

NORTH COAST SECTION, CIF

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TO: SAC REPRESENTATIVES AND NCS STAFF
FROM: Gil Lemmon, Associate Commissioner
DATE: March 23, 2005
SUBJECT: Sports Advisory Committee Recommendation from the SAC March 14, 2005 meeting.

In Attendance: Susie Woodall (MCAL), Phil Roark (MCAL), Linda Sawyer (TCAL), Chuck Davison (CMC), Geri Giovannetti (CMC), JoAnne Wright (HAAL), Elmer C. Brown (NBL), Marie Sugiyama (NBL), Charles Lakin (HDNL), Dave Ashworth (SCL), Jenean Bingham (SCL), Frank Gygax (MVAL), Ole Chiavini (TCAL), Dave Kiesel (HAAL), Pat Middendorf (BVAL), John Nules (BVAL), Tom Welsh (BAC), Phil Tomasini (BSAL), Mary Fahey (BCL-East), Don Nelson (EBAL), Bill Jones (ACCAL), Linda Brown (ACCAL), Sandy McBride, (NCS Staff member), Karen Smith, Asst. Commissioner, Gil Lemmon, Assoc. Commissioner (NCS) and Tom Ehrhorn, Commissioner of Athletics (NCS).

Absent: Elena De Santis (BCL-West), Aileen Finney (BSAL), Ann Constantino (HDNL), Gloria Gutierrez (MVAL) and Jan Freytag (EBAL).

I. Motion to approve the minutes of the Sports Advisory Committee meeting December 6, 2004.

PASSED 17-0-0

M – Welsh (BAC) S - Tomasini (BSAL)

II. Approval of the Consent Agenda

NO ITEMS

III. Action Items

A. CIF

1. Volleyball Advisory Committee Recommendations, 2005-06

a. Volleyball Officials' Uniforms

PASSED 21-0-0

Motion to approve the State CIF Volleyball Committee's recommendation that the officials' uniform remain as is; a collared white polo shirt, navy blue pants, white tennis shoes and white socks.

M – Sugiyama (NBL) S – Davison (CMC)

b. Use of the Libero Position for the 2005-06 School Year

PASSED 21-0-0

By State Association Adoption CIF member schools will use the Libero position during the 2005-2006 school year. Tracking is mandatory. Vests may be used to designate the Libero position using the same uniform number.

M – Sugiyama (NBL) S – Davison (CMC)

2. Wrestling Weight Management Program

PASSED 19-0-2

Motion to approve a mandatory weight management program starting with the 2005-06 school year.

The CIF Wrestling Advisory Committee recommends that beginning with the 2005-06 school year, the weight management program be mandatory, but not binding for all member schools that wrestle. This proposal calls for this program to be mandatory and binding in 2006-07.

See Attachment A

M – Brown (NBL) S – Davison (CMC)

B. NCS

1. 7th and 8th Place Medals at the NCS/Les Schwab Tires Swimming & Diving Championships

PASSED 17-2-2

Motion to approve the awarding of 7th and 8th place medals at the NCS/Les Schwab Tires Swimming & Diving Championships.

M – Wright (HAAL) S – Sawyer (DFAL)

2. Home Sites Through Finals in Boys and Girls Volleyball

PASSED 19-2-0

Motion to allow schools to host NCS/Les Schwab Tires Volleyball Championship matches in first, second, semifinal and championship rounds.

M – Wright (HAAL) S – Welsh (BAC)

3. Use of Grades 9-12 CBED for Classification Sports

PASSED 21-0-0

Motion to implement grades 9-12 CBED numbers for NCS Classification sports.

See Attachments B₁ through B₇

M – Brown (NBL) S – Lakin (HDNL)

4. Change in Fall and Winter Soccer Bracket Sizes

PASSED 19-1-1

Motion to adjust the bracket size of the Fall Class A boys from 12 teams to 16 teams, adjust Fall Class A girls and 3A girls from eight teams to 10 teams and adjust the 2A/3A Winter Soccer boys and girls brackets from 10 teams to 12 teams.

M – Tomasini (BSAL) S – Chiavini (DFAL)

5. Combine the 2A/3A East Bay and Class A/Redwood Empire Dual Team Wrestling Championship Sites

PASSED 19-0-2

Motion to alter the format of the NCS/Les Schwab Tires Dual Team Wrestling Championship sites by combining the 2A and 3A East Bay to one site (still separate championships) and Class A and Redwood Empire to one site (still separate championships). Sites would be selected by rotation.

Class A and Redwood Empire	2A/3A East Bay
2006 NBL	2006 EBAL
2007 CMC	2007 MVAL
2008 SCL	2008 DFAL
2009 HDNL	2009 BSAL
2010 BSAL	2010BVAL
2011 MCAL	2011 HAAL

M – Brown (NBL) S – Sawyer (DFAL)

6. Awards for Singles/Doubles Tennis

PASSED 15-4-0

Motion to increase medals for the singles and doubles tennis championships from three places to four places.

M – Sawyer (DFAL) S – Wright (HAAL)

7. Re-instatement of the NCS Singles At-large Meeting in the Sport of Tennis

PASSED 13-5-2

Motion to re-instate the singles at-large meeting in tennis for boys and girls singles with the following criteria:

Criteria for At-large Singles

Overall Record

- League Record/League Place
- Non-League
- Tournament

Strength of Schedule

- Record against top six opponents.
- Head-to-head against players who have qualified or are being considered.
- Record against common opponents.

USTA Ranking (age and rank)

USTA current standing (age and standing)
 ITF ranking (international players)
 Coaches' Ranking

M – Brown (NBL) S – Sawyer (DFAL)

8. Tennis Championship Dates

PASSED 21-0-0

Motion to change the tennis championship dates as follows:

<u>GIRLS TENNIS</u>	<u>2005-2006</u>	<u>2006-2007</u>	<u>2007-2008</u>
Deadline for leagues to determine qualifiers in team tennis	Nov. 5 (Team tennis only)	Nov. 4 (Team tennis only)	Nov. 3
Final date for team competition other than NCS Championships	Nov. 5 (Team tennis only)	Nov. 4 (Team tennis only)	Nov. 3
Deadline for leagues to determine qualifiers for singles/doubles	Nov. 9	Nov. 8	Nov. 7
Final date for singles/doubles competition other than NCS Championships	Nov. 9	Nov. 8	Nov. 7
<i>Singles At-large Mtg.</i>	<i>Nov. 10</i>	<i>Nov. 9</i>	<i>Nov. 8</i>
Singles/Doubles Championships	Nov. 15, 16	Nov. 14, 15	Nov. 13, 14
At-Large & Seeding for Team Tennis	Nov. 6	Nov. 5	Nov. 4
Team Tennis Championships	Nov. 8, 10, 12	Nov. 7, 9, 11	Nov. 6, 8, 10
CIF Nor-Cal Team Tennis Championships	Nov. 18, 19	Nov. 17, 18	Nov. 16, 17
<u>BOYS TENNIS</u>	<u>2005-2006</u>	<u>2006-2007</u>	<u>2007-2008</u>
Deadline for leagues to determine qualifiers	April 29 <i>May 2</i>	April 28 <i>May 1</i>	April 27 <i>April 30</i>
Final date for competition other than NCS Championships	April 29 <i>May 2</i>	April 28 <i>May 1</i>	April 27 <i>April 30</i>
<i>Singles At-large Mtg.</i>	<i>May 3</i>	<i>May 2</i>	<i>May 1</i>
Singles/Doubles Championships	May 5, 6	May 4, 5	May 2, 3
At-Large & Seeding for Team Tennis	May 7	May 6	May 4
Team Tennis Championships	May 9, 11, 13	May 8, 10, 12	May 6, 8, 10
CIF Nor-Cal Team Tennis Championships	May 19-20	May 18-19	May 16-17

M – Sugiyama (NBL) S – Brown (NBL)

9. Sports and General Rulings Handbook Bylaw 109H

PASSED 21-0-0

Motion to change Sports and General Rulings Handbook Bylaw 109H as follows:

109H Tournament Games in Team Sports

In the following team sports – basketball, soccer badminton, volleyball, softball, baseball, water polo, team tennis and lacrosse - each game shall count in determining the maximum number of games, (e.g. a team that participates in a tournament that requires four games will be charged with four games, or as many as it plays with the following exceptions).

Exception:

Volleyball: Each day of participation in a volleyball tournament shall count as a maximum of 2 matches in determining the maximum number of volleyball contests allowed per school.

Badminton: Participation in a badminton tournament counts as two contests for each day of competition when determining the maximum number of contests allowed.

Tennis: Participation in a team tennis tournament counts as two contests for each day of competition when determining the maximum number of contests allowed.

Note: *At no time would a school be charged more than the actual number of contests played in a single day.*

M – Welsh (BAC) S – Jones (ACCAL)

10. 604H – Administrator-in-Charge

PASSED 17-4-0

Motion to change the wording of 603H as follows:

604H Administrator-in-Charge

Each school, *with the exception below*, which is participating in the NCS/Les Schwab Tires Team Championship Series, (football, volleyball, water polo, basketball, soccer, baseball, softball) must have an administrative level representative or designee, in addition to the team coach, in attendance before, during, and after the event each time that the school competes. The school's principal must indicate in writing the name of the person (certificated faculty member or certified coach under Title V for public schools, contracted faculty/approved coaching staff members for private schools) provided the person is not coaching (neither the head coach or an assistant coach) who is the Administrator-in-Charge (responsible for crowd control, student behavior, and injury care) whenever that school's team is participating in the respective NCS event. This letter shall be presented to the Site Director when the person reports to the Site Director as instructed at the orientation meeting.

Note: The Administrator-in-Charge Registration form may be signed by any school administrator (vice principal, assistant principal and/or the school athletic director).

Exception: *Any school traveling more than 150 miles, one way, is not required to send an administrator-in-charge in the sports of volleyball, baseball or softball. Under this exception the coach of the traveling school is responsible for crowd control, student behavior and injury care.*

(Board of Managers 1/23/98)

M – Sawyer (DFAL) S – Wright (HAAL)

3. Marin Catholic High School Request to Start Practice Early in Football for 2005

PASSED 13-6-2

Motion to approved Marin Catholic High School's request to start practice in football on Monday, August 15, 2005 and conduct its conditioning week during Week 9.

M – Roark (MCAL) S – Nules (BVAL)

4. Pure Seeding in All NCS/Les Schwab Tires Championship Series Events

PASSED 17-4-0

Motion to pure seed all NCS/Les Schwab Tires Championship Series Events.

M – Sugiyama (NBL) S – Welsh (BAC)

IV. OLD BUSINESS

1. None

V. NEW BUSINESS

1. None

VI. ITEMS DEFEATED, TABLED OR NO ACTION

A. CIF

1. State CIF Football Bowl Championship

FAILED 8-9-2

Motion to approve a State CIF Football Bowl Championship to start with the 2006-07 school year.

See Attachment C

M – Brown (NBL) S – Tomasini (BSAL)

2. General Plan for the addition of State Championships

NO ACTION – No proposal provided by CIF

3. Ejection Policy for CIF State Championships

FAILED 1-19-1

A policy is being proposed that would stipulate the action to be taken in the event an athlete or coach is ejected from a contest/game starting with the Section Championship game.

EJECTION POLICY

Any player or coach who is ejected from a CIF State Playoff Tournament contest for MISCONDUCT and/or UNSPORTSMANLIKE BEHAVIOR will be disqualified from all remaining contests in that sport for the duration of the tournament. This statewide policy will begin with the Section Qualifying contest/competition, (the Section Championship game), and supercedes any Section rule governing ejections. Any ejections prior to the section championship contest/competition will be dealt with according to section policy.

Appeals:

In order to appeal an ejection, the principal of the school involved must file an appeal within 24 hours after the event and provide written compelling documentation to overturn the decision. An appeal panel consisting of the tournament director/designee, rules interpreter for that sport, and the CIF administrator in charge of the event will review all appealed ejections prior to the next contest and either sustain or overrule the ejection. No further appeal beyond this process is permitted.

M – Welsh (BAC) S – Wright (HAAL)

B. NCS

1. Establishment of Penalties for Violations of NCS Sports & General Rulings Bylaws

TABLED 20-1-0

Motion to policies and procedures for violations of NCS Sports & General Rulings Bylaws.

10XH Penalty for Violations of NCS Sports & General Rulings Handbook Bylaws

1. When a school violates NCS Sports & General Rulings Handbook Bylaws, the school shall immediately:
 - a. Report the violation to:
 - 1) Its league
 - 2) And the NCS Commissioner
 - b. Send written notice of the violation(s) to:
 - 1) Its league
 - 2) And the NCS Commissioner
 - c. Recommend to its league one or more of the penalties/remedies listed below:
 - 1) Penalties/Remedies for Violations of NCS and/or CIF Bylaws
 - a. The team shall be placed on probation (indicating the conditions of the probation).
 - b. The school shall be placed on probation (indicating the conditions of the probation).
 - c. The school shall conduct a self-evaluation of its procedures, recommend appropriate improvements in the procedures, implement the improvements and submit a written report to the school's league and the NCS Sports Advisory Committee.
 - d. The school shall pay a consultation fee (equal to the consultant's daily wage or \$150 whichever is greater and round trip mileage at the Section's regular rate) to be used to fund a mandatory in-service program for selected members of the school's staff and administration.
 - e. The school's team(s) shall be suspended from post-season competition, not to exceed one calendar year.
 - f. The school's team shall be suspended from its league for the balance of the season.
 - g. The school, in the event of repeated violations, shall post a \$300 bond with the league. The bond will be placed in the league account. It will be returned to the school after two calendar years have elapsed without an additional violation.
 - h. The school shall be suspended from post-season participation in all sports, not to exceed one calendar year.
 - i. The school shall be suspended from its league for the balance of the season.
 - j. The school shall be suspended from participation in its league for a period of time not to exceed one calendar year.
 - k. The school shall be recommended for expulsion from the California Interscholastic Federation.
- 2) For violations that are self-reported by the offending school, the school's league shall review the circumstances of the school's violation and its recommended penalties/remedies. The league will determine which of the stated penalties/remedies (10XH 1.c.1)a.-k.) shall be implemented.
 - a. The league has the authority to affirm, deny, reduce or increase the penalties/remedies recommended by the school, based upon the following criteria:
 1. Does the school's action appropriately address the severity of the violation and, if appropriate, violations repeated within four calendar years of the last violation?
 2. Does the school's action cause remediation of the problem to preclude violations in the future?
 3. Does the school's action address problems that caused or led to the violation?

- 3) For violations that are determined by a league hearing panel or an NCS hearing panel:
 - a. The hearing panel having jurisdiction to consider the circumstances of the alleged violation shall also have the authority to impose penalties/remedies as defined in 10XH.
 - b. The hearing panel having jurisdiction and authority shall be responsible for determining the adherence to the provisions of the penalties/remedies and any additional consequences for non-adherence.
 - c. The chairperson of the Sports Advisory Committee will appoint hearing panel members from non-involved leagues, if possible.
- 3) Appeals of a league or Section hearing panel's determination of appropriate penalties/remedies for violation of NCS and/or CIF bylaws may be made in accordance with the provisions of NCS Student Eligibility Bylaw 2704.

M – Sawyer (DFAL) S – Davison (CMC)

2. Increase in Team Tennis Bracket

FAILED 9-12-0

Motion to increase the team tennis bracket from 16 to 24 schools.

M – Jones (ACCAL) S – Tomasini (BSAL)

3. Elimination of the Priority to Host by League Champion

FAILED 2-19-0

Motion to eliminate the first priority in NCS Bylaw 520H that the home site for NCS/Les Schwab Tires Championship games will be at the home site or geographical area of the league champion. The first priority would then revert to the home site or geographical area of the higher seeded team.

M – Tomasini (BSAL) S – Welsh (BAC)

VII. OLD BUSINESS

1. None

VIII. NEW BUSINESS

1. Sports & General Rulings Handbook Bylaw 21.303H – Minimum Qualifying Record

FAILED 3-16-2

Motion to adjust the following language to NCS Sports & General Rulings Handbook bylaw 21.303H.

21.303H Minimum Qualifying Record

To be accepted as a participant in the NCS Soccer Championships, a team shall have compiled an overall record of at least an equal number of wins and losses or an overall record of at least an equal number of wins and losses against teams in its own classification. ***For purposes of acceptance to participate in the NCS/Les Schwab Tires Soccer Championships only, a tie shall be treated as a win.*** Exception: league champions gain automatic entry.

- a. "Teams in its own classification" is defined as any team whose grades 9-11 enrollment falls within the school's NCS Soccer Classification (See NCS Classification ranges below).
 - Schools with enrollments of 500 or less grade 9-11 CBED enrollment numbers - Class A (Fall Boys & Girls)
 - Schools with enrollments of 501 or more grade 9-11 CBED enrollment numbers - Class 3A Redwood Empire (Fall Boys)
 - Schools with enrollments of 501 or more grade 9-11 CBED enrollment numbers - Class 3A Redwood Empire (Fall Girls)
 - Schools with enrollments of 1,300 or fewer students grades 9-11 CBED enrollment numbers - Class 2A East Bay (Winter Girls)
 - Schools with enrollments of 1 or more grades 9-11 CBED enrollment numbers - Class 3A East Bay (Winter Boys)
 - Schools with enrollments of 1,301 or more grade 9-11 CBED enrollment numbers - Class 3A East Bay (Winter Girls)
- b. Games against teams outside of the United States will not be counted in determining the "winning record within a classification".
- c. When a team's petition is approved to play in a classification of greater enrollment, that classification for which the team is approved shall be its classification for the respective year.

Note: Schools who petition up in classification will remain at that classification during the current year and future years. Schools who petition up in classification may move back to their actual classification in accordance with the time schedule set by the NCS Board of Managers.

(NCS Board of Managers 5/1/03)

M – Wright (HAAL) S – Kiesel (HAAL)

CIF WRESTLING WEIGHT MANAGEMENT PROGRAM

PHILOSOPHY

The CIF State Wrestling Advisory Committee believes that one of the primary factors in promoting proper weight maintenance among high school wrestlers is the development of a weight control program that encourages weight loss in a healthy and safe manner.

Currently, 17 state associations have instituted body composition testing programs. State Associations that choose to conduct a body composition testing program are not required to use the 50% rule where each wrestler is required to have at least one-half of his or her weigh-ins during the season at the minimum weight the wrestler will compete in during the state tournament series. However, State Associations may choose to follow the 50% rule regardless. The primary purposes of a body composition testing program are to:

- 1) Determine the lowest certifiable weight for each wrestler in order to provide a safe wrestling environment for all high school wrestlers. The wrestler's lowest certifiable weight may not be his or hers optimal competitive weight, it is simply the lowest, safe weight at which a wrestler may compete.
- 2) Establish a schedule of weekly weight loss that will ensure each wrestler loses weight in a healthy and safe manner
- 3) Educate wrestlers, coaches and parents with respect to nutritional components of a wrestler's healthy diet.

Similar to the process used by many of the State Associations that have successfully implemented a weight management program, the attached proposal implements a mandatory but non-binding program in 2005-06, and a mandatory and binding program in 2006-07.

3104. CIF WRESTLING WEIGHT MANAGEMENT PROGRAM

The establishment of a certified minimum wrestling weight based on 7% body fat for males and 12% for females is required for all high schools. Participation in the CIF Wrestling Weight Management Program will be mandatory for all CIF interscholastic wrestlers and non-binding for the 2005-06 wrestling season. Beginning with the 2006-07 wrestling season, participation in the CIF Wrestling Weight Management Program is both mandatory and binding for all CIF interscholastic wrestlers.

The CIF will utilize the NWCA Optimal Performance Calculator as the mechanism to calculate the certified minimum weight for each wrestler and as the data reporting and retrieval tool for all member schools sponsoring wrestling.

A. ESTABLISHING CERTIFIED MINIMUM WEIGHTS

- (1) Bioelectrical Impedance will be utilized to determine each wrestler's body fat percentage. Refractometers will be utilized to determine hydration levels through analysis of urine. Only measurements taken by persons who have successfully completed the CIF Assessor Certification Workshop will be valid. Schools will receive a list of CIF Certified Assessors. It is the responsibility of the school to contact an assessor from this list and arrange a time to have its wrestling squad assessed or attend a CIF Section sponsored regional testing clinic. No wrestler may compete until the athlete has had a certified minimum wrestling weight determined by the NWCA Optimal Performance Calculator and it appears on the school's Alpha Master form. Once a wrestler competes at a weight class allowed by the weight loss plan, the option to appeal is voided.
- (2) The lowest weight class a wrestler may compete at will be determined as follows:
 - a. If the certified minimum weight, at 7% or 12% body fat, is exactly that of one of the adopted weight classes, that weight shall be the wrestler's minimum weight class.
 - b. If the certified minimum weight, at 7% or 12% body fat, is less than one half pound from one of the adopted weight classes, that weight shall be the wrestler's minimum weight class.
 - c. If the certified minimum weight, at 7% or 12% body fat, is greater than or equal to one half pound from one of the adopted weight classes, the next higher weight class shall be the wrestler's minimum weight class.

Note: The allowance referenced in Part I (B) #2 and #3 applies only to the calculations of the certified minimum weight for a wrestler. The allowance is not applicable to the weights referenced in the weekly weight loss plan.

B. TIME PERIOD FOR ASSESSMENTS

EFFECTIVE 11/1/05

- (1) No wrestler may compete until they have participated in an initial assessment and their name and data are included on the school Alpha Master Form. Although wrestlers are strongly encouraged to follow the weekly weight loss plan, the minimum certifiable weight is non-binding for the 2005-06 wrestling season. The "50% certification rule" (CIF Bylaw 3103) applies during the 2005-06 season.
- (2) For the 2005-06 wrestling season, the period for initial assessments is November 1 – November 23, 2005.

EFFECTIVE 11/1/06

- (3) Assessments may begin on November 1 of each school year. Wrestlers may be measured any time on or following this date and no later than January 15th to establish a minimum wrestling weight. All wrestlers, including those coming out late, must have their minimum wrestling weight established prior to competing.
- (4) The specific gravity of the urine, as determined by a refractometer analysis, will determine whether a candidate may participate in an assessment on any date. A specific gravity result of less than 1.025 is required in order to participate in the body fat assessment. Any wrestler not passing the urine specific gravity test must wait a minimum of 48 hours in order to be retested.
- (5) January 15th is the deadline to establish a certified minimum wrestling weight.
- (6) A wrestler who competes at a weight class allowed by his/her weight loss plan before or during an appeal has accepted his/her most recent assessment and voids all other appeal options allowed within this policy.
- (7) Unusual situations must be arranged with the CIF Section in writing before deadline or due dates.

C. SCHOOL RESPONSIBILITIES FOR THE MEASUREMENT PROCESS

- (1) It is the school's responsibility to contact and contract with a CIF Certified Assessor from the list provided by the CIF or attend a CIF Section sponsored regional testing clinic.
- (2) Schools choosing to contract with a CIF Certified Assessor will be required to have available at the time of assessment:
 - a. Bioelectrical Impedance Assessment Data Forms.
 - b. Plastic collection cups to conduct urine specific gravity tests.
 - c. Two adults (teacher, AD, parent, etc.) who will:
 - i. Assist with measuring height (in cm)
 - ii. Assist with the recording of data.
 - iii. Assist with urine specific gravity testing.
- (3) Bioelectrical Impedance assessments shall not be conducted by any active wrestling coach at any level.

D. WRESTLERS BELOW 7% OR 12% BODY FAT

Prior to competition, any male wrestler whose body fat percentage at the time of his initial assessment is below 7% may request a waiver in order to establish a certifiable wrestling weight class if a physician attests that the athlete is naturally at this sub -7% body fat level. In the case of a female wrestler, a waiver may be requested if the athlete who is sub -12% body fat. A waiver form must be signed by a physician, a parent, the principal and the head wrestling coach. The completed waiver form must be mailed or faxed to the appropriate CIF Section office. Wrestlers may not compete at their waiver weight class until the completed waiver form, with all four required signatures, has been received by the appropriate CIF Section office. The waiver weight class is valid for one season only and expires March 15th of each year. The sub-7% male or sub -12% female, who receives clearance, may not wrestle below their actual weight class at the time of initial assessment.

Note: The allowance suggested in Part I (B) #2 is not applicable to athletes assessed under 7% or 12% body fat.

E. GROWTH ALLOWANCE

- (1) The CIF Weight Wrestling Weight Management Program awards a two-pound growth allowance on January 15 of each wrestling season.
- (2) The growth allowance may not be utilized to achieve a lower certified minimum wrestling weight for a wrestler.
- (3) In order to utilize the growth allowance a wrestler shall compete at “scratch weight” in the desired weight class at least once prior to the first qualifying tournament in the CIF State Championship series.

SCRATCH WEIGHT: *References within the CIF Wrestling Weight Management Program to the term “scratch weight” refer to the weight achieved which qualifies an athlete to wrestle at one of the National Federation established weight classes less growth allowance and/or any consecutive day allowance awarded under NFHS Wrestling Rules.*

F. WEIGHT LOSS PER WEEK

- (1) An average weight loss limit per week of 1.5% of body weight at the time of initial assessment has been established. A season-long weight loss plan will guide each wrestler’s weight loss during the season.
- (2) The weight loss plan shall determine in which weight classes a wrestler may compete each week.
- (3) Participation in any weight class above the eligible weight classes defined by a wrestler’s weight loss plan shall require the wrestler to re-certify at that weight class. The wrestler is required to compete at that weight class, or any greater weight class for which they qualify, for the remainder of the season.
- (4) PENALTY – A wrestler who participates in a weight class below the eligible weight classes defined by the weight loss plan before the proper amount of time has passed to achieve the weight class, will be considered an ineligible wrestler.

G. APPEAL PROCESS

Note: In order to utilize the results of an appeal the school must receive notification from the CIF Section office prior to allowing the appealing athlete to compete.

Parental permission is not a valid means to establish a lower minimum wrestling weight.

Any athlete may appeal his/her assessment results one time by reassessment. Step 1 may be bypassed and only Step 2 performed. The steps of the appeal process are as follows:

STEP 1: The athlete shall repeat the assessment as described in the regulation.

- a. The reassessment shall occur within 14 calendar days of the initial assessment date unless a written extension is granted by the CIF Section before the expiration of the 14-day period. The 14-day appeal period shall start on the day following the date of the initial assessment. Day one through seven does not permit any loss of weight for an appeal to be valid. During the second week, days 8 – 14, a wrestler may weigh no less than 1.5% (rounded down) of the body weight measured at the initial assessment. Failure to meet these conditions or timelines is cause for denial.
- b. Data shall be recorded on the Bioelectrical Impedance Assessment Data Form.
- c. Reassessment includes hydration and Bioelectrical Impedance assessment.
- d. PENALTY – A wrestler who competes at a weight class allowed by his/ her weight loss plan before or during an appeal has accepted his/her most recent assessment and voids all appeal options allowed within this policy.

STEP 2: If dissatisfaction with the results remains, the wrestler may choose Bod Pod assessment to determine body fat percentage. Results obtained at this step are automatically accepted; the athlete, family, school or coach may not appeal further.

- a. The Bod Pod assessment shall occur within 14 calendar days of the initial assessment date unless a written extension is granted by the CIF before the expiration of the 14-day period. The 14-day appeal period shall start on the day following the date of initial assessment. Day one through seven does not permit any loss of weight for an appeal to be valid. During the second week, days 8 –14, a wrestler may weigh no less than 1.5% (rounded down) of the body weight measured at the initial assessment. Failure to meet these conditions or timelines is cause for denial.
- b. The school shall file a “Bod Pod Assessment Proposal” before a hydrostatic weigh-in or Bod Pod assessment is approved.
- c. Bod Pod facilities must be approved by the CIF; the proper form shall be filed with the CIF.
- d. Bod Pod assessment must be conducted before the wrestler participates in interscholastic competition.
- e. PENALTY – A wrestler who competes at a weight class allowed by his/her weight loss plan before or during an appeal has accepted his/her most recent assessment and voids all appeal options allowed within this policy.

H. COSTS

- (1) All costs incurred for initial assessment, appeal process, nutrition education program, and NWCA Optimal Performance Calculator are the responsibility of the school or parent.
- (2) Charges for Bioelectrical Impedance assessment conducted by a CIF Certified Assessor may not exceed \$10 per wrestler.
- (3) CIF Certified Assessors are permitted to charge mileage at CIF adopted rate of 31 cents/mile or a minimum service fee of \$50 whenever travel is required to a location at which fewer than six subjects are to be assessed on any given date.

