	MCKINLEYVILLE HIGH SCHOOL	663	TAMALPAIS HIGH SCHOOL	1128*
FORT BRAGG HIGH SCHOOL	525	MOREAU CATHOLIC HS	900	TERRA LINDA HIGH SCHOOL	1114
FORTUNA HIGH SCHOOL	857	PIEDMONT HIGH SCHOOL	864	URSULINE HIGH SCHOOL	574
HEALDSBURG HIGH SCHOOL	797	SALESIAN HIGH SCHOOL	550	WILLITS HIGH SCHOOL	547
JOHN F. KENNEDY - RICHMOND	1027*	SAN FRANCISCO UNIVERSITY (B**)	408		
JOHN SWETT HIGH SCHOOL	532	SAN MARIN HIGH SCHOOL	968		

DIVISION V – 499 AND FEWER

ASA ACADEMY	35*	FREMONT CHRISTIAN	208	SAN FRANCISCO WALDORF HIGH	144
ATHENIAN SCHOOL	301	GATEWAY HIGH SCHOOL	455	SANTA ROSA CHRISTIAN SCHOOL	273
BAY SCHOOL OF SAN FRANCISCO	273	HEAD-ROYCE SCHOOL	334	SONOMA ACADEMY	221
BENTLEY UPPER SCHOOL	284	HOLY NAMES HIGH SCHOOL	394	SOUTH FORK HIGH SCHOOL	235
BEREAN CHRISTIAN HS	434	HOOPA VALLEY HIGH SCHOOL	259	SOUTHERN TRINITY HS	44
BRANSON SCHOOL	320	INTERNATIONAL HS	320	ST. BERNARD CATHOLIC SCHOOL	172
CALIFORNIA SCHOOL FOR THE DEAF	222	LICK WILMERDING HIGH SCHOOL	441	ST. ELIZABETH HIGH SCHOOL	199
CALISTOGA JR/SR HIGH SCHOOL	384	MARIN ACADEMY HIGH SCHOOL	407	ST. HELENA HIGH SCHOOL	502
CHINESE CHRISTIAN SCHOOL	225	MIDDLETOWN HIGH SCHOOL	484	ST. JOSEPH NOTRE DAME HIGH	392
CLEAR LAKE HIGH SCHOOL	494	MENDOCINO HIGH SCHOOL	207	ST. VINCENT HIGH SCHOOL	352
CLOVERDALE HIGH SCHOOL	495	NORTH COAST PREP. ACADEMY	90	STUART HALL HIGH SCHOOL	308
COLLEGE PREPARATORY SCHOOL	356	POINT ARENA HIGH SCHOOL	193	TOMALES HIGH SCHOOL	185
CONTRA COSTA CHRISTIAN	121	POTTER VALLEY HIGH SCHOOL	96*	UPPER LAKE HIGH SCHOOL	425
CONVENT OF THE SACRED HEART HS	388	REDWOOD CHRISTIAN	220	URBAN SCHOOL OF SAN FRANCISCO	349
DREW SCHOOL	234	RINCON VALLEY CHRISTIAN	132	VALLEY CHRISTIAN – DUBLIN	30
FERNDALE HIGH SCHOOL	171	SAN DOMENICO HIGH SCHOOL	306*		
		SAN FRANCISCO UNIVERSITY (G)	408		

KEY

\*= Schools that have not submitted their October 2009 Total Enrollment information

## Attachment G

### 2010-11 North Coast Section Girls & Boys Golf Divisions

BASED ON 2009-10 TOTAL ENROLLMENT - GRADES 9-12

Last updated: 3/9/10

#### DIVISION I (1000 & ABOVE)

ACALANES HS	1368	DUBLIN HS	1490	MT EDEN HS (B)	1962
ALAMEDA HS	1902	EL CERRITO HS*(B)	1250	NEWARK MEMORIAL(B)	2155
ALBANY HS	1330	ELSIE ALLEN HS (G)	1223	NORTHGATE HS*	1496
ALHAMBRA HS	1349	ENCINAL HS	1210	NOVATO HS	1346
AMADOR VALLEY HS	2590	EUREKA HS	1409	PETALUMA HS	1385
AMERICAN HS(B)	1989	FOOTHILL HS	2298	PINER HS	1242
ANALY HS	1281	FREEDOM HS	2385	PINOLE VALLEY HS*	1661
ANTIOCH HS	2824	GRANADA HS*	2330	PITTSBURG HS	2406
ARROYO HS*	1980	HAYWARD HS*(B)	1685	RANCHO COTATE HS	1771
BERKELEY HS	3418	HERCULES HS(B)	1086	REDWOOD HS	1477
BISHOP O'DOWD HS	1200	HERITAGE HS	2114	SAN LEANDRO HS	2675
CALIFORNIA HS	2435	IRVINGTON HS(B)	2032	SAN LORENZO HS(B)	1618
CAMPOLINDO HS	1408	JAMES LOGAN HS	4154	SAN RAMON VALLEY HS	2032
CARONDELET HS (G)	1622	J. F. KENNEDY(F)(B)	1337	SANTA ROSA HS	1998
CASA GRANDE HS	1909	LAS LOMAS HS	1456	SIR FRANCIS DRAKE HS	1056
CASTRO VALLEY HS	2920	LIBERTY HS	2057	SONOMA VALLEY HS	1320
CLAYTON VALLEY HS	1876	LIVERMORE HS	2076	TAMALPAIS HS	1120
COLLEGE PARK HS	2053	MARIA CARRILLO HS	1590	TENNYSON HS*(B)	1450
CONCORD HS	1543	MIRAMONTE HS	1280	TERRA LINDA HS	1114
DEER VALLEY HS	3249	MISSION SAN JOSE HS	2156	UKIAH HS	1683
DE LA SALLE (B)	2102	MONTE VISTA HS	2207	WASHINGTON HS(B)	1946
DEL NORTE HS	1090	MONTGOMERY HS	1756	WINDSOR HS	1781
DOUGHERTY VALLEY	1503			YGNACIO VALLEY HS(B)	1365

#### DIVISION II (999 & BELOW)

ARCATA HS	868	HEALDSBURG HS	797	SAN RAFAEL HS(B)	934
ATHENIAN SCHOOL (B)	301	HOLY NAMES (G)	394	ST. BERNARD CATHOLIC	172
BAY SCHOOL OF S F	273	JUSTIN-SIENA HS	606	ST. HELENA HS(B)	502
BENTLEY UPPER SCHOOL (B)	284	KELSEYVILLE HS	550	ST. JOSEPH NOTRE DAME	392
BEREAN CHRISTIAN HS (B)	434	LOWER LAKE HS(B)	753	ST. MARY'S COLLEGE HS	617
BRANSON SCHOOL	320	MARIN ACADEMY HS(B)	407	ST. PATRICK/ST. VINCENT	603
CALISTOGA JR/SR HS (B)	384	MARIN CATHOLIC HS	745	ST. VINCENT HS (B)	352
CARDINAL NEWMAN (B)	892	MCKINLEYVILLE HS	663	STUART HALL (B)	308
COLLEGE PREPARATORY SCH.	356	MENDOCINO HS(B)	207	SOUTH FORK	235
CONT. OF THE SAC. HEART(G)	388	MIDDLETOWN HS	484	TOMALES HS	185
DE ANZA HS*(B)	985	MOREAU CATHOLIC HS	900	UPPER LAKE HS	425
EL MOLINO HS	864	OAK. MIL. INST. (B)	312	URBAN SCH. OF S.F. (B)	349
FERNDALE HS (B)	171	PESCADERO HS(B)	99	URSULINE HS (G)	574
FORT BRAGG HS (B)	525	PIEDMONT HS	864	VALLEY CHRISTIAN HS*	303
FORTUNA HS	857	POINT ARENA HS(B)	193	WILLITS HS	547
FREMONT CHRISTIAN SCHOOL	208	QUARRY LANE*(B)	105		
HEAD-ROYCE SCHOOL(B)	334	REDWOOD CHRISTIAN	220		
		RINCON VALLEY CHR.	132		
		SALESIAN HS(B)	550		
		S. F. UNIV. (B)	408		
		SAN MARIN HS	968		

