



North Coast Section  
5 Crow Canyon Court, Suite 209  
San Ramon, CA 94583  
Phone: 925-263-2110  
Fax: 925-263-2120  
[www.cifnco.org](http://www.cifnco.org)

## 14-YEAR OLD VARSITY PARTICIPATION FORM

This form is to verify that the school has documentation on file stating approval by a doctor, the parents and the head football coach of each 14-year old student participating in varsity football listed below:

### CIF BYLAW

#### 1900. AGE REQUIREMENT

A student under 15 years of age may not participate in an interscholastic contest or scrimmage against the varsity team of another school. This bylaw may be waived by Section action provided the Section adopts criteria for such a waiver which shall include, but not be limited to, the following:

- A. Participant must be at least 14 years of age;
- B. A letter from a licensed medical practitioner that the student is able to compete at the varsity level;
- C. A signed consent statement from the parent(s)/guardian(s)/caregiver, allowing participation at the varsity level;
- D. A statement from the head coach that the student-athlete has the physical and mental maturity to compete at the varsity level;
- E. A statement of compliance must be forwarded by the principal to the respective Section Office verifying that all required documentation has been completed and is on file in the appropriate school office.

(Revised March 2004 Executive Committee)

STUDENT'S NAME

GRADE

DATE OF BIRTH

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**Principal's Signature:** \_\_\_\_\_

**Please Print Principal's Name:** \_\_\_\_\_

**DATE:** \_\_\_\_\_



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## **PARENT/GUARDIAN CONSENT FORM FOR 14-YEAR OLD VARSITY PARTICIPATION**

### **CIF BYLAW**

#### **1900. AGE REQUIREMENT**

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- D. A statement from the head coach that the student-athlete has the physical and mental maturity to compete at the varsity level;
- E. A statement of compliance must be forwarded by the principal to the respective Section Office verifying that all required documentation has been completed and is on file in the appropriate school office.

(Revised March 2004 Executive Committee)

**By signing the form below, we give permission for our 14-year-old student to participate in varsity football:**

**STUDENT'S NAME** \_\_\_\_\_

**SCHOOL:** \_\_\_\_\_

**PARENT/GUARDIAN SIGNATURE:** \_\_\_\_\_

**PARENT/GUARDIAN SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

**This form along with the above mentioned letters/statements must be on file with the school.**