I. TRAINING THE ASSESSOR

- (1) Persons eligible to be trained as CIF Certified Assessors shall be medical practitioners (e.g. physician, registered nurse, licensed nurse practitioner, certified athletic trainers, physical therapist, physician's assistant, nutritionist, health educator, exercise physiologist) or other persons approved by the CIF.
- (2) CIF Master Assessors will conduct Training and certification of CIF Certified Assessors under the direction of the CIF State Office.
- (3) The assessor will attend a training session and annual update certification.
- (4) The assessor will participate in a random sample test to substantiate the quality and accuracy of his/her measurements.
- (5) The assessor certification training will consist of a minimum of two hours of classroom training and one hour of practical training.
- (6) A certification training fee will be charged to each assessor candidate attending the training program.
- (7) Re-certification
 - a. Re-certification will require a minimum of one-hour training.
 - b. Re-certification training will be conducted in multiple locations throughout California annually.
 - c. CIF Master Assessors will conduct all re-certification training programs.
 - d. Assessors who have demonstrated two years of successful experience may re-certify by completing a closed book examination up to 20 days prior to the first date of CIF assessment. A re-certification fee will be charged.
 - e. Assessors are required to complete the in-service program when a lapse of one year or more occurs or significant performance decline is noted.
- (8) Data Collection
 - a. The CIF will provide the reporting forms.
 - b. The assessor will conduct all Bioelectrical Impedance measurements.
 - c. The assessor will provide the supplies to conduct the urine specific gravity test.
 - d. The assessor will be responsible for submitting the measurement results to the CIF within two working days after the initial assessment is made. The assessor will also be responsible for posting all wrestler data to the NWCA website.
 - e. Failed urine tests will not be reported to the CIF.

ATTACHMENT C

**2006 and 2007
CIF STATE FOOTBALL
CHAMPIONSHIP BOWL GAMES
*(TWO- YEAR PILOT PROPOSAL)***



**STATE CIF OFFICE
333 HEGENBERGER ROAD, SUITE 511
OAKLAND, CA 94621
Phone: (510) 639.4445
Fax: (510) 639.4449**

www.cifstate.org

OFFICIAL TITLE

The official title of this event is the **CIF State Football Championship Bowl Games.**

CHAMPIONSHIP DATES

The proposed **CIF State Football Championship Bowl Games** dates are:

Saturday, December 16, 2006

Saturday, December 15, 2007

SITES

TBD – common site in the south

TIME SCHEDULE (if all three games are at one site)

Division III	11:00 AM
Division II	3:00 PM
Division I	7:00 PM

C-BED ENROLLMENT CALCULATIONS - The C-BED enrollment figures to be used for public schools are those figures certified by the public school principal in October of each year. Non-public school principals are to certify their enrollment figures as of the C-BED reporting date for each year.

Note: Grades 10-12 (9-12) will be utilized for C-BED enrollment.

Schools will be required to participate in the divisions that have been established.

Single Gender Schools - The enrollment for single gender schools shall be doubled in grades 10-12 to gain a total figure for the single gender school.

Moving Up in Classification: Moving up in classification will not be allowed.

SEEDING MEETING DATES

- **Sunday, December 10, 2006 at CIF State Office at 10:00 a.m.**
- **Sunday, December 09, 2007 at CIF State Office at 10:00 a.m.**

SELECTION PROCESS

A sub committee of the Championships, New Events Committee, will meet to determine the pairings for the three (3) championship games. This sub committee is comprised of a representative from each section.

A. Criteria to be used for selection of teams:

1. Only section champions will be considered. Section champions will be placed for consideration in their enrollment division regardless of what division they may have competed within their respective sections.
2. One (1) team each from the north and south will be paired in each division

- 3. Computerized rankings will be used as a guide for selection of teams
 - 4. Point differential in final scores will not be used as a criteria
- B.** Northern Sections are comprised of: Central Coast, North Coast, Northern, Oakland, San Francisco, and Sac-Joaquin. Southern Sections are comprised of: Central, Los Angeles, Southern, and San Diego

Note: Competitors may not leave school on the day preceding the competition prior to the close of the school day unless travel requirements warrant. If travel requirements warrant, schools may petition to the State CIF Office for the additional day. Violation of this regulation may result in disqualification.

PAIRINGS

The pairings for all three (3) divisions will be posted on the CIF webpage as soon as available after the seeding meetings. Go to cifstate.org.

CLASSIFICATION SYSTEM

The state championships shall be conducted in three (3) divisions. CIF Section Commissioners are responsible for ensuring that schools entering the championships meet the following C-BED enrollment criteria:

<u>Division</u>	<u>Starting #</u>	<u>Ending #</u>
I	1901 and above	
II	901	1900
III		900 and below

Note: 2005-2006 C-BED figures will be utilized to determine divisional placement for the 2006 football season and 2006-2007 figures will be utilized for the 2007 football season.

REVISED: 09.28.04

CIF STATE FOOTBALL CHAMPIONSHIP BOWL GAMES

(Two year Pilot Proposal)

FAQ SHEET

1. What is the purpose of the CIF sponsoring a State Football Championship?

Answer: *Several. The CIF leadership strongly believes that when it comes to high school sports, the CIF is the best possible organization to promote the educational values of athletics and the venue of “State Championships” gives the CIF a public platform to promote the positive values of educational athletics.*

The State CIF has transformed itself the past 8 years from a “rules and regulations” body to assisting and supporting our member schools by offering eighteen (18) educational programs that can directly help schools and their student-athletes. This proposed 2-year pilot football championship is to generate revenue that can benefit all students across the state by funneling the net income back into programs that can directly help schools, regardless of their athletic competitive level.*

Educational Programs offered in 1993

None were offered

Educational Programs offered in 2004

(Partial list)

Coaching Education

Law and Liability for Coaches

Pursuing Victory with Honor

Athletic Administrators – 15 different classes

Parenting Education

2. In a time when the budget crunch has “hit” most of our schools so hard that some of us have had to reduce the number of teams/sports that we offer, what is the rationale adding this state championship at this time?

Answer: *The answer is really pretty simple. The CIF must create and generate more revenue and income so that our schools can minimize their expenses and cost of operating their athletic programs. The recent infringement by other state associations profiting (Washington and Hawaii netting over \$100,000 each) from match-ups with top California high schools is a potential source of revenue being siphoned from our schools, in part, because the CIF is the only state without a football championship. The expense of coaching education, training of athletic directors, dues, legal and insurance cost for schools continues to increase and these are direct costs for schools, most paying out of their ASB or their Gate Receipt Accounts.*

Adding these championship games and the net income generated should help to minimize the cost for these services and helps ALL 1362 CIF high schools.

3. Will it cost my school money to participate in the state championship game?

Answer: *The six (6) participating schools will have their expenses paid for by the CIF through the revenues generated. The revised criteria for adding state championships calls for all expenses to be paid. Reasonable guidelines will be established with regard to squad size, etc. Schools may incur additional costs associated with participation in these championships.*

4. How many coaches, players, managers, stat crew, etc will teams be allowed?

Answer: *If the proposal passes, the State CIF will form a Football Advisory Committee with representatives from each section to help develop these specific policies. The committee would be comprised of section and State CIF staff, football coaches and administrators. They would also have to consider what is reasonable considering this is a State Championship event and all reasonable expenses are to be covered.*

5. Why are all reasonable costs covered for football and not other state championships?

Answer: *The revised criteria for adding state championships calls for the reasonable expenses to be covered for all teams participating.*

6. Won't this promote the concept "the rich get richer" and even more PR for those teams that already receive a lot?

Answer: *Financially – NO as the participating schools will not share in the net proceeds. PR – yes, but we all recognize that in California there are many newspapers, magazines, publications and web sites that already give outstanding coverage to the football "powerhouses" across our state. By using a computerized ranking system that is "on line," fans can follow their teams throughout the season, thereby, hopefully, creating more interest for more teams. That will continue with or without these proposed championship games. California is the only state that has not implemented a state championship in football.*

7. Will adding this championship extend my season?

Answer: *For six (6) schools, yes the season will be extended by 1-2 weeks. For the other 900+ high schools that play football, there will be NO IMPACT on extending the season. In our other state championships the season is extended by 2-3 weeks for 160+ schools.*

8. In order to play this championship game before the winter break, will this mean my regular season will be shortened?

Answer: NO! The State CIF policy on proposing any “New Event”, regional or state championship CANNOT negatively impact the section. Asking schools to shorten their regular season would hurt the schools with lost games and income and has NEVER been under consideration.

9. Where will these championship games be played?

Answer: The “two year pilot” proposal initially calls for the three (3) championship games to be played the first year at a site in the south.

SELECTION OF TEAMS

10. My team is ranked higher by the computer than the team selected to participate. Why?

Answer: Only Section champions will be considered. Although computer rankings will be evaluated and considered, the seeding committee will make the final decision on what teams will participate.

11. My school is so small we will never make it to the championship games. So, why should I support this proposal?

Answer: That is not necessarily true. The proposal calls for three divisions with a large, medium and small school division. But a greater reason for you to support this proposal is that your school can continue to receive programs and services at a reduced cost from the increased revenue generated from these three (3) championship games. If this pilot is successful the format may change to add more divisions.

12. What type of system is going to be used to determine which six (6) teams get to compete?

Answer: A committee made up of a representative from each of the ten (10) sections will make the final determination which teams will be invited to participate. The committee will utilize a computer ranking system. This computerized system will be used to help determine which teams to consider based upon the teams computerized rank.

13. What criteria will be used in the computerized ranking system?

Answer: The criteria that will be used in the computerized ranking system is:
a. Section champions only will be eligible

- b. Won – loss record*
- c. Common opponents*
- d. Strength of schedule*
- e. Head to head competition*
- f. Rankings will not be published until three (3) games have been played*

Criteria that WILL NOT be used:

- a. Margin of victory*
- b. Size of school*
- c. Whether the school is public or private*

14. Won't the same sections and schools always be involved?

Answer: *No. Using data from 2001-2002, 2002-2003 and 2003-2004, a “dry run” was done using solely the computerized ranking system. What it showed was that 7 of the 10 sections would have been represented and fifteen (15) different schools out of a possible eighteen (18) would have been eligible to participate. (See appendix B)*

15. Won't private schools dominate the participating schools?

Answer: *Using the same three-year data referenced above, of the possible 18 schools that could participate ten (10) are public and eight (8) are private schools. (See appendix B)*

16. If my school is selected, do we have to participate?

Answer: *Participation in this championship is optional. There will be a designated deadline by which teams will have to inform the CIF prior to the seeding meeting whether or not they want to participate should they be selected.*

DIVISIONS/ENROLLMENT/FORMAT

17. What are the enrollment parameters of the three (3) divisions being proposed?

Answer: *Based upon the number of schools participating in 2003-04 the enrollment divisions are broken into:*

- a. Division I 1901 and above*
- b. Division II 901 -- 1900*
- c. Division III up to 900*

18. How were these divisions determined?

Answer: The proposal calls for simply dividing the total number of schools playing eleven-(11) person football into thirds and creating three divisions.

19. Why only three (3) divisions and not five (5) as is the case in all other state championships?

Answer: The committee felt that it was vital that the proposal has the greatest opportunity for success and that it needed to be a 2-year pilot. The thought process was that increasing the divisions to five (5) would not be to the benefit of the CIF member schools at this time, but certainly could be considered in the future.

20. Will a division for eight (8) person football teams be considered?

Answer: Not at this time. Consideration may be given in the future, but any divisions added in the future would probably be to provide for five (5) divisions as in all other state championships.

CIF WRESTLING WEIGHT MANAGEMENT PROGRAM

PHILOSOPHY

The CIF State Wrestling Advisory Committee believes that one of the primary factors in promoting proper weight maintenance among high school wrestlers is the development of a weight control program that encourages weight loss in a healthy and safe manner.

Currently, 17 state associations have instituted body composition testing programs. State Associations that choose to conduct a body composition testing program are not required to use the 50% rule where each wrestler is required to have at least one-half of his or her weigh-ins during the season at the minimum weight the wrestler will compete in during the state tournament series. However, State Associations may choose to follow the 50% rule regardless. The primary purposes of a body composition testing program are to:

- 1) Determine the lowest certifiable weight for each wrestler in order to provide a safe wrestling environment for all high school wrestlers. The wrestler's lowest certifiable weight may not be his or hers optimal competitive weight, it is simply the lowest, safe weight at which a wrestler may compete.
- 2) Establish a schedule of weekly weight loss that will ensure each wrestler loses weight in a healthy and safe manner
- 3) Educate wrestlers, coaches and parents with respect to nutritional components of a wrestler's healthy diet.

Similar to the process used by many of the State Associations that have successfully implemented a weight management program, the attached proposal implements a mandatory but non-binding program in 2005-06, and a mandatory and binding program in 2006-07.

3104. CIF WRESTLING WEIGHT MANAGEMENT PROGRAM

The establishment of a certified minimum wrestling weight based on 7% body fat for males and 12% for females is required for all high schools. Participation in the CIF Wrestling Weight Management Program will be mandatory for all CIF interscholastic wrestlers and non-binding for the 2005-06 wrestling season. Beginning with the 2006-07 wrestling season, participation in the CIF Wrestling Weight Management Program is both mandatory and binding for all CIF interscholastic wrestlers.

The CIF will utilize the NWCA Optimal Performance Calculator as the mechanism to calculate the certified minimum weight for each wrestler and as the data reporting and retrieval tool for all member schools sponsoring wrestling.

A. ESTABLISHING CERTIFIED MINIMUM WEIGHTS

- (1) Bioelectrical Impedance will be utilized to determine each wrestler's body fat percentage. Refractometers will be utilized to determine hydration levels through analysis of urine. Only measurements taken by persons who have successfully completed the CIF Assessor Certification Workshop will be valid. Schools will receive a list of CIF Certified Assessors. It is the responsibility of the school to contact an assessor from this list and arrange a time to have its wrestling squad assessed or attend a CIF Section sponsored regional testing clinic. No wrestler may compete until the athlete has had a certified minimum wrestling weight determined by the NWCA Optimal Performance Calculator and it appears on the school's Alpha Master form. Once a wrestler competes at a weight class allowed by the weight loss plan, the option to appeal is voided.
- (2) The lowest weight class a wrestler may compete at will be determined as follows:
 - a. If the certified minimum weight, at 7% or 12% body fat, is exactly that of one of the adopted weight classes, that weight shall be the wrestler's minimum weight class.
 - b. If the certified minimum weight, at 7% or 12% body fat, is less than one half pound from one of the adopted weight classes, that weight shall be the wrestler's minimum weight class.
 - c. If the certified minimum weight, at 7% or 12% body fat, is greater than or equal to one half pound from one of the adopted weight classes, the next higher weight class shall be the wrestler's minimum weight class.

Note: The allowance referenced in Part I (B) #2 and #3 applies only to the calculations of the certified minimum weight for a wrestler. The allowance is not applicable to the weights referenced in the weekly weight loss plan.

B. TIME PERIOD FOR ASSESSMENTS

EFFECTIVE 11/1/05

- (1) No wrestler may compete until they have participated in an initial assessment and their name and data are included on the school Alpha Master Form. Although wrestlers are strongly encouraged to follow the weekly weight loss plan, the minimum certifiable weight is non-binding for the 2005-06 wrestling season. The "50% certification rule" (CIF Bylaw 3103) applies during the 2005-06 season.
- (2) For the 2005-06 wrestling season, the period for initial assessments is November 1 – November 23, 2005.

EFFECTIVE 11/1/06

- (3) Assessments may begin on November 1 of each school year. Wrestlers may be measured any time on or following this date and no later than January 15th to establish a minimum wrestling weight. All wrestlers, including those coming out late, must have their minimum wrestling weight established prior to competing.
- (4) The specific gravity of the urine, as determined by a refractometer analysis, will determine whether a candidate may participate in an assessment on any date. A specific gravity result of less than 1.025 is required in order to participate in the body fat assessment. Any wrestler not passing the urine specific gravity test must wait a minimum of 48 hours in order to be retested.
- (5) January 15th is the deadline to establish a certified minimum wrestling weight.
- (6) A wrestler who competes at a weight class allowed by his/her weight loss plan before or during an appeal has accepted his/her most recent assessment and voids all other appeal options allowed within this policy.
- (7) Unusual situations must be arranged with the CIF Section in writing before deadline or due dates.

C. SCHOOL RESPONSIBILITIES FOR THE MEASUREMENT PROCESS

- (1) It is the school's responsibility to contact and contract with a CIF Certified Assessor from the list provided by the CIF or attend a CIF Section sponsored regional testing clinic.
- (2) Schools choosing to contract with a CIF Certified Assessor will be required to have available at the time of assessment:
 - a. Bioelectrical Impedance Assessment Data Forms.
 - b. Plastic collection cups to conduct urine specific gravity tests.
 - c. Two adults (teacher, AD, parent, etc.) who will:
 - i. Assist with measuring height (in cm)
 - ii. Assist with the recording of data.
 - iii. Assist with urine specific gravity testing.
- (3) Bioelectrical Impedance assessments shall not be conducted by any active wrestling coach at any level.

D. WRESTLERS BELOW 7% OR 12% BODY FAT

Prior to competition, any male wrestler whose body fat percentage at the time of his initial assessment is below 7% may request a waiver in order to establish a certifiable wrestling weight class if a physician attests that the athlete is naturally at this sub -7% body fat level. In the case of a female wrestler, a waiver may be requested if the athlete who is sub -12% body fat. A waiver form must be signed by a physician, a parent, the principal and the head wrestling coach. The completed waiver form must be mailed or faxed to the appropriate CIF Section office. Wrestlers may not compete at their waiver weight class until the completed waiver form, with all four required signatures, has been received by the appropriate CIF Section office. The waiver weight class is valid for one season only and expires March 15th of each year. The sub-7% male or sub -12% female, who receives clearance, may not wrestle below their actual weight class at the time of initial assessment.

Note: The allowance suggested in Part I (B) #2 is not applicable to athletes assessed under 7% or 12% body fat.

E. GROWTH ALLOWANCE

- (1) The CIF Weight Wrestling Weight Management Program awards a two-pound growth allowance on January 15 of each wrestling season.
- (2) The growth allowance may not be utilized to achieve a lower certified minimum wrestling weight for a wrestler.
- (3) In order to utilize the growth allowance a wrestler shall compete at "scratch weight" in the desired weight class at least once prior to the first qualifying tournament in the CIF State Championship series.

SCRATCH WEIGHT: *References within the CIF Wrestling Weight Management Program to the term "scratch weight" refer to the weight achieved which qualifies an athlete to wrestle at one of the National Federation established weight classes less growth allowance and/or any consecutive day allowance awarded under NFHS Wrestling Rules.*

F. WEIGHT LOSS PER WEEK

- (1) An average weight loss limit per week of 1.5% of body weight at the time of initial assessment has been established. A season-long weight loss plan will guide each wrestler's weight loss during the season.
- (2) The weight loss plan shall determine in which weight classes a wrestler may compete each week.
- (3) Participation in any weight class above the eligible weight classes defined by a wrestler's weight loss plan shall require the wrestler to re-certify at that weight class. The wrestler is required to compete at that weight class, or any greater weight class for which they qualify, for the remainder of the season.
- (4) PENALTY – A wrestler who participates in a weight class below the eligible weight classes defined by the weight loss plan before the proper amount of time has passed to achieve the weight class, will be considered an ineligible wrestler.

G. APPEAL PROCESS

Note: In order to utilize the results of an appeal the school must receive notification from the CIF Section office prior to allowing the appealing athlete to compete.

Parental permission is not a valid means to establish a lower minimum wrestling weight.

Any athlete may appeal his/her assessment results one time by reassessment. Step 1 may be bypassed and only Step 2 performed. The steps of the appeal process are as follows:

STEP 1: The athlete shall repeat the assessment as described in the regulation.

- a. The reassessment shall occur within 14 calendar days of the initial assessment date unless a written extension is granted by the CIF Section before the expiration of the 14-day period. The 14-day appeal period shall start on the day following the date of the initial assessment. Day one through seven does not permit any loss of weight for an appeal to be valid. During the second week, days 8 – 14, a wrestler may weigh no less than 1.5% (rounded down) of the body weight measured at the initial assessment. Failure to meet these conditions or timelines is cause for denial.
- b. Data shall be recorded on the Bioelectrical Impedance Assessment Data Form.
- c. Reassessment includes hydration and Bioelectrical Impedance assessment.
- d. PENALTY – A wrestler who competes at a weight class allowed by his/ her weight loss plan before or during an appeal has accepted his/her most recent assessment and voids all appeal options allowed within this policy.

STEP 2: If dissatisfaction with the results remains, the wrestler may choose Bod Pod assessment to determine body fat percentage. Results obtained at this step are automatically accepted; the athlete, family, school or coach may not appeal further.

- a. The Bod Pod assessment shall occur within 14 calendar days of the initial assessment date unless a written extension is granted by the CIF before the expiration of the 14-day period. The 14-day appeal period shall start on the day following the date of initial assessment. Day one through seven does not permit any loss of weight for an appeal to be valid. During the second week, days 8 –14, a wrestler may weigh no less than 1.5% (rounded down) of the body weight measured at the initial assessment. Failure to meet these conditions or timelines is cause for denial.
- b. The school shall file a “Bod Pod Assessment Proposal” before a hydrostatic weigh-in or Bod Pod assessment is approved.
- c. Bod Pod facilities must be approved by the CIF; the proper form shall be filed with the CIF.
- d. Bod Pod assessment must be conducted before the wrestler participates in interscholastic competition.
- e. PENALTY – A wrestler who competes at a weight class allowed by his/her weight loss plan before or during an appeal has accepted his/her most recent assessment and voids all appeal options allowed within this policy.

H. COSTS

- (1) All costs incurred for initial assessment, appeal process, nutrition education program, and NWCA Optimal Performance Calculator are the responsibility of the school or parent.
- (2) Charges for Bioelectrical Impedance assessment conducted by a CIF Certified Assessor may not exceed \$10 per wrestler.
- (3) CIF Certified Assessors are permitted to charge mileage at CIF adopted rate of 31 cents/mile or a minimum service fee of \$50 whenever travel is required to a location at which fewer than six subjects are to be assessed on any given date.

I. TRAINING THE ASSESSOR

- (1) Persons eligible to be trained as CIF Certified Assessors shall be medical practitioners (e.g. physician, registered nurse, licensed nurse practitioner, certified athletic trainers, physical therapist, physician's assistant, nutritionist, health educator, exercise physiologist) or other persons approved by the CIF.
- (2) CIF Master Assessors will conduct Training and certification of CIF Certified Assessors under the direction of the CIF State Office.
- (3) The assessor will attend a training session and annual update certification.
- (4) The assessor will participate in a random sample test to substantiate the quality and accuracy of his/her measurements.
- (5) The assessor certification training will consist of a minimum of two hours of classroom training and one hour of practical training.
- (6) A certification training fee will be charged to each assessor candidate attending the training program.
- (7) Re-certification
 - a. Re-certification will require a minimum of one-hour training.
 - b. Re-certification training will be conducted in multiple locations throughout California annually.
 - c. CIF Master Assessors will conduct all re-certification training programs.
 - d. Assessors who have demonstrated two years of successful experience may re-certify by completing a closed book examination up to 20 days prior to the first date of CIF assessment. A re-certification fee will be charged.
 - e. Assessors are required to complete the in-service program when a lapse of one year or more occurs or significant performance decline is noted.
- (8) Data Collection
 - a. The CIF will provide the reporting forms.
 - b. The assessor will conduct all Bioelectrical Impedance measurements.
 - c. The assessor will provide the supplies to conduct the urine specific gravity test.
 - d. The assessor will be responsible for submitting the measurement results to the CIF within two working days after the initial assessment is made. The assessor will also be responsible for posting all wrestler data to the NWCA website.
 - e. Failed urine tests will not be reported to the CIF.

ATTACHMENT D₁**BASEBALL CLASSIFICATIONS 2005-06**

BASED ON 2004-05 CBEDS ENROLLMENT - GRADES 9-12

3A CLASSIFICATION (1,751 AND ABOVE)

ALAMEDA HIGH SCHOOL	1850	DEER VALLEY HIGH SCHOOL	3468	MT EDEN HIGH SCHOOL	0
AMADOR VALLEY HIGH SCHOOL	2343	FOOTHILL HIGH SCHOOL	2251	NEWARK MEMORIAL HIGH SCHOOL	2121
AMERICAN HIGH SCHOOL	1981	FREEDOM HIGH SCHOOL	2068	PITTSBURG HIGH SCHOOL	2487
ANTIOCH HIGH SCHOOL	2809	GRANADA HIGH SCHOOL	2065	RICHMOND HIGH SCHOOL	1798
ARROYO HIGH SCHOOL	1882	HAYWARD HIGH SCHOOL	2066	SAN LEANDRO HIGH SCHOOL	2630
BERKELEY HIGH SCHOOL	3247	IRVINGTON HIGH SCHOOL	1982	SAN RAMON VALLEY HIGH SCHOOL	2083
CALIFORNIA HIGH SCHOOL	2398	JAMES LOGAN HIGH SCHOOL	4249	TENNYSON HIGH SCHOOL	1758
CASTRO VALLEY HIGH SCHOOL	2721	LIBERTY HIGH SCHOOL	2682	WASHINGTON HIGH SCHOOL	2065
CLAYTON VALLEY HIGH SCHOOL	1937	LIVERMORE HIGH SCHOOL	2051		
COLLEGE PARK HIGH SCHOOL	2101	MISSION SAN JOSE HIGH SCHOOL	2019		
DE LA SALLE HIGH SCHOOL	2028	MONTE VISTA HIGH SCHOOL	2322		

2A EAST BAY CLASSIFICATION (701 - 1,750)

ACALANES HIGH SCHOOL	1342	EL CERRITO HIGH SCHOOL	1440	MT DIABLO HIGH SCHOOL	1615
ALBANY HIGH SCHOOL	1194	ENCINAL HIGH SCHOOL	1180	NORTHGATE HIGH SCHOOL	1604
ALHAMBRA HIGH SCHOOL	1391	HERCULES HIGH SCHOOL	1212	PIEDMONT HIGH SCHOOL	985
BISHOP O'DOWD HIGH SCHOOL	1135	JOHN F. KENNEDY - FREMONT	1370	PINOLE VALLEY HIGH SCHOOL	0
CAMPOLINDO HIGH SCHOOL	1334	JOHN F. KENNEDY H.S.- RICHMOND	907	SAN LORENZO HIGH SCHOOL	1586
CONCORD HIGH SCHOOL	1587	LAS LOMAS HIGH SCHOOL	1729	YGNACIO VALLEY HIGH SCHOOL	1503
DE ANZA HIGH SCHOOL	1341	MIRAMONTE HIGH SCHOOL	1404		
DUBLIN HIGH SCHOOL	1330	MOREAU CATHOLIC HIGH SCHOOL	968		

3A REDWOOD EMPIRE CLASSIFICATION (1,301 AND ABOVE)

ANALY HIGH SCHOOL	1366	MARIA CARRILLO HIGH SCHOOL	1532	SANTA ROSA HIGH SCHOOL	1935
CARDINAL NEWMAN HIGH SCHOOL	880p	MONTGOMERY HIGH SCHOOL	1922	SONOMA VALLEY HIGH SCHOOL	1619
CASA GRANDE HIGH SCHOOL	1840	PETALUMA HIGH SCHOOL	2081	UKIAH HIGH SCHOOL	2014
ELSIE ALLEN HIGH SCHOOL	1484	PINER HIGH SCHOOL	1358	WINDSOR HIGH SCHOOL	1429
EUREKA HIGH SCHOOL	1625	RANCHO COTATE HIGH SCHOOL	2134		
LOWER LAKE HIGH SCHOOL	1548	REDWOOD HIGH SCHOOL	1496		

2A REDWOOD EMPIRE CLASSIFICATION (701- 1,300)

ARCATA HIGH SCHOOL	978	MARIN CATHOLIC HIGH SCHOOL	714	SIR FRANCIS DRAKE HIGH SCHOOL	1085
DEL NORTE HIGH SCHOOL	0	MCKINLEYVILLE HIGH SCHOOL	819	TAMALPAIS HIGH SCHOOL	1163
EL MOLINO HIGH SCHOOL	1103	NOVATO HIGH SCHOOL	1181	TERRA LINDA HIGH SCHOOL	1035
FORTUNA HIGH SCHOOL	1110	SAN MARIN HIGH SCHOOL	1128		
HEALDSBURG HIGH SCHOOL	1101	SAN RAFAEL HIGH SCHOOL	1070		

A CLASSIFICATION (376 - 701)

BEREAN CHRISTIAN HIGH SCHOOL	419	JUSTIN-SIENA HIGH SCHOOL	634	ST. JOSEPH NOTRE DAME HIGH	530
BRANSON SCHOOL	320p	KELSEYVILLE HIGH SCHOOL	654	ST. MARY'S COLLEGE HIGH SCHOOL	630
CLEAR LAKE HIGH SCHOOL	520	LEADERSHIP HIGH SCHOOL	382	ST. PATRICK/ST. VINCENT HIGH	660
CLOVERDALE HIGH SCHOOL	431	LICK WILMERDING HIGH SCHOOL	407	ST. VINCENT HIGH SCHOOL	390
FORT BRAGG HIGH SCHOOL	610	MARIN ACADEMY HIGH SCHOOL	404	UNIVERSITY PREP CHARTER ACADEMY	611
GATEWAY HIGH SCHOOL	436	MIDDLETOWN HIGH SCHOOL	537	UPPER LAKE HIGH SCHOOL	439
HERITAGE HIGH SCHOOL	650	SALESIAN HIGH SCHOOL	575	WILLITS HIGH SCHOOL	657
HOLY NAMES HIGH SCHOOL	550	SAN FRANCISCO UNIVERSITY H. S.	391		
JOHN SWETT HIGH SCHOOL	658	ST. HELENA HIGH SCHOOL	511		