B=Boys' team only

G=Girls' team only

**FALL SOCCER DIVISIONS 2010**  
 BASED ON 9-12 2009-2010 YEAR TOTAL ENROLLMENT  
 Last Updated: 3/9/10

**DIVISION I (651 & ABOVE) UP TO 16-TEAM BRACKET**

ANALY HS	1281	MARIA CARRILLO HS	1590	SANTA ROSA HS	1998
ARCATA HS	868	MARIN CATHOLIC HS	745	SIR FRANCIS DRAKE HS	1056-B
CARDINAL NEWMAN HS	892-B	MCKINLEYVILLE HS	663	SONOMA ACADEMY(**)	221
CASA GRANDE HS	1909	MONTGOMERY HS	1756	SONOMA VALLEY HS	1320
DEL NORTE HS	1090	NOVATO HS	1346-B	TAMALPAIS HS	1120-B
EL MOLINO HS	864	PETALUMA HS	1385	TERRA LINDA HS	1114-B*
ELSIE ALLEN HS	1223	PINER HS	1242	UKIAH HS	1820
EUREKA HS	1409	RANCHO COTATE HS	1771	URSULINE HS	574-GP
FORTUNA HS	857	REDWOOD HS	1477	WINDSOR HS	1781
HEALDSBURG HS	797	SAN MARIN HS	968-B		
LOWER LAKE HS	753	SAN RAFAEL HS	934-B		

**DIVISION III (650 & BELOW) UP TO 16-TEAM BRACKET**

ANDERSON VALLEY HS	159*	GEYSERVILLE HS	72*-B	RINCON VALLEY CHRISTIAN	165
ATHENIAN SCHOOL	301-B	HEAD-ROYCE SCHOOL	334-B	RIO LINDO ADVENTIST ACAD.	162-B
BAY SCHOOL OF SF	273	HOOPA VALLEY HS	259-G	ROSELAND UNIV. PREP	348
BENTLEY UPPER	284-B	INTERNATIONAL HS	320-B	SAN FRANCISCO UNIV.	408-B
BRANSON SCHOOL	320-B	JUSTIN-SIENA HS	606-B	SAN FRANCISCO WALDORF	144-B
CALISTOGA JR/SR HS	384	KELSEYVILLE HS	550	SOUTH FORK HS	235
CHINESE CHRISTIAN	225-B	LEADERSHIP HS	268-B	ST. BERNARD CATHOLIC	172
CLEAR LAKE HS	494	LEADERSHIP - HAYWARD	414*-B	ST. ELIZABETH	199
CLOVERDALE HS	495	LEADERSHIP-RICHMOND	325*B	ST. HELENA HS	502
COLLEGE PREPARATORY	356-B	LICK WILMERDING HS	441-B	ST. VINCENT HS	352
CONTRA COSTA CHRISTIAN	121-B	MARIN ACADEMY HS	407-B	STUART HALL HS	308-B
CORNERSTONE CHRISTIAN	71-B	MENDOCINO HS	207	TOMALES HS	185
DREW SCHOOL	234-B	MIDDLETOWN HS	484	UPPER LAKE HS	425
EL SOBRANTE CHRISTIAN	57-B	OAKLAND MILITARY INST.	312	URBAN SCHOOL OF S.F.	349-B
EMERY HS	239*-B	ORINDA ACADEMY	102*-B	VALLEY CHRISTIAN HS	303
FERNDALE HS	171	PESCADERO HIS	99-B	WILLITS HS	547
FORT BRAGG HS	525	POINT ARENA HS	193		
FREMONT CHRISTIAN	208-B	POTTER VALLEY HS	87-G		
GATEWAY HS	455-B	REDWOOD CHRISTIAN HS	220-B		

(\*\*) -This denotes a team that has been moved up a division, based on winning a championship three years in a row.

B=BOYS ONLY PARTICIPATING  
 G=GIRLS ONLY PARTICIPATING  
 P=PETITION

\*=Schools that have not submitted their October 2009 total enrollment information

## 2010-11 TENNIS DIVISIONS

BASED ON 2009-10 TOTAL ENROLLMENT - GRADES 9-12

Last updated 3/9/10

**DIVISION I – 1,251 & ABOVE (16-team bracket)**

ACALANES	1368	DUBLIN	1490*	NORTHGATE	1496*
ALAMEDA	1902	EUREKA	1409	NOVATO	1346
ALBANY	1330	FOOTHILL	2298	PETALUMA	1385
ALHAMBRA	1349	FREEDOM	2385	PINOLE VALLEY	1661
AMADOR VALLEY	2590	GRANADA	2330*	PITTSBURG	2406
AMERICAN	1989*	HAYWARD	1685*	RANCHO COTATE	1771
ANALY	1281	HERITAGE	2114	REDWOOD	1477
ANTIOCH	2824	IRVINGTON	2032	SAN LEANDRO	2675
ARROYO	1980	JAMES LOGAN	4154	SAN LORENZO	1618
BERKELEY	3461	JOHN F. KENNEDY - FREMONT	1337	SAN RAMON VALLEY	2032
CALIFORNIA	2435	LAS LOMAS	1456	SANTA ROSA	1998
CAMPOLINDO	1408	LIBERTY	2057	SONOMA VALLEY	1320
CARONDELET (G)	1622	LIVERMORE	2076	TENNYSON	1450
CASA GRANDE	1909	MARIA CARRILLO	1590	UKIAH	1820
CASTRO VALLEY	2920	MIRAMONTE	1280	WASHINGTON	1946
CLAYTON VALLEY	1876	MISSION SAN JOSE	2156	WINDSOR	1781
COLLEGE PARK	2053	MONTE VISTA	2207	YGNACIO VALLEY	1365
CONCORD	1543	MONTGOMERY	1756		
DE LA SALLE (B)	2102	MT DIABLO	1670*		
DEER VALLEY	3349	MT EDEN	1980		
DOUGHERTY VALLEY	1503	NEWARK MEMORIAL	2126		

**DIVISION II - 1 – 1,250 (8-team bracket)**

ANDERSON VALLEY	159*	FORT BRAGG	525	SALESIAN	550
ARCATA	868	FORTUNA	857	SAN DOMENICO	300*
ATHENIAN SCHOOL (B)	301	GEYSERVILLE	72*	S.F. UNIVERSITY HIGH SCHOOL	408
BAY SCHOOL	273	HEAD-ROYCE	334	SAN MARIN	968
BENTLEY UPPER	284	HEALDSBURG	797	SAN RAFAEL	934
BISHOP O'DOWD	1200	HERCULES	1086	SIR FRANCIS DRAKE	1056
BRANSON	320	HOLY NAMES	394	ST. BERNARD CATHOLIC	172
CALISTOGA JR/SR HIGH	384	INTERNATIONAL	320	ST. HELENA (B)	502
CARDINAL NEWMAN (B)	892	JOHN SWETT	532	ST. JOSEPH NOTRE DAME	392
CHINESE CHRISTIAN SCHOOL	225	JUSTIN-SIENA	606	ST. MARY'S COLLEGE HIGH SCHOOL	617
CLEAR LAKE (B)	494	KELSEYVILLE	550	ST. PATRICK/ST. VINCENT	603
CLOVERDALE (B)	495	LICK WILMERDING	441	ST. VINCENT (B)	352
COLLEGE PREPARATORY	356	MARIN ACADEMY	407	STUART HALL (B)	308
CONVENT OF THE SACRED HEART	388	MARIN CATHOLIC	745	TAMALPAIS	1120
DE ANZA	985	MCKINLEYVILLE	663	TERRA LINDA	1114
DEL NORTE	1090	MENDOCINO	207	TOMALES	185
DREW SCHOOL	234	MIDDLETOWN	484	URBAN SCHOOL OF S. F.	349
EL CERRITO	1250	MOREAU CATHOLIC	900	URSULINE (G)	574
EL MOLINO	864	NORTHCOAST PREP ACADEMY	90	VALLEY CHRISTIAN	303
ELSIE ALLEN	1223	PIEDMONT	864	WILLITS	547
ENCINAL	1210	PINER	1242		
FERNDALE (B)	171	RINCON VALLEY CHRISTIAN	132		

