

**1996**  
**NCS ARCO *am/pm***  
**CROSS COUNTRY**  
**CHAMPIONS RESULTS**

**NEWHALL PARK**  
**WALNUT CREEK**  
**NOVEMBER 23, 1996**

**1996 NCS ARCO am/pm Cross Country Championships  
Division I Girls Results**

3.00 Miles  
4.84 Kilometers

November 23, 1996  
Newhall Park, Walnut Creek

Course  
League  
Conference

3:00 PM

Key: Overall Place, Place within group, Team Place Name (Sex/Age or Grade), Time, (Mile Pace)

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©MacCross Country 1-800-PETE-MAC

<p>1 1 1 Julia Stamps (12) 16:46 (5:35) 2 2 2 Trina Cox (10) 18:05 (6:01) 3 3 3 Lindsay Johnson (9) 19:20 (6:26) 6 6 6 Katie Stafford (10) 19:48 (6:36) 21 21 20 Anathea Meade (9) 21:23 (7:07) 38 38 37 Julia Stoyanova (12) 22:41 (7:33) 39 39 38 Bryanna Harris (11) 22:43 (7:34)</p> <p>Total time for scoring runners: 1:35:22 Average time for scoring runners: 19:04</p> <p align="center"><b>Santa Rosa                    1                    Points: 32</b></p>	<p>9 9 9 Amanda Roberts ADVANCES (9) 20:22 (6:47) 16 16 16 Sofia VanLeeuwen (10) 21:09 (7:03) 26 26 25 Janet Morrison (10) 21:41 (7:13) 40 40 39 Brittany Matthews (10) 22:43 (7:34) 53 53 51 Anna Lee (11) 24:33 (8:11) 63 63 61 Jasmine Churchill (11) 26:58 (8:59)</p> <p>Total time for scoring runners: 1:50:28 Average time for scoring runners: 22:05</p> <p align="center"><b>Alameda                        5                    Points: 140</b></p>
<p>13 13 13 Katie Powers (11) 20:51 (6:57) 15 15 15 Erin Gillen (11) 20:56 (6:58) 19 19 19 Amy Judy (10) 21:18 (7:06) 22 22 21 Petra Kohler (10) 21:25 (7:08) 23 23 22 Sabrina Lee (10) 21:27 (7:09) 29 29 28 Lisa Bostijanick (11) 22:07 (7:22) 32 32 31 Babs Lake (11) 22:17 (7:25)</p> <p>Total time for scoring runners: 1:45:57 Average time for scoring runners: 21:11</p> <p align="center"><b>Acalanes                        2                    Points: 90</b></p>	<p>4 4 4 Linsey Henthorn ADVANCES (11) 19:25 (6:28) 25 25 24 Erin Ongman (10) 21:30 (7:10) 41 41 40 Lise Smith (12) 22:44 (7:34) 49 49 47 Annie Jack (10) 23:53 (7:57) 50 50 48 Austin Douglas (11) 24:03 (8:01)</p> <p>Total time for scoring runners: 1:51:35 Average time for scoring runners: 22:19</p> <p align="center"><b>Liberty                         6                    Points: 163</b></p>
<p>7 7 7 Jennifer Bridgeman ADVANCES (12) 19:57 (6:39) 14 14 14 Sky Baumbech (11) 20:55 (6:58) 17 17 17 Senhit Pirar (12) 21:14 (7:04) 28 28 27 Karen Wetzell (12) 21:59 (7:19) 33 33 32 Sara Paige (11) 22:18 (7:26) 36 36 35 Daniell Price (11) 22:29 (7:29) 43 43 42 Amanda Gurbe (12) 22:49 (7:36)</p> <p>Total time for scoring runners: 1:46:23 Average time for scoring runners: 21:16</p> <p align="center"><b>James Logan                    3                    Points: 97</b></p>	<p>5 5 5 Amy Loper-Riley ADVANCES (9) 19:29 (6:29) 27 27 26 Sky Gliatto (11) 21:42 (7:14) 34 34 33 Laura Johnson (10) 22:19 (7:26) 47 47 45 Sara Deleon (12) 23:15 (7:45) 58 58 56 Amy Hughes (12) 25:33 (8:31) 62 62 60 Heather Stephans (9) 26:50 (8:56)</p> <p>Total time for scoring runners: 1:52:18 Average time for scoring runners: 22:27</p> <p align="center"><b>Alhambra                        7                    Points: 165</b></p>
<p>8 8 8 Ashlee Nulty ADVANCES (9) 20:02 (6:40) 12 12 12 Kim Busby (11) 20:45 (6:55) 30 30 29 Katy Lowenkoph (10) 22:10 (7:23) 35 35 34 Liz Abbott (11) 22:24 (7:28) 37 37 36 Courtney Lee (9) 22:37 (7:32) 42 42 41 Jenny Sawdey (9) 22:47 (7:35) 44 44 43 Julia Shebby (9) 22:58 (7:39)</p> <p>Total time for scoring runners: 1:47:58 Average time for scoring runners: 21:35</p> <p align="center"><b>San Ramon                      4                    Points: 119</b></p>	<p>10 10 10 Oralia Coon (10) 20:41 (6:53) 31 31 30 Jessica Marr (10) 22:12 (7:24) 45 45 44 Charlotte Tracey (11) 23:11 (7:43) 51 51 49 Karen Wong (9) 24:05 (8:01) 52 52 50 Kristin Dunn (10) 24:18 (8:06) 61 61 59 Maida Cardenas (11) 26:38 (8:52)</p> <p>Total time for scoring runners: 1:54:27 Average time for scoring runners: 22:53</p> <p align="center"><b>Hayward                         8                    Points: 183</b></p>