B CLASSIFICATION (375 AND BELOW)

ANDERSON VALLEY HIGH SCHOOL	159	JEWISH COMMUNITY HIGH SCHOOL	0	REDWOOD ADVENTIST ACADEMY	42
ATHENIAN SCHOOL	297	LAYTONVILLE HIGH SCHOOL	175	RINCON VALLEY CHRISTIAN HIGH	192
BENTLEY UPPER SCHOOL	297	LEADERSHIP PUBLIC SCH RICHOMD	240	RIO LINDO ADVENTIST ACADEMY	0
CALIFORNIA SCHOOL FOR THE DEAF	204	LEGGETT VALLEY HIGH SCHOOL	49	ROSELAND UNIVERSITY PREP	78
CALISTOGA JR/SR HIGH SCHOOL	232	LIONEL WILSON COLLEGE PREP ACAD	201	ROUND VALLEY HIGH SCHOOL	122
COLLEGE PREPARATORY SCHOOL	329	MARIN SCHOOL	91	SAN FRANCISCO WALDORF HIGH	111
CONTRA COSTA CHRISTIAN HIGH	132	MARIN SCHOOL OF ARTS &	178	SANTA ROSA CHRISTIAN SCHOOL	94
CRYSTAL SPRINGS UPLANDS SCHOOL	246	MATTOLE TRIPLE JUNCTION HIGH	22	SONOMA ACADEMY	144
DEEP VALLEY CHRISTIAN SCHOOL	44	MENDOCINO HIGH SCHOOL	320	SOUTH FORK HIGH SCHOOL	357
DREW SCHOOL	243	NAPA CHRISTIAN HIGH SCHOOL	48	SOUTHERN TRINITY HIGH SCHOOL	49
EAST BAY WALDORF SCHOOL	58	NORTH BAY CHRISTIAN ACADEMY	34	ST. BERNARD CATHOLIC SCHOOL	122
EMERY HIGH SCHOOL	222	NORTHCOAST PREPARATORY ACADEMY	72	ST. ELIZABETH HIGH SCHOOL	275
FERNDALE HIGH SCHOOL	161	OAKLAND MILITARY INSTITUTE	171	STUART HALL HIGH SCHOOL	172
FULL CIRCLE MARIN SCHOOL	0	ORINDA ACADEMY	104	SUMMERFIELD WALDORF of SANTA	0
GEYSERVILLE HIGH SCHOOL	94	PACIFIC UNION COLLEGE PREP	76	TOMALES HIGH SCHOOL	220
HANNA BOYS CENTER	74	PESCADERO HIGH SCHOOL	73	URBAN SCHOOL OF SAN FRANCISCO	266
HEAD-ROYCE SCHOOL	324	PLEASANT HILL ADVENTIST ACADEMY	89	WOOD ROSE PREPARATORY SCHOOL	19
HOOPA VALLEY HIGH SCHOOL	240	POINT ARENA HIGH SCHOOL	188		
INTERNATIONAL HIGH SCHOOL FAIS	325	POTTER VALLEY HIGH SCHOOL	95		

ATTACHMENT D₂**FOOTBALL CLASSIFICATIONS 2005-06**

BASED ON 2004-05 CBEDS ENROLLMENT - GRADES 9-12

4A CLASSIFICATION (2,101 AND ABOVE)

AMADOR VALLEY HIGH SCHOOL	2343	DEER VALLEY HIGH SCHOOL	3468	MT. EDEN HIGH SCHOOL	0**
ANTIOCH HIGH SCHOOL	2809	DE LA SALLE HIGH SCHOOL	2028p	NEWARK MEMORIAL HIGH SCHOOL	2121
BERKELEY HIGH SCHOOL	3247	FOOTHILL HIGH SCHOOL	2251	PITTSBURG HIGH SCHOOL	2487
CALIFORNIA HIGH SCHOOL	2398	JAMES LOGAN HIGH SCHOOL	4249	SAN LEANDRO HIGH SCHOOL	2630
CASTRO VALLEY HIGH SCHOOL	2721	LIBERTY HIGH SCHOOL	2682		
COLLEGE PARK HIGH SCHOOL	2101	MONTE VISTA HIGH SCHOOL	2322		

3A EAST BAY CLASSIFICATION (1,601 - 2,100)

ALAMEDA HIGH SCHOOL	1850	HAYWARD HIGH SCHOOL	2066	RICHMOND HIGH SCHOOL	1798
ALHAMBRA HIGH SCHOOL	1391p	IRVINGTON HIGH SCHOOL	1982	SAN RAMON VALLEY HIGH SCHOOL	2083
AMERICAN HIGH SCHOOL	1981	LAS LOMAS HIGH SCHOOL	1729	TENNYSON HIGH SCHOOL	1758
ARROYO HIGH SCHOOL	1882	LIVERMORE HIGH SCHOOL	2051	WASHINGTON HIGH SCHOOL	2065
CLAYTON VALLEY HIGH SCHOOL	1937	MISSION SAN JOSE HIGH SCHOOL	2019		
DUBLIN HIGH SCHOOL	1330p	MT DIABLO HIGH SCHOOL	1615		
FREEDOM HIGH SCHOOL	2068	NORTHGATE HIGH SCHOOL	1604		
GRANADA HIGH SCHOOL	2065	PINOLE VALLEY HIGH SCHOOL	0**		

3A REDWOOD EMPIRE CLASSIFICATION (1,401 AND ABOVE)

CARDINAL NEWMAN HIGH SCHOOL	880p	MARIA CARRILLO HIGH SCHOOL	1532	SANTA ROSA HIGH SCHOOL	1935
CASA GRANDE HIGH SCHOOL	1840	MONTGOMERY HIGH SCHOOL	1922	SONOMA VALLEY HIGH SCHOOL	1619
ELSIE ALLEN HIGH SCHOOL	1484	PETALUMA HIGH SCHOOL	2081	UKIAH HIGH SCHOOL	2014
EUREKA HIGH SCHOOL	1625	RANCHO COTATE HIGH SCHOOL	2134	WINDSOR HIGH SCHOOL	1429
LOWER LAKE HIGH SCHOOL	1548	REDWOOD HIGH SCHOOL	1496		

2A EAST BAY CLASSIFICATION (701 - 1,600)

ACALANES HIGH SCHOOL	1342	EL CERRITO HIGH SCHOOL	1440	MOREAU CATHOLIC HIGH SCHOOL	968
ALBANY HIGH SCHOOL	1194	ENCINAL HIGH SCHOOL	1180	PIEDMONT HIGH SCHOOL	985
BISHOP O'DOWD HIGH SCHOOL	1135	HERCULES HIGH SCHOOL	1212	ST. MARY'S COLLEGE HIGH SCHOOL	630p
CAMPOLINDO HIGH SCHOOL	1334	JOHN F. KENNEDY - FREMONT	1370	ST. PATRICK/ST. VINCENT HIGH	660p
CONCORD HIGH SCHOOL	1587	JOHN F. KENNEDY H.S. - RICHMOND	907	SAN LORENZO HIGH SCHOOL	1586
DE ANZA HIGH SCHOOL	1341	MIRAMONTE HIGH SCHOOL	1404	YGNACIO VALLEY HIGH SCHOOL	1503

2A REDWOOD EMPIRE CLASSIFICATION (701 - 1,400)

ANALY HIGH SCHOOL	1366	HEALDSBURG HIGH SCHOOL	1101	SAN MARIN HIGH SCHOOL	1128
ARCATA HIGH SCHOOL	978	MARIN CATHOLIC HIGH SCHOOL	714	SAN RAFAEL HIGH SCHOOL	1070
DEL NORTE HIGH SCHOOL	0**	MCKINLEYVILLE HIGH SCHOOL	819	SIR FRANCIS DRAKE HIGH SCHOOL	1085
EL MOLINO HIGH SCHOOL	1103	NOVATO HIGH SCHOOL	1181	TAMALPAIS HIGH SCHOOL	1163
FORTUNA HIGH SCHOOL	1110	PINER HIGH SCHOOL	1358	TERRA LINDA HIGH SCHOOL	1035

A CLASSIFICATION (401 - 700)

BEREAN CHRISTIAN HIGH SCHOOL	419	JOHN SWETT HIGH SCHOOL	658	UPPER LAKE HIGH SCHOOL	439
CLEAR LAKE HIGH SCHOOL	520	JUSTIN-SIENA HIGH SCHOOL	634	WILLITS HIGH SCHOOL	657
CLOVERDALE HIGH SCHOOL	431	KELSEYVILLE HIGH SCHOOL	654		
FERNDALE HIGH SCHOOL	161p	MIDDLETOWN HIGH SCHOOL	537		
FORT BRAGG HIGH SCHOOL	610	SALESIAN HIGH SCHOOL	575		
HERITAGE HIGH SCHOOL	650	ST. HELENA HIGH SCHOOL	511		

B CLASSIFICATION (400 AND BELOW)

ANDERSON VALLEY HIGH SCHOOL	159	LAYTONVILLE HIGH SCHOOL	175	ST. BERNARD CATHOLIC SCHOOL	122
CALIFORNIA SCHOOL FOR THE DEAF	204	MENDOCINO HIGH SCHOOL	320	ST. ELIZABETH HIGH SCHOOL	275
CALISTOGA JR/SR HIGH SCHOOL	232	POINT ARENA HIGH SCHOOL	188	ST. VINCENT HIGH SCHOOL	390
DEEP VALLEY CHRISTIAN SCHOOL	44	POTTER VALLEY HIGH SCHOOL	95	TOMALES HIGH SCHOOL	220
EMERY HIGH SCHOOL	222	ROUND VALLEY HIGH SCHOOL	122		
HOOPA VALLEY HIGH SCHOOL	240	SOUTH FORK HIGH SCHOOL	357		

**No CBED information received in 2004-05

ATTACHMENT D₃

North Coast Section Fall Soccer Classifications 2005-06

9-12

B-Boys Only
G-Girls Only

CLASS 3A(501 & Above)

ANALY HIGH SCHOOL	1366
ARCATA HIGH SCHOOL	978
CARDINAL NEWMAN HIGH SCHOOL	880-B
CASA GRANDE HIGH SCHOOL	1840
DEL NORTE HIGH SCHOOL	0(1205)
EL MOLINO HIGH SCHOOL	1103
ELSIE ALLEN HIGH SCHOOL	1484
EUREKA HIGH SCHOOL	1625
FORT BRAGG HIGH SCHOOL	610
FORTUNA HIGH SCHOOL	1110
HEALDSBURG HIGH SCHOOL	1101
JUSTIN-SIENA HIGH SCHOOL	634-B
KELSEYVILLE HIGH SCHOOL	654
LOWER LAKE HIGH SCHOOL	1548
MARIA CARRILLO HIGH SCHOOL	1532
MARIN CATHOLIC HIGH SCHOOL	714-B
MCKINLEYVILLE HIGH SCHOOL	819
MIDDLETOWN HIGH SCHOOL	537
MONTGOMERY HIGH SCHOOL	1922
NOVATO HIGH SCHOOL	1181-B
PETALUMA HIGH SCHOOL	2081
PINER HIGH SCHOOL	1358
RANCHO COTATE HIGH SCHOOL	2134
REDWOOD HIGH SCHOOL	1496-B
SAN MARIN HIGH SCHOOL	1128-B
SAN RAFAEL HIGH SCHOOL	1070-B
SANTA ROSA HIGH SCHOOL	1935
SIR FRANCIS DRAKE HIGH SCHOOL	1085-B
SONOMA VALLEY HIGH SCHOOL	1619
ST. HELENA HIGH SCHOOL	511
TAMALPAIS HIGH SCHOOL	1163-B
TERRA LINDA HIGH SCHOOL	1035-B
UKIAH HIGH SCHOOL	2014
URSULINE HIGH SCHOOL	722
WILLITS HIGH SCHOOL	657
WINDSOR HIGH SCHOOL	1429

CLASS A (500 and Below)

ANDERSON VALLEY HIGH SCHOOL	159
ATHENIAN SCHOOL	297-B
BENTLEY UPPER SCHOOL	297-B
BRANSON SCHOOL	320-B
CALISTOGA JR/SR HIGH SCHOOL	232
CHINESE CHRISTIAN SCHOOL	209
CLEAR LAKE HIGH SCHOOL	520
CLOVERDALE HIGH SCHOOL	431-B
COLLEGE PREPARATORY SCHOOL	329-B
CONTRA COSTA CHRISTIAN HIGH SCHOOL	132-B
CRYSTAL SPRINGS UPLANDS SCHOOL	246-B
DREW SCHOOL	243-B
EAST BAY WALDORF SCHOOL	58-B
EMERY HIGH SCHOOL	222-B
FERNDALE HIGH SCHOOL	161
INTERNATIONAL HIGH SCHOOL FAIS	325-B
GATEWAY HIGH SCHOOL	436-B
GEYSERVILLE HIGH SCHOOL	94-B
HEAD-ROYCE SCHOOL	324-B
HOOPA VALLEY HIGH SCHOOL	240-G
LAYTONVILLE HIGH SCHOOL	175
LEADERSHIP HIGH SCHOOL	382-B
LICK WILMERDING HIGH SCHOOL	407-B
MARIN ACADEMY HIGH SCHOOL	404-B
MENDOCINO HIGH SCHOOL	320
ORINDA ACADEMY	104-B
PESCADERO HIGH SCHOOL	73-B
POINT ARENA HIGH SCHOOL	188

POTTER VALLEY HIGH SCHOOL	95-G
RINCON VALLEY CHRISTIAN HIGH SCHOOL	192
RIO LINDO ADVENTIST ACADEMY	0(167)-B
ROSELAND UNIVERSITY PREP	78-B
SAN DOMENICO HIGH SCHOOL	314
SAN FRANCISCO UNIVERSITY H. S.	391-B
SAN FRANCISCO WALDORF HIGH SCHOOL	111-B
SONOMA ACADEMY	144
SOUTH FORK HIGH SCHOOL	357
ST. BERNARD CATHOLIC SCHOOL	122-G
ST. VINCENT HIGH SCHOOL	390
STUART HALL HIGH SCHOOL	172-B
TOMALES HIGH SCHOOL	220
UPPER LAKE HIGH SCHOOL	439
URBAN SCHOOL OF SAN FRANCISCO	266-B

**NORTH COAST SECTION, CIF
2005-2006 WINTER SOCCER CLASSIFICATIONS
March 2005
9-12**

**G = Girls Only
B = Boys Only
P = Petition**

CLASS 2A (1,760 or less) 31

ACALANES HIGH SCHOOL	1342
ALBANY HIGH SCHOOL	1194
ALHAMBRA HIGH SCHOOL	1391
BEREAN CHRISTIAN HIGH SCHOOL	419
BISHOP O'DOWD HIGH SCHOOL	1135
CAMPOLINDO HIGH SCHOOL	1334
CONCORD HIGH SCHOOL	1587
DE ANZA HIGH SCHOOL	1341
DUBLIN HIGH SCHOOL	1330
EL CERRITO HIGH SCHOOL	1440
ENCINAL HIGH SCHOOL	1180
HERCULES HIGH SCHOOL	1212
HOLY NAMES HIGH SCHOOL - G	550
JOHN F. KENNEDY - FREMONT	1370
JOHN F. KENNEDY H.S.- RICHMOND	907
JOHN SWETT HIGH SCHOOL	658

LAS LOMAS HIGH SCHOOL	1729
MIRAMONTE HIGH SCHOOL	1404
MOREAU CATHOLIC HIGH SCHOOL	968
MT DIABLO HIGH SCHOOL	1615
NORTHGATE HIGH SCHOOL	1604
PIEDMONT HIGH SCHOOL	985
PINOLE VALLEY HIGH SCHOOL	0(1759)
SALESIAN HIGH SCHOOL	575
SAN LORENZO HIGH SCHOOL	1586
ST. ELIZABETH HIGH SCHOOL - B	275
ST. JOSEPH NOTRE DAME HIGH SCHOOL	530
ST. MARY'S COLLEGE HIGH SCHOOL	630
ST. PATRICK/ST. VINCENT HIGH SCHOOL	660
TENNYSON HIGH SCHOOL	1758
YGNACIO VALLEY HIGH SCHOOL	1503

CLASS 3A (1761 or more) 30

ALAMEDA HIGH SCHOOL	1850
AMADOR VALLEY HIGH SCHOOL	2343
AMERICAN HIGH SCHOOL	1981
ANTIOCH HIGH SCHOOL	2809
ARROYO HIGH SCHOOL	1882
BERKELEY HIGH SCHOOL	3247
CALIFORNIA HIGH SCHOOL	2398
CARONDELET HIGH SCHOOL - G (P)	1692
CASTRO VALLEY HIGH SCHOOL	2721
CLAYTON VALLEY HIGH SCHOOL	1937
COLLEGE PARK HIGH SCHOOL	2101
DE LA SALLE HIGH SCHOOL - B	2028
DEER VALLEY HIGH SCHOOL	3468
FOOTHILL HIGH SCHOOL	2251
FREEDOM HIGH SCHOOL	2068
GRANADA HIGH SCHOOL	2065
HAYWARD HIGH SCHOOL	2066
IRVINGTON HIGH SCHOOL	1982

JAMES LOGAN HIGH SCHOOL	4249
LIBERTY HIGH SCHOOL	2682
LIVERMORE HIGH SCHOOL	2051
MISSION SAN JOSE HIGH SCHOOL	2019
MONTE VISTA HIGH SCHOOL	2322
MT EDEN HIGH SCHOOL	0(2309)
NEWARK MEMORIAL HIGH SCHOOL	2121
PITTSBURG HIGH SCHOOL	2487
RICHMOND HIGH SCHOOL	1798
SAN LEANDRO HIGH SCHOOL	2630
SAN RAMON VALLEY HIGH SCHOOL	2083
WASHINGTON HIGH SCHOOL	2065

2000-2006 NCS SOFTBALL CLASSIFICATIONS ENROLLMENT 9-12

ATTACHMENT D₅

2A EAST BAY SOFTBALL (651-1700)

ACALANES HIGH SCHOOL	1342	DUBLIN HIGH SCHOOL	1330	MIRAMONTE HIGH SCHOOL	1404
ALBANY HIGH SCHOOL	1194	EL CERRITO HIGH SCHOOL	1440	MOREAU CATHOLIC HIGH SCHOOL	968
ALHAMBRA HIGH SCHOOL	1391	ENCINAL HIGH SCHOOL	1180	MT DIABLO HIGH SCHOOL	1615
BISHOP O'DOWD HIGH SCHOOL	1135	HERCULES HIGH SCHOOL	1212	NORTHGATE HIGH SCHOOL	1604
CAMPOLINDO HIGH SCHOOL	1334	HERITAGE HIGH SCHOOL	650	PIEDMONT HIGH SCHOOL	985
CARONDELET HIGH SCHOOL	1692	JOHN F. KENNEDY - (F)	1370	SAN LORENZO HIGH SCHOOL	1586
CONCORD HIGH SCHOOL	1587	JOHN F. KENNEDY H.S. - (R)	907	ST. PATRICK/ST. VINCENT HIGH SCHOOL	660
DE ANZA HIGH SCHOOL	1341	JOHN SWETT HIGH SCHOOL	658	YGNACIO VALLEY HIGH SCHOOL	1503

2A REDWOOD EMPIRE SOFTBALL (651-1200)

ARCATA HIGH SCHOOL	978	MCKINLEYVILLE HIGH SCHOOL	819	TERRA LINDA HIGH SCHOOL	1035
EL MOLINO HIGH SCHOOL	1103	NOVATO HIGH SCHOOL	1181	URSULINE HIGH SCHOOL	722
FORTUNA HIGH SCHOOL	1110	SAN MARIN HIGH SCHOOL	1128	WILLITS HIGH SCHOOL	657
HEALDSBURG HIGH SCHOOL	1101	SAN RAFAEL HIGH SCHOOL	1070		
KELSEYVILLE HIGH SCHOOL	654	SIR FRANCIS DRAKE HIGH SCHOOL	1085		
MARIN CATHOLIC HIGH SCHOOL	714	TAMALPAIS HIGH SCHOOL	1163		

3A EAST BAY SOFTBALL (1701-Above)

ALAMEDA HIGH SCHOOL	1850	FREEDOM HIGH SCHOOL	2068	PINOLE VALLEY HIGH SCHOOL	0
AMADOR VALLEY HIGH SCHOOL	2343	GRANADA HIGH SCHOOL	2065	PITTSBURG HIGH SCHOOL	2487
AMERICAN HIGH SCHOOL	1981	HAYWARD HIGH SCHOOL	2066	RICHMOND HIGH SCHOOL	1798
ANTIOCH HIGH SCHOOL	2809	IRVINGTON HIGH SCHOOL	1982	SAN LEANDRO HIGH SCHOOL	2630
ARROYO HIGH SCHOOL	1882	JAMES LOGAN HIGH SCHOOL	4249	SAN RAMON VALLEY HIGH SCHOOL	2083
BERKELEY HIGH SCHOOL	3247	LAS LOMAS HIGH SCHOOL	1729	TENNYSON HIGH SCHOOL	1758
CALIFORNIA HIGH SCHOOL	2398	LIBERTY HIGH SCHOOL	2682	WASHINGTON HIGH SCHOOL	2065
CASTRO VALLEY HIGH SCHOOL	2721	LIVERMORE HIGH SCHOOL	2051		
CLAYTON VALLEY HIGH SCHOOL	1937	MISSION SAN JOSE HIGH SCHOOL	2019		
COLLEGE PARK HIGH SCHOOL	2101	MONTE VISTA HIGH SCHOOL	2322		
DEER VALLEY HIGH SCHOOL	3468	MT EDEN HIGH SCHOOL	0		
FOOTHILL HIGH SCHOOL	2251	NEWARK MEMORIAL HIGH SCHOOL	2121		

3A REDWOOD EMPIRE SOFTBALL (1201-Above)

ANALY HIGH SCHOOL	1366	MARIA CARRILLO HIGH SCHOOL	1532	SANTA ROSA HIGH SCHOOL	1935
CASA GRANDE HIGH SCHOOL	1840	MONTGOMERY HIGH SCHOOL	1922	SONOMA VALLEY HIGH SCHOOL	1619
DEL NORTE HIGH SCHOOL	0	PETALUMA HIGH SCHOOL	2081	UKIAH HIGH SCHOOL	2014
ELSIE ALLEN HIGH SCHOOL	1484	PINER HIGH SCHOOL	1358	WINDSOR HIGH SCHOOL	1429
EUREKA HIGH SCHOOL	1625	RANCHO COTATE HIGH SCHOOL	2134		
LOWER LAKE HIGH SCHOOL	1548	REDWOOD HIGH SCHOOL	1496		

CLASS A SOFTBALL (351-650)

BEREAN CHRISTIAN HIGH SCHOOL	419	MARIN ACADEMY HIGH SCHOOL	404	ST. HELENA HIGH SCHOOL	511
CLEAR LAKE HIGH SCHOOL	520	MENDOCINO HIGH SCHOOL	320	ST. JOSEPH NOTRE DAME HIGH SCHOOL	530
CLOVERDALE HIGH SCHOOL	431	MIDDLETOWN HIGH SCHOOL	537	ST. MARY'S COLLEGE HIGH SCHOOL	630
FORT BRAGG HIGH SCHOOL	610	SALESIAN HIGH SCHOOL	575	ST. VINCENT HIGH SCHOOL	390
HEAD-ROYCE SCHOOL	324	SAN DOMENICO HIGH SCHOOL	314	UPPER LAKE HIGH SCHOOL	439
HOLY NAMES HIGH SCHOOL	550	SAN FRANCISCO UNIVERSITY H. S.	391		
JUSTIN-SIENA HIGH SCHOOL	634	SOUTH FORK HIGH SCHOOL	357		

CLASS B SOFTBALL (350-or less)

ANDERSON VALLEY HIGH SCHOOL	159	HOOPA VALLEY HIGH SCHOOL	240	TOMALES HIGH SCHOOL	220
ATHENIAN SCHOOL	297	LAYTONVILLE HIGH SCHOOL	175	URBAN SCHOOL OF SAN FRANCISCO	266
BAY SCHOOL OF SAN FRANCISCO	62	LEADERSHIP PUBLIC SCH RICHOMD	240		
BENTLEY UPPER SCHOOL	297	ORINDA ACADEMY	104		
BRANSON SCHOOL	320	PESCADERO HIGH SCHOOL	73		
CALIFORNIA SCHOOL FOR THE DEAF	204	POINT ARENA HIGH SCHOOL	188		
CALISTOGA JR/SR HIGH SCHOOL	232	POTTER VALLEY HIGH SCHOOL	95		
CHRISTIAN CENTER	32	RINCON VALLEY CHRISTIAN HIGH SCHOOL	192		
COLLEGE PREPARATORY SCHOOL	329	ROUND VALLEY HIGH SCHOOL	122		
EMERY HIGH SCHOOL	222	SANTA ROSA CHRISTIAN SCHOOL	94		
FERNDALE HIGH SCHOOL	161	ST. BERNARD CATHOLIC SCHOOL	122		
GEYSERVILLE HIGH SCHOOL	94	ST. ELIZABETH HIGH SCHOOL	275		

**NORTH COAST SECTION, CIF
BOYS VOLLEYBALL CLASSIFICATIONS 2005-06
9-12**

CLASS I (1401 AND ABOVE)

ALAMEDA	1850	GRANADA	2065
AMADOR VALLEY	2343	JAMES LOGAN	4249
AMERICAN	1981	LAS LOMAS	1729
ANTIOCH	2809	LIBERTY	2682
BERKELEY	3247	LIVERMORE	2051
CALIFORNIA	2398	MISSION SAN JOSE	2019
CASTRO VALLEY	2721	MONTE VISTA	2322
CLAYTON VALLEY	1937	MT. DIABLO	1615
COLLEGE PARK	2101	NORTHGATE	1604
CONCORD	1587	PINOLE VALLEY	0(1759)
DE LA SALLE	2028	PITTSBURG	2487
DEER VALLEY	3468	REDWOOD	1496
EL CERRITO	1440	RICHMOND	1798
FOOTHILL	2251	SAN RAMON VALLEY	2083
FREEDOM	2068	WASHINGTON	2065
		YGNACIO VALLEY	1503

CLASS IV (1400 OR LESS)

ACALANES	1342	MOREAU CATHOLIC	968
ALHAMBRA	1391	NOVATO	1181
BENTLEY UPPER SCHOOL	297	RIO LINDO ADVENTIST ACADEMY	0(167)
CAMPOLINDO	1334	SALESIAN	575
CHINESE CHRISTIAN SCHOOL	209	SAN MARIN	1128
CRYSTAL SPRINGS UPLANDS	246	SIR FRANCIS DRAKE	1085
DE ANZA	1341	ST. ELIZABETH	275
DUBLIN	1330	ST. JOSEPH NOTRE DAME	530
ENCINAL	1180	ST. MARY'S COLLEGE	630
HEAD-ROYCE SCHOOL	324	TAMALPAIS	1163
LICK WILMERDING	407	URBAN SCHOOL OF SF	266
MARIN CATHOLIC	714		
MIRAMONTE	1404		

ATTACHMENT D₇

**2006 NCS/LES SCHWAB TIRES WRESTLING DUAL TEAM CHAMPIONSHIP CLASSIFICATIONS
(BASED ON 2003-04 Grades 9-12 CBEDS Enrollment)**

CLASS 3A EAST BAY (2,026 & ABOVE)

AMADOR VALLEY	2343	FOOTHILL	2251	MT. EDEN	0**
ANTIOCH	2809	FREEDOM	2068	NEWARK MEMORIAL	2121
BERKELEY	3247	GRANADA	2065	PITTSBURG	2487
CALIFORNIA	2398	HAYWARD	2066	SAN LEANDRO	2630
CASTRO VALLEY	2721	JAMES LOGAN	4249	SAN RAMON VALLEY	2083
COLLEGE PARK	2101	LIBERTY	2682	WASHINGTON	2065
DE LA SALLE	2028	LIVERMORE	2051		
DEER VALLEY	3468	MONTE VISTA	2322		

CLASS 2A EAST BAY (541- 2,025)

ACALANES	1342	CLAYTON VALLEY	1937	LAS LOMAS	1729
ALBANY	1194	CONCORD	1587	MIRAMONTE	1404
ALHAMBRA	1391	DUBLIN	1330	MISSION SAN JOSE	2019
ALAMEDA	1850	HERCULES	1212	MT. DIABLO	1615
AMERICAN	1981	IRVINGTON	1982	NORTHGATE	1604
ARROYO	1882	JOHN F. KENNEDY – F.	1370	TENNYSON	1758
CAMPOLINDO	1334	JOHN F. KENNEDY – R.	907	YGNACIO VALLEY	1503

CLASS REDWOOD EMPIRE (701 AND ABOVE)

ANALY	1366	LOWER LAKE	1548	SAN MARIN	1128
ARCATA	978	MARIA CARRILLO	1532	SAN RAFAEL	1070
CARDINAL NEWMAN	880	MARIN CATHOLIC	714	SANTA ROSA	1935
CASA GRANDE	1840	MCKINLEYVILLE	819	SIR FRANCIS DRAK	1085
DEL NORTE	0**	MONTGOMERY	1922	SONOMA VALLEY	1619
EL MOLINO	1103	NOVATO	1181	TAMALPAIS	1163
ELSIE ALLEN	1484	PETALUMA	2081	TERRA LINDA	1035
EUREKA	1625	PINER	1358	UKIAH	2014
FORTUNA	1110	RANCHO COTATE	2134	WINDSOR	1429
HEALDSBURG	1101	REDWOOD	1496		

CLASS A (700 OR FEWER)

ANDERSON VALLEY	159	JUSTIN-SIENA	634	ROUND VALLEY	122
ATHENIAN	297	KELSEYVILLE	654	SOUTH FORK	357
CSD	204	HOOPA VALLEY	240	ST. BERNARD	122
CALISTOGA JR/SR	232	JOHN SWETT	658	ST. HELENA	511
CLEAR LAKE	520	LAYTONVILLE	175	ST. PATRICK/ST. VINCENT	660
CLOVERDALE	431	MENDOCINO	320	ST. VINCENT	390
DEEP VALLEY CHRISTIAN	44	MIDDLETOWN	537	TOMALES	220
FERNDALE	161	POINT ARENA	188	UPPER LAKE	439
FORT BRAGG	610	POTTER VALLEY	95	WILLITS	65

**No CBED information received in 2004-05.

NORTH COAST SECTION EJECTION POLICY

BADMINTON - 2006

ATTACHMENT C₁

The following is a summary of the rules pertaining to the NCS Ejection Policy in badminton. This summary is provided as a guide for athletic directors, coaches and league commissioners. This summary outlines why an athlete or coach would be disqualified from badminton competition. Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student and/or coach to ejection and application of the NCS Ejection Policy. **Please review these rules with your student athletes and coaches.** It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or coach, nor for the student-s and coaches' demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school-s and coach-s responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 306H). In addition, the primary event official for badminton shall be authorized by the league for intra-league competition.