G=GIRLS' TEAM ONLY

B=BOYS' TEAM ONLY

WINTER SOCCER DIVISIONS 2011  
 BASED ON 9-12 2009-2010 YEAR ENROLLMENT  
 Last updated: 3/9/10

DIVISION I (1701 & ABOVE) UP TO 16-TEAM BRACKET

ALAMEDA HS	1902	DE LA SALLE HS	2102-B	MONTE VISTA HS	2207
AMADOR VALLEY HS	2590	DEER VALLEY	3349	MT EDEN HS	1980
AMERICAN HS	1997	FOOTHILL HS	2298	NEWARK MEMORIAL HS	2126
ANTIOCH HS	2824	FREEDOM HS	2385	PITTSBURG HS	2406
ARROYO HIGH SCHOOL	1980	GRANADA HS	2330	RICHMOND HS	1915
BERKELEY	3461	HERITAGE HS	2114	SAN LEANDRO HS	2675
CALIFORNIA HS	2435	IRVINGTON HS	2032	SAN RAMON VALLEY HS	2032
CARONDELET HS	1622 P05-G	JAMES LOGAN	4154	WASHINGTON HS	1946
CASTRO VALLEY	2920	LIBERTY HS	2057		
CLAYTON VALLEY HS	1876	LIVERMORE HS	2076		
COLLEGE PARK HS	2053	MISSION SAN JOSE HS	2156		

DIVISION II (1700 & BELOW) UP TO 16-TEAM BRACKET

ACALANES HS	1368	ENCINAL HS	1210	NORTHGATE HS	1496
ALBANY HS	1330	HAYWARD HS	1685	PIEDMONT HS	864
ALHAMBRA HS	1349	HERCULES HS	1086	PINOLE VALLEY HS	1661
BEREAN CHRISTIAN HS	434 P05-G	HOLY NAMES HS	394-G	REDWOOD CHRISTIAN	220-G
BISHOP O'DOWD HS	1200	JOHN F. KENNEDY HS- (F)	1337	SALESIAN HS	550
CAMPOLINDO HS	1408	JOHN F. KENNEDY HS- (R)	934	SAN LORENZO HS	1618
CONCORD HS	1543	JOHN SWETT HS	532	ST. JOSEPH NOTRE DAME	392
DE ANZA HS	985	LAS LOMAS HS	1456	ST. MARY'S COLLEGE HS	617
DOUGHERTY VALLEY	1503	MIRAMONTE HS	1280	ST. PATRICK/ST. VINCENT	603
DUBLIN HS	1490	MOREAU CATHOLIC HS	900	TENNYSON HS	1450
EL CERRITO HS	1250	MT DIABLO HS	1670*	YGNACIO VALLEY HS	1365

P= Petition  
 G= Girls Only  
 B= Boys Only

# 2010-11 NCS/LES SCHWAB TIRES WRESTLING DUAL TEAM CHAMPIONSHIP DIVISIONS

(BASED ON 2009-10 Grades 9-12 Total Enrollment)

Last updated 1/6/10

## DIVISION I EAST BAY (2,000 & ABOVE) (10-team bracket)

AMADOR VALLEY	2590	FOOTHILL	2298	MISSION SAN JOSE	2156
ANTIOCH	2824	FREEDOM	2385	MONTE VISTA	2207
BERKELEY	3461	GRANADA	2330	NEWARK MEMORIAL	2155*
CALIFORNIA	2435	HERITAGE	2114	PITTSBURG	2406
CASTRO VALLEY	2920	IRVINGTON	2032	SAN LEANDRO	2675
COLLEGE PARK	2053	JAMES LOGAN	4154	SAN RAMON VALLEY	2032
DE LA SALLE	2102	LIBERTY	2057		
DEER VALLEY	3349	LIVERMORE	2076		

## DIVISION II EAST BAY (701-1,999) (10-team bracket)

ACALANES	1368	CONCORD	1543	MIRAMONTE	1280
ALBANY	1330	DOUGHERTY VALLEY	1503	MT. DIABLO	1670*
ALHAMBRA	1349	DUBLIN	1490	MT. EDEN	1980
AMERICAN	1989*	HAYWARD	1685	NORTHGATE	1496
ARROYO	1980	HERCULES	1086	TENNYSON	1450
CAMPOLINDO	1408	JOHN F. KENNEDY – F.	1337	WASHINGTON	1946
CLAYTON VALLEY	1876	LAS LOMAS	1456	YGNACIO VALLEY	1365

## DIVISION II REDWOOD EMPIRE (701 & ABOVE) (10-team bracket)

ANALY	1281	LOWER LAKE	753	SAN RAFAEL	934
ARCATA	868	MARIA CARRILLO	1590	SANTA ROSA	1998
CARDINAL NEWMAN	892	MARIN CATHOLIC	745	SIR FRANCIS DRAK	1056
CASA GRANDE	1909	MONTGOMERY	1756	SONOMA VALLEY	1320
DEL NORTE	1090	NOVATO	1346	TAMALPAIS	1120
EL MOLINO	864	PETALUMA	1385	TERRA LINDA	1114
ELSIE ALLEN	1223	PINER	1242	UKIAH	1820
EUREKA	1409	RANCHO COTATE	1771	WINDSOR	1781
FORTUNA	857	REDWOOD	1477		
HEALDSBURG	797	SAN MARIN	968		

## DIVISION III (700 OR FEWER) (10-team bracket)

ATHENIAN	301	KELSEYVILLE	550	SOUTH FORK	235
CSD	222	LAYTONVILLE	132	ST. BERNARD	172
CLEAR LAKE	494	MCKINLEYVILLE	663	ST. HELENA	502
FERNDALE	171	MENDOCINO	207	ST. PATRICK/ST. VINCENT	603
FORT BRAGG	525	MIDDLETOWN	484	UPPER LAKE	425
HOOPA VALLEY	259	POINT ARENA	193	WILLITS	547
JOHN SWETT	532				
JUSTIN-SIENA	606				

**BOYS' VOLLEYBALL DIVISIONS 2011**

BASED ON 9-12 2009-10 YEAR ENROLLMENT

Last updated: 1/6/10

**DIVISION I (1926 & ABOVE) 8-TEAM BRACKET**

AMADOR VALLEY	2590	DE LA SALLE	2102	LIBERTY	2057
AMERICAN	1989*	DEER VALLEY	3349	LIVERMORE	2076
ANTIOCH	2824	FOOTHILL	2298	MISSION SAN JOSE	2156
BERKELEY	3461	FREEDOM	2385	MONTE VISTA	2207
CALIFORNIA	2435	GRANADA	2330	PITTSBURG	2406
CASTRO VALLEY	2920	HERITAGE	2114	SAN RAMON VALLEY	2032
COLLEGE PARK	2053	JAMES LOGAN	4154	WASHINGTON	1946

**DIVISION II (1050-1925) 8-TEAM BRACKET**

ACALANES	1368	ENCINAL	1210	REDWOOD	1477
ALAMEDA	1902	HERCULES	1086	RICHMOND	1915
ALHAMBRA	1349	JOHN F. KENNEDY -(F)	1337	SIR FRANCIS DRAKE	1056
CAMPOLINDO	1408	LAS LOMAS	1456	TAMALPAIS	1120
CLAYTON VALLEY	1876	MIRAMONTE	1280	TERRA LINDA	1114
CONCORD	1543	MT DIABLO	1670*	YGNACIO VALLEY	1365
DOUGHERTY VALLEY	1503	NORTHGATE	1496		
EL CERRITO	1250	NOVATO	1346		

**DIVISION III (1049 & LOWER) 8-TEAM BRACKET**

BAY SCHOOL S.F.	273	EL MOLINO	864	SAN MARIN	968
BENTLEY UPPER	284	EL SOBRANTE CHRISTIAN	57	ST. ELIZABETH	199
BEREAN CHRISTIAN	434	HEAD-ROYCE SCHOOL	334	ST. JOSEPH NOTRE DAME	392
CHINESE CHRISTIAN	225	MARIN CATHOLIC	745	ST. MARY'S COLLEGE	617
COLLEGE PREPARATORY	356	MOREAU CATHOLIC	900	ST. PATRICK/ST/VINCENT	603
CONTRA COSTA CHRISTIAN	121	REDWOOD CHRISTIAN	220	URBAN SCHOOL S.F.	349
DE ANZA	985	SALESIAN	550	VALLEY CHRISTIAN	303

## LACROSSE DIVISIONS 2011

BASED ON 9-12 2009-2010 YEAR ENROLLMENT

Last updated: 3/9/10

## DIVISION I (1401 &amp; ABOVE) UP TO 16-TEAM BRACKET

AMADOR VALLEY	2590	COLLEGE PARK	2053B	LAS LOMAS HS	1456
BERKELEY	3461	DAVIS	2768	LIVERMORE	2076
CALIFORNIA	2435	DE LA SALLE	2102B	MONTE VISTA	2207
CAMPOLINDO	1408	DOUGHERTY VALLEY	1503	NORTHGATE	1496
CARONDELET	1622G	DUBLIN HS	1490	REDWOOD	1477
CLAYTON VALLEY	1876	FOOTHILL	2298	SAN RAMON VALLEY	2032
		GRANADA	2330		