1996 NCS ARCO am/pm Cross Country Championships  
Division I Girls Results

3.00 Miles  
4.84 Kilometers

November 23, 1996  
Newhall Park, Walnut Creek

Course  
League  
Conference

2:59 PM  
Page: 1

Key: Overall Place, Name (Grade), Team, Time, (Mile Pace)

©MacCross Country 1-800-PETE-MAC

1 Julia Stamps (12) Santa Rosa 16:46 (5:35)	63 Jasmine Churchill (11) Alameda 26:58 (8:59)
2 Trina Cox (10) Santa Rosa 18:05 (6:01)	64 Cori Cablk Healdsburg 31:17 (10:25)
3 Lindsay Johnson (9) Santa Rosa 19:20 (6:26)	65 Sonja Hedren (12) Healdsburg 31:17 (10:25)
4 Linsey Henthorn ADVANCES (11) Liberty 19:25 (6:28)	
5 Amy Loper-Riley ADVANCES (9) Alhambra 19:29 (6:29)	
6 Katie Stafford (10) Santa Rosa 19:48 (6:36)	
7 Jennifer Bridgeman ADVANCES (12) James Logan 19:57 (6:39)	
8 Ashlee Nulty ADVANCES (9) San Ramon 20:02 (6:40)	
9 Amanda Roberts ADVANCES (9) Alameda 20:22 (6:47)	
10 Oralia Coon (10) Hayward 20:41 (6:53)	
11 Ana Lopes (12) Antioch 20:44 (6:54)	
12 Kim Busby (11) San Ramon 20:45 (6:55)	
13 Katie Powers (11) Acalanes 20:51 (6:57)	
14 Sky Baumbech (11) James Logan 20:55 (6:58)	
15 Erin Gillen (11) Acalanes 20:56 (6:58)	
16 Sofia VanLeeuwen (10) Alameda 21:09 (7:03)	
17 Senhit Pirar (12) James Logan 21:14 (7:04)	
18 Sara Hernandez (11) Healdsburg 21:16 (7:05)	
19 Amy Judy (10) Acalanes 21:18 (7:06)	
20 Lauren Smith (12) Berkeley 21:22 (7:07)	
21 Anatheia Meade (9) Santa Rosa 21:23 (7:07)	
22 Petra Kohler (10) Acalanes 21:25 (7:08)	
23 Sabrina Lee (10) Acalanes 21:27 (7:09)	
24 Amy Hilliard (11) Antioch 21:28 (7:09)	
25 Erin Ongman (10) Liberty 21:30 (7:10)	
26 Janet Morrison (10) Alameda 21:41 (7:13)	
27 Sky Giatto (11) Alhambra 21:42 (7:14)	
28 Karen Wetzell (12) James Logan 21:59 (7:19)	
29 Lisa Bostjanick (11) Acalanes 22:07 (7:22)	
30 Katy Lowenkoph (10) San Ramon 22:10 (7:23)	
31 Jessica Marr (10) Hayward 22:12 (7:24)	
32 Babs Lake (11) Acalanes 22:17 (7:25)	
33 Sara Paige (11) James Logan 22:18 (7:26)	
34 Laura Johnson (10) Alhambra 22:19 (7:26)	
35 Liz Abbott (11) San Ramon 22:24 (7:28)	
36 Daniell Price (11) James Logan 22:29 (7:29)	
37 Courtney Lee (9) San Ramon 22:37 (7:32)	
38 Julia Stoyanova (12) Santa Rosa 22:41 (7:33)	
39 Bryanna Harris (11) Santa Rosa 22:43 (7:34)	
40 Brittany Matthews (10) Alameda 22:43 (7:34)	
41 Lise Smith (12) Liberty 22:44 (7:34)	
42 Jenny Sawdey (9) San Ramon 22:47 (7:35)	
43 Amanda Gurbe (12) James Logan 22:49 (7:36)	
44 Julia Shebby (9) San Ramon 22:58 (7:39)	
45 Charlotte Tracev (11) Hayward 23:11 (7:43)	
46 Hannah Sarvasy (10) Berkeley 23:13 (7:44)	
47 Sara Deleon (12) Alhambra 23:15 (7:45)	
48 Fiona Flanagan (12) Antioch 23:28 (7:49)	
49 Annie Jack (10) Liberty 23:53 (7:57)	
50 Austin Douglas (11) Liberty 24:03 (8:01)	
51 Karen Wong (9) Hayward 24:05 (8:01)	
52 Kristin Dunn (10) Hayward 24:18 (8:06)	
53 Anna Lee (11) Alameda 24:33 (8:11)	
54 Rachel Holmes (12) Healdsburg 24:35 (8:11)	
55 Sonya Gonzalez (10) Antioch 24:55 (8:18)	
56 Allison Iacopini (12) Antioch 25:02 (8:20)	
57 Jessica Lindevald (11) Antioch 25:02 (8:20)	
58 Amy Hughes (12) Alhambra 25:33 (8:31)	
59 Amy Ma (11) Healdsburg 26:05 (8:41)	
60 Yvette Romo (12) Antioch 26:27 (8:49)	
61 Maida Cardenas (11) Hayward 26:38 (8:52)	
62 Heather Stephans (9) Alhambra 26:50 (8:56)	