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.
(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).
(Board of Managers 10/24/97)

Note: Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Badminton	Law 18.7	USBA rules do not fully address unsportsmanlike conduct. Therefore, NCS would define unsportsmanlike conduct as conduct of an athlete or coach who becomes abusive or interferes with the orderly progress of the match. This includes, but is not limited to, deliberately cause suspension of play, deliberately interfere with the speed of the shuttle, behave in an offensive manner, be guilty of misconduct not otherwise covered by the Laws of Badminton, acts of disrespect, use of foul language, unethical or dishonorable actions which bring discredit to the athlete's or coaches' school, disrespectfully addressing an official or coach, taunting or criticizing an opponent, official or coach and failure to follow directions of match or tournament officials.	Yes

NORTH COAST SECTION EJECTION POLICY - BASEBALL - 2006

The following is a summary of the rules pertaining to the NCS Ejection Policy in baseball. This summary is provided for athletic directors, coaches and league commissioners. Athletes and coaches may be disqualified from competition for many reasons according to National Federation rules. This summary outlines which rules will apply to the NCS Ejection Policy. **Please review these rules with your student athletes and coaches.** However, any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection and application of the NCS Ejection Policy. It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or coach, nor for the student's or coach's demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school's and/or coach's responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 307H).

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them.

The SAC will determine whether to forward recommendations to the Board of Managers for change.

(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).

(Board of Managers 10/24/97)

Note: Any act by an athlete that is unsportsmanlike or dangerous conduct shall subject the student to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Baseball	1-4-(1-8)	Failure by a player to wear proper equipment after being so ordered by the umpire shall result in ejection.	No
	3-1-1	For discovery of an illegal player (2-36-3) by an umpire or the opposing team that player shall be restricted to the dugout for the duration of the game.	No

Baseball	3-3-1	<p>Bench and Field Conduct</p> <p>Art. 1 A coach, player, substitute, attendant or other bench personnel shall not:</p> <ul style="list-style-type: none"> a) Fake a tag without the ball; b) Carelessly throw a bat; c) Wear jewelry (players participating in the game); d) Hit the ball to teammates on defense after the game has started; e) Use television monitoring or replay equipment for coaching purposes during the course of the game; f) Wear bandanas g) Commit any unsportsmanlike act to include, but not limited to: <ul style="list-style-type: none"> 1) Use of words or actions to incite or attempt to incite spectators to demonstrations. 2) Use profanity, intimidation tactics, remarks reflecting unfavorably upon any other person, or taunting or baiting, 3) Use any language intended to intimidate. 4) Behave in any manner not in accordance with the spirit of fair play, 5) Be in live ball territory (excluding team's bullpen area) during the opponent's infield practice prior to the start of the game. h) Enter the area behind the catcher while opposing pitcher and catcher are in their positions; i) Have any object in his/her possession in the coach's box other than a stopwatch, rule book, scorebook, a Personal Digital Assistant (PDA) or comparable electronic score-recording device which shall be used for scorekeeping purposes only; j) Be outside the designated dugout (bench) or bullpen areas if not a batter, runner, on-deck batter, in the coach's box or one of the nine players on defense; k) Charge an umpire; l) Use amplifiers or bullhorns for coaching purposes during the course of the game; m) Deliberately throw a bat, helmet, etc.; n) Initiate malicious contact; o) Call ATime® or use any command or commit any act for the purpose of causing a balk; p) Use tobacco or tobacco-like products within the confines of the field. q) Leave their positions or bench area for the purpose of fighting or physical confrontation. 	<p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>No</p> <p>No</p> <p>No</p> <p>Yes</p> <p>No</p> <p>Yes</p> <p>Yes</p> <p>No</p> <p>No</p> <p>Yes</p>
	3-3-3	<p>Players loosening up to bat shall remain in the area of their team's on-deck circle while the pitcher is warming up (1-2-3). Penalty: The umpire shall issue a team warning to the coach of the team involved. The next offender on that team shall be ejected.</p>	No
	6-2-1	<p>Illegal acts include:</p> <ul style="list-style-type: none"> a) Applying a foreign substance to the ball; b) Spitting on ball or glove; c) Rubbing the ball on glove, clothing or person if the act defaces the ball; d) Discoloring the ball with dirt; e) Bringing the pitching hand in contact with the mouth without distinctly wiping off the pitching hand before it touches the ball. f) Wearing any items on the hands, wrists or arms that may be distracting to the batter; g) Wearing or placing tape, bandages or other foreign material (other than rosin) on the fingers or palm of his pitching hand that could come in contact with the ball; h) Wearing a glove/mitt that is white, gray or multi-colored; i) Wearing exposed undershirt sleeves that are white or gray. 	<p>Yes</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p>
	6-2-2	For delay - the pitcher shall be ejected from the game.	No
	6-2-3	The pitcher shall be ejected if the act is (intentionally throwing at a batter) judged to be intentional.	Yes
	8-4-2(e)	Any runner is out when he initiates malicious contact.	Yes

2005-2006 NORTH COAST SECTION EJECTION POLICY

BASKETBALL

The following is a summary of the rules pertaining to the NCS Ejection Policy in basketball. This summary is provided for athletic directors, coaches and league commissioners. Athletes and coaches may be disqualified from competition for many reasons according to National Federation rules. This summary outlines which rules will apply to the NCS Ejection Policy. **Please review these rules with your student athletes and coaches.** However, any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection and application of the NCS Ejection Policy. It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or coach, nor for the student-s and coaches' demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school-s and coach-s responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 307H).

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.

(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).

(Board of Managers 10/24/97)

Note: Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the disqualified student or coach to the application of the NCS Ejection Policy.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
	4-18 (1-2)	Fighting is a flagrant act and can occur when the ball is dead or alive. Fighting includes, but is not limited to combative acts such as: Art. 1 An attempt to strike, punch or kick an opponent with a fist, hands, arms, legs or feet regardless of whether contact is made. Art. 2 An attempt to instigate a fight by committing an unsportsmanlike act toward an opponent that causes an opponent to retaliate by fighting.	Yes Yes
Basketball cont.	4-19-4	A flagrant foul may be a personal or technical foul or a violent or savage nature, or a technical non-contact foul which displays unacceptable conduct. It may or may not be intentional. If personal, it involves, but is not limited to violent contact such as: striking, kicking, kneeling. If technical, it involves dead-ball contact or non-contact at any time which is extreme or persistent, vulgar or abusive conduct. Fighting is a flagrant act.	Yes
	4-19-13	An unsporting foul is a non-contact technical foul which consists of unfair, unethical, or dishonorable conduct.	Yes

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
	10-3-7 through 10	Art. 7 Commit an unsporting foul. This includes, but is not limited to, acts or conduct such as: a) Disrespectfully addressing or contacting an official or gesturing in such a manner as to indicate resentment. b) Using profane or inappropriate language or obscene gestures. c) Baiting or taunting an opponent. Art. 8 Intentionally or flagrantly contact an opponent when the ball is dead and such contact is not a personal foul. Art. 9 Be charged with fighting. Note: A single flagrant technical foul or the 2nd technical foul charged to a substitute results in disqualification of the offender to the team bench.	Yes Yes Yes Yes Yes
	10-4	The head coach is responsible for the conduct and behavior of substitutes, disqualified team members and all other bench personnel. Bench personnel shall not: Art. 1 Commit an unsporting foul. This includes, but is not limited to, acts or conduct such as: a) Disrespectfully addressing an official. b) Attempting to influence an official's decision. c) Using profane or inappropriate language or obscene gestures. d) Disrespectfully addressing or baiting or taunting an opponent. e) Objecting to an official's decision by rising from the bench or using gestures. f) Inciting undesirable crowd reactions. g) Team member(s) not remaining seated on the bench unless spontaneously reacting to an outstanding play by a member of their team and immediately returning to their seats, or reporting to the scorer's table. h) Be charged with fighting. Art. 2 Enter the court unless by permission of an official to attend an injured player. Art. 3 Use tobacco or smokeless tobacco. Art. 4 Leave the confines of the bench during a fight or when a fight may break out.	Yes Yes Yes Yes Yes Yes No Yes No No Yes

NORTH COAST SECTION EJECTION POLICY

CROSS COUNTRY - 2005

ATTACHMENT C₄

The following is a summary of the rules pertaining to the NCS Ejection Policy in cross country. This summary is provided for athletic directors, coaches and league commissioners. Athletes and coaches may be disqualified from competition for many reasons according to National Federation rules. This summary outlines which rules will apply to the NCS Ejection Policy. **Please review these rules with your coaches and student athletes.** However, any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection and application of the NCS Ejection Policy. It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or the coach, nor for the student's or coach's demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school's and coach's responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 307H).

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.
(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).
(Board of Managers 10/24/97)

Note: Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Cross Country	9-6-3	<p>A competitor who is unsportsmanlike or uses unacceptable conduct shall be disqualified. Unsportsmanlike conduct is behavior which is unethical or dishonorable. Defined in Rule 4-5-1, 2</p> <p>Art. 1 Unsportsmanlike conduct is behavior which is unethical or dishonorable. It includes, but not limited to, disrespectfully addressing an official, any flagrant behavior, intentional contact, taunting, criticizing or using profanity directed toward someone. This shall apply to all coaches, contestants and other team/school personnel. Penalty: Disqualification of the competitor from that event and from further competition in the meet. Disqualification of a coach or other school personnel shall be from further involvement in the meet.</p> <p>Art. 2 Unacceptable conduct by a competitor includes, but is not limited to, willful failure to follow the directions of a meet official, using profanity which is not directed at someone or any action which could bring discredit to the individual or his or her school. Penalty: Disqualification from that event.</p>	Yes
	9-6-4	<p>It is an unfair act when a competitor receives any assistance from any other person that could improve that competitor's performance. Assistance includes:</p> <ul style="list-style-type: none"> a) Interference with another competitor. b) Pacing by a teammate or persons not participating in the event. c) Competitors joining or grasping hands with each other during a race. d) Competitor uses an aid during the race. e) Communicating with a competitor through the use of a wireless device. f) Coaching a competitor from a restricted area. g) A competitor views a videotape prior to the completion of the competition. 	No No No No No No

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
	9-6-5	A competitor who fails to complete the prescribed course that is defined by a legal marking system.	No, unless the intent was to gain an unfair advantage.

NORTH COAST SECTION EJECTION POLICY

ATTACHMENT C₅

FOOTBALL - 2005

The following is a summary of the rules pertaining to the NCS Ejection Policy in football. This summary is provided for athletic directors, coaches and league commissioners. Athletes and coaches may be disqualified from competition for many reasons according to National Federation rules. This summary outlines which rules will apply to the NCS Ejection Policy. **Please review these rules with your coaches and student athletes.** However, any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection and application of the NCS Ejection Policy. It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or the coach, nor for the student-s or coach's demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school-s and coach-s responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 307H).

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.

(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).

(Board of Managers 10/24/97)

Note: Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Football	9-4-1	No player or non-player shall fight.	Yes
	9-4-2 (a - 1)	No player shall: a) Swing the foot, shin or knee into an opponent, nor extend the knee to meet a blocker. b) Charge into or throw an opponent to the ground after he is obviously out of the play, or after the ball is clearly dead either in or out-of-bounds. c) Pile on any player who is lying on the ground. d) Hurdle an opponent. e) Position himself on the shoulders or body of a teammate or opponent to gain an advantage. f) Throw a helmet to trip an opponent. g) Make any other contact with an opponent which is deemed unnecessary and which incites roughness. h) Grasp an opponent-s face mask or any edge of a helmet opening. i) Butt block, face tackle or spear. j) Intentionally use his helmet to butt or ram an opponent. k) Hide the ball under a jersey. l) Strike an opponent with his fist, locked hands, forearm or elbow, nor kick or knee him.	Yes* Yes* Yes* Yes* Yes* Yes* Yes* Yes* Yes Yes Yes* Yes
	9-4-3	Roughing the passer.	Yes*

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?	
	9-4-4	Running into or roughing the kicker or holder. A defensive player shall neither run into the kicker nor holder, which is contact that displaces the kicker or holder without roughing; nor block, tackle or charge into the kicker of a scrimmage kick, or the place-kick holder, other than when: (a), (b), (c) and (d)	Yes*	
Football Cont.	9-4-5	Roughing the snapper.	Yes*	
	9-4-6	No player or non-player shall intentionally contact an official.	Yes	
	9-4-7	No defensive player may use the hand(s) to slap the blocker-s head.	Yes*	
	9-5-1	No player shall act in an unsportsmanlike manner once the officials assume authority for the contest. Examples are, but not limited to: a) Baiting or taunting acts or words or insignia worn which engenders ill will. b) Using profanity, insulting or vulgar language or gestures. c) Any delayed, excessive or prolonged act by which a player attempts to focus attention upon himself. d) Using disconcerting acts or words prior to the snap in an attempt to interfere with A=s signals or movements. e) Intentionally kicking at the ball, other than during a legal kick. f) Leaving the field between downs to gain an advantage unless replaced or unless with permission of an official. g) Refusing to comply with an official-s request. h) Using tobacco or smokeless tobacco.	Yes* Yes* Yes* Yes* Yes* No Yes* No*	
	9-5-2	When the ball becomes dead in possession of a player, he shall not: a) Intentionally kick the ball. b) Spike the ball into the ground. c) Throw the ball high into the air or from the field of play. d) Intentionally fail to place the ball on the ground or immediately return it to a nearby official.	Yes* Yes* Yes* Yes*	
	*Disqualification if the foul is flagrant. If not considered flagrant, the second unsportsmanlike foul will result in disqualification.			
	9-8-1	No coach, substitute, trainer or other team attendant shall act in an unsportsmanlike manner once the officials assume authority for the contest. Examples are, but not limited to: a) Using profanity, insulting or vulgar language or gestures. b) Attempting to influence a decision by an official. c) Disrespectfully addressing an official. d) Indicating objections to an official-s decision. e) Using any illegal communication equipment as outlined in 1-5-3b and 1-6. f) Holding an unauthorized conference. g) The failure of a team to be ready to start either half. h) Failure of the head coach, following verification, to have his player(s) wear or use legal and/ required equipment. I) Being on the field except as a substitute or replaced player. j) Using tobacco or smokeless tobacco. k) Being outside the team box but no on the field. l) A substitute who leaves the team box during a fight.	Yes* Yes* Yes* Yes* No No No No No No* No Yes	
9-8-1 Penalty	Any single flagrant foul is disqualification. A second unsportsmanlike foul with a 15-yards and disqualification.			

NORTH COAST SECTION EJECTION POLICY

GOLF 2005-06

ATTACHMENT C₆

The following is a summary of the rules pertaining to the NCS Ejection Policy in golf. This summary is provided for athletic directors, coaches and league commissioners. Athletes and coaches may be disqualified from competition for many reasons according to The US Golf Association rules. This summary outlines which rules will apply to the NCS Ejection Policy. **Please review these rules with your student athletes and coaches.** However, any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection and application of the NCS Ejection Policy. It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or coach, nor for the student's or coach's demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school's and coach's responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 307H).

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.

(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).

(Board of Managers 10/24/97)

Note: Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Golf	1-2	Exerting Influence on Ball No player or caddie shall take any action to influence the position or the movement of a ball except in accordance with the Rules.	Yes
Golf Cont.	1-3	Agreement to Waive Rules Players shall not agree to exclude the operation of any Rule or to waive any penalty incurred.	Yes
	3-2	Failure to Hole Out If a competitor fails to hole out at any hole and does not correct his mistake before he/she plays a stroke from the next teeing ground or, in the case of the last hole of the round, before he/she leaves the putting green, he/she shall be disqualified.	No
	3-3	Doubt as to Procedure a. Procedure In stroke play, if a competitor is doubtful of his rights or the correct procedure during the play of a hole he/she may, without penalty, complete the hole with two balls. After the doubtful situation has arisen and before taking further action, the competitor must announce to his/her marker or a fellow-competitor that he/she intends to play two balls and which ball he/she wishes to count if the Rules permit. If he/she fails to do so, the provisions of Rule 3-3b(ii) apply. The competitor must report the facts of the situation to the Committee before returning his/her scorecard. If he/she fails to do so, he/she is disqualified.	No
	3-4	Refusal to Comply with a Rule If a competitor refuses to comply with a Rule affecting the rights of another competitor, he/she shall be disqualified.	Yes
	4-2(b)	Foreign Material Foreign material must not be applied to the club face for the purpose of influencing the movement of the ball.	Yes
	4-4c	c. Excess Club Declared Out of Play Any club carried or used in breach of this Rule shall be declared out of play by the player immediately upon discovery that a breach has occurred and thereafter shall not be used by the player during the round.	No
	5-2	Foreign Material Foreign material must not be applied to a ball for the purpose of changing its playing characteristics.	Yes

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Golf Cont.	6-3	Time of Starting and Groups b. Groups In stroke play, the competitor shall remain throughout the round in the group arranged by the Committee unless the Committee authorizes or ratifies a change.	No
	6-6b and d	Scoring in Stroke Play b. Signing and Returning Card After completion of the round, the competitor should check his score for each hole and settle any doubtful points with the Committee. He/She shall ensure that the marker has signed the card, countersign the card himself/herself and return it to the Committee as soon as possible.	No
		d. Wrong Score for Hole The competitor is responsible for the correctness of the score recorded for each hole on his/her card. If he/she returns a score for any hole lower than actually taken, he/she shall be disqualified. If he/she returns a score for any hole higher than actually taken, the score as returned shall stand.	No
	6-7	Undue Delay; Slow Play The player shall play without undue delay and in accordance with any pace of play guidelines which may be laid down by the Committee. Between completion of a hole and playing from the next teeing ground, the player shall not unduly delay play.	No
	6-8	Discontinuance of Play a. If the player discontinues play without specific permission from the Committee, he/she shall report to the Committee as soon as practicable. If he/she does so and the Committee considers his/her reason satisfactory, the player incurs no penalty. Otherwise, the player shall be disqualified. b. When play is suspended by the Committee, if the players in a match or group are between the play of two holes, they shall not resume play until the Committee has ordered a resumption of play.	No No
10-2	Stroke Play c. Playing Out of Turn If a competitor plays out of turn, no penalty is incurred and the ball shall be played as it lies. If, however, the Committee determines that competitors have agreed to play in an order other than that set forth in Clauses 2a and 2b of this Rule to give one of them an advantage, they shall be disqualified.	No	
Golf Cont.	11-4	Playing from Outside Teeing Ground b. Stroke Play If a competitor, when starting a hole, plays a ball from outside the teeing ground, he/she shall incur a penalty of two strokes and shall then play a ball from within the teeing ground. If the competitor plays a stroke from the next teeing ground without first correcting his/her mistake or, in the case of the last hole of the round, leaves the putting green without first declaring his/her intention to correct his/her mistake, he/she shall be disqualified.	No
	14-3	Artificial Devices and Unusual Equipment Except as provided in the Rules, during a stipulated round the player shall not use any artificial device or unusual equipment: a. Which might assist him/her in making a stroke or in his play; or b. For the purpose of gauging or measuring distance or conditions which might affect his/her play; or c. Which might assist him/her in gripping the club, except that: (i) plain gloves may be worn; (ii) resin, powder and drying or moisturizing agents may be used; (iii) a towel or handkerchief may be wrapped around the grip.	No No No
	20-7	Playing from Wrong Place If, after playing from a wrong place, a competitor becomes aware of that fact and believes that a serious breach may be involved, he/she may, provided he/she has not played a stroke from the next teeing ground or, in the case of the last hole of the round, left the putting green, declare that he/she will play out the hole with a second ball dropped or placed in accordance with the Rules. If a serious breach has occurred and the competitor has failed to correct it as prescribed above, he/she shall be disqualified.	No

NORTH COAST SECTION EJECTION POLICY – BOYS LACROSSE - 2006

ATTACHMENT C₇

The following is a summary of the rules pertaining to the NCS Ejection Policy in boys' lacrosse. This summary is provided for athletic directors, coaches and league commissioners. Athletes and coaches may be disqualified from competition for many reasons according to National Federation rules. This summary outlines which rules will apply to the NCS Ejection Policy. **Please review these rules with your coaches and student athletes.** However, any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection and application of the NCS Ejection Policy. It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or the coach, nor for the student-s or coach's demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school-s and coach-s responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 307H).

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.

(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).

(Board of Managers 10/24/97)

Note: Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Lacrosse	5-1	Personal fouls are those of a serious nature: illegal body checking, slashing, cross checking, tripping, unnecessary roughness, unsportsmanlike conduct and the use of an illegal crosse. PENALTY: The penalty for a personal foul shall be suspension from the game of the offending player for one to three minutes, depending on the official's judgment of the severity and perceived intent of the personal foul. The ball shall be given to the team fouled.	No
	5-10	Any player who accumulates five personal fouls, regardless of the penalty time accrued, shall be disqualified from the game. A substitute for that player may enter the game when the disqualified player would have been permitted to re-enter had he not fouled out.	No
	5-11-1 & 2	A player, substitute, coach, nonplaying member of a team or anyone officially connected with the team shall be disqualified for: Art. 1...Deliberately striking or attempting to strike anyone or leave the bench. Art. 2...Use of tobacco or smokeless tobacco. Art. 3... Second non-releasable, unsportsmanlike foul.	Yes No Yes
	6-1	Technical fouls are those of a less serious nature than personal fouls and include all violations of the rules of the game except those specifically listed as personal or expulsion fouls.	No
	6-6-3	A player, coach, athletic trainer or other person officially connected with a team shall not: a. Use artificial aids (i.e., electronic devices, megaphones) in communicating with players on the field. b. Leave the bench area and/or coaches area on his/her side of the field. Players shall be within the confines of the bench area while the clock is running and the ball is in play, except when reporting to the table area for special substitution or for serving penalty time. A coach or player may leave the bench/coaches area while play is suspended and enter the table area for the sole and distinct purpose of seeking information from the timer, scorekeeper or chief bench official. c. Object to an official's decision by arguing or gesturing. This includes the timekeeper and scorekeeper. d. Bait or taunt. e. Situate school bands or other organized groups that use artificial means to create noise on the opponent's side of the field.	No No Yes Yes No

NORTH COAST SECTION EJECTION POLICY – GIRLS LACROSSE - 2005

The following is a summary of the rules pertaining to the NCS Ejection Policy in girls' lacrosse. This summary is provided for athletic directors, coaches and league commissioners. Athletes and coaches may be disqualified from competition for many reasons according to National Federation rules. This summary outlines which rules will apply to the NCS Ejection Policy. **Please review these rules with your coaches and student athletes.** However, any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection and application of the NCS Ejection Policy. It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or the coach, nor for the student's or coach's demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school's and coach's responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 307H).

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.

(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).

(Board of Managers 10/24/97)

Note: Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Lacrosse	RULE 18E	Misconduct and Suspensions 1. A player must not: a. conduct herself in a rough, dangerous, or unsportsmanlike manner. b. persistently cause infringement of the rules. c. deliberately endanger the safety of an opposing player. d. exhibit any type of behavior which in the umpire's opinion amounts to misconduct. 2. A non-participating team member must remain within her team area throughout the game. 3. A coach must not stand near or walk in front of the opposing bench and must remain behind the level of the scorer's table extended. 4. The umpire has the power to suspend from further participation in the game and/or send from the field without any previous warning, a player, coach, or team follower guilty of flagrant or repeated violation of the rules, dissent, misconduct, or abusive language. NOTE: Baiting or taunting which is intended or designed to embarrass, ridicule, or demean others will not be tolerated under any circumstances.	See penalty on the next page.

	<p>RULE 19</p>	<p>PENALTY FOR FOULS</p> <p>2. Misconduct and Suspension</p> <p>The penalty for violation of Rule 18-E shall be the same as for all major fouls. In addition to awarding a free position, the umpire may give any number of verbal cautions and/or issue a yellow or red card. Issuance of cards should be considered a warning to all players. Time out must be called to administer warnings and suspensions.</p> <ul style="list-style-type: none"> a. The umpire may warn the offending player by showing a yellow card. The player receiving the yellow card must leave the field for 3 minutes of elapsed playing time. A substitute may take her place. The official timer will be responsible for timing the 3 minutes and indicating to the scorer when the player may return. If the player receiving the yellow card attempts to return before the penalty time has elapsed, it will be considered misconduct. If the player receiving the yellow card is the goalkeeper and there is no other "dressed" goalkeeper for her team, the goalkeeper may remain in the game. b. The umpire will, on further offense, suspend the player from further participation in that game. The suspension will be noted by showing a red card. A suspended player may be replaced by a substitute but no player may re-enter the game except as noted in Rule 9. c. In the event a coach or team follower is warned or suspended, play is restarted within one minute with a free position to the opponent nearest the ball when play was stopped. The suspended team follower or coach must leave the area (including the spectator area) of the game. d. In the event the umpire cannot identify which member of the coaching staff or other team personnel is responsible for the misconduct, the head coach will be assessed the penalty. e. In the event that any team follower is to be warned or suspended, the head coach may be assessed the penalty. 	<p>No</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p>
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NORTH COAST SECTION EJECTION POLICY

SOCCER 2005-2006

ATTACHMENT C₉

The following is a summary of the rules pertaining to the NCS Ejection Policy in soccer. This summary is provided for athletic directors, coaches and league commissioners. Athletes and coaches may be disqualified from competition for many reasons according to National Federation rules. This summary outlines which rules will apply to the NCS Ejection Policy. **Please review these rules with your coaches and student athletes.** However, any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection and application of the NCS Ejection Policy. It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or the coach, nor for the student's or coach's demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school's and coach's responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 307H).

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.

(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).