## DIVISION II (1400 &amp; BELOW) UP TO 16-TEAM BRACKET

ACALANES HS	1368	MARIN ACADEMY	407B	SONOMA ACADEMY	221
ALHAMBRA HS	1349	MARIN CATHOLIC	745	ST. MARY'S COLLEGE	617B
BENTLEY UPPER	284B	MIRAMONTE	1280	STUART HALL	308B
BEREAN CHRISTIAN	434B	NOVATO	1346	TAMALPAIS	1120
BISHOP O'DOWD	1200	PIEDMONT HS	864	TERRA LINDA	1114B
BRANSON	320B	SF UNIVERSITY	408	URBAN	349B
CARDINAL NEWMAN	892B	SAN MARIN	968	URSULINE	574G
JUSTIN-SIENA (B)	606	SAN RAFAEL	934B		
LICK WILMERDING	441B	SIR FRANCIS DRAKE	1056		

P= Petition  
G= Girls Only  
B= Boys Only

Approve

**ATTACHMENT N**

NCS divisional restructuring proposal  
12/16/2009

We propose restructuring the NCS cross country divisions beginning with the fall 2010 season per the attached spreadsheet for a variety of reasons. First, it is important to consider why there are divisional structures in the first place. The idea behind these divisions are, presumably, to facilitate fair competition. (The rationale behind the division of a section by school size is that bigger schools have a larger pool of students to draw from and therefore have a greater chance of fielding faster teams. Empirically, this is the case. Virtually every year the teams in division 1 are faster on average than the teams in lower divisions. There may be a few teams here and there that buck the trend, but the trend is undeniable.)

So what does this have to do with the NCS? Currently, in the NCS we have roughly equally divided sections (with consideration given to CIF state guidelines for Division 4 and 5) to ensure fair competition because, as you are aware, each section in the state is free to set divisional cutoffs where they will. The Central Coast Section, Sac-Joaquin Section, and Southern Section--by far, the biggest section in the state--leadership have also decided to divide the schools into divisions as evenly as possible. At this point the situation seems equitable; however, the problem arises when teams from NCS have to compete against teams from those sections where the section leadership has set divisional cutoffs higher than ours--in some cases much higher. When that takes place, many NCS teams are no longer competing against their peers on the proverbial level playing field. NCS Division 1 teams tend to be among the smallest in the state. For example, 7 teams in NCS division 1 would actually be D3 schools in the Southern Section. The even partitioning of NCS schools into divisions no longer seems fair in light of this fact.

It is worth considering the pros and cons on this proposition, of course. As we see it, the only drawback--and a temporary one at that--is that NCS Division 3 will grow and some teams in that division will find it somewhat harder to qualify for the state championship. However, this is merely a temporary situation because adjusting our divisional structure to reflect numbers that resemble those in the Southern Section will actually earn NCS more berths in the state meet over time, so that the number of our most competitive teams who have the opportunity to compete at the state meet will actually go up. In addition, greater success at the highest levels of competition will breed a sense of greater pride and excitement in cross country. In turn, this will strengthen the sport in our section. One might point out that other sections have divisional cutoffs that are even lower than ours. In response, we would point out that those divisions are penalizing their athletes just as we are currently penalizing ours. If we were members of those sections, we would be presenting this proposal to our leadership there.

The bottom line is that the current system is unfair to the NCS teams in Division 1 and 2 who are not competing against their peers. In these cases, the divisional structure is doing the opposite of what it was intended to do; it is making the competition inherently unfair for our athletes. The system isn't fair and we owe it to our athletes to adjust it.

Thanks for your time and attention.

The fundamental goal of the proposal has less to do with keeping numerical balance within the divisions in NCS and more to do with trying to provide our runners competitive equality at the state championship (and meets like it).

If one looks at the numbers, one notices that the divisions in which we have been most successful, historically, are the ones that are most closely aligned with the cutoffs for the Southern and San Diego sections: divisions 5, 4, and 3. As we stated in our original proposal, 7 NCS D1 teams would be D3 teams in the Southern Section. It doesn't seem fair to us to send an NCS school that would compete as D3 in Southern Section against schools that are twice its size at the state championship in D1. Essentially, efforts to equalize the number of NCS schools in each division create this inequity, and our proposal is an effort to mitigate that inequity by allowing NCS schools to compete against their peers. Ultimately, this is why divisions were created in the first place. As I mentioned at the meeting last week, our current system for determining NCS divisions is roughly like having different weight divisions in wrestling than the rest of the state, and then sending a 150 pound NCS wrestler against a 215 pound SS wrestler at state. The 150 lb. NCS wrestler could be a heck of a wrestler, but the NCS doesn't do anything to allow that kid to show his talent by sending him against someone who isn't his competitive peer. Would anyone call that situation fair for the NCS athlete in question?

A secondary consideration for our proposal is not only to maximize the competitiveness of the teams we send to the state championship, but also to maximize the number of teams we send to the state championship. As a result, we are not recommending a strict adherence to the Southern Section cutoffs. To do so would mean sacrificing one of our 2 state meet berths in D1 (and coming close to giving one up in D2).

In 2009 we had 3 state meet entries in D2 for boys and girls, and we believe that pushing the upper end of D2 in NCS to 2400 would allow some of our most competitive teams in the section a chance to finish in the top 10 at state meet in D2. This would help us keep our 3rd entry and give us a shot at earning a 4th entry at the D2 level. Likewise, the higher we nudge the upper end of D3, the more teams we have who would be competing against similar-sized schools at state meet. Pushing that number down to balance numbers is a bit of a step backward, in my opinion.

In principle, I myself would like to have the same divisional cutoff across the state, but for a variety of reasons that seems unlikely. So, in lieu of that, I believe that the current proposal is a good thing because (1) it moves us in a positive direction with regard to competitive equity, (2) it preserves our current state meet entries, and (3) it gives us a chance of adding to those entries.

Personally, I won't claim that this is a perfect solution; no one proposal would make everyone happy. However, I think it's a move in the right direction.

cc 3 of 6

James Logan	4315	9 teams	x
Berkeley	3418		x
Deer Valley	3349		x
Castro Valley	2920		x
Antioch	2824		x
San Leandro	2675		x
Amador Valley	2590		x
California	2435		x
Pittsburg	2406		x
Freedom	2385	20 teams	x
Granada	2330		x
Foothill	2298		x
Monte Vista	2207		x
Mission SJ	2156		x
Newark Mem	2155		x
Heritage	2114		x
De La Salle*	2102		x
Livermore	2076		x
Liberty	2057		x
College Park	2053		x
San Ramon	2032		x
Irvington	2032		x
Santa Rosa	1998		x
American	1989		x
Arroyo	1980		x
Mt. Eden	1962		x
Washington	1946		x
Casa Grande	1909		x
Alameda	1902		x
Clayton Valley	1876	28 teams	x
Windsor	1781		x
Rancho Cotate	1771		x
Montgomery	1756		x
Ukiah	1720		x
Hayward	1685		x
Carondelet*	1622		x
San Lorenzo	1618		x
María Carrillo	1590		x
Concord	1543		x

2009

Div.	\$S	NCS	SDS	SJS	CCS
I	2640+	2051+	2490+	2191+	1945+
II	2160 - 2639	1601 - 2050	2001-2489	1701 - 2190	1564 - 1944
III	1251 - 2159	1151 - 1600	1251-2000	1126 - 1700	1214 - 1563
IV	501 - 1250	500 - 1150	315-1250	301 - 1125	501 - 1213
V	1 - 500	1 - 499	1 - 314	1 - 300	1 - 500

2010 (proposed)

- D1 2400+
- D2 1901-2399
- D3 1250-1900
- D4 500-1249
- D5 1-499

\* M or F

CC 4816

Dougherty Valley	1503	X
Northgate	1496	X
Dublin	1490	X
Redwood	1477	X
Las Lomas	1456	X
Tennyson	1450	X
Eureka	1409	X
Campo	1408	X
Petaluma	1385	X
Acalanes	1368	X
YV	1365	X
Alhambra	1349	X
JFK - Fremont	1337	X
Novato	1346	X
Albany	1330	X
Sonoma	1320	X
Miramonte	1280	X
El Cerrito	1267	X
Pinet	1242	20 teams
Enchinal	1210	X
Bishop O'Dowd	1200	X
Hercules	1196	X
Tamalpais	1128	X
Terra Linda	1114	X
Sir Francis Drake	1056	X
San Marin	998	X
San Rafael	984	X
Moreau	900	X
Cardinal Newman	892	X
Arcata	868	X
El Molino	864	X
Piedmont	864	X
Marin Catholic	745	X
McKinleyville	663	X
St. Mary's	617	X
Justin-Siena	606	X
St. Pat/St. Vincent	603	X
Willits	547	X
Cloverdale	446	22 teams
Berean Christian	441	X





