

NORTH COAST SECTION

Protocols for Medical Coverage

- I. **MEDICAL PERSONNEL (SITE COVERAGE)**
- A. Arrive a minimum of 15 minutes before the event.
 - B. Introduce yourself to Site Director – make presence known.
 - C. Identify yourself to respective coaches, officials, team trainers, physician, Emergency Medical Service (EMS) personnel, etc.
 - D. Provide basic first aid, secondary care, and disposition to injured participants, staff, or spectators **unless a school has their own medical coverage. Each school determines if they wish to use the services of the assigned approved medical provider.**
 - E. Apply appropriate taping, strapping, padding as necessary with available supplies.
 1. Supplies provided by athlete's respective school.
 - F. Coordinate Emergency Medical Services activity if necessary.
 1. Active EMS when appropriate.
 2. Send Site Director to activate EMS when ambulance is not on site (i.e. phone 911).
 3. Develop signal to activate EMS when Ambulance is on site.
 - G. Evaluate and treat injuries as they occur, or provide assistance to respective team staff (i.e. trainers, physicians). Supplement existing coverage.
 - H. Be visible and accessible.
 - I. Notify Site Director if change in level of coverage.
 - J. Provides appropriate equipment based on level of event (Collision, contact sport, non-contact and/or high participation activities).

EMS Personnel should provide the following:
Medical Kit and Ice*

*NCS will provide ice for large-scale events (cross country, wrestling and track events).
 - K. Know the location of the emergency phone(s).
- II. **NORTH COAST SECTION SITE DIRECTOR**
- A. Is aware of the assigned medical coverage at the event, and location of the assigned EMS personnel.
 - B. Knows locations of emergency phone(s) at each event.
 - C. Activates EMS as directed by EMS Personnel.
 - D. Is aware of EMS accessibility at each site (i.e., gates, and doors). Coordinates available personnel to provide safest and most efficient environments in the event of an emergency (i.e. security, crowd control, individual personnel responsibilities – have specific personnel to open gates/doors, direct ambulances, etc.).
- III. **INSTRUCTIONS FOR FILLING OUT NCS INJURY REPORT**
- A NCS injury report must be filled out if:
- An injury is incurred requiring ambulance transport for immediate emergency medical attention.
 - An injury is incurred where follow-up with X-rays or M.D. is indicated or recommended.
 - Athlete continues to compete after it is recommended by attending EMS Personnel that the athlete discontinues competing and these recommendations are ignored by coaches/athletes/parents.
 - Head injury.
 - Assigned medical personnel should coordinate with the site director to complete any injury or incident report.
 - Any injury report completed according to the above instructions must be submitted to the Site Director prior to leaving the game site.