(Board of Managers 10/24/97)

Note: Any act by an athlete that is unsportsmanlike or dangerous conduct shall subject the student to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Soccer	12-4-2a	A player shall not, in any manner, charge into the goalkeeper in the penalty area unless the goalkeeper is obstructing the player or dribbling the ball with the feet. (a) An official shall disqualify, without caution, any player who flagrantly fouls the goalkeeper in possession of the ball.	Yes

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
	12-8-1	<p>Art. 1...A player, coach or bench personnel shall be cautioned (yellow card) for:</p> <p>(a) entering or leaving the field of play (except through the normal course of play) without the permission of an official;</p> <p>(b) persistent infringement of any of the rules of the game;</p> <p>(c) objecting by word of mouth or action to any decision given by an official (dissent);</p> <p>(d) any incidental use of vulgar or profane language;</p> <p>(e) any use of video replays or communicating with other persons by the use of electrical or mechanical amplifying devices, headphones or megaphones during the game or any intervals to assist in coaching;</p> <p>(f) unsporting conduct, including, but not limited to:</p> <p>1) coaching outside the team area;</p> <p>2) unnecessary delay (kicking, throwing the ball away on a free kick, etc.);</p> <p>3) holding a shirt, short, etc.;</p> <p>4) deliberate verbal tactics;</p> <p>5) encroachment;</p> <p>6) deliberate handball to stop an attack;</p> <p>7) deliberate tactical foul;</p> <p>8) faking an injury;</p> <p>9) simulating a foul.</p> <p>(g) Use of any tobacco products at the game site during the period of the jurisdiction of the officials.</p>	<p>No</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>No</p> <p>No</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>Yes</p> <p>No</p> <p>Yes</p> <p>No</p> <p>No</p> <p>No</p>
	12-8-2	<p>A player, coach, or bench personnel shall be disqualified (yellow and red card) and the number of players on the field shall not be reduced for:</p> <p>(a) taunting – use of word or act to incite or degrade an opposing player, coach, referee or other individual;</p> <p>(b) any delayed, excessive or prolonged act(s) by which a player(s) attempts to focus attention upon himself/herself and/or prohibits a timely restart of the game;</p> <p>(c) subsequent caution.</p> <p>Note: The NFHS disapproves of any form of taunting which is intended or designed to embarrass, ridicule or demean others under any circumstances including on the basis of race, religion, gender or national origin.</p>	<p>Yes</p> <p>No (Unless 12-8-2 (a) or (c))</p> <p>Yes (for 12-8-1, (f [1,2,3,4,5 & 7]))</p>
	12-8-3	<p>A player, coach or bench personnel shall be disqualified (red card) for:</p> <p>(a) exhibiting violent conduct;</p> <p>(b) committing serious foul play, that is any play in which the player commits one of the offenses punishable with a direct free kick (or penalty kick if the offense takes place in the penalty area) and uses disproportionate and unnecessary force when playing for the ball against an opponent. Serious foul play includes the following;</p> <p>(1) A player anywhere on the field (other than a goalkeeper within his/her own penalty area) who deliberately handles a ball to prevent it from going into the goal;</p> <p>(2) A foul by a player against an opponent who is moving toward his/her offensive goal with an obvious opportunity to score;</p> <p>(c) spitting at another person;</p> <p>(d) using insulting, offensive or abusive language or gesture;</p> <p>(e) leaving the team area to enter the field where a fight or altercation is taking place unless summoned by an official.</p>	<p>Yes</p> <p>YES</p> <p>No</p> <p>No</p> <p>Yes</p> <p>Yes</p> <p>Yes</p>

NORTH COAST SECTION EJECTION POLICY – 2006 SOFTBALL

The following is a summary of the rules pertaining to the NCS Ejection Policy in softball. This summary is provided for athletic directors, coaches and league commissioners. Athletes and coaches may be disqualified from competition for many reasons according to National Federation rules. This summary outlines which rules will apply to the NCS Ejection Policy. **Please review these rules with your coaches and student athletes.** However, any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection and application of the NCS Ejection Policy. It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or the coach, nor for the student's or coach's demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school's and coach's responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 307H).

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.

(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy.

Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).

(Board of Managers 10/24/97)

Note: Any act by an athlete that is unsportsmanlike or dangerous conduct shall subject the student to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Softball	3-6	Bench and Field Conduct A coach, player, substitute, attendant or other bench personnel shall not:	
		Art. 1 Fake a tag without the ball;	No
		Art. 2 Carelessly throw a bat;	No
		Art. 3 Wear jewelry (players participating in the game);	No
		Art. 4 Hit the ball to teammates on defense after the game has started;	No
		Art. 5 Enter the area behind the catcher while the opposing pitcher and catcher are in their positions;	No
		Art. 6 Be outside the designated dugout/bench or bullpen areas unless they are a batter, runner, on-deck batter, in the coaches box or one of the nine players on defense;	No
		Art. 7 Use amplifiers or bullhorns for coaching purposes during the course of the game;	No
		Art. 8 Call ATime® or use any command or commit any act for the purpose of causing an illegal pitch;	No
		Art. 9 Wear metal toe plates;	Yes
		Art. 10 Be in possession of any object in the coach's box other than scorekeeping materials/devices;	No
		Art. 11 Fail to wear or deliberately remove the helmet when it is required to be worn;	No
		Art. 12 Enter the contest unreported;	No
		Art. 13 Use electronic communication, television monitoring or replay equipment for coaching purposes during the course of the game;	No
		Art. 14 Use tobacco products in any form	No
		Art. 15 Commit any unsportsmanlike act to include, but not limited to:	Yes
		a) Use words or act to incite or try to incite spectators to demonstrations.	Yes
		b) Use profanity, intimidation tactics, or baiting or taunting; or	Yes
		c) Behavior in any manner not in accordance with the spirit of fair play.	Yes
		Art. 16 Charge an umpire;	Yes
		Art. 17 Argue ball and strike calls or other umpire judgment calls.	Yes
		Art. 18 Deliberately throw a bat, helmet or any other piece of equipment;	Yes
		Art. 19 Initiate malicious contact, or	Yes
		Art. 20 Wear metal cleats.	Yes

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
		Art. 21 Participate in a fight or leave his/her position/bench area when a fight has broken out.	

NORTH COAST SECTION EJECTION POLICY 2006 - SWIMMING/DIVING

ATTACHMENT C₁₁

The following is a summary of the rules pertaining to the NCS Ejection Policy in swimming. This summary is provided for athletic directors, coaches and league commissioners. Athletes and coaches may be disqualified from competition for many reasons according to National Federation rules. This summary outlines which rules will apply to the NCS Ejection Policy. **Please review these rules with your coaches and student athletes.** However, any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection and application of the NCS Ejection Policy. It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or the coach, nor for the student's or coach's demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school's and coach's responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 307H).

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.

(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).

(Board of Managers 10/24/97)

Note: Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the Ejection Policy apply to the disqualification?
Swimming	3-2 (1-6) Penalties	1. For submitting an entry card that is incomplete, inaccurate or delivered late, the competitor or relay team shall be disqualified from the event.	No
		2. For a competitor(s) participating in, or attempting to participate in, more than the allowable number of events, the competitor(s) is disqualified from that event and further competition.	No
		3. For failing to compete in all races, heats and rounds for which he/she has qualified or entered (exception in body of rule), the competitor shall be disqualified from further competition. >The competitor shall not be disqualified from events in subsequent rounds for which he/she has previously qualified (previous performances not nullified).	No
Swimming	3-3-(1-5) Penalties	1. When it is discovered during his/her dive/race that the competitor is wearing illegal attire or jewelry, the competitor shall be disqualified from the event.	No
		2. When it is discovered during his/her dive that a diver is wearing illegal attire or jewelry, he/she shall be disqualified from the event.	No
		3. When team personnel/competitor uses an unapproved artificial device during an event, the competitor(s) is disqualified from further competition.	Yes

SPORT	RULE	DESCRIPTION	Does the Ejection Policy apply to the disqualification?
Swimming	3-5-1	No team personnel/competitor shall act in an unsportsmanlike manner. This includes any act the referee deems unsportsmanlike, including, but not limited to, the following: (a) making insulting or derogatory remarks, gestures or acts including taunting. (b) trying to influence or showing disgust with officials- decisions; (c) interfering with meet officials in the performance of their duties.	Yes Yes Yes
	3-5-2	No team personnel/official/competitor shall use any form of tobacco product from the time they arrive at the site of the competition until they leave following completion of the meet.	No
	3-5-3	No team personnel/competitor shall enter the water without the referee-s approval.	No
	3-5-4	Swimmers shall swim in their assigned lanes throughout the race, and shall not interfere with a swimmer in another lane.	No
	3-5-5	No competitor shall contact the bottom of the pool for the purpose of gaining an advantage during a race.	No
	3-5-6	Competitors shall leave the pool promptly when requested to do so by the referee.	Yes
	3-5-7	No team personnel/competitor shall perform any on-site shaving before, during or after the meet.	No
	8-1-(1-7) Penalty for One False Start	1. The swimmer or relay team is disqualified from the event, and shall not swim. 2. In championship meets, when there is dual confirmation of false start by the referee and starter, the swimmer or relay team is disqualified and shall not swim.	No No
	8-2-(1-5) Penalties	Penalty for event form violations: Swimmer is disqualified from the event.	No
	8-3-(1-7) Penalties	Penalties for Relay Violations: 1. For a violation by an individual member of the relay team, the relay team is disqualified from the event. 2. For a nonparticipating team member entering the water during the race, the team(s) is disqualified from the event, and that individual is disqualified from further competition.	No No
Diving	9-2-(1-5) Penalty	Penalty: For a competitor intentionally entering the water during the practice session without permission from the diving referee, the competitor is disqualified from the event.	No
	9-3-(3 and 4)	Penalty: 1. For not submitting an accurate diving score sheet at the specified time and place, the diver is disqualified from the event. 2. For not completing the official description of a dive on the diving scoresheet, the diver is charged with a failed dive (exception in 9-3-5)	No No

NORTH COAST SECTION EJECTION POLICY

TENNIS 2005-2006

The following is a summary of the rules pertaining to the NCS Ejection Policy in tennis. This summary is provided for athletic directors, coaches and league commissioners. Athletes and coaches may be disqualified from competition for many reasons according to National Federation rules. This summary outlines which rules will apply to the NCS Ejection Policy. **Please review these rules with your coaches and student athletes.** However, any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection and application of the NCS Ejection Policy. It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or the coach, nor for the student-s or coach's demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school-s and coach-s responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 307H).

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.

(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).

(Board of Managers 10/24/97)

Note: Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Tennis	None	<p>USTA rules do not address unsportsmanlike conduct in the same format as National Federation rules in other CIF sports. Therefore, NCS would define unsportsmanlike conduct as follows:</p> <ul style="list-style-type: none"> a) A player shall not enter a tournament in CIF competition and then withdraw other than due to injury, illness or personal emergency. b) Conduct of a player or coach who becomes abusive or interferes with the orderly progress of the match. This includes, but is not limited to, acts of disrespect, use of foul language, unethical or dishonorable actions which bring discredit to the individual or his/her school, disrespectfully addressing an official or coach, taunting or criticizing an opponent, official or coach and failure to follow directions of match officials. 	<p>Yes</p> <p>Yes</p>

NORTH COAST SECTION EJECTION POLICY - TRACK & FIELD 2006

ATTACHMENT C₁₃

The following is a summary of the rules pertaining to the NCS Ejection Policy in track & field. This summary is provided for athletic directors, coaches and league commissioners. Athletes and coaches may be disqualified from competition for many reasons according to National Federation rules. This summary outlines which rules will apply to the NCS Ejection Policy. **Please review these rules with your coaches and student athletes.** However, any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection and application of the NCS Ejection Policy. It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or the coach, nor for the student's or coach's demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school's and coach's responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 307H).

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.

(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).

(Board of Managers 10/24/97)

Note: Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
	4-2-2	A competitor shall not compete in more than four events, including relays.	No
Track & Field	4-3-1 through 4	A competitor who competes with an illegal uniform shall be disqualified from that event.	No
	4-5	<p>Disqualification</p> <p>Art. 1 Unsportsmanlike conduct is behavior which is unethical or dishonorable. It includes, but not limited to, disrespectfully addressing an official, any flagrant behavior, intentional contact, taunting, criticizing or using profanity directed toward someone. This shall apply to all coaches, contestants and other team/school personnel. Penalty: Disqualification of the competitor from that event and from further participation in the meet. Disqualification of a coach or other school personnel shall be from further involvement in the meet.</p> <p>Art. 2 Unacceptable conduct by a competitor includes, but is not limited to, willful failure to follow the directions of a meet official, using profanity which is not directed at someone or any action which could bring discredit to the individual or his or her school. Penalty: Disqualification from that event.</p> <p>Art. 3 Violation of the participation rule shall result in disqualification from further participation.</p> <p>Art. 4 Interference is any action by a competitor, which unfairly changes the course or natural running rhythm of a runner during a race. This may include bumping, tripping or running across the runners-path. Penalty: Disqualification from that event.</p> <p>Art. 7 If a nonparticipating contestant interferes with a competitor during competition, the nonparticipating contestant may be disqualified from the meet. The non-participants teammate(s) may also be</p>	<p>Yes</p> <p>Yes</p> <p>No</p> <p>No</p> <p>No</p>

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
		<p>disqualified from that event.</p> <p>Art. 8 A competitor shall not compete while wearing an illegal uniform or using an illegal implement.</p> <p>Art. 9 It is an unfair act when a competitor receives any assistance from any other person that could improve that competitor-s performance.</p> <p>Assistance includes:</p> <ul style="list-style-type: none"> a) Interference with another competitor. b) Pacing by a teammate or persons not participating in the event. c) Competitors joining or grasping hands with each other during a race. d) Competitor uses an aid during the race. e) Communicating with a competitor through the use of a wireless device. f) Coaching a competitor from a restricted area. g) A competitor views videotape or any other visual reproduction of the competitor's performance prior to the completion of the competition. 	<p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p> <p>No</p>
	7-2	<p>Art. 10 Competitors in the jumping events shall not use any weights or artificial aids. They shall not wear a shoe or shoes which incorporate or contain any device that gives the competitor an unfair advantage. In addition, illegal aids shall include pushing the vaulter on his/her back at take-off in the pole vault, in the warm-ups or in competition.</p> <p>Art. 11 A competitor shall not use an illegal implement during warm-up or competition.</p>	<p>No</p> <p>No</p>
	7-5	<p>Art. 4 A competitor shall not use a variable weight pole, a pole which is improperly marked or a pole rated below his/her weight during warm-up or competition.</p>	<p>No</p>

NORTH COAST SECTION EJECTION POLICY

ATTACHMENT C₁₄

VOLLEYBALL - 2005-2006

The following is a summary of the rules pertaining to the NCS Ejection Policy in volleyball. This summary is provided for athletic directors, coaches and league commissioners. Athletes and coaches may be disqualified from competition for many reasons according to National Federation rules. This summary outlines which rules will apply to the NCS Ejection Policy. **Please review these rules with your coaches and student athletes.** However, any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection and application of the NCS Ejection Policy. It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or the coach, nor for the student's or coach's demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school's and coach's responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 307H).

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.

(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).

(Board of Managers 10/24/97)

Note: Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Volleyball	12-1-1	Unsportsmanlike conduct includes actions which are unbecoming to an ethical, fair, honorable individual. It consists of acts of deceit, disrespect or vulgarity and includes taunting. Note: The NFHS disapproves of any form of taunting which is intended or designed to embarrass, ridicule or demean others under any circumstances including on the basis of race, religion, gender or national origin.	Yes
	12-2-1	No player, coach and/or team attendant shall act in an unsportsmanlike manner while on or near the court before, during or between games.	Yes
	12-2-2	It is considered a serious offense (red card) for any player, coach and/or team attendant to use any form of tobacco product.	No

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Volleyball Cont.	12-2-7	Unsportsmanlike conduct for a coach, substitute or team attendant includes, but is not limited to the following: a) Use of disconcerting acts or words when an opponent is about to play the ball; b) Entering the court while the ball is in play; c) Attempting to influence a decision by an official; d) Disrespectfully addressing an official; e) Questioning an official's judgment; f) Disrespectfully addressing, baiting or taunting anyone involved in the contest; g) Using electronic equipment, excluding computers, (i.e. television monitoring/replay equipment, headsets, etc.) for coaching purposes during the game or any intermission; h) Using a sounding device (i.e., megaphone, horn, etc.) at courtside for coaching purposes; i) Holding unauthorized conferences; j) Attempting the re-entry of a disqualified player; k) Illegally leaving the designated bench during the game. l) Making any excessive requests designed to disrupt the game. m) Abusing the re-serve rule.	Yes No Yes Yes Yes Yes No No No No Yes No
	12-2-8	Unsportsmanlike conduct by a player includes: a) Use of disconcerting acts or words when an opponent is about to play the ball; b) Disrespectfully addressing an official; c) Questioning or trying to influence officials' decisions; d) Showing disgust with officials' decisions; e) Using profane or insulting language or gestures or baiting/taunting anyone involved in the contest; f) Making any contact with an opponent which is deemed unnecessary and which incites roughness; g) Using any part of a teammate's body or any object to gain physical support for advantage in playing the ball; h) Deliberately serving prior to the signal for serve; l) Abusing the re-serve rule; j) Spitting other than into the proper receptacle. k) Making any excessive requests designed to disrupt the game.	Yes Yes Yes Yes Yes Yes No No No No Yes
	<p><u>*Page 46-47 of the 2005-2006 National Federation Rules Book</u> Procedure for Unsportsmanlike Conduct Violations: Warning: For a first minor offense. Penalty: For a second minor offense by the same individual, or for a single serious offense, a red card is administered at the first dead ball. A point/loss of rally or side-out is awarded the opponent, and the penalty is recorded in the Comments section on the score sheet and on the umpire's line-up card. Disqualification: For a third minor or second serious offense by the same individual, or a single flagrant offense, the yellow and red cards are displayed apart (usually at the first dead ball). The offender is disqualified from further participation in the match, and may be removed from the vicinity of the team bench provided there is authorized school personnel available to supervise. If there is no authorized school personnel available to supervise their school's team a forfeit is declared and a win will be recorded for the non-offending team.</p>		

NORTH COAST SECTION EJECTION POLICY

Revised 2/1/05

WATER POLO - 2005

The following is a summary of the rules pertaining to the NCS Ejection Policy in water polo. This summary is provided for athletic directors, coaches and league commissioners. Athletes and coaches may be disqualified from competition for many reasons according to National Federation rules. This summary outlines which rules will apply to the NCS Ejection Policy. **Please review these rules with your coaches and student athletes.** However, any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection and application of the NCS Ejection Policy. It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or the coach, nor for the student-s or coach's demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school-s and coach-s responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 307H).

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.

(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).

(Board of Managers 10/24/97)

Note: Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Water Polo	7-4	<p>Red Card: A red card may be issued to the head coach, assistant coaches, other team officials on the bench and to individual players on the bench. If a coach or team official is disruptive after receiving a yellow card, a red card is issued. If, in the judgment of the referee, the infraction is severe, a red card may be issued immediately to a coach or team official without issuing a warning or a yellow card, depending upon the severity of the infraction. A red card may also be issued directly to a player on the bench who is disruption (no warning or yellow card is issued to an individual athlete).</p> <p>A coach or other team official receiving a red card must leave the pool facility and have no visual or electronic contact with the team. The assistant coach assumes the rights and privileges of the head coach when the head coach receives a red card during a game.</p> <p>Further misconduct by an excluded player, coach or other team official could result in a forfeit.</p> <p>The person receiving a red card is automatically suspended from the next game.</p>	Yes

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
	21-9	To have committed misconduct, including the use of obscene, abusive, threatening language or gestures directed at any individual, excluding the referees or game officials, violent or persistent foul play, etc. Taunting, baiting or ridiculing an opponent are examples of misconduct. The offending player shall be excluded from the remainder of the game, with substitution after the earliest occurrence referred to in Rule 21-3.	Yes
	21-10	To commit an act of brutality (including kicking or striking or attempting to kick or strike with malicious intent) against an opponent or official, whether during play (including any stoppages or timeouts) or the intervals between periods of play. The offending player shall be excluded from the remainder of the game and shall not be substituted.	Yes
	21-11	To refuse obedience to or show disrespect for a referee or official. The offending player shall be excluded from the remainder of the game, with substitution after the earliest occurrence referred to in Rule 21-3.	Yes
	21-20	If an excluded player intentionally interferes with play, including affecting the alignment of the goal, a penalty throw shall be awarded to the opposing team and a further personal foul awarded against the excluded player. If the excluded player does not commence leaving the field of play almost immediately, the referee may deem this to be intentional interference under this Rule.	No, unless actions are considered to be taunting by the referee.
	22-3	For defending player within the 4 yard/m area to kick or strike an opponent or to commit an act of brutality. In the case of brutality, the offending player shall also be excluded from the remainder of the game, without substitution, in addition to the award of the penalty.	Yes
	24-1	A personal foul shall be recorded against any player who commits an exclusion foul or penalty foul. The referee shall indicate the offending player's cap number to the secretary.	No, unless the third foul is for rule infraction of 21-9, 21-10, 21-11 and 22-3.
	24-2	Upon receiving a third personal foul, a player shall be excluded from the remainder of the game with substitution after the earliest occurrence referred to in Rule 21-3. If the third personal foul is a penalty foul, the entry of the substitute shall be immediate.	

2005-2006 NORTH COAST SECTION EJECTION POLICY - WRESTLING

The following is a summary of the rules pertaining to the NCS Ejection Policy in wrestling. This summary is provided for athletic directors, coaches and league commissioners. Athletes and coaches may be disqualified from competition for many reasons according to National Federation rules. This summary outlines which rules will apply to the NCS Ejection Policy. **Please review these rules with your coaches and student athletes.** However, any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection and application of the NCS Ejection Policy. It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or the coach, nor for the student's or coach's demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. The one game or contest suspension is the universal penalty for ejection from a contest but in no way is it a substitute for a school's and coach's responsibility to provide appropriate counseling, remedial action, and discipline. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 307H).

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.

(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).

(Board of Managers 10/24/97)

Note: Any act by an athlete or coach that is unsportsmanlike or dangerous conduct shall subject the student or coach to ejection from the contest and application of the NCS Ejection Policy will apply.

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Wrestling	7-4-1	Unnecessary roughness involves physical acts that occur during wrestling. It includes any act which exceeds normal aggressiveness. It would include, but it is not limited to, a forceful application of a crossface, a forceful trip or a forearm or elbow used in a punishing way, such as, on the spine or the back of the head or neck. Continuing acts of unnecessary roughness also can be construed as flagrant misconduct.	No, unless flagrant misconduct is called by the official.
	7-4-2	Unsportsmanlike conduct involves physical or nonphysical acts and they can occur before, during or after a match. It includes, but is not limited to, such acts as failure to comply with the direction of the official, pushing, shoving, swearing, taunting, intimidation, baiting an opponent, throwing headgear or any other equipment, spitting and the clearing of the nasal passage in other than the proper receptacle, repeatedly dropping to one knee to break locked hands, indicating displeasure with a call, failure to keep shoulder straps up while on the mat and failure to comply with the end-of-match procedure. Continuing acts of unsportsmanlike conduct or any unsportsmanlike conduct may be construed as flagrant misconduct.	Yes
	7-4-3	Flagrant misconduct involves physical or nonphysical acts and they can occur before, during or after a match and is any act considered by the official to be serious enough to disqualify a contestant from the match and any additional wrestling in the multiple school event. It would include, but it is not limited to striking, butting, elbowing, kicking an opponent, or using any tobacco products. If, in the opinion of the referee, a wrestler bites his opponent this will be deemed as intentional biting and will be called as flagrant misconduct.	Yes
	7-5-3	Unsportsmanlike conduct of coaches and other team personnel is any act which becomes abusive or interferes with the orderly progress of the match. These acts could occur prior to, during or after a match. This includes violations of the bench decorum rule (7-5-2), taunting, acts of disrespect or those actions which incite negative reaction by others. The offender shall be penalized for unsportsmanlike conduct in accordance with the Penalty Chart.	Yes

	7-5-5	Flagrant misconduct on the part of the coach or any other team personnel is any act which the referee considers serious enough to remove the offender from the premises. These acts can occur prior to, during or after a match. This includes the use of tobacco products. Flagrant misconduct shall be penalized in accordance with the Penalty Chart.	Yes
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ATTACHMENT D₁**BASEBALL CLASSIFICATIONS 2005-06**

BASED ON 2004-05 CBEDS ENROLLMENT - GRADES 9-12

3A CLASSIFICATION (1,751 AND ABOVE)

ALAMEDA HIGH SCHOOL	1850	DEER VALLEY HIGH SCHOOL	3468	MT EDEN HIGH SCHOOL	0
AMADOR VALLEY HIGH SCHOOL	2343	FOOTHILL HIGH SCHOOL	2251	NEWARK MEMORIAL HIGH SCHOOL	2121
AMERICAN HIGH SCHOOL	1981	FREEDOM HIGH SCHOOL	2068	PITTSBURG HIGH SCHOOL	2487
ANTIOCH HIGH SCHOOL	2809	GRANADA HIGH SCHOOL	2065	RICHMOND HIGH SCHOOL	1798
ARROYO HIGH SCHOOL	1882	HAYWARD HIGH SCHOOL	2066	SAN LEANDRO HIGH SCHOOL	2630
BERKELEY HIGH SCHOOL	3247	IRVINGTON HIGH SCHOOL	1982	SAN RAMON VALLEY HIGH SCHOOL	2083
CALIFORNIA HIGH SCHOOL	2398	JAMES LOGAN HIGH SCHOOL	4249	TENNYSON HIGH SCHOOL	1758
CASTRO VALLEY HIGH SCHOOL	2721	LIBERTY HIGH SCHOOL	2682	WASHINGTON HIGH SCHOOL	2065
CLAYTON VALLEY HIGH SCHOOL	1937	LIVERMORE HIGH SCHOOL	2051		
COLLEGE PARK HIGH SCHOOL	2101	MISSION SAN JOSE HIGH SCHOOL	2019		
DE LA SALLE HIGH SCHOOL	2028	MONTE VISTA HIGH SCHOOL	2322		

2A EAST BAY CLASSIFICATION (701 - 1,750)

ACALANES HIGH SCHOOL	1342	EL CERRITO HIGH SCHOOL	1440	MT DIABLO HIGH SCHOOL	1615
ALBANY HIGH SCHOOL	1194	ENCINAL HIGH SCHOOL	1180	NORTHGATE HIGH SCHOOL	1604
ALHAMBRA HIGH SCHOOL	1391	HERCULES HIGH SCHOOL	1212	PIEDMONT HIGH SCHOOL	985
BISHOP O'DOWD HIGH SCHOOL	1135	JOHN F. KENNEDY - FREMONT	1370	PINOLE VALLEY HIGH SCHOOL	0
CAMPOLINDO HIGH SCHOOL	1334	JOHN F. KENNEDY H.S.- RICHMOND	907	SAN LORENZO HIGH SCHOOL	1586
CONCORD HIGH SCHOOL	1587	LAS LOMAS HIGH SCHOOL	1729	YGNACIO VALLEY HIGH SCHOOL	1503
DE ANZA HIGH SCHOOL	1341	MIRAMONTE HIGH SCHOOL	1404		
DUBLIN HIGH SCHOOL	1330	MOREAU CATHOLIC HIGH SCHOOL	968		

3A REDWOOD EMPIRE CLASSIFICATION (1,301 AND ABOVE)

ANALY HIGH SCHOOL	1366	MARIA CARRILLO HIGH SCHOOL	1532	SANTA ROSA HIGH SCHOOL	1935
CARDINAL NEWMAN HIGH SCHOOL	880p	MONTGOMERY HIGH SCHOOL	1922	SONOMA VALLEY HIGH SCHOOL	1619
CASA GRANDE HIGH SCHOOL	1840	PETALUMA HIGH SCHOOL	2081	UKIAH HIGH SCHOOL	2014
ELSIE ALLEN HIGH SCHOOL	1484	PINER HIGH SCHOOL	1358	WINDSOR HIGH SCHOOL	1429
EUREKA HIGH SCHOOL	1625	RANCHO COTATE HIGH SCHOOL	2134		
LOWER LAKE HIGH SCHOOL	1548	REDWOOD HIGH SCHOOL	1496		

2A REDWOOD EMPIRE CLASSIFICATION (701- 1,300)

ARCATA HIGH SCHOOL	978	MARIN CATHOLIC HIGH SCHOOL	714	SIR FRANCIS DRAKE HIGH SCHOOL	1085
DEL NORTE HIGH SCHOOL	0	MCKINLEYVILLE HIGH SCHOOL	819	TAMALPAIS HIGH SCHOOL	1163
EL MOLINO HIGH SCHOOL	1103	NOVATO HIGH SCHOOL	1181	TERRA LINDA HIGH SCHOOL	1035
FORTUNA HIGH SCHOOL	1110	SAN MARIN HIGH SCHOOL	1128		
HEALDSBURG HIGH SCHOOL	1101	SAN RAFAEL HIGH SCHOOL	1070		

A CLASSIFICATION (376 - 701)

BEREAN CHRISTIAN HIGH SCHOOL	419	JUSTIN-SIENA HIGH SCHOOL	634	ST. JOSEPH NOTRE DAME HIGH	530
BRANSON SCHOOL	320p	KELSEYVILLE HIGH SCHOOL	654	ST. MARY'S COLLEGE HIGH SCHOOL	630
CLEAR LAKE HIGH SCHOOL	520	LEADERSHIP HIGH SCHOOL	382	ST. PATRICK/ST. VINCENT HIGH	660
CLOVERDALE HIGH SCHOOL	431	LICK WILMERDING HIGH SCHOOL	407	ST. VINCENT HIGH SCHOOL	390
FORT BRAGG HIGH SCHOOL	610	MARIN ACADEMY HIGH SCHOOL	404	UNIVERSITY PREP CHARTER ACADEMY	611
GATEWAY HIGH SCHOOL	436	MIDDLETOWN HIGH SCHOOL	537	UPPER LAKE HIGH SCHOOL	439
HERITAGE HIGH SCHOOL	650	SALESIAN HIGH SCHOOL	575	WILLITS HIGH SCHOOL	657
HOLY NAMES HIGH SCHOOL	550	SAN FRANCISCO UNIVERSITY H. S.	391		
JOHN SWETT HIGH SCHOOL	658	ST. HELENA HIGH SCHOOL	511		

B CLASSIFICATION (375 AND BELOW)