# ATTACHMENT O

## WATER POLO DIVISIONS 2010-11 BASED ON 2008-09 TOTAL ENROLLMENT - GRADES 9-12 3/9/10

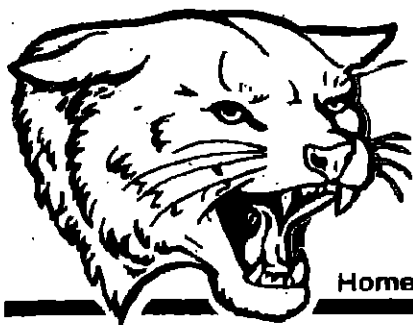
### DIVISION I - 1,701 & ABOVE (UP TO 16-team bracket) (25)

ALAMEDA HIGH SCHOOL	1902	IRVINGTON HIGH SCHOOL	2032
AMADOR VALLEY HIGH SCHOOL	2590	JAMES LOGAN HIGH SCHOOL	4154
AMERICAN HIGH SCHOOL	1997	LIBERTY HIGH SCHOOL	2057
ANTIOCH HIGH SCHOOL	2824	LIVERMORE HIGH SCHOOL	2076
BERKELEY HIGH SCHOOL	3461	MIRAMONTE HIGH SCHOOL (**)	1280
CALIFORNIA HIGH SCHOOL	2435	MISSION SAN JOSE HIGH	2156
CLAYTON VALLEY HIGH SCHOOL	1876	MONTE VISTA HIGH SCHOOL	2207
COLLEGE PARK HIGH SCHOOL	2053	NEWARK MEMORIAL HIGH	2126
DE LA SALLE HIGH SCHOOL (B)	2102	SAN RAMON VALLEY HIGH	2032
DEER VALLEY HIGH SCHOOL	3249	WASHINGTON HIGH SCHOOL	1946
FOOTHILL HIGH SCHOOL	2298	WINDSOR HIGH SCHOOL	1781
FREEDOM HIGH SCHOOL	2385		
GRANADA HIGH SCHOOL*	2330		
HERITAGE HIGH SCHOOL	2114		

### DIVISION II - 1 - 1,600 (UP TO 16-team bracket) (29)

ACALANES HIGH SCHOOL	1368	NORTHGATE HIGH SCHOOL*	1496
ALHAMBRA HIGH SCHOOL	1349	NOVATO HIGH SCHOOL	1346
BISHOP O'DOWD	1200	PIEDMONT HIGH SCHOOL	864
CAMPOLINDO HIGH SCHOOL	1408	PINOLE VALLEY HIGH SCHOOL*	1661
CARDINAL NEWMAN HIGH (B)	892	REDWOOD HIGH SCHOOL	1477
CARONDELET HIGH SCHOOL	1622	SAN MARIN HIGH SCHOOL	968
CONCORD HIGH SCHOOL	1543	SAN RAFAEL HIGH SCHOOL	934
DOUGHERTY VALLEY	1503	SIR FRANCIS DRAKE HIGH	1056
DUBLIN HIGH SCHOOL*	1490	SONOMA VALLEY HIGH SCHOOL	1320
ENCINAL HIGH SCHOOL	1210	ST. PATRICK/ST. VINCENT HIGH	603
HERCULES HIGH SCHOOL	1086	TAMALPAIS HIGH SCHOOL	1120
JUSTIN-SIENA HIGH SCHOOL	606	TERRA LINDA HIGH SCHOOL	1114
LAS LOMAS HIGH SCHOOL	1456	UKIAH HIGH SCHOOL	1683
MARIN ACADEMY HIGH SCHOOL	407	YGNACIO VALLEY HIGH SCHOOL	1365
MARIN CATHOLIC HIGH SCHOOL	745		

(\*\*) DENOTES A TEAM THAT HAS WON THREE CHAMPIONSHIPS IN A ROW REQUIRING THAT TEAM TO MOVE UP A DIVISION

**ATTACHMENT P**

Home of the Panthers

**ANDERSON VALLEY  
JR/SR HIGH SCHOOL**

Post Office Box 130  
 Boonville, California 95415  
 (707) 895-3496 - 895-3497  
 Rancheria High - 895-3151

Gil Lemmon  
 Commissioner, North Coast Section,

9 October 2009

We are proposing a change in the Fall Soccer Classification schedule. As it now stands, there are two divisions, division I and division III. Division I consists of schools of enrollment 651 and above while division III is for schools with enrollments of 650 and below. We would like to remake the schedule into three divisions, divisions I, II, and III by dividing division I into two divisions with the break point being enrollments of above and below 300.

The main reason for doing this is that it would put it more in line with the sports of football, basketball, baseball, and volleyball. Each of those sports has at least two divisions for schools of enrollment 700 and fewer. Furthermore, the bracket sizes in those sports range from 17 schools to 34 schools with the average being 24 schools. Soccer division III has 55 schools. Dividing it into two divisions would result in 31 schools 300 and below and 24 schools above 300. We realize these numbers include 2 schools that have only girls and 29 schools that have only boys. Dividing division III into two divisions is needed for the boys' teams, and it can work for the girls' teams also, but it may be better to leave the girls as is. Since we do not field a girls' team, we are making our recommendation for the boys division only, the decision on the girls division should be made by others.

In looking at the playoff brackets for each of the sports we found that in volleyball 72 schools receive playoff berths out of a pool of 150 schools, or 48% of the teams; in football it is 56 out of 119, or 47%; in basketball it is 76 out of 165, or 46%; and in baseball it is 68 out of 164, or 47%. For soccer it is 28 out of 82 for the boys, or 34% and 20 out of 50 for the girls, or 40%. Adding a new division with another set of playoffs would put soccer closer to being on par with the rest of the sports.

Since soccer was divided into two divisions in 1996, division III (or the old class A) has had 13 championship games. Every one of those finals has been contested by two schools of over 300 students. Creating a division II would allow those schools with populations of 300 or fewer to finally have a chance of winning a championship tournament. The smaller schools have a chance to win a championship in every other sport, please make it possible in soccer also.

The following page is an example of our proposed realignment and included are the present classifications for football, basketball, baseball, and volleyball.

Sincerely,

A handwritten signature in black ink, appearing to read 'R. Pinoli', with a large, sweeping initial 'R'.

**Robert Pinoli, athletic director, Anderson Valley High School**

A handwritten signature in black ink, appearing to read 'Thomas Smith', with a stylized 'T' and 'S'.

**Thomas Smith, boys soccer coach, Anderson Valley High School**

## PROPOSED FALL SOCCER CLASSIFICATIONS 2010

### DIVISION I (651 & ABOVE) 12-TEAM BRACKET (BOYS)/10 TEAM BRACKET (GIRLS)

ANALY HS	1298	LOWER LAKE HS	774	SAN MARIN HS	1030-B
ARCATA HS	899	MARIA CARRILLO HS	1559	SAN RAFAEL HS	953-B
CARDINAL NEWMAN HS	852-B	MARIN CATHOLIC HS	725	SANTA ROSA HS	2030
CASA GRANDE HS	1908	McKINLEYVILLE HS	669	SIR FRANCIS DRAKE HS	1148-B
DEL NORTE HS	1201	MONTGOMERY HS	1812	SONOMA VALLEY HS	1380
EL MOLINO HS	912	NOVATO HS	1318-B	TAMALPAIS HS	1128-B
ELSIE ALLEN HS	1204	PETALUMA HS	1496	TERRA LINDA HS	1123-B
EUREKA HS	1464	PINER HS	1410	UKIAH HS	1720
FORTUNA HS	892	RANCHO COTATE HS	1810	URSULINE HS	600-GP
HEALDSBURG HS	863	REDWOOD HS	1483	WINDSOR HS	1739

### DIVISION II (301-650) 12-TEAM BRACKET (BOYS)/4 TEAM BRACKET (GIRLS)

BRANSON SCHOOL	320-B	JUSTIN-SIENA HS	600-B	SAN FRANCISCO UNIV	389-B
CLEAR LAKE HS	509	KELSEYVILLE HS	567	ST HELENA HS	488
CLOVERDALE HS	446	LEADERSHIP-HAYWARD	414	ST VINCENT HS	380
COLLEGE PREPARATORY	352-B	LEADERSHIP-RICH.	307-B	STUART HALL HS	328-B
FORT BRAGG HS	523	LICK WILMERDING HS	440-B	UPPER LAKE HS	385
GATEWAY HS	462-B	MARIN ACADEMY HS	403-B	URBAN SCHOOL of SF	350-B
HEAD -ROYCE SCHOOL	337-B	MIDDLETOWN HS	545	VALLEY CHRISTIAN HS	445
INTERNATIONAL HS	318-B	ROSELAND UNIV PREP	317	WILLITS HS	543

### DIVISION III (300 & BELOW) 8-TEAM BRACKET (BOYS)/4 TEAM BRACKET (GIRLS)

ANDERSON VALLEY HS	159	FERNDALE HS	163	POTTER VALLEY HS	96-G
ATHENIAN SCHOOL	300-B	FREMONT CHRISTIAN	219-B	REDWOOD CHRISTIAN	253-B
BAY SCHOOL of SF	257	GEYSERVILLE HS	72-B	RINCON VALLEY CHRIS	165
BENTLEY UPPER	297-B	HOOPA VALLEY HS	234-G	RIO LINDO ADVENTIST	170-B
CALISTOGA HS	254	LEADERSHIP HS	246-B	S F WALDORF	149-B
CHINESE CHRISTIAN	225-B	MENDOCINO HS	204	SONOMA ACADEMY	212

**DIVISION III (CONTINUED)**

CONTRA COSTA CHRIS	137-B	OAKLAND MILITARY IN	257	SOUTH FORK HS	261
CORNERSTONE CHRIS	67-B	ORINDA ACADEMY	102-B	ST BERNARD CATH	138
DREW SCHOOL	250-B	PESCADERO HS	112-B	ST ELIZABETH	224
EL SOBRANTE CHRISTIAN	68-B	POINT ARENA HS	189	TOMALES HS	169
EMERY HS	239-B				

Optionally, the girls classification could remain as is, with only a division I and division III.

**FALL BOYS' SOCCER DIVISIONS 2010**  
**BASED ON 9-12 2009-2010 YEAR TOTAL ENROLLMENT**  
**Last Updated: 3/9/10**

**DIVISION I (651 & ABOVE) UP TO 16-TEAM BRACKET**

ANALY HS	1281	MARIA CARRILLO HS	1590	SANTA ROSA HS	1998
ARCATA HS	868	MARIN CATHOLIC HS	745	SIR FRANCIS DRAKE HS	1056-B
CARDINAL NEWMAN HS	892-B	MCKINLEYVILLE HS	663	SONOMA ACADEMY(**)	221
CASA GRANDE HS	1909	MONTGOMERY HS	1756	SONOMA VALLEY HS	1320
DEL NORTE HS	1090	NOVATO HS	1346-B	TAMALPAIS HS	1120-B
EL MOLINO HS	864	PETALUMA HS	1385	TERRA LINDA HS	1114-B*
ELSIE ALLEN HS	1223	PINER HS	1242	UKIAH HS	1820
EUREKA HS	1409	RANCHO COTATE HS	1771	URSULINE HS	574-GP
FORTUNA HS	857	REDWOOD HS	1477	WINDSOR HS	1781
HEALDSBURG HS	797	SAN MARIN HS	968-B		
LOWER LAKE HS	753	SAN RAFAEL HS	934-B		

**DIVISION II (301-650) UP TO 16-TEAM BRACKET**

ATHENIAN SCHOOL	301-B	JUSTIN-SIENA HS	606-B	ST. HELENA HS	502
BRANSON SCHOOL	320-B	KELSEYVILLE HS	550	ST. VINCENT HS	352
CALISTOGA JR/SR HS	384	LEADERSHIP - HAYWARD	414*-B	STUART HALL HS	308-B
CLEAR LAKE HS	494	LEADERSHIP-RICHMOND	325*B	UPPER LAKE HS	425
CLOVERDALE HS	495	LICK WILMERDING HS	441-B	URBAN SCHOOL OF S.F.	349-B
COLLEGE PREPARATORY	356-B	MARIN ACADEMY HS	407-B	VALLEY CHRISTIAN HS	303
FORT BRAGG HS	525	MIDDLETOWN HS	484	WILLITS HS	547
GATEWAY HS	455-B	OAKLAND MILITARY INST.	312		
HEAD-ROYCE SCHOOL	334-B	ROSELAND UNIV. PREP	348		
INTERNATIONAL HS	320-B	SAN FRANCISCO UNIV.	408-B		

**DIVISION III (300 & BELOW) UP TO 16-TEAM BRACKET**

ANDERSON VALLEY HS	159*	FERNDALE HS	171	RIO LINDO ADV. ACAD.	162-B
BAY SCHOOL OF SF	273	FREMONT CHRISTIAN	208-B	RINCON VALLEY CHR.	165
BENTLEY UPPER	284-B	GEYSERVILLE HS	72*-B	S. F. WALDORF	144-B
CHINESE CHRISTIAN	225-B	LEADERSHIP HS	268-B	SOUTH FORK HS	235
CONTRA COSTA CHRISTIAN	121-B	MENDOCINO HS	207	ST. BERNARD CATHOLIC	172
CORNERSTONE CHRISTIAN	71-B	ORINDA ACADEMY	102*-B	ST. ELIZABETH	199
DREW SCHOOL	234-B	PESCADERO HIS	99-B	TOMALES HS	185
EL SOBRANTE CHRISTIAN	57-B	POINT ARENA HS	193		
EMERY HS	239*-B	REDWOOD CHRISTIAN	220-B		

(\*\*)-This denotes a team that has been moved up a division, based on winning a championship three years in a row.

B=BOYS ONLY PARTICIPATING  
P=PETITION

\*=-Schools that have not submitted their October 2010 total enrollment information

**FALL GIRLS' SOCCER DIVISIONS 2010**  
**BASED ON 9-12 2009-2010 YEAR TOTAL ENROLLMENT**  
**Last Updated: 3/9/10**

**DIVISION I (651 & ABOVE) UP TO 16-TEAM BRACKET**

ANALY HS	1281	HEALDSBURG HS	797	RANCHO COTATE HS	1771
ARCATA HS	868	LOWER LAKE HS	753	REDWOOD HS	1477
CASA GRANDE HS	1909	MARIA CARRILLO HS	1590	SANTA ROSA HS	1998
DEL NORTE HS	1090	MARIN CATHOLIC HS	745	SONOMA ACADEMY(**)	221
EL MOLINO HS	864	MCKINLEYVILLE HS	663	SONOMA VALLEY HS	1320
ELSIE ALLEN HS	1223	MONTGOMERY HS	1756	UKIAH HS	1820
EUREKA HS	1409	PETALUMA HS	1385	URSULINE HS	574-GP
FORTUNA HS	857	PINER HS	1242	WINDSOR HS	1781

**DIVISION III (650 & BELOW) UP TO 16-TEAM BRACKET**

ANDERSON VALLEY HS	159*	MENDOCINO HS	207	ST. ELIZABETH	199
BAY SCHOOL OF SF	273	MIDDLETOWN HS	484	ST. HELENA HS	502
CALISTOGA JR/SR HS	384	OAKLAND MILITARY INST.	312	ST. VINCENT HS	352
CLEAR LAKE HS	494	POINT ARENA HS	193	TOMALES HS	185
CLOVERDALE HS	495	POTTER VALLEY HS	87-G	UPPER LAKE HS	425
FERNDALE HS	171	RINCON VALLEY CHRISTIAN	165	VALLEY CHRISTIAN HS	303
FORT BRAGG HS	525	ROSELAND UNIV. PREP	348	WILLITS HS	547
HOOPA VALLEY HS	259-G	SOUTH FORK HS	235		
KELSEYVILLE HS	550	ST. BERNARD CATHOLIC	172		

(\*\*) -This denotes a team that has been moved up a division, based on winning a championship three years in a row.