ANDERSON VALLEY HIGH SCHOOL	159	JEWISH COMMUNITY HIGH SCHOOL	0	REDWOOD ADVENTIST ACADEMY	42
ATHENIAN SCHOOL	297	LAYTONVILLE HIGH SCHOOL	175	RINCON VALLEY CHRISTIAN HIGH	192
BENTLEY UPPER SCHOOL	297	LEADERSHIP PUBLIC SCH RICHOMD	240	RIO LINDO ADVENTIST ACADEMY	0
CALIFORNIA SCHOOL FOR THE DEAF	204	LEGGETT VALLEY HIGH SCHOOL	49	ROSELAND UNIVERSITY PREP	78
CALISTOGA JR/SR HIGH SCHOOL	232	LIONEL WILSON COLLEGE PREP ACAD	201	ROUND VALLEY HIGH SCHOOL	122
COLLEGE PREPARATORY SCHOOL	329	MARIN SCHOOL	91	SAN FRANCISCO WALDORF HIGH	111
CONTRA COSTA CHRISTIAN HIGH	132	MARIN SCHOOL OF ARTS &	178	SANTA ROSA CHRISTIAN SCHOOL	94
CRYSTAL SPRINGS UPLANDS SCHOOL	246	MATTOLE TRIPLE JUNCTION HIGH	22	SONOMA ACADEMY	144
DEEP VALLEY CHRISTIAN SCHOOL	44	MENDOCINO HIGH SCHOOL	320	SOUTH FORK HIGH SCHOOL	357
DREW SCHOOL	243	NAPA CHRISTIAN HIGH SCHOOL	48	SOUTHERN TRINITY HIGH SCHOOL	49
EAST BAY WALDORF SCHOOL	58	NORTH BAY CHRISTIAN ACADEMY	34	ST. BERNARD CATHOLIC SCHOOL	122
EMERY HIGH SCHOOL	222	NORTHCOAST PREPARATORY ACADEMY	72	ST. ELIZABETH HIGH SCHOOL	275
FERNDALE HIGH SCHOOL	161	OAKLAND MILITARY INSTITUTE	171	STUART HALL HIGH SCHOOL	172
FULL CIRCLE MARIN SCHOOL	0	ORINDA ACADEMY	104	SUMMERFIELD WALDORF of SANTA	0
GEYSERVILLE HIGH SCHOOL	94	PACIFIC UNION COLLEGE PREP	76	TOMALES HIGH SCHOOL	220
HANNA BOYS CENTER	74	PESCADERO HIGH SCHOOL	73	URBAN SCHOOL OF SAN FRANCISCO	266
HEAD-ROYCE SCHOOL	324	PLEASANT HILL ADVENTIST ACADEMY	89	WOOD ROSE PREPARATORY SCHOOL	19
HOOPA VALLEY HIGH SCHOOL	240	POINT ARENA HIGH SCHOOL	188		
INTERNATIONAL HIGH SCHOOL FAIS	325	POTTER VALLEY HIGH SCHOOL	95		

FOOTBALL CLASSIFICATIONS 2005-06

BASED ON 2004-05 CBEDS ENROLLMENT - GRADES 9-12

4A CLASSIFICATION (2,101 AND ABOVE)

AMADOR VALLEY HIGH SCHOOL	2343	DEER VALLEY HIGH SCHOOL	3468	MT. EDEN HIGH SCHOOL	0**
ANTIOCH HIGH SCHOOL	2809	DE LA SALLE HIGH SCHOOL	2028p	NEWARK MEMORIAL HIGH SCHOOL	2121
BERKELEY HIGH SCHOOL	3247	FOOTHILL HIGH SCHOOL	2251	PITTSBURG HIGH SCHOOL	2487
CALIFORNIA HIGH SCHOOL	2398	JAMES LOGAN HIGH SCHOOL	4249	SAN LEANDRO HIGH SCHOOL	2630
CASTRO VALLEY HIGH SCHOOL	2721	LIBERTY HIGH SCHOOL	2682		
COLLEGE PARK HIGH SCHOOL	2101	MONTE VISTA HIGH SCHOOL	2322		

3A EAST BAY CLASSIFICATION (1,601 - 2,100)

ALAMEDA HIGH SCHOOL	1850	HAYWARD HIGH SCHOOL	2066	RICHMOND HIGH SCHOOL	1798
ALHAMBRA HIGH SCHOOL	1391p	IRVINGTON HIGH SCHOOL	1982	SAN RAMON VALLEY HIGH SCHOOL	2083
AMERICAN HIGH SCHOOL	1981	LAS LOMAS HIGH SCHOOL	1729	TENNYSON HIGH SCHOOL	1758
ARROYO HIGH SCHOOL	1882	LIVERMORE HIGH SCHOOL	2051	WASHINGTON HIGH SCHOOL	2065
CLAYTON VALLEY HIGH SCHOOL	1937	MISSION SAN JOSE HIGH SCHOOL	2019		
DUBLIN HIGH SCHOOL	1330p	MT DIABLO HIGH SCHOOL	1615		
FREEDOM HIGH SCHOOL	2068	NORTHGATE HIGH SCHOOL	1604		
GRANADA HIGH SCHOOL	2065	PINOLE VALLEY HIGH SCHOOL	0**		

3A REDWOOD EMPIRE CLASSIFICATION (1,401 AND ABOVE)

CARDINAL NEWMAN HIGH SCHOOL	880p	MARIA CARRILLO HIGH SCHOOL	1532	SANTA ROSA HIGH SCHOOL	1935
CASA GRANDE HIGH SCHOOL	1840	MONTGOMERY HIGH SCHOOL	1922	SONOMA VALLEY HIGH SCHOOL	1619
ELSIE ALLEN HIGH SCHOOL	1484	PETALUMA HIGH SCHOOL	2081	UKIAH HIGH SCHOOL	2014
EUREKA HIGH SCHOOL	1625	RANCHO COTATE HIGH SCHOOL	2134	WINDSOR HIGH SCHOOL	1429
LOWER LAKE HIGH SCHOOL	1548	REDWOOD HIGH SCHOOL	1496		

2A EAST BAY CLASSIFICATION (701 - 1,600)

ACALANES HIGH SCHOOL	1342	EL CERRITO HIGH SCHOOL	1440	MOREAU CATHOLIC HIGH SCHOOL	968
ALBANY HIGH SCHOOL	1194	ENCINAL HIGH SCHOOL	1180	PIEDMONT HIGH SCHOOL	985
BISHOP O'DOWD HIGH SCHOOL	1135	HERCULES HIGH SCHOOL	1212	ST. MARY'S COLLEGE HIGH SCHOOL	630p
CAMPOLINDO HIGH SCHOOL	1334	JOHN F. KENNEDY - FREMONT	1370	ST. PATRICK/ST. VINCENT HIGH	660p
CONCORD HIGH SCHOOL	1587	JOHN F. KENNEDY H.S.- RICHMOND	907	SAN LORENZO HIGH SCHOOL	1586
DE ANZA HIGH SCHOOL	1341	MIRAMONTE HIGH SCHOOL	1404	YGNACIO VALLEY HIGH SCHOOL	1503

2A REDWOOD EMPIRE CLASSIFICATION (701 - 1,400)

ANALY HIGH SCHOOL	1366	HEALDSBURG HIGH SCHOOL	1101	SAN MARIN HIGH SCHOOL	1128
ARCATA HIGH SCHOOL	978	MARIN CATHOLIC HIGH SCHOOL	714	SAN RAFAEL HIGH SCHOOL	1070
DEL NORTE HIGH SCHOOL	0**	MCKINLEYVILLE HIGH SCHOOL	819	SIR FRANCIS DRAKE HIGH SCHOOL	1085
EL MOLINO HIGH SCHOOL	1103	NOVATO HIGH SCHOOL	1181	TAMALPAIS HIGH SCHOOL	1163
FORTUNA HIGH SCHOOL	1110	PINER HIGH SCHOOL	1358	TERRA LINDA HIGH SCHOOL	1035

A CLASSIFICATION (401 - 700)

BEREAN CHRISTIAN HIGH SCHOOL	419	JOHN SWETT HIGH SCHOOL	658	UPPER LAKE HIGH SCHOOL	439
CLEAR LAKE HIGH SCHOOL	520	JUSTIN-SIENA HIGH SCHOOL	634	WILLITS HIGH SCHOOL	657
CLOVERDALE HIGH SCHOOL	431	KELSEYVILLE HIGH SCHOOL	654		
FERNDALE HIGH SCHOOL	161p	MIDDLETOWN HIGH SCHOOL	537		
FORT BRAGG HIGH SCHOOL	610	SALESIAN HIGH SCHOOL	575		
HERITAGE HIGH SCHOOL	650	ST. HELENA HIGH SCHOOL	511		

B CLASSIFICATION (400 AND BELOW)

ANDERSON VALLEY HIGH SCHOOL	159	LAYTONVILLE HIGH SCHOOL	175	ST. BERNARD CATHOLIC SCHOOL	122
CALIFORNIA SCHOOL FOR THE DEAF	204	MENDOCINO HIGH SCHOOL	320	ST. ELIZABETH HIGH SCHOOL	275
CALISTOGA JR/SR HIGH SCHOOL	232	POINT ARENA HIGH SCHOOL	188	ST. VINCENT HIGH SCHOOL	390
DEEP VALLEY CHRISTIAN SCHOOL	44	POTTER VALLEY HIGH SCHOOL	95	TOMALES HIGH SCHOOL	220
EMERY HIGH SCHOOL	222	ROUND VALLEY HIGH SCHOOL	122		
HOOPA VALLEY HIGH SCHOOL	240	SOUTH FORK HIGH SCHOOL	357		

**No CBED information received in 2004-05

ATTACHMENT D₃

North Coast Section Fall Soccer Classifications 2005-06

9-12

B-Boys Only
G-Girls Only

CLASS 3A(501 & Above)

ANALY HIGH SCHOOL	1366
ARCATA HIGH SCHOOL	978
CARDINAL NEWMAN HIGH SCHOOL	880-B
CASA GRANDE HIGH SCHOOL	1840
DEL NORTE HIGH SCHOOL	0(1205)
EL MOLINO HIGH SCHOOL	1103
ELSIE ALLEN HIGH SCHOOL	1484
EUREKA HIGH SCHOOL	1625
FORT BRAGG HIGH SCHOOL	610
FORTUNA HIGH SCHOOL	1110
HEALDSBURG HIGH SCHOOL	1101
JUSTIN-SIENA HIGH SCHOOL	634-B
KELSEYVILLE HIGH SCHOOL	654
LOWER LAKE HIGH SCHOOL	1548
MARIA CARRILLO HIGH SCHOOL	1532
MARIN CATHOLIC HIGH SCHOOL	714-B
MCKINLEYVILLE HIGH SCHOOL	819
MIDDLETOWN HIGH SCHOOL	537
MONTGOMERY HIGH SCHOOL	1922
NOVATO HIGH SCHOOL	1181-B
PETALUMA HIGH SCHOOL	2081
PINER HIGH SCHOOL	1358
RANCHO COTATE HIGH SCHOOL	2134
REDWOOD HIGH SCHOOL	1496-B
SAN MARIN HIGH SCHOOL	1128-B
SAN RAFAEL HIGH SCHOOL	1070-B
SANTA ROSA HIGH SCHOOL	1935
SIR FRANCIS DRAKE HIGH SCHOOL	1085-B
SONOMA VALLEY HIGH SCHOOL	1619
ST. HELENA HIGH SCHOOL	511
TAMALPAIS HIGH SCHOOL	1163-B
TERRA LINDA HIGH SCHOOL	1035-B
UKIAH HIGH SCHOOL	2014
URSULINE HIGH SCHOOL	722
WILLITS HIGH SCHOOL	657
WINDSOR HIGH SCHOOL	1429

CLASS A (500 and Below)

ANDERSON VALLEY HIGH SCHOOL	159
ATHENIAN SCHOOL	297-B
BENTLEY UPPER SCHOOL	297-B
BRANSON SCHOOL	320-B
CALISTOGA JR/SR HIGH SCHOOL	232
CHINESE CHRISTIAN SCHOOL	209
CLEAR LAKE HIGH SCHOOL	520
CLOVERDALE HIGH SCHOOL	431-B
COLLEGE PREPARATORY SCHOOL	329-B
CONTRA COSTA CHRISTIAN HIGH SCHOOL	132-B
CRYSTAL SPRINGS UPLANDS SCHOOL	246-B
DREW SCHOOL	243-B
EAST BAY WALDORF SCHOOL	58-B
EMERY HIGH SCHOOL	222-B
FERNDALE HIGH SCHOOL	161
INTERNATIONAL HIGH SCHOOL FAIS	325-B
GATEWAY HIGH SCHOOL	436-B
GEYSERVILLE HIGH SCHOOL	94-B
HEAD-ROYCE SCHOOL	324-B
HOOPA VALLEY HIGH SCHOOL	240-G
LAYTONVILLE HIGH SCHOOL	175
LEADERSHIP HIGH SCHOOL	382-B
LICK WILMERDING HIGH SCHOOL	407-B
MARIN ACADEMY HIGH SCHOOL	404-B
MENDOCINO HIGH SCHOOL	320
ORINDA ACADEMY	104-B
PESCADERO HIGH SCHOOL	73-B
POINT ARENA HIGH SCHOOL	188

POTTER VALLEY HIGH SCHOOL	95-G
RINCON VALLEY CHRISTIAN HIGH SCHOOL	192
RIO LINDO ADVENTIST ACADEMY	0(167)-B
ROSELAND UNIVERSITY PREP	78-B
SAN DOMENICO HIGH SCHOOL	314
SAN FRANCISCO UNIVERSITY H. S.	391-B
SAN FRANCISCO WALDORF HIGH SCHOOL	111-B
SONOMA ACADEMY	144
SOUTH FORK HIGH SCHOOL	357
ST. BERNARD CATHOLIC SCHOOL	122-G
ST. VINCENT HIGH SCHOOL	390
STUART HALL HIGH SCHOOL	172-B
TOMALES HIGH SCHOOL	220
UPPER LAKE HIGH SCHOOL	439
URBAN SCHOOL OF SAN FRANCISCO	266-B

**NORTH COAST SECTION, CIF
2005-2006 WINTER SOCCER CLASSIFICATIONS
March 2005
9-12**

G = Girls Only
B = Boys Only
P = Petition

CLASS 2A (1,760 or less) 31

ACALANES HIGH SCHOOL	1342
ALBANY HIGH SCHOOL	1194
ALHAMBRA HIGH SCHOOL	1391
BEREAN CHRISTIAN HIGH SCHOOL	419
BISHOP O'DOWD HIGH SCHOOL	1135
CAMPOLINDO HIGH SCHOOL	1334
CONCORD HIGH SCHOOL	1587
DE ANZA HIGH SCHOOL	1341
DUBLIN HIGH SCHOOL	1330
EL CERRITO HIGH SCHOOL	1440
ENCINAL HIGH SCHOOL	1180
HERCULES HIGH SCHOOL	1212
HOLY NAMES HIGH SCHOOL - G	550
JOHN F. KENNEDY - FREMONT	1370
JOHN F. KENNEDY H.S.- RICHMOND	907
JOHN SWETT HIGH SCHOOL	658

LAS LOMAS HIGH SCHOOL	1729
MIRAMONTE HIGH SCHOOL	1404
MOREAU CATHOLIC HIGH SCHOOL	968
MT DIABLO HIGH SCHOOL	1615
NORTHGATE HIGH SCHOOL	1604
PIEDMONT HIGH SCHOOL	985
PINOLE VALLEY HIGH SCHOOL	0(1759)
SALESIAN HIGH SCHOOL	575
SAN LORENZO HIGH SCHOOL	1586
ST. ELIZABETH HIGH SCHOOL - B	275
ST. JOSEPH NOTRE DAME HIGH SCHOOL	530
ST. MARY'S COLLEGE HIGH SCHOOL	630
ST. PATRICK/ST. VINCENT HIGH SCHOOL	660
TENNYSON HIGH SCHOOL	1758
YGNACIO VALLEY HIGH SCHOOL	1503

CLASS 3A (1761 or more) 30

ALAMEDA HIGH SCHOOL	1850
AMADOR VALLEY HIGH SCHOOL	2343
AMERICAN HIGH SCHOOL	1981
ANTIOCH HIGH SCHOOL	2809
ARROYO HIGH SCHOOL	1882
BERKELEY HIGH SCHOOL	3247
CALIFORNIA HIGH SCHOOL	2398
CARONDELET HIGH SCHOOL - G (P)	1692
CASTRO VALLEY HIGH SCHOOL	2721
CLAYTON VALLEY HIGH SCHOOL	1937
COLLEGE PARK HIGH SCHOOL	2101
DE LA SALLE HIGH SCHOOL - B	2028
DEER VALLEY HIGH SCHOOL	3468
FOOTHILL HIGH SCHOOL	2251
FREEDOM HIGH SCHOOL	2068
GRANADA HIGH SCHOOL	2065
HAYWARD HIGH SCHOOL	2066
IRVINGTON HIGH SCHOOL	1982

JAMES LOGAN HIGH SCHOOL	4249
LIBERTY HIGH SCHOOL	2682
LIVERMORE HIGH SCHOOL	2051
MISSION SAN JOSE HIGH SCHOOL	2019
MONTE VISTA HIGH SCHOOL	2322
MT EDEN HIGH SCHOOL	0(2309)
NEWARK MEMORIAL HIGH SCHOOL	2121
PITTSBURG HIGH SCHOOL	2487
RICHMOND HIGH SCHOOL	1798
SAN LEANDRO HIGH SCHOOL	2630
SAN RAMON VALLEY HIGH SCHOOL	2083
WASHINGTON HIGH SCHOOL	2065

2000-2006 NCS SOFTBALL CLASSIFICATIONS ENROLLMENT 9-12

ATTACHMENT D₅

2A EAST BAY SOFTBALL (651-1700)

ACALANES HIGH SCHOOL	1342	DUBLIN HIGH SCHOOL	1330	MIRAMONTE HIGH SCHOOL	1404
ALBANY HIGH SCHOOL	1194	EL CERRITO HIGH SCHOOL	1440	MOREAU CATHOLIC HIGH SCHOOL	968
ALHAMBRA HIGH SCHOOL	1391	ENCINAL HIGH SCHOOL	1180	MT DIABLO HIGH SCHOOL	1615
BISHOP O'DOWD HIGH SCHOOL	1135	HERCULES HIGH SCHOOL	1212	NORTHGATE HIGH SCHOOL	1604
CAMPOLINDO HIGH SCHOOL	1334	HERITAGE HIGH SCHOOL	650	PIEDMONT HIGH SCHOOL	985
CARONDELET HIGH SCHOOL	1692	JOHN F. KENNEDY - (F)	1370	SAN LORENZO HIGH SCHOOL	1586
CONCORD HIGH SCHOOL	1587	JOHN F. KENNEDY H.S. - (R)	907	ST. PATRICK/ST. VINCENT HIGH SCHOOL	660
DE ANZA HIGH SCHOOL	1341	JOHN SWETT HIGH SCHOOL	658	YGNACIO VALLEY HIGH SCHOOL	1503

2A REDWOOD EMPIRE SOFTBALL (651-1200)

ARCATA HIGH SCHOOL	978	MCKINLEYVILLE HIGH SCHOOL	819	TERRA LINDA HIGH SCHOOL	1035
EL MOLINO HIGH SCHOOL	1103	NOVATO HIGH SCHOOL	1181	URSULINE HIGH SCHOOL	722
FORTUNA HIGH SCHOOL	1110	SAN MARIN HIGH SCHOOL	1128	WILLITS HIGH SCHOOL	657
HEALDSBURG HIGH SCHOOL	1101	SAN RAFAEL HIGH SCHOOL	1070		
KELSEYVILLE HIGH SCHOOL	654	SIR FRANCIS DRAKE HIGH SCHOOL	1085		
MARIN CATHOLIC HIGH SCHOOL	714	TAMALPAIS HIGH SCHOOL	1163		

3A EAST BAY SOFTBALL (1701-Above)

ALAMEDA HIGH SCHOOL	1850	FREEDOM HIGH SCHOOL	2068	PINOLE VALLEY HIGH SCHOOL	0
AMADOR VALLEY HIGH SCHOOL	2343	GRANADA HIGH SCHOOL	2065	PITTSBURG HIGH SCHOOL	2487
AMERICAN HIGH SCHOOL	1981	HAYWARD HIGH SCHOOL	2066	RICHMOND HIGH SCHOOL	1798
ANTIOCH HIGH SCHOOL	2809	IRVINGTON HIGH SCHOOL	1982	SAN LEANDRO HIGH SCHOOL	2630
ARROYO HIGH SCHOOL	1882	JAMES LOGAN HIGH SCHOOL	4249	SAN RAMON VALLEY HIGH SCHOOL	2083
BERKELEY HIGH SCHOOL	3247	LAS LOMAS HIGH SCHOOL	1729	TENNYSON HIGH SCHOOL	1758
CALIFORNIA HIGH SCHOOL	2398	LIBERTY HIGH SCHOOL	2682	WASHINGTON HIGH SCHOOL	2065
CASTRO VALLEY HIGH SCHOOL	2721	LIVERMORE HIGH SCHOOL	2051		
CLAYTON VALLEY HIGH SCHOOL	1937	MISSION SAN JOSE HIGH SCHOOL	2019		
COLLEGE PARK HIGH SCHOOL	2101	MONTE VISTA HIGH SCHOOL	2322		
DEER VALLEY HIGH SCHOOL	3468	MT EDEN HIGH SCHOOL	0		
FOOTHILL HIGH SCHOOL	2251	NEWARK MEMORIAL HIGH SCHOOL	2121		

3A REDWOOD EMPIRE SOFTBALL (1201-Above)

ANALY HIGH SCHOOL	1366	MARIA CARRILLO HIGH SCHOOL	1532	SANTA ROSA HIGH SCHOOL	1935
CASA GRANDE HIGH SCHOOL	1840	MONTGOMERY HIGH SCHOOL	1922	SONOMA VALLEY HIGH SCHOOL	1619
DEL NORTE HIGH SCHOOL	0	PETALUMA HIGH SCHOOL	2081	UKIAH HIGH SCHOOL	2014
ELSIE ALLEN HIGH SCHOOL	1484	PINER HIGH SCHOOL	1358	WINDSOR HIGH SCHOOL	1429
EUREKA HIGH SCHOOL	1625	RANCHO COTATE HIGH SCHOOL	2134		
LOWER LAKE HIGH SCHOOL	1548	REDWOOD HIGH SCHOOL	1496		

CLASS A SOFTBALL (351-650)

BEREAN CHRISTIAN HIGH SCHOOL	419	MARIN ACADEMY HIGH SCHOOL	404	ST. HELENA HIGH SCHOOL	511
CLEAR LAKE HIGH SCHOOL	520	MENDOCINO HIGH SCHOOL	320	ST. JOSEPH NOTRE DAME HIGH SCHOOL	530
CLOVERDALE HIGH SCHOOL	431	MIDDLETOWN HIGH SCHOOL	537	ST. MARY'S COLLEGE HIGH SCHOOL	630
FORT BRAGG HIGH SCHOOL	610	SALESIAN HIGH SCHOOL	575	ST. VINCENT HIGH SCHOOL	390
HEAD-ROYCE SCHOOL	324	SAN DOMENICO HIGH SCHOOL	314	UPPER LAKE HIGH SCHOOL	439
HOLY NAMES HIGH SCHOOL	550	SAN FRANCISCO UNIVERSITY H. S.	391		
JUSTIN-SIENA HIGH SCHOOL	634	SOUTH FORK HIGH SCHOOL	357		

CLASS B SOFTBALL (350-or less)

ANDERSON VALLEY HIGH SCHOOL	159	HOOPA VALLEY HIGH SCHOOL	240	TOMALES HIGH SCHOOL	220
ATHENIAN SCHOOL	297	LAYTONVILLE HIGH SCHOOL	175	URBAN SCHOOL OF SAN FRANCISCO	266
BAY SCHOOL OF SAN FRANCISCO	62	LEADERSHIP PUBLIC SCH RICHOMD	240		
BENTLEY UPPER SCHOOL	297	ORINDA ACADEMY	104		
BRANSON SCHOOL	320	PESCADERO HIGH SCHOOL	73		
CALIFORNIA SCHOOL FOR THE DEAF	204	POINT ARENA HIGH SCHOOL	188		
CALISTOGA JR/SR HIGH SCHOOL	232	POTTER VALLEY HIGH SCHOOL	95		
CHRISTIAN CENTER	32	RINCON VALLEY CHRISTIAN HIGH SCHOOL	192		
COLLEGE PREPARATORY SCHOOL	329	ROUND VALLEY HIGH SCHOOL	122		
EMERY HIGH SCHOOL	222	SANTA ROSA CHRISTIAN SCHOOL	94		
FERNDALE HIGH SCHOOL	161	ST. BERNARD CATHOLIC SCHOOL	122		
GEYSERVILLE HIGH SCHOOL	94	ST. ELIZABETH HIGH SCHOOL	275		

**NORTH COAST SECTION, CIF
BOYS VOLLEYBALL CLASSIFICATIONS 2005-06
9-12**

CLASS I (1401 AND ABOVE)

ALAMEDA	1850	GRANADA	2065
AMADOR VALLEY	2343	JAMES LOGAN	4249
AMERICAN	1981	LAS LOMAS	1729
ANTIOCH	2809	LIBERTY	2682
BERKELEY	3247	LIVERMORE	2051
CALIFORNIA	2398	MISSION SAN JOSE	2019
CASTRO VALLEY	2721	MONTE VISTA	2322
CLAYTON VALLEY	1937	MT. DIABLO	1615
COLLEGE PARK	2101	NORTHGATE	1604
CONCORD	1587	PINOLE VALLEY	0(1759)
DE LA SALLE	2028	PITTSBURG	2487
DEER VALLEY	3468	REDWOOD	1496
EL CERRITO	1440	RICHMOND	1798
FOOTHILL	2251	SAN RAMON VALLEY	2083
FREEDOM	2068	WASHINGTON	2065
		YGNACIO VALLEY	1503

CLASS IV (1400 OR LESS)

ACALANES	1342	MOREAU CATHOLIC	968
ALHAMBRA	1391	NOVATO	1181
BENTLEY UPPER SCHOOL	297	RIO LINDO ADVENTIST ACADEMY	0(167)
CAMPOLINDO	1334	SALESIAN	575
CHINESE CHRISTIAN SCHOOL	209	SAN MARIN	1128
CRYSTAL SPRINGS UPLANDS	246	SIR FRANCIS DRAKE	1085
DE ANZA	1341	ST. ELIZABETH	275
DUBLIN	1330	ST. JOSEPH NOTRE DAME	530
ENCINAL	1180	ST. MARY'S COLLEGE	630
HEAD-ROYCE SCHOOL	324	TAMALPAIS	1163
LICK WILMERDING	407	URBAN SCHOOL OF SF	266
MARIN CATHOLIC	714		
MIRAMONTE	1404		

ATTACHMENT D₇

**2006 NCS/LES SCHWAB TIRES WRESTLING DUAL TEAM CHAMPIONSHIP CLASSIFICATIONS
(BASED ON 2003-04 Grades 9-12 CBEDS Enrollment)**

CLASS 3A EAST BAY (2,026 & ABOVE)

AMADOR VALLEY	2343	FOOTHILL	2251	MT. EDEN	0**
ANTIOCH	2809	FREEDOM	2068	NEWARK MEMORIAL	2121
BERKELEY	3247	GRANADA	2065	PITTSBURG	2487
CALIFORNIA	2398	HAYWARD	2066	SAN LEANDRO	2630
CASTRO VALLEY	2721	JAMES LOGAN	4249	SAN RAMON VALLEY	2083
COLLEGE PARK	2101	LIBERTY	2682	WASHINGTON	2065
DE LA SALLE	2028	LIVERMORE	2051		
DEER VALLEY	3468	MONTE VISTA	2322		

CLASS 2A EAST BAY (541- 2,025)

ACALANES	1342	CLAYTON VALLEY	1937	LAS LOMAS	1729
ALBANY	1194	CONCORD	1587	MIRAMONTE	1404
ALHAMBRA	1391	DUBLIN	1330	MISSION SAN JOSE	2019
ALAMEDA	1850	HERCULES	1212	MT. DIABLO	1615
AMERICAN	1981	IRVINGTON	1982	NORTHGATE	1604
ARROYO	1882	JOHN F. KENNEDY – F.	1370	TENNYSON	1758
CAMPOLINDO	1334	JOHN F. KENNEDY – R.	907	YGNACIO VALLEY	1503

CLASS REDWOOD EMPIRE (701 AND ABOVE)

ANALY	1366	LOWER LAKE	1548	SAN MARIN	1128
ARCATA	978	MARIA CARRILLO	1532	SAN RAFAEL	1070
CARDINAL NEWMAN	880	MARIN CATHOLIC	714	SANTA ROSA	1935
CASA GRANDE	1840	MCKINLEYVILLE	819	SIR FRANCIS DRAK	1085
DEL NORTE	0**	MONTGOMERY	1922	SONOMA VALLEY	1619
EL MOLINO	1103	NOVATO	1181	TAMALPAIS	1163
ELSIE ALLEN	1484	PETALUMA	2081	TERRA LINDA	1035
EUREKA	1625	PINER	1358	UKIAH	2014
FORTUNA	1110	RANCHO COTATE	2134	WINDSOR	1429
HEALDSBURG	1101	REDWOOD	1496		