B=BOYS ONLY PARTICIPATING  
 G=GIRLS ONLY PARTICIPATING  
 P=PETITION

\*=Schools that have not submitted their October 2009 total enrollment information

# **NORTH COAST SECTION, CIF**

*12925 Alcosta Blvd., Suite 8, San Ramon, CA 94583*

*Phone: 925-866-8400 Fax: 925-866-7100*

*Web Site: [www.cifncs.org](http://www.cifncs.org)*

Meeting Regarding Cross-League Scheduling in Football, Thursday, February 18, 2010

Present: Marie Sugiyama (NBL), Craig Lee (BFL), Dave Kiesel (HAAL), Don Nelson (EBAL), Russ Peterich (NBL), Mario Balestrieri (DVAL) and Bud Beemer (BVAL)

Notes from the meeting:

- Commissioner Lemmon gave an overview of the purpose of asking league commissioners to participate in discussion about the possibility of cross-league scheduling in the sport of football.
- Commissioner Lemmon is not recommending that any other sport be included in the possibility of cross-league scheduling.
- Commissioner Lemmon's focus is centered on the teams within leagues that are struggling with the success of their varsity football team in league play.
- There can be a major decrease in the financial health of an athletic program when a football team has no perceived opportunity to succeed in the league.
- The lack of success diminishes the number of students who come out for football, decreases the attendance to games, effects the school athletic budget, creates league games where the score differential is large, may create a safety issue in play with top league teams as well as other concerns or issues.
- Commissioner Lemmon is suggesting that NCS member schools look at the possibility in the sport of football only, the possibility for cross-league scheduling, allowing leagues to work together to take teams within different leagues out of the regular league schedule and place them together in groups, creating a new supplemental league.
- Comments made at the meeting regarding such an idea included the following:
  - Leagues were interested in exploring the idea.
  - Cross-league schedules might allow more matching of schools with the same number of football programs. Currently, some more successful football programs, or larger schools within a league, have three levels of play, where another school in the league struggling to succeed may only have two levels, with diminished numbers of players on each team.
  - Some coaches believe that they are penalized by NCS at-large & seeding committees for playing weaker teams.
  - Maybe it would be easier to just combine with another league and schedule based on competitive equity.
  - Cross-league scheduling in football may affect how schools view the upcoming realignment.
  - Any cross-league schedule must make sense for all schools, not just some school or even most schools.
  - Cross-league scheduling may increase cost of transportation.
  - Current rivalries might not be honored.
  - The league structure and relationships might be lost.

- What would be the process for schedules to be developed?
- Commissioner Lemmon included some discussion regarding league alignment, which will take place in the 2010-2011 school year.
- It was suggested that in order to diminish the transportation costs that only leagues approximate to each other would be allowed to cross-league. An example was:

EBAL, HAAL, MVAL  
ACCAL, BFL, BSAL  
DVAL, DFAL, BVAL  
MCAL, SCL, NBL

- The league commissioners present believed that the idea has possibilities but should only be pursued once the new league alignment is developed next year.

## North Coast Section, CIF

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### 2009 Final League Football Standings

#### Alameda Contra Costa Athletic League

Team	W-L-T
Berkeley	5-1-0
El Cerrito	5-1-0
Pinole Valley	4-2-0
Alameda	4-2-0
Richmond	2-4-0
Hercules	1-5-0
De Anza	0-6-0

#### Bay Football League

Team	W-L-T
Salesian	6-0-0
Berean Christian	5-1-0
Valley Christian	4-2-0
St. Elizabeth	3-3-0
Harker	2-4-0
CA School for the Deaf	1-5-0

#### Bay Shore Athletic League

Team	W-L-T
Encinal	7-0-0
St. Mary's	6-1-0
St. Patrick/St. Vincent	5-2-0
Piedmont	4-3-0
Moreau Catholic	3-4-0
Albany	2-5-0
John Swett	1-6-0
Kennedy - Richmond	0-7-0

#### Bay Valley Athletic League

Team	W-L-T
Deer Valley	5-0-0
Pittsburg	4-1-0
Heritage	3-2-0
Antioch	2-3-0
Freedom	1-4-0
Liberty	0-5-0

#### Diablo Foothill Athletic League

Team	W-L-T
Alhambra	6-0-0
Las Lomas	4-2-0
Acalanes	4-2-0
Campolindo	3-3-0
Miramonte	2-4-0
Dublin	1-4-0
Dougherty Valley	0-5-0

#### Diablo Valley Athletic League

Team	W-L-T
Ygnacio Valley	4-1-0
Concord	4-1-0
College Park	3-2-0
Clayton Valley	2-3-0
Mt. Diablo	2-3-0
Northgate	0-5-0

#### East Bay Athletic League

Team	W-L-T
De La Salle	7-0-0
Amador Valley	5-2-0
Monte Vista	4-3-0
California	4-3-0
Foothill	3-4-0
San Ramon Valley	3-4-0
Granada	2-5-0
Livermore	0-7-0

#### Hayward Area Athletic League

Team	W-L-T
San Leandro	7-0-0
Hayward	6-1-0
San Lorenzo	5-2-0
Bishop O'Dowd	4-3-0
Arroyo	2-5-0
Castro Valley	2-5-0
Tennyson	1-6-0
Mt. Eden	1-6-0

**Humboldt-Del Norte – Big 4**

Team	W-L-T
Eureka	6-0-0
Fortuna	4-2-0
Del Norte	2-4-0
Arcata	0-6-0

**Humboldt-Del Norte – Little 6**

Team	W-L-T
Ferndale	4-0-0
McKinleyville	3-1-0
Hoopa Valley	2-2-0
St. Bernard Catholic	1-3-0
South Fork	0-4-0

**Marin County Athletic League**

Team	W-L-T
Marin Catholic	7-0-0
Novato	6-1-0
Justin-Siena	5-2-0
Tamalpais	4-3-0
Redwood	3-4-0
Terra Linda	2-4-0
Sir Francis Drake	2-5-0
San Marin	2-5-0
San Rafael	0-7-0

**Mission Valley Athletic League**

Team	W-L-T
James Logan	6-0-0
Washington	5-1-0
Newark Memorial	4-2-0
American	3-3-0
Kennedy – Fremont	2-4-0
Irvington	1-5-0
Mission San Jose	0-6-0

**North Bay League**

Team	W-L-T
Montgomery	7-0-0
Cardinal Newman	6-1-0
Rancho Cotate	4-3-0
Maria Carrillo	4-3-0
Ukiah	3-4-0
Piner	2-5-0
Santa Rosa	2-5-0
Elsie Allen	0-7-0

**North Central I – North**

Team	W-L-T
Middletown	4-0-0
Fort Bragg	3-1-0
Willits	2-2-0
Kelseyville	1-3-0
Lower Lake	0-4-0

**North Central I – South**

Team	W-L-T
Cloverdale	4-0-0
St. Vincent	3-1-0
Clear Lake	2-2-0
St. Helena	1-3-0
Upper Lake	0-4-0

**North Central II**

Team	W-L-T
Tomales	6-0-0
Point Arena	4-2-0
Anderson Valley	4-2-0
Calistoga	4-3-0
Laytonville	3-3-0
Round Valley	1-6-0
Potter Valley	0-6-0

**Sonoma Valley League**

Team	W-L-T
Petaluma	6-0-0
Casa Grande	5-1-0
Windsor	3-3-0
Healdsburg	3-3-0
Analy	2-4-0
Sonoma Valley	2-4-0
El Molino	0-6-0





**FROM THE DESK OF KAREN SMITH**  
**Associate Commissioner - North Coast Section, CIF**

**March 8, 2010**

**NCS GOLF CHALLENGE IS SCHEDULED FOR AUGUST 27, 2010.**  
**BE SURE TO SIGN-UP EARLY TO GET THE DISCOUNT.**

**LEAGUE COMMISSIONER REMINDERS**

- The 2010 NCS League Commissioner's Workshop will be held at the NCS Office on August 9. League commissioners are encouraged to review issues important to their leagues and forward potential agenda items to the NCS Office.
- League Commissioners are encouraged to forward SAC items to the NCS Office no later than July 27, 2010 for inclusion in the September 13, 2010 SAC agenda. NCS staff would like to mail the agenda to SAC members Monday, August 2<sup>nd</sup>. Agenda items must be in the form of a motion and include rationale.
- We need recommendations for all Sports selection committees. We will be selecting committees for all sports and we are compiling lists for committees that we can draw from.

**OFFICIAL BALL PROGRAM**

We are in the process of evaluating and testing badminton shuttlecocks. We have signed a contract with Mikasa for another five years as our official water polo ball.