CLASS A (700 OR FEWER)

ANDERSON VALLEY	159	JUSTIN-SIENA	634	ROUND VALLEY	122
ATHENIAN	297	KELSEYVILLE	654	SOUTH FORK	357
CSD	204	HOOPA VALLEY	240	ST. BERNARD	122
CALISTOGA JR/SR	232	JOHN SWETT	658	ST. HELENA	511
CLEAR LAKE	520	LAYTONVILLE	175	ST. PATRICK/ST. VINCENT	660
CLOVERDALE	431	MENDOCINO	320	ST. VINCENT	390
DEEP VALLEY CHRISTIAN	44	MIDDLETOWN	537	TOMALES	220
FERNDALE	161	POINT ARENA	188	UPPER LAKE	439
FORT BRAGG	610	POTTER VALLEY	95	WILLITS	65

**No CBED information received in 2004-05.

ATTACHMENT E₁**BASEBALL CLASSIFICATIONS 2005-06**

BASED ON 2004-05 CBEDS ENROLLMENT - GRADES 9-11

3A CLASSIFICATION (*~~1,301~~ 1,401 AND ABOVE)

ALAMEDA HIGH SCHOOL	1433	DEER VALLEY HIGH SCHOOL	2760	MT EDEN HIGH SCHOOL	0**
AMADOR VALLEY HIGH SCHOOL	1853	FOOTHILL HIGH SCHOOL	1746	NEWARK MEMORIAL HIGH SCHOOL	1644
AMERICAN HIGH SCHOOL	1610	FREEDOM HIGH SCHOOL	1657	PITTSBURG HIGH SCHOOL	1954
ANTIOCH HIGH SCHOOL	2233	GRANADA HIGH SCHOOL	1597	RICHMOND HIGH SCHOOL	1473
ARROYO HIGH SCHOOL	1472	HAYWARD HIGH SCHOOL	1598	SAN LEANDRO HIGH SCHOOL	2060
BERKELEY HIGH SCHOOL	2457	IRVINGTON HIGH SCHOOL	1610	SAN RAMON VALLEY HIGH SCHOOL	1643
CALIFORNIA HIGH SCHOOL	1880	JAMES LOGAN HIGH SCHOOL	3279	WASHINGTON HIGH SCHOOL	1625
CASTRO VALLEY HIGH SCHOOL	2140	LIBERTY HIGH SCHOOL	2221		
CLAYTON VALLEY HIGH SCHOOL	1471	LIVERMORE HIGH SCHOOL	1632		
COLLEGE PARK HIGH SCHOOL	1674	MISSION SAN JOSE HIGH SCHOOL	1583		
DE LA SALLE HIGH SCHOOL	1534	MONTE VISTA HIGH SCHOOL	1832		

2A EAST BAY CLASSIFICATION (*541 - ~~1,300~~ 1,400)

ACALANES HIGH SCHOOL	1048	EL CERRITO HIGH SCHOOL	1135	MOREAU CATHOLIC HIGH SCHOOL	731
ALBANY HIGH SCHOOL	944	ENCINAL HIGH SCHOOL	938	MT DIABLO HIGH SCHOOL	1335
ALHAMBRA HIGH SCHOOL	1079	HERCULES HIGH SCHOOL	950	NORTHGATE HIGH SCHOOL	1232
BISHOP O'DOWD HIGH SCHOOL	884	HERITAGE HIGH SCHOOL	650	PIEDMONT HIGH SCHOOL	737
CAMPOLINDO HIGH SCHOOL	994	JOHN F. KENNEDY - FREMONT	1068	PINOLE VALLEY HIGH SCHOOL	0
CONCORD HIGH SCHOOL	1277	JOHN F. KENNEDY H.S. - RICHMOND	779	SAN LORENZO HIGH SCHOOL	1283
DE ANZA HIGH SCHOOL	1032	LAS LOMAS HIGH SCHOOL	1323	TENNYSON HIGH SCHOOL	1389
DUBLIN HIGH SCHOOL	1028	MIRAMONTE HIGH SCHOOL	1075	YGNACIO VALLEY HIGH SCHOOL	1179

3A REDWOOD EMPIRE CLASSIFICATION (1,001 AND ABOVE)

ANALY HIGH SCHOOL	1034	MARIA CARRILLO HIGH SCHOOL	1210	REDWOOD HIGH SCHOOL	1183
CASA GRANDE HIGH SCHOOL	1486	MONTGOMERY HIGH SCHOOL	1509	SANTA ROSA HIGH SCHOOL	1511
ELSIE ALLEN HIGH SCHOOL	1110	PETALUMA HIGH SCHOOL	1425	SONOMA VALLEY HIGH SCHOOL	1245
EUREKA HIGH SCHOOL	1359	PINER HIGH SCHOOL	1049	UKIAH HIGH SCHOOL	1575
LOWER LAKE HIGH SCHOOL	1221	RANCHO COTATE HIGH SCHOOL	1687	WINDSOR HIGH SCHOOL	1144

2A REDWOOD EMPIRE CLASSIFICATION (541- 1,000)

ARCATA HIGH SCHOOL	751	HEALDSBURG HIGH SCHOOL	902	SIR FRANCIS DRAKE HIGH SCHOOL	846
CARDINAL NEWMAN HIGH SCHOOL	692	MCKINLEYVILLE HIGH SCHOOL	622	TAMALPAIS HIGH SCHOOL	886
DEL NORTE HIGH SCHOOL	0**	NOVATO HIGH SCHOOL	906	TERRA LINDA HIGH SCHOOL	800
EL MOLINO HIGH SCHOOL	848	SAN MARIN HIGH SCHOOL	858		
FORTUNA HIGH SCHOOL	867	SAN RAFAEL HIGH SCHOOL	831		

A CLASSIFICATION (251 - 540)

BEREAN CHRISTIAN HIGH SCHOOL	319	KELSEYVILLE HIGH SCHOOL	530	ST. HELENA HIGH SCHOOL	381
CLEAR LAKE HIGH SCHOOL	426	LEADERSHIP HIGH SCHOOL	300	ST. JOSEPH NOTRE DAME HIGH	411
CLOVERDALE HIGH SCHOOL	333	LICK WILMERDING HIGH SCHOOL	317	ST. MARY'S COLLEGE HIGH SCHOOL	481
FORT BRAGG HIGH SCHOOL	464	MARIN ACADEMY HIGH SCHOOL	307	ST. PATRICK/ST. VINCENT HIGH	497
GATEWAY HIGH SCHOOL	329	MARIN CATHOLIC HIGH SCHOOL	536	ST. VINCENT HIGH SCHOOL	300
HOLY NAMES HIGH SCHOOL	428	MIDDLETOWN HIGH SCHOOL	410	UNIVERSITY PREP CHARTER ACADEMY	491
JOHN SWETT HIGH SCHOOL	519	SALESIAN HIGH SCHOOL	449	UPPER LAKE HIGH SCHOOL	354
JUSTIN-SIENA HIGH SCHOOL	482	SAN FRANCISCO UNIVERSITY H. S.	300	WILLITS HIGH SCHOOL	523

B CLASSIFICATION (250 AND BELOW)

ANDERSON VALLEY HIGH SCHOOL	122	INTERNATIONAL HIGH SCHOOL FAIS	250	POTTER VALLEY HIGH SCHOOL	76
ATHENIAN SCHOOL	223	JEWISH COMMUNITY HIGH SCHOOL	0	REDWOOD ADVENTIST ACADEMY	30
BENTLEY UPPER SCHOOL	246	LAYTONVILLE HIGH SCHOOL	135	RINCON VALLEY CHRISTIAN HIGH	131
BRANSON SCHOOL	234	LEADERSHIP PUBLIC SCH RICHOMD	240	RIO LINDO ADVENTIST ACADEMY	0
CALIFORNIA SCHOOL FOR THE DEAF	154	LEGGETT VALLEY HIGH SCHOOL	39	ROSELAND UNIVERSITY PREP	78
CALISTOGA JR/SR HIGH SCHOOL	170	LIONEL WILSON COLLEGE PREP ACAD	182	ROUND VALLEY HIGH SCHOOL	94
COLLEGE PREPARATORY SCHOOL	247	MARIN SCHOOL	67	SAN FRANCISCO WALDORF HIGH	90
CONTRA COSTA CHRISTIAN HIGH	116	MARIN SCHOOL OF ARTS &	178	SANTA ROSA CHRISTIAN SCHOOL	74
CRYSTAL SPRINGS UPLANDS SCHOOL	191	MATTOLE TRIPLE JUNCTION HIGH	19	SONOMA ACADEMY	109
DEEP VALLEY CHRISTIAN SCHOOL	30	MENDOCINO HIGH SCHOOL	241	SOUTH FORK HIGH SCHOOL	248
DREW SCHOOL	188	NAPA CHRISTIAN HIGH SCHOOL	39	SOUTHERN TRINITY HIGH SCHOOL	42
EAST BAY WALDORF SCHOOL	50	NORTH BAY CHRISTIAN ACADEMY	30	ST. BERNARD CATHOLIC SCHOOL	96
EMERY HIGH SCHOOL	176	NORTHCOAST PREPARATORY ACADEMY	56	ST. ELIZABETH HIGH SCHOOL	216
FERNDALE HIGH SCHOOL	115	OAKLAND MILITARY INSTITUTE	171	STUART HALL HIGH SCHOOL	133
FULL CIRCLE MARIN SCHOOL	0	ORINDA ACADEMY	76	SUMMERFIELD WALDORF of SANTA	0
GEYSERVILLE HIGH SCHOOL	77	PACIFIC UNION COLLEGE PREP	51	TOMALES HIGH SCHOOL	178
HANNA BOYS CENTER	68	PESCADERO HIGH SCHOOL	63	URBAN SCHOOL OF SAN FRANCISCO	200
HEAD-ROYCE SCHOOL	248	PLEASANT HILL ADVENTIST ACADEMY	71	WOOD ROSE PREPARATORY SCHOOL	17
HOOPA VALLEY HIGH SCHOOL	190	POINT ARENA HIGH SCHOOL	142		

**No CBED information received in 2004-05.

**BASKETBALL DIVISIONS 2005-06
BASED ON 2003-04 CBEDS ENROLLMENT - GRADES 10-12**

DIVISION I - 1500 & ABOVE

AMADOR VALLEY HIGH SCHOOL	1660	FOOTHILL HIGH SCHOOL	1661	PETALUMA HIGH SCHOOL	1601
ANTIOCH HIGH SCHOOL	2050	JAMES LOGAN HIGH SCHOOL	3158	PITTSBURG HIGH SCHOOL	1791
BERKELEY HIGH SCHOOL	2399	LIBERTY HIGH SCHOOL	1825	RANCHO COTATE HIGH SCHOOL	1511
CALIFORNIA HIGH SCHOOL	1752	MISSION SAN JOSE HIGH SCHOOL	1516	SAN LEANDRO HIGH SCHOOL	1903
CASTRO VALLEY HIGH SCHOOL	1895	MONTE VISTA HIGH SCHOOL	1676	SAN RAMON VALLEY HIGH SCHOOL	1518
DE LA SALLE HIGH SCHOOL	1500	MT EDEN HIGH SCHOOL	0**	WASHINGTON HIGH SCHOOL	1512
DEER VALLEY HIGH SCHOOL	2414	NEWARK MEMORIAL HIGH SCHOOL	1538		

DIVISION II - 1141-1499

ALAMEDA HIGH SCHOOL	1351	EUREKA HIGH SCHOOL	1146	NORTHGATE HIGH SCHOOL	1206
AMERICAN HIGH SCHOOL	1420	FREEDOM HIGH SCHOOL	1460	PINOLE VALLEY HIGH SCHOOL	0**
ARROYO HIGH SCHOOL	1368	GRANADA HIGH SCHOOL	1467	RICHMOND HIGH SCHOOL	1329
CARONDELET HIGH SCHOOL	1242	HAYWARD HIGH SCHOOL	1499	SANTA ROSA HIGH SCHOOL	1450
CASA GRANDE HIGH SCHOOL	1299	IRVINGTON HIGH SCHOOL	1441	SONOMA VALLEY HIGH SCHOOL	1178
CLAYTON VALLEY HIGH SCHOOL	1442	LAS LOMAS HIGH SCHOOL	1267	TENNYSON HIGH SCHOOL	1276
COLLEGE PARK HIGH SCHOOL	1499	LIVERMORE HIGH SCHOOL	1478	UKIAH HIGH SCHOOL	1480
CONCORD HIGH SCHOOL	1153	MONTGOMERY HIGH SCHOOL	1394		
ELSIE ALLEN HIGH SCHOOL	1158	MT DIABLO HIGH SCHOOL	1175		

DIVISION III 801-1140

ACALANES HIGH SCHOOL	975	EL CERRITO HIGH SCHOOL	1045	NOVATO HIGH SCHOOL	886
ALBANY HIGH SCHOOL	856	EL MOLINO HIGH SCHOOL	817	PINER HIGH SCHOOL	1014
ALHAMBRA HIGH SCHOOL	1000	ENCINAL HIGH SCHOOL	856	REDWOOD HIGH SCHOOL	1062
ANALY HIGH SCHOOL	980	HEALDSBURG HIGH SCHOOL	808	SAN LORENZO HIGH SCHOOL	1124
BISHOP O'DOWD HIGH SCHOOL	810	HERCULES HIGH SCHOOL	860	SAN MARIN HIGH SCHOOL	837
CAMPOLINDO HIGH SCHOOL	958	JOHN F. KENNEDY - FREMONT	983	TAMALPAIS HIGH SCHOOL	885
DE ANZA HIGH SCHOOL	958	LOWER LAKE HIGH SCHOOL	1125	WINDSOR HIGH SCHOOL	1023
DEL NORTE HIGH SCHOOL	0**	MARIA CARRILLO HIGH SCHOOL	1110	YGNACIO VALLEY HIGH SCHOOL	1129
DUBLIN HIGH SCHOOL	969	MIRAMONTE HIGH SCHOOL	1055		

DIVISION IV - 351-800

ARCATA HIGH SCHOOL	715	KELSEYVILLE HIGH SCHOOL	469	ST. HELENA HIGH SCHOOL	379
CARDINAL NEWMAN HIGH SCHOOL	626	MARIN CATHOLIC HIGH SCHOOL	545	ST. JOSEPH NOTRE DAME HIGH	385
CLEAR LAKE HIGH SCHOOL	360	MCKINLEYVILLE HIGH SCHOOL	602	ST. MARY'S COLLEGE HIGH SCHOOL	465
FORT BRAGG HIGH SCHOOL	435	MIDDLETOWN HIGH SCHOOL	393	ST. PATRICK/ST. VINCENT HIGH	483
FORTUNA HIGH SCHOOL	798	MOREAU CATHOLIC HIGH SCHOOL	733	TERRA LINDA HIGH SCHOOL	771
HOLY NAMES HIGH SCHOOL	410	PIEDMONT HIGH SCHOOL	746	UNIVERSITY PREP CHARTER ACADEMY	417
JOHN F. KENNEDY H.S. - RICHMOND	671	SALESIAN HIGH SCHOOL	412	URSULINE HIGH SCHOOL	548
JOHN SWETT HIGH SCHOOL	475	SAN RAFAEL HIGH SCHOOL	718	WILLITS HIGH SCHOOL	462
JUSTIN-SIENA HIGH SCHOOL	477	SIR FRANCIS DRAKE HIGH SCHOOL	786		

DIVISION V - 350 AND FEWER

ANDERSON VALLEY HIGH SCHOOL	114	HANNA BOYS CENTER	42	POINT ARENA HIGH SCHOOL	137
ARROWSMITH ACADEMY	0**	HEAD-ROYCE SCHOOL	235	POTTER VALLEY HIGH SCHOOL	69
ATHENIAN SCHOOL	225	HERITAGE HIGH SCHOOL	300	REDWOOD ADVENTIST ACADEMY	34
BAY SCHOOL OF SAN FRANCISCO	0**	HOOPA VALLEY HIGH SCHOOL	177	RINCON VALLEY CHRISTIAN HIGH	145
BENTLEY UPPER SCHOOL	214	INTERNATIONAL HIGH SCHOOL FAIS	230	RIO LINDO ADVENTIST ACADEMY	0**
BEREAN CHRISTIAN HIGH SCHOOL	311	JEWISH COMMUNITY HIGH SCHOOL	0**	ROSELAND UNIVERSITY PREP	0**
BRANSON SCHOOL	244	LAYTONVILLE HIGH SCHOOL	127	ROUND VALLEY HIGH SCHOOL	80
CALIFORNIA SCHOOL FOR THE DEAF	150	LEADERSHIP HIGH SCHOOL	289	SAN DOMENICO HIGH SCHOOL	224
CALISTOGA JR/SR HIGH SCHOOL	170	LEADERSHIP PUBLIC SCH RICHOMD	129	SAN FRANCISCO UNIVERSITY H. S.	296
CHINESE CHRISTIAN SCHOOL	161	LEGGETT VALLEY HIGH SCHOOL	32	SAN FRANCISCO WALDORF HIGH	81
CHRISTIAN CENTER	16	LICK WILMERDING HIGH SCHOOL	296	SANTA ROSA CHRISTIAN SCHOOL	73
CHRISTIAN HIGH SCHOOL CLM	25	LIONEL WILSON COLLEGE PREP ACAD	141	SONOMA ACADEMY	114
CLOVERDALE HIGH SCHOOL	307	MARIN ACADEMY HIGH SCHOOL	296	SOUTH FORK HIGH SCHOOL	266
COLLEGE PREPARATORY SCHOOL	245	MARIN SCHOOL	80	SOUTHERN TRINITY HIGH SCHOOL	34
CONTRA COSTA CHRISTIAN HIGH	85	MARIN SCHOOL OF ARTS &	91	ST. BERNARD CATHOLIC SCHOOL	91
CONVENT OF THE SACRED HEART HS	143	MATTOLE TRIPLE JUNCTION HIGH	16	ST. ELIZABETH HIGH SCHOOL	203
CRYSTAL SPRINGS UPLANDS SCHOOL	180	MENDOCINO HIGH SCHOOL	253	ST. VINCENT HIGH SCHOOL	280
DEEP VALLEY CHRISTIAN SCHOOL	34	NAPA CHRISTIAN HIGH SCHOOL	33	STUART HALL HIGH SCHOOL	129
DREW SCHOOL	182	NORTH BAY CHRISTIAN ACADEMY	23	SUMMERFIELD WALDORF of SANTA	0**
EAST BAY WALDORF SCHOOL	34	NORTHCOAST PREPARATORY ACADEMY	53	TOMALES HIGH SCHOOL	160
EMERY HIGH SCHOOL	131	OAKLAND MILITARY INSTITUTE	84	UPPER LAKE HIGH SCHOOL	320
FERNDALE HIGH SCHOOL	125	ORINDA ACADEMY	77	URBAN SCHOOL OF SAN FRANCISCO	193
FULL CIRCLE MARIN SCHOOL	0**	PACIFIC UNION COLLEGE PREP	60	WOOD ROSE PREPARATORY SCHOOL	12
GATEWAY HIGH SCHOOL	321	PESCADERO HIGH SCHOOL	54		
GEYSERVILLE HIGH SCHOOL	68	PLEASANT HILL ADVENTIST ACADEMY	54		

**No CBED information received in 2004-05

DIVISION I - 1500 & ABOVE

AMADOR VALLEY HIGH SCHOOL	1660	JAMES LOGAN HIGH SCHOOL	3158	RANCHO COTATE HIGH SCHOOL	1511
ANTIOCH HIGH SCHOOL	2050	LIBERTY HIGH SCHOOL	1825	SAN LEANDRO HIGH SCHOOL	1903
BERKELEY HIGH SCHOOL	2399	MISSION SAN JOSE HIGH SCHOOL	1516	SAN RAMON VALLEY HIGH SCHOOL	1518
CALIFORNIA HIGH SCHOOL	1752	MONTE VISTA HIGH SCHOOL	1676	WASHINGTON HIGH SCHOOL	1512
CASTRO VALLEY HIGH SCHOOL	1895	MT EDEN HIGH SCHOOL	0**		
DE LA SALLE HIGH SCHOOL	1500	NEWARK MEMORIAL HIGH SCHOOL	1538		
DEER VALLEY HIGH SCHOOL	2414	PETALUMA HIGH SCHOOL	1601		
FOOTHILL HIGH SCHOOL	1661	PITTSBURG HIGH SCHOOL	1791		

DIVISION II 1150-1499

ALAMEDA HIGH SCHOOL	1351	FREEDOM HIGH SCHOOL	1460	PINOLE VALLEY HIGH SCHOOL	0**
AMERICAN HIGH SCHOOL	1420	GRANADA HIGH SCHOOL	1467	RICHMOND HIGH SCHOOL	1329
ARROYO HIGH SCHOOL	1368	HAYWARD HIGH SCHOOL	1499	SANTA ROSA HIGH SCHOOL	1450
CARONDELET HIGH SCHOOL	1242	IRVINGTON HIGH SCHOOL	1441	SONOMA VALLEY HIGH SCHOOL	1178
CASA GRANDE HIGH SCHOOL	1299	LAS LOMAS HIGH SCHOOL	1267	TENNYSON HIGH SCHOOL	1276
CLAYTON VALLEY HIGH SCHOOL	1442	LIVERMORE HIGH SCHOOL	1478	UKIAH HIGH SCHOOL	1480
COLLEGE PARK HIGH SCHOOL	1499	MONTGOMERY HIGH SCHOOL	1394		
CONCORD HIGH SCHOOL	1153	MT DIABLO HIGH SCHOOL	1175		
ELSIE ALLEN HIGH SCHOOL	1158	NORTHGATE HIGH SCHOOL	1206		

DIVISION III - 811-1149

ACALANES HIGH SCHOOL	975	EL MOLINO HIGH SCHOOL	817	PINER HIGH SCHOOL	1014
ALBANY HIGH SCHOOL	856	ENCINAL HIGH SCHOOL	856	REDWOOD HIGH SCHOOL	1062
ALHAMBRA HIGH SCHOOL	1000	EUREKA HIGH SCHOOL	1146	SAN LORENZO HIGH SCHOOL	1124
ANALY HIGH SCHOOL	980	HERCULES HIGH SCHOOL	860	SAN MARIN HIGH SCHOOL	837
CAMPOLINDO HIGH SCHOOL	958	JOHN F. KENNEDY - FREMONT	983	TAMALPAIS HIGH SCHOOL	885
DE ANZA HIGH SCHOOL	958	LOWER LAKE HIGH SCHOOL	1125	WINDSOR HIGH SCHOOL	1023
DEL NORTE HIGH SCHOOL	0**	MARIA CARRILLO HIGH SCHOOL	1110	YGNACIO VALLEY HIGH SCHOOL	1129
DUBLIN HIGH SCHOOL	969	MIRAMONTE HIGH SCHOOL	1055		
EL CERRITO HIGH SCHOOL	1045	NOVATO HIGH SCHOOL	886		

DIVISION IV - 351-810

ARCATA HIGH SCHOOL	715	JUSTIN-SIENA HIGH SCHOOL	477	ST. HELENA HIGH SCHOOL	379
BISHOP O'DOWD HIGH SCHOOL	810	KELSEYVILLE HIGH SCHOOL	469	ST. JOSEPH NOTRE DAME HIGH	385
CARDINAL NEWMAN HIGH SCHOOL	626	MARIN CATHOLIC HIGH SCHOOL	545	ST. MARY'S COLLEGE HIGH SCHOOL	465
CLEAR LAKE HIGH SCHOOL	360	MCKINLEYVILLE HIGH SCHOOL	602	ST. PATRICK/ST. VINCENT HIGH	483
FORT BRAGG HIGH SCHOOL	435	MIDDLETOWN HIGH SCHOOL	393	TERRA LINDA HIGH SCHOOL	771
FORTUNA HIGH SCHOOL	798	MOREAU CATHOLIC HIGH SCHOOL	733	UNIVERSITY PREP CHARTER ACADEMY	417
HEALDSBURG HIGH SCHOOL	808	PIEDMONT HIGH SCHOOL	746	URSULINE HIGH SCHOOL	548
HOLY NAMES HIGH SCHOOL	410	SALESIAN HIGH SCHOOL	412	WILLITS HIGH SCHOOL	462
JOHN F. KENNEDY H.S. - RICHMOND	671	SAN RAFAEL HIGH SCHOOL	718		
JOHN SWETT HIGH SCHOOL	475	SIR FRANCIS DRAKE HIGH SCHOOL	786		

DIVISION V - 350 AND FEWER

ANDERSON VALLEY HIGH SCHOOL	114	HANNA BOYS CENTER	42	POINT ARENA HIGH SCHOOL	137
ARROWSMITH ACADEMY	0**	HEAD-ROYCE SCHOOL	235	POTTER VALLEY HIGH SCHOOL	69
ATHENIAN SCHOOL	225	HERITAGE HIGH SCHOOL	300	REDWOOD ADVENTIST ACADEMY	34
BAY SCHOOL OF SAN FRANCISCO	0**	HOOPA VALLEY HIGH SCHOOL	177	RINCON VALLEY CHRISTIAN HIGH	145
BENTLEY UPPER SCHOOL	214	INTERNATIONAL HIGH SCHOOL FAIS	230	RIO LINDO ADVENTIST ACADEMY	0**
BEREAN CHRISTIAN HIGH SCHOOL	311	JEWISH COMMUNITY HIGH SCHOOL	0**	ROSELAND UNIVERSITY PREP	0**
BRANSON SCHOOL	244	LAYTONVILLE HIGH SCHOOL	127	ROUND VALLEY HIGH SCHOOL	80
CALIFORNIA SCHOOL FOR THE DEAF	150	LEADERSHIP HIGH SCHOOL	289	SAN DOMENICO HIGH SCHOOL	224
CALISTOGA JR/SR HIGH SCHOOL	170	LEADERSHIP PUBLIC SCH RICHOMD	129	SAN FRANCISCO UNIVERSITY H. S.	296
CHINESE CHRISTIAN SCHOOL	161	LEGGETT VALLEY HIGH SCHOOL	32	SAN FRANCISCO WALDORF HIGH	81
CHRISTIAN CENTER	16	LICK WILMERDING HIGH SCHOOL	296	SANTA ROSA CHRISTIAN SCHOOL	73
CHRISTIAN HIGH SCHOOL CLM	25	LIONEL WILSON COLLEGE PREP ACAD	141	SONOMA ACADEMY	114
CLOVERDALE HIGH SCHOOL	307	MARIN ACADEMY HIGH SCHOOL	296	SOUTH FORK HIGH SCHOOL	266
COLLEGE PREPARATORY SCHOOL	245	MARIN SCHOOL	80	SOUTHERN TRINITY HIGH SCHOOL	34
CONTRA COSTA CHRISTIAN HIGH	85	MARIN SCHOOL OF ARTS &	91	ST. BERNARD CATHOLIC SCHOOL	91
CONVENT OF THE SACRED HEART HS	143	MATTOLE TRIPLE JUNCTION HIGH	16	ST. ELIZABETH HIGH SCHOOL	203
CRYSTAL SPRINGS UPLANDS SCHOOL	180	MENDOCINO HIGH SCHOOL	253	ST. VINCENT HIGH SCHOOL	280
DEEP VALLEY CHRISTIAN SCHOOL	34	NAPA CHRISTIAN HIGH SCHOOL	33	STUART HALL HIGH SCHOOL	129
DREW SCHOOL	182	NORTH BAY CHRISTIAN ACADEMY	23	SUMMERFIELD WALDORF of SANTA	0**
EAST BAY WALDORF SCHOOL	34	NORTHCOAST PREPARATORY ACADEMY	53	TOMALES HIGH SCHOOL	160
EMERY HIGH SCHOOL	131	OAKLAND MILITARY INSTITUTE	84	UPPER LAKE HIGH SCHOOL	320
FERNDALE HIGH SCHOOL	125	ORINDA ACADEMY	77	URBAN SCHOOL OF SAN FRANCISCO	193
FULL CIRCLE MARIN SCHOOL	0**	PACIFIC UNION COLLEGE PREP	60	WOOD ROSE PREPARATORY SCHOOL	12
GATEWAY HIGH SCHOOL	321	PESCADERO HIGH SCHOOL	54		
GEYSERVILLE HIGH SCHOOL	68	PLEASANT HILL ADVENTIST ACADEMY	54		

**No CBED information received in 2004-05

ATTACHMENT E₄**FOOTBALL CLASSIFICATIONS 2005-06**

BASED ON 2004-05 CBEDS ENROLLMENT - GRADES 9-11

4A CLASSIFICATION (~~1,576~~ 1,631 AND ABOVE)