**NCS/LES SCHWAB TIRES WINTER CHAMPIONSHIP SERIES EVENTS**

The NCS/Les Schwab Tires Winter Championships – Presented by Farmers, were extremely successful.

The winter season started with 40 wrestling teams vying for four Class/Area Championships. Dougherty Valley and Redwood High Schools were used as sites for some great competition. Congratulations to all of the participating schools.

Winter soccer was next with 63 boys and girls teams competing in less than perfect weather. Despite the weather all in attendance at the games had the opportunity to see some outstanding performances by all teams competing.

The individual boys and girls wrestling championships were well conducted and included great competition. The girls' tournament saw an increase in competitors from 2009 from 103 competitors to 113. The boys' tournament included 560 boys competing for four berths to the State CIF Championships in each weight class.

The NCS/Les Schwab Tires Basketball Championships was very competitive with 166 teams competing in the NCS Championships. Championship games were played at St. Mary's College in Moraga (six games), Albany HS (three games), Redwood HS (one game) and Division VI Boys' at Ferndale HS and Girls' at Rincon Valley Christian HS. The teams advancing to the NOR CAL tournament are as follows: Boys' teams- Division I- Newark Memorial, De La Salle, San Ramon Valley, Castro Valley, Division II-Pinole Valley, Redwood, Montgomery, Alameda, Division III-Analy, Miramonte, Bishop O'Dowd, El Cerrito, Division IV- Salesian, St. Mary's, Arcata, St. Patrick/St. Vincent, Division V- Branson, St. Joseph Notre Dame, SF University, Head-Royce Girls' teams- Division I- Berkeley, Deer Valley, Heritage, Castro Valley, Division II-Carondelet, Northgate, Dublin, Montgomery, Division III- Bishop O'Dowd, Dougherty Valley, Miramonte, Campolindo, Division IV- St. Mary's, McKinleyville, Piedmont, Justin-Siena, Division V- Branson, Head-Royce, St. Joseph Notre Dame, SF University.

**NCS/LES SCHWAB TIRES SPRING CHAMPIONSHIP SERIES EVENTS**

**2010 NCS Spring At-Large and Seeding**

Singles Tennis	May 6	Site: NCS office
Team Tennis	May 8	Site: NCS office
Boys' Volleyball, Girls' Soccer, & Lacrosse	May 16	Site: NCS office
Swimming & Diving	May 17	Site: NCS office
Softball & Baseball	May 23	Site: NCS office

- Baseball and Softball will each have a single committee to select and seed all divisions.
- Baseball –Oakland McAfee Coliseum is not available this year for the baseball championships.
- Badminton - The NCS/Les Schwab Tires Badminton Championships will be conducted at JF Kennedy (Richmond) High School Saturday, May 22<sup>nd</sup>.
- Boys' Golf – North Qualifier will be played at Windsor Golf Course on May 10, South Qualifier is at Metropolitan Golf Links, Oakland on May 10 and the Tournament of Champions will be played at Baywood Country Club, Arcata on May 17.

- Lacrosse – The NCS/Les Schwab Tires Lacrosse Championships location is TBA to date. Tentative arrangements have been made at Dublin High School. The championship date is Saturday, May 29<sup>th</sup>.
- Boys' Volleyball - The NCS/Les Schwab Tires Boys' Volleyball Championship locations are TBA to date. Saturday, May 22<sup>nd</sup> at a time to be announced.
- Soccer – The NCS/Les Schwab Tires Spring Soccer Championship location is TBA to date. Saturday, May 29<sup>th</sup> at a time to be announced.
- Boys' Tennis - NCS will conduct the NCS/Les Schwab Tires Boys' Single and Doubles Championships at Santa Rosa HS on May 7-8, 2010
- Boys' Team Tennis - The NCS/Les Schwab Tires Division I and II Boys' Team Tennis Championship locations are TBA. Saturday, May 15<sup>th</sup> at a time to be announced.
- Track & Field – NCS will once again use an electronic based entry system for entries to the Class A/Area Meet Championships and the Meet of Champions. Class A/Area Meet Championships will be held Saturday, May 22<sup>nd</sup> at the following locations:
  - Class A Championships – Montgomery HS
  - Tri-Valley Championships – Granada High School
  - Bay Shore Championships – James Logan High School
  - Redwood Empire Championships – Redwood High School
- The NCS/Les Schwab Tires Meet of Champions will be held at U.C. Berkeley's Edwards Stadium, May 28 and 29, 2010.
- Swimming and Diving – NCS will conduct the NCS/Les Schwab Tires Swimming & Diving Championships at Concord Community Pool May 20, 21 and 22, 2010.

**PARTNERSHIP WITH CHILDREN'S HOSPITAL FOR MEDICAL COVERAGE AT NCS/LES SCHWAB TIRES CHAMPIONSHIP EVENTS**

North Coast Section continues to work with Children's Hospital and Research Center Oakland to provide approved medical personnel at all NCS/Les Schwab Tires Championship events except golf, swimming, tennis and badminton. Seventy-four individuals have registered in the program. Interested individuals must be licensed in one of the NCS approved medical areas (M.D., ATC, EMT or Paramedic, and must provide their own liability coverage. During this past fall championship season 82% of Soccer championships games, 100% of Water Polo,, 86% of Volleyball and 94% of Football were covered by an approved medical person

**ELMER BROWN AWARD OF EXCELLENCE CURRENT STANDINGS**

Standings are through March 4<sup>th</sup> prior to the basketball championship games

Mission San Jose – 34 points

Monte Vista – 32 points

Branson – 31

San Ramon Valley – 31

Castro Valley - 30



**FROM THE DESK OF BRI NIEMI**  
**Assistant Commissioner - North Coast Section, CIF**

**Attachment S**

**March 8, 2010**

**NCS/LES SCHWAB TIRES WINTER CHAMPIONSHIP SERIES EVENTS**

**WRESTLING (Dual Team)**

The Division III and Division II Redwood Empire championships were hosted by Redwood H.S. (MCAL) with Upper Lake (CMC) and Terra Linda (MCAL) winning their respective titles. The Division I and II East Bay championships were held at Dougherty Valley H.S. (DFAL) as Liberty (BVAL) and De La Salle (EBAL) claimed the 2010 hardware.

**WRESTLING (Individual)**

The NCS/Les Schwab Tires Boys' Wrestling championships were held at Newark Memorial H.S. (MVAL) and the NCS/Les Schwab Tires Girls' Wrestling championships were held at J.F. Kennedy H.S. (MVAL). De La Salle (boys) and Newark Memorial (girls) claimed team championships, while 28 individual champions were also crowned. The girls' brackets increased from 2009 by 10 competitors, from 103 to 113. The boys' brackets had 560 competitors.

**SOCCER**

The NCS/Les Schwab Tires Soccer championships were conducted in the Division I and II East Bay brackets. Boys champions included De La Salle (EBAL, I) and Dublin (DFAL, II), while the girls champions were Castro Valley (HAAL, I) and Bishop O'Dowd (HAAL, II).

**SPORTSMANSHIP**

Piedmont High School assistant tennis coach Corey Reich was selected as the Section 7 recipient of the NFHS Spirit of Sport Award. The National High School Spirit of Sport Award seeks to recognize those individuals who exemplify the ideals of the positive spirit of sport that represents the core mission of education-based athletics. Reich will be honored at a CIF event this year to be determined.

**NCS/LES SCHWAB TIRES SPRING CHAMPIONSHIP SERIES EVENTS**

Planning is well underway for all NCS/Les Schwab Tires Spring Championship Series events. Bulletins have been sent out and are updated on the NCS website. A site still needs to be determined for team tennis (to be hosted by the EBAL). The bulletin will be updated and sent out as soon as possible.

**SOCCER**

Girl's soccer teams from the BCL-E, BCL-W and MCAL will compete in the spring for an NCS/Les Schwab Tires Soccer championship.

**SOFTBALL**

Anticipating a return to Chabot College for one or more championship games.

**SWIMMING and DIVING**

Championships will be held at the Concord Community Pool in mid-May. Once again, NCS will be utilizing *DirectAthletics* for swimming and diving entries. Passwords will be mailed out to the schools in March.

**TENNIS**

Individual tournament will be conducted at Santa Rosa High School (hosted by the NBL). Team tennis is still TBD, but will be hosted by the EBAL.

**VOLLEYBALL**

Boy's volleyball will be conducted in three divisions this spring, each of which will consist of an 8-team bracket. Championship games will be hosted by the highest seeded team provided they have a facility that meets NCS hosting criteria.