AMADOR VALLEY HIGH SCHOOL	1853	DE LA SALLE HIGH SCHOOL	1534p	MT. EDEN HIGH SCHOOL	1833**
ANTIOCH HIGH SCHOOL	2233	FOOTHILL HIGH SCHOOL	1746	NEWARK MEMORIAL HIGH SCHOOL	1644
BERKELEY HIGH SCHOOL	2457	FREEDOM HIGH SCHOOL	1657	PITTSBURG HIGH SCHOOL	1954
CALIFORNIA HIGH SCHOOL	1880	JAMES LOGAN HIGH SCHOOL	3279	SAN LEANDRO HIGH SCHOOL	2060
CASTRO VALLEY HIGH SCHOOL	2140	LIBERTY HIGH SCHOOL	2221	SAN RAMON VALLEY HIGH SCHOOL	1643
COLLEGE PARK HIGH SCHOOL	1674	LIVERMORE HIGH SCHOOL	1632		
DEER VALLEY HIGH SCHOOL	2760	MONTE VISTA HIGH SCHOOL	1832		

3A EAST BAY CLASSIFICATION (~~1,226~~ 1,276 - ~~1,575~~ 1,630)

ALAMEDA HIGH SCHOOL	1433	GRANADA HIGH SCHOOL	1597	RICHMOND HIGH SCHOOL	1473
ALHAMBRA HIGH SCHOOL	1079p	HAYWARD HIGH SCHOOL	1598	SAN LORENZO HIGH SCHOOL	1283
AMERICAN HIGH SCHOOL	1610	IRVINGTON HIGH SCHOOL	1610	TENNYSON HIGH SCHOOL	1389
ARROYO HIGH SCHOOL	1472	LAS LOMAS HIGH SCHOOL	1323	WASHINGTON HIGH SCHOOL	1625
CLAYTON VALLEY HIGH SCHOOL	1471	MISSION SAN JOSE HIGH SCHOOL	1583		
CONCORD HIGH SCHOOL	1277	MT DIABLO HIGH SCHOOL	1335		
DUBLIN HIGH SCHOOL	1028p	PINOLE VALLEY HIGH SCHOOL	1386**		

3A REDWOOD EMPIRE CLASSIFICATION (~~1,001~~ 1,041 AND ABOVE)

CARDINAL NEWMAN HIGH SCHOOL	692p	MARIA CARRILLO HIGH SCHOOL	1210	REDWOOD HIGH SCHOOL	1183
CASA GRANDE HIGH SCHOOL	1486	MONTGOMERY HIGH SCHOOL	1509	SANTA ROSA HIGH SCHOOL	1511
ELSIE ALLEN HIGH SCHOOL	1110	PETALUMA HIGH SCHOOL	1425	SONOMA VALLEY HIGH SCHOOL	1245
EUREKA HIGH SCHOOL	1359	PINER HIGH SCHOOL	1049	UKIAH HIGH SCHOOL	1575
LOWER LAKE HIGH SCHOOL	1221	RANCHO COTATE HIGH SCHOOL	1687	WINDSOR HIGH SCHOOL	1144

2A EAST BAY CLASSIFICATION (541 - ~~1,225~~ 1,275)

ACALANES HIGH SCHOOL	1048	ENCINAL HIGH SCHOOL	938	MOREAU CATHOLIC HIGH SCHOOL	731
ALBANY HIGH SCHOOL	944	HERCULES HIGH SCHOOL	950	NORTHGATE HIGH SCHOOL	1232
BISHOP O'DOWD HIGH SCHOOL	884	HERITAGE HIGH SCHOOL	650	PIEDMONT HIGH SCHOOL	737
CAMPOLINDO HIGH SCHOOL	994	JOHN F. KENNEDY - FREMONT	1068	ST. MARY'S COLLEGE HIGH SCHOOL	481p
DE ANZA HIGH SCHOOL	1032	JOHN F. KENNEDY H.S.- RICHMOND	779	ST. PATRICK/ST. VINCENT HIGH	497p
EL CERRITO HIGH SCHOOL	1135	MIRAMONTE HIGH SCHOOL	1075	YGNACIO VALLEY HIGH SCHOOL	1179

2A REDWOOD EMPIRE CLASSIFICATION (541 - ~~1,000~~ 1,040)

ANALY HIGH SCHOOL	1034	HEALDSBURG HIGH SCHOOL	902	SIR FRANCIS DRAKE HIGH SCHOOL	846
ARCATA HIGH SCHOOL	751	MCKINLEYVILLE HIGH SCHOOL	622	TAMALPAIS HIGH SCHOOL	886
DEL NORTE HIGH SCHOOL	935**	NOVATO HIGH SCHOOL	906	TERRA LINDA HIGH SCHOOL	800
EL MOLINO HIGH SCHOOL	848	SAN MARIN HIGH SCHOOL	858		
FORTUNA HIGH SCHOOL	867	SAN RAFAEL HIGH SCHOOL	831		

A CLASSIFICATION (~~236~~ 251 - 540)

BEREAN CHRISTIAN HIGH SCHOOL	319	JUSTIN-SIENA HIGH SCHOOL	482	ST. VINCENT HIGH SCHOOL	300
CLEAR LAKE HIGH SCHOOL	426	KELSEYVILLE HIGH SCHOOL	530	UPPER LAKE HIGH SCHOOL	354
CLOVERDALE HIGH SCHOOL	333	MARIN CATHOLIC HIGH SCHOOL	536	WILLITS HIGH SCHOOL	523
FERNDALE HIGH SCHOOL	115p	MIDDLETOWN HIGH SCHOOL	410		
FORT BRAGG HIGH SCHOOL	464	SALESIAN HIGH SCHOOL	449		
JOHN SWETT HIGH SCHOOL	519	ST. HELENA HIGH SCHOOL	381		

B CLASSIFICATION (~~235~~ 251 AND BELOW)

ANDERSON VALLEY HIGH SCHOOL	122	HOOPA VALLEY HIGH SCHOOL	190	ROUND VALLEY HIGH SCHOOL	94
CALIFORNIA SCHOOL FOR THE DEAF	154	LAYTONVILLE HIGH SCHOOL	135	SOUTH FORK HIGH SCHOOL	248
CALISTOGA JR/SR HIGH SCHOOL	170	MENDOCINO HIGH SCHOOL	241	ST. BERNARD CATHOLIC SCHOOL	96
DEEP VALLEY CHRISTIAN SCHOOL	30	POINT ARENA HIGH SCHOOL	142	ST. ELIZABETH HIGH SCHOOL	216
EMERY HIGH SCHOOL	176	POTTER VALLEY HIGH SCHOOL	76	TOMALES HIGH SCHOOL	178

*No CBED information received in 2004-05.

**North Coast Section Fall Soccer Classifications 2005-06
9-11**

B-Boys Only
G-Girls Only

CLASS 3A(501 & Above)

ANALY HIGH SCHOOL	1034
ARCATA HIGH SCHOOL	751
CARDINAL NEWMAN HIGH SCHOOL	692-B
CASA GRANDE HIGH SCHOOL	1486
DEL NORTE HIGH SCHOOL	0(935)
EL MOLINO HIGH SCHOOL	848
ELSIE ALLEN HIGH SCHOOL	1110
EUREKA HIGH SCHOOL	1359
FORTUNA HIGH SCHOOL	867
HEALDSBURG HIGH SCHOOL	902
KELSEYVILLE HIGH SCHOOL	530
LOWER LAKE HIGH SCHOOL	1221
MARIA CARRILLO HIGH SCHOOL	1210
MARIN CATHOLIC HIGH SCHOOL	536-B
MCKINLEYVILLE HIGH SCHOOL	622
MONTGOMERY HIGH SCHOOL	1509
NOVATO HIGH SCHOOL	906-B
PETALUMA HIGH SCHOOL	1425
PINER HIGH SCHOOL	1049
RANCHO COTATE HIGH SCHOOL	1687
REDWOOD HIGH SCHOOL	1183-B
SAN MARIN HIGH SCHOOL	858-B
SAN RAFAEL HIGH SCHOOL	831-B
SANTA ROSA HIGH SCHOOL	1511
SIR FRANCIS DRAKE HIGH SCHOOL	846-B
SONOMA VALLEY HIGH SCHOOL	1245
TAMALPAIS HIGH SCHOOL	886-B
TERRA LINDA HIGH SCHOOL	800-B
UKIAH HIGH SCHOOL	1575
URSULINE HIGH SCHOOL	548
WILLITS HIGH SCHOOL	523
WINDSOR HIGH SCHOOL	1144

CLASS A (500 and Below)

ANDERSON VALLEY HIGH SCHOOL	122
ATHENIAN SCHOOL	223-B
BENTLEY UPPER SCHOOL	246-B
BRANSON SCHOOL	234-B
CALISTOGA JR/SR HIGH SCHOOL	170
CHINESE CHRISTIAN SCHOOL	154
CLEAR LAKE HIGH SCHOOL	426
CLOVERDALE HIGH SCHOOL	333-B
COLLEGE PREPARATORY SCHOOL	247-B
CONTRA COSTA CHRISTIAN HIGH SCHOOL	116-B
CRYSTAL SPRINGS UPLANDS SCHOOL	191-B
DREW SCHOOL	188-B
EAST BAY WALDORF SCHOOL	50-B
EMERY HIGH SCHOOL	176-B
FERNDALE HIGH SCHOOL	115
FORT BRAGG HIGH SCHOOL	464
INTERNATIONAL HIGH SCHOOL FAIS	250-B
GATEWAY HIGH SCHOOL	329-B
GEYSERVILLE HIGH SCHOOL	77-B
HEAD-ROYCE SCHOOL	248-B
HOOPA VALLEY HIGH SCHOOL	190-G
JUSTIN-SIENA HIGH SCHOOL	482-B
LAYTONVILLE HIGH SCHOOL	135
LEADERSHIP HIGH SCHOOL	300-B
LICK WILMERDING HIGH SCHOOL	317-B
MARIN ACADEMY HIGH SCHOOL	307-B
MENDOCINO HIGH SCHOOL	241
MIDDLETOWN HIGH SCHOOL	410
ORINDA ACADEMY	76-B
PESCADERO HIGH SCHOOL	63-B
POINT ARENA HIGH SCHOOL	142

POTTER VALLEY HIGH SCHOOL	76-G
RINCON VALLEY CHRISTIAN HIGH SCHOOL	131
RIO LINDO ADVENTIST ACADEMY	0(101)-B
ROSELAND UNIVERSITY PREP	78-B
SAN DOMENICO HIGH SCHOOL	252
SAN FRANCISCO UNIVERSITY H. S.	300-B
SAN FRANCISCO WALDORF HIGH SCHOOL	90-B
SONOMA ACADEMY	109
SOUTH FORK HIGH SCHOOL	248
ST. BERNARD CATHOLIC SCHOOL	96-G
ST. HELENA HIGH SCHOOL	381
ST. VINCENT HIGH SCHOOL	300
STUART HALL HIGH SCHOOL	133-B
TOMALES HIGH SCHOOL	178
UPPER LAKE HIGH SCHOOL	354
URBAN SCHOOL OF SAN FRANCISCO	200-B

**NORTH COAST SECTION, CIF
2005-2006 WINTER SOCCER CLASSIFICATIONS
March 2005
9-11**

ATTACHMENT E₆

G = Girls Only
B = Boys Only
P = Petition

CLASS 2A (1,400 or less) 31

ACALANES HIGH SCHOOL	1048
ALBANY HIGH SCHOOL	944
ALHAMBRA HIGH SCHOOL	1079
BEREAN CHRISTIAN HIGH SCHOOL	319
BISHOP O'DOWD HIGH SCHOOL	884
CAMPOLINDO HIGH SCHOOL	994
CONCORD HIGH SCHOOL	1277
DE ANZA HIGH SCHOOL	1032
DUBLIN HIGH SCHOOL	1028
EL CERRITO HIGH SCHOOL	1135
ENCINAL HIGH SCHOOL	938
HERCULES HIGH SCHOOL	950
HOLY NAMES HIGH SCHOOL - G	428
JOHN F. KENNEDY - FREMONT	1068
JOHN F. KENNEDY H.S.- RICHMOND	779
JOHN SWETT HIGH SCHOOL	519

LAS LOMAS HIGH SCHOOL	1323
MIRAMONTE HIGH SCHOOL	1075
MOREAU CATHOLIC HIGH SCHOOL	731
MT DIABLO HIGH SCHOOL	1335
NORTHGATE HIGH SCHOOL	1232
PIEDMONT HIGH SCHOOL	737
PINOLE VALLEY HIGH SCHOOL	0(1386)
SALESIAN HIGH SCHOOL	449
SAN LORENZO HIGH SCHOOL	1283
ST. ELIZABETH HIGH SCHOOL - B	216
ST. JOSEPH NOTRE DAME HIGH SCHOOL	411
ST. MARY'S COLLEGE HIGH SCHOOL	481
ST. PATRICK/ST. VINCENT HIGH SCHOOL	497
TENNYSON HIGH SCHOOL	1389
YGNACIO VALLEY HIGH SCHOOL	1179

CLASS 3A (1401 or more) 30

ALAMEDA HIGH SCHOOL	1433
AMADOR VALLEY HIGH SCHOOL	1853
AMERICAN HIGH SCHOOL	1610
ANTIOCH HIGH SCHOOL	2233
ARROYO HIGH SCHOOL	1472
BERKELEY HIGH SCHOOL	2457
CALIFORNIA HIGH SCHOOL	1880
CARONDELET HIGH SCHOOL - G (P)	1280
CASTRO VALLEY HIGH SCHOOL	2140
CLAYTON VALLEY HIGH SCHOOL	1471
COLLEGE PARK HIGH SCHOOL	1674
DE LA SALLE HIGH SCHOOL - B	1534
DEER VALLEY HIGH SCHOOL	2760
FOOTHILL HIGH SCHOOL	1746
FREEDOM HIGH SCHOOL	1657
GRANADA HIGH SCHOOL	1597
HAYWARD HIGH SCHOOL	1598
IRVINGTON HIGH SCHOOL	1610

JAMES LOGAN HIGH SCHOOL	3279
LIBERTY HIGH SCHOOL	2221
LIVERMORE HIGH SCHOOL	1632
MISSION SAN JOSE HIGH SCHOOL	1583
MONTE VISTA HIGH SCHOOL	1832
MT EDEN HIGH SCHOOL	0(1833)
NEWARK MEMORIAL HIGH SCHOOL	1644
PITTSBURG HIGH SCHOOL	1954
RICHMOND HIGH SCHOOL	1473
SAN LEANDRO HIGH SCHOOL	2060
SAN RAMON VALLEY HIGH SCHOOL	1643
WASHINGTON HIGH SCHOOL	1625

2005-2006 NCS SOFTBALL CLASSIFICATIONS ENROLLMENT 9-11

ATTACHMENT E₇

3A EAST BAY SOFTBALL (1401-ABOVE)

ALAMEDA HIGH SCHOOL	1433	CASTRO VALLEY HS	2140	HAYWARD HIGH SCHOOL	1598	MT EDEN HIGH SCHOOL	0
AMADOR VALLEY HS	1853	CLAYTON VALLEY HIGH SCHOOL	1471	IRVINGTON HIGH SCHOOL	1610	NEWARK MEMORIAL HIGH SCHOOL	1644
AMERICAN HIGH SCHOOL	1610	COLLEGE PARK HIGH SCHOOL	1674	JAMES LOGAN HS	3279	PITTSBURG HIGH SCHOOL	1954
ANTIOCH HIGH SCHOOL	2233	DEER VALLEY HIGH SCHOOL	2760	LIBERTY HIGH SCHOOL	2221	RICHMOND HIGH SCHOOL	1473
ARROYO HIGH SCHOOL	1472	FOOTHILL HIGH SCHOOL	1746	LIVERMORE HIGH SCHOOL	1632	SAN LEANDRO HIGH SCHOOL	2060
BERKELEY HIGH SCHOOL	2457	FREEDOM HIGH SCHOOL	1657	MISSION SAN JOSE HS	1583	SAN RAMON VALLEY HIGH SCHOOL	1643
CALIFORNIA HIGH SCHOOL	1880	GRANADA HIGH SCHOOL	1597	MONTE VISTA HS	1832	WASHINGTON HIGH SCHOOL	1625

3A REDWOOD EMPIRE SOFTBALL (1001-ABOVE)

ANALY HIGH SCHOOL	1034	LOWER LAKE HIGH SCHOOL	1221	PINER HIGH SCHOOL	1049	SONOMA VALLEY HS	1245
CASA GRANDE HIGH SCHOOL	1486	MARIA CARRILLO HIGH SCHOOL	1210	RANCHO COTATE HS	1687	UKIAH HIGH SCHOOL	1575
ELSIE ALLEN HIGH SCHOOL	1110	MONTGOMERY HIGH SCHOOL	1509	REDWOOD HIGH SCHOOL	1183	WINDSOR HIGH SCHOOL	1144
EUREKA HIGH SCHOOL	1359	PETALUMA HIGH SCHOOL	1425	SANTA ROSA HS	1511		

2A EAST BAY SOFTBALL (541-1400)

ACALANES HIGH SCHOOL	1048	DE ANZA HIGH SCHOOL	1032	JOHN F. KENNEDY H.S.-(R)	779	PINOLE VALLEY HIGH SCHOOL	0
ALBANY HIGH SCHOOL	944	DUBLIN HIGH SCHOOL	1028	LAS LOMAS HIGH SCHOOL	1323	SAN LORENZO HIGH SCHOOL	1283
ALHAMBRA HIGH SCHOOL	1079	EL CERRITO HIGH SCHOOL	1135	MIRAMONTE HIGH SCHOOL	1075	TENNYSON HIGH SCHOOL	1389
BISHOP O'DOWD HS	884	ENCINAL HIGH SCHOOL	938	MOREAU CATHOLIC	731	YGNACIO VALLEY HIGH SCHOOL	1179
CAMPOLINDO HIGH SCHOOL	994	HERCULES HIGH SCHOOL	950	MT DIABLO HIGH SCHOOL	1335		
CARONDELET HIGH SCHOOL	1280	HERITAGE HIGH SCHOOL	650	NORTHGATE HIGH SCHOOL	1232		
CONCORD HIGH SCHOOL	1277	JOHN F. KENNEDY - (F)	1068	PIEDMONT HIGH SCHOOL	737		

2A REDWOOD EMPIRE SOFTBALL (541-1000)

ARCATA HIGH SCHOOL	751	HEALDSBURG HIGH SCHOOL	902	SAN MARIN HIGH SCHOOL	858	TERRA LINDA HIGH SCHOOL	800
DEL NORTE HIGH SCHOOL	0	MARIN CATHOLIC HIGH SCHOOL	536	SAN RAFAEL HIGH SCHOOL	831	URSULINE HIGH SCHOOL	548
EL MOLINO HIGH SCHOOL	848	MCKINLEYVILLE HIGH SCHOOL	622	SIR FRANCIS DRAKE	846		
FORTUNA HIGH SCHOOL	867	NOVATO HIGH SCHOOL	906	TAMALPAIS HS	886		

CLASS A SOFTBALL (251-540)

BEREAN CHRISTIAN HS	319	JUSTIN-SIENA HIGH SCHOOL	482	SAN FRANCISCO UNIV.	300	ST. VINCENT HIGH SCHOOL	300
CLEAR LAKE HIGH SCHOOL	426	KELSEYVILLE HIGH SCHOOL	530	SOUTH FORK HIGH SCHOOL	248	UPPER LAKE HIGH SCHOOL	354
CLOVERDALE HIGH SCHOOL	333	MARIN ACADEMY HIGH SCHOOL	307	ST. HELENA HIGH SCHOOL	381	WILLITS HIGH SCHOOL	523
FORT BRAGG HIGH SCHOOL	464	MIDDLETOWN HIGH SCHOOL	410	ST. JOSEPH NOTRE DAME	411		
HOLY NAMES HIGH SCHOOL	428	SALESIAN HIGH SCHOOL	449	ST. MARY'S COLLEGE	481		
JOHN SWETT HS	519	SAN DOMENICO HS	252	ST. PATRICK/ST. VINCENT	497		

CLASS B SOFTBALL(250 or LESS)

ANDERSON VALLEY HS	122	CHRISTIAN CENTER	32	LAYTONVILLE HIGH SCHOOL	135	RINCON VALLEY CHRISTIAN	131
ATHENIAN SCHOOL	223	COLLEGE PREPARATORY SCHOOL	247	LEADERSHIP PUBLIC SCH (R)	240	ROUND VALLEY HS	94
BAY SCHOOL OF S.F.	62	EMERY HIGH SCHOOL	176	MENDOCINO HIGH SCHOOL	241	SANTA ROSA CHRISTIAN SCHOOL	74
BENTLEY UPPER SCHOOL	246	FERNDALE HIGH SCHOOL	115	ORINDA ACADEMY	76	ST. BERNARD CATHOLIC SCHOOL	96
BRANSON SCHOOL	234	GEYSERVILLE HIGH SCHOOL	77	PESCADERO HIGH SCHOOL	63	ST. ELIZABETH HIGH SCHOOL	216
CA. SCHOOL FOR THE DEAF	154	HEAD-ROYCE SCHOOL	248	POINT ARENA HIGH SCHOOL	142	TOMALES HIGH SCHOOL	178
CALISTOGA JR/SR HS	170	HOOPA VALLEY HIGH SCHOOL	190	POTTER VALLEY HS	76	URBAN SCHOOL OF S.F.	200

**NORTH COAST SECTION, CIF
BOYS VOLLEYBALL CLASSIFICATIONS 2005-06
9-11**

CLASS I (1101 AND ABOVE)

ALAMEDA	1433	GRANADA	1597
AMADOR VALLEY	1853	JAMES LOGAN	3279
AMERICAN	1610	LAS LOMAS	1323
ANTIOCH	2233	LIBERTY	2221
BERKELEY	2457	LIVERMORE	1632
CALIFORNIA	1880	MISSION SAN JOSE	1583
CASTRO VALLEY	2140	MONTE VISTA	1832
CLAYTON VALLEY	1471	MT. DIABLO	1335
COLLEGE PARK	1674	NORTHGATE	1232
CONCORD	1277	PINOLE VALLEY	0(1386)
DE LA SALLE	1032	PITTSBURG	1954
DEER VALLEY	2760	REDWOOD	1183
EL CERRITO	1135	RICHMOND	1473
FOOTHILL	1746	SAN RAMON VALLEY	1643
FREEDOM	1657	WASHINGTON	1625
		YGNACIO VALLEY	1179

CLASS IV (1100 OR LESS)

ACALANES	1048	MOREAU CATHOLIC	731
ALHAMBRA	1079	NOVATO	906
BENTLEY UPPER SCHOOL	246	RIO LINDO ADVENTIST ACADEMY	0(101)
CAMPOLINDO	994	SALESIAN	449
CHINESE CHRISTIAN SCHOOL	154	SAN MARIN	858
CRYSTAL SPRINGS UPLANDS	191	SIR FRANCIS DRAKE	846
DE ANZA	1032	ST. ELIZABETH	216
DUBLIN	1028	ST. JOSEPH NOTRE DAME	411
ENCINAL	938	ST. MARY'S COLLEGE	481
HEAD-ROYCE SCHOOL	248	TAMALPAIS	886
LICK WILMERDING	317	URBAN SCHOOL OF SF	200
MARIN CATHOLIC	536		
MIRAMONTE	1075		

**2006 NCS/LES SCHWAB TIRES WRESTLING DUAL TEAM CHAMPIONSHIP CLASSIFICATIONS
(BASED ON 2003-04 Grades 9-11 CBEDS Enrollment)**

CLASS 3A EAST BAY (1,501 & ABOVE)

AMADOR VALLEY HIGH SCHOOL	1853	FOOTHILL HIGH SCHOOL	1746	MONTE VISTA HIGH SCHOOL	1832
AMERICAN HIGH SCHOOL	1610	FREEDOM HIGH SCHOOL	1657	MT. EDEN HIGH SCHOOL	0**
ANTIOCH HIGH SCHOOL	2233	GRANADA HIGH SCHOOL	1597	NEWARK MEMORIAL HIGH SCHOOL	1644
BERKELEY HIGH SCHOOL	2457	HAYWARD HIGH SCHOOL	1598	PITTSBURG HIGH SCHOOL	1954
CALIFORNIA HIGH SCHOOL	1880	IRVINGTON HIGH SCHOOL	1610	SAN LEANDRO HIGH SCHOOL	2060
CASTRO VALLEY HIGH SCHOOL	2140	JAMES LOGAN HIGH SCHOOL	3279	SAN RAMON VALLEY HIGH SCHOOL	1643
COLLEGE PARK HIGH SCHOOL	1674	LIBERTY HIGH SCHOOL	2221	WASHINGTON HIGH SCHOOL	1625
DE LA SALLE HIGH SCHOOL	1534	LIVERMORE HIGH SCHOOL	1632		
DEER VALLEY HIGH SCHOOL	2760	MISSION SAN JOSE HIGH SCHOOL	1583		

CLASS 2A EAST BAY (541- 1,500)

ACALANES HIGH SCHOOL	1048	CONCORD HIGH SCHOOL	1277	MIRAMONTE HIGH SCHOOL	1075
ALAMEDA HIGH SCHOOL	1433	DUBLIN HIGH SCHOOL	1028	MT DIABLO HIGH SCHOOL	1335
ALBANY HIGH SCHOOL	944	HERCULES HIGH SCHOOL	950	NORTHGATE HIGH SCHOOL	1232
ALHAMBRA HIGH SCHOOL	1079	HERITAGE HIGH SCHOOL	650	PIEDMONT HIGH SCHOOL	737
ARROYO HIGH SCHOOL	1472	JOHN F. KENNEDY - FREMONT	1068	TENNYSON HIGH SCHOOL	1389
CAMPOLINDO HIGH SCHOOL	994	JOHN F. KENNEDY H.S.- RICHMOND	779	YGNACIO VALLEY HIGH SCHOOL	1179
CLAYTON VALLEY HIGH SCHOOL	1471	LAS LOMAS HIGH SCHOOL	1323		

CLASS REDWOOD EMPIRE (541 AND ABOVE)

ANALY HIGH SCHOOL	1034	LOWER LAKE HIGH SCHOOL	1221	SANTA ROSA HIGH SCHOOL	1511
ARCATA HIGH SCHOOL	751	MARIA CARRILLO HIGH SCHOOL	1210	SIR FRANCIS DRAKE HIGH SCHOOL	846
CARDINAL NEWMAN HIGH SCHOOL	692	MCKINLEYVILLE HIGH SCHOOL	622	SONOMA VALLEY HIGH SCHOOL	1245
CASA GRANDE HIGH SCHOOL	1486	MONTGOMERY HIGH SCHOOL	1509	TAMALPAIS HIGH SCHOOL	886
DEL NORTE HIGH SCHOOL	0**	NOVATO HIGH SCHOOL	906	TERRA LINDA HIGH SCHOOL	800
EL MOLINO HIGH SCHOOL	848	PETALUMA HIGH SCHOOL	1425	UKIAH HIGH SCHOOL	1575
ELSIE ALLEN HIGH SCHOOL	1110	PINER HIGH SCHOOL	1049	WINDSOR HIGH SCHOOL	1144
EUREKA HIGH SCHOOL	1359	REDWOOD HIGH SCHOOL	1183		
FORTUNA HIGH SCHOOL	867	SAN MARIN HIGH SCHOOL	858		
HEALDSBURG HIGH SCHOOL	902	SAN RAFAEL HIGH SCHOOL	831		

CLASS A (540 OR FEWER)

ANDERSON VALLEY HIGH SCHOOL	122	JUSTIN-SIENA HIGH SCHOOL	482	SAN FRANCISCO UNIVERSITY H. S.	300
ATHENIAN SCHOOL	223	KELSEYVILLE HIGH SCHOOL	530	SAN FRANCISCO WALDORF HIGH	90
CALIFORNIA SCHOOL FOR THE DEAF	154	LAYTONVILLE HIGH SCHOOL	135	SANTA ROSA CHRISTIAN SCHOOL	74
CALISTOGA JR/SR HIGH SCHOOL	170	MARIN CATHOLIC HIGH SCHOOL	536	SOUTH FORK HIGH SCHOOL	248
CLEAR LAKE HIGH SCHOOL	426	MENDOCINO HIGH SCHOOL	241	ST. BERNARD CATHOLIC SCHOOL	96
CLOVERDALE HIGH SCHOOL	333	MIDDLETOWN HIGH SCHOOL	410	ST. HELENA HIGH SCHOOL	381
DEEP VALLEY CHRISTIAN SCHOOL	30	POINT ARENA HIGH SCHOOL	142	ST. PATRICK/ST. VINCENT HIGH	497
FERNDALE HIGH SCHOOL	115	POTTER VALLEY HIGH SCHOOL	76	ST. VINCENT HIGH SCHOOL	300
FORT BRAGG HIGH SCHOOL	464	ROUND VALLEY HIGH SCHOOL	94	TOMALES HIGH SCHOOL	178
HOOPA VALLEY HIGH SCHOOL	190	SALESIAN HIGH SCHOOL	449	UPPER LAKE HIGH SCHOOL	354
JOHN SWETT HIGH SCHOOL	519	SAN DOMENICO HIGH SCHOOL	252	WILLITS HIGH SCHOOL	523

**No CBED information received in 2004-05.