

**1997**

**NCS**

**ARCO *am/pm***

**Cross Country**

**Meet of**

**Champions**

**Results**

**1997 NCS ARCO am/pm Meet of Champions  
Division III Girls Results**

3.10 Miles  
5.00 Kilometers

November 22, 1997  
Ukiah High School, Ukiah, CA

Course  
League  
Conference

12:37 PM  
Page: 1

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Place	Team	Points	Places for Team Points (Overall Place-Name Time)
1	<b>Carondelet</b>	64	4 5 15 19 21 34 42 • (5-Meghan Andrade 20:46, 6-Kelly Piatanesi 21:13, 16-Kristen Hart 22:18, 20-Carolyn King 22:33, 22-Katie Nash 22:39, 36-Sarah MaCauley 23:16, 46-Andrea Carrillo 23:49, ) Total time: 1:49:29 Average time: 21:53
2	<b>Montgomery</b>	66	1 6 10 18 31 37 50 • (1-Sara Bei 19:09, 7-Diana Rancourt 21:25, 11-Sarah Bashel 21:42, 19-Shewit Haile 22:30, 32-April Malvino 23:01, 39-Alisha McCon 23:23, 55-Amy Bei 24:27, ) Total time: 1:47:47 Average time: 21:33
3	<b>Granada</b>	78	3 13 17 22 23 26 27 • (4-Julia Fischer ADVANCE 20:17, 14-Sarah Alaie 22:16, 18-Kelly Crampton 22:26, 23-Jill Tarver 22:42, 24-Amber Cano 22:43, 27-Jennifer Summers 22:56, 28-Lisa Tindle 22:57, ) Total time: 1:50:24 Average time: 22:04
4	<b>Moreau Catholic</b>	89	2 8 12 28 39 48 59 • (2-Lisa Gillis ADVANCE 19:42, 9-Amber Hendrix ADVANCE 21:30, 13-Terri O'Brien 22:07, 29-Courtney Burmann 22:58, 42-Nyssa Thomas 23:39, 52-Shawna Leppert 24:16, 66-Heather Kranitz 24:56, ) Total time: 1:49:56 Average time: 21:59
5	<b>College Park</b>	131	9 16 20 32 54 55 64 • (10-Monique Melara 21:41, 17-Erin Gerds 22:22, 21-Susie Goetz 22:35, 33-Laura Danner-Baird 23:03, 60-Mandie Dougherty 24:38, 61-Ruth Dowling 24:39, 72-Erin Elder 25:35, ) Total time: 1:54:19 Average time: 22:51
6	<b>Ukiah</b>	161	14 25 38 40 44 45 62 • (15-Iva Jo Otto 22:17, 26-Lenette Behnke 22:51, 40-Kelley Mahaffey 23:30, 44-Naomi Turner 23:45, 48-Lydia McGinn 24:01, 49-Koro Crofoot 24:07, 70-Becky Rowney 25:29, ) Total time: 1:56:24 Average time: 23:16
7	<b>Benicia</b>	223	11 36 53 58 65 81 • (12-Kirstin Odegaard 22:02, 38-Rachel Kipperman 23:22, 58-Anne Gulley 24:34, 64-Sarah Higgins 24:41, 73-Kristin Agostini 25:47, 91-Sara Chin 26:52, ) Total time: 2:00:26 Average time: 24:05
8	<b>Northgate</b>	227	7 33 49 56 82 • (8-Brooke Wheeland ADVANCE 21:26, 35-Katy Kvalvik 23:12, 54-Jaclyn Attard 24:25, 62-Hae Sun Nam 24:40, 92-Ellen Freytag 26:56, ) Total time: 2:00:39 Average time: 24:07
9	<b>Las Lomas</b>	260	24 35 51 73 77 86 • (25-Genevieve Casey 22:49, 37-Brooke Miller 23:20, 56-Natalie Freeman 24:28, 82-Tracey Guymon 26:34, 87-Dierde Devlin 26:47, 98-Erin Johnson 28:27, ) Total time: 2:03:58 Average time: 24:47
10	<b>Ygnacio Valley</b>	275	29 47 60 61 78 89 • (30-Shanita Bryant 23:00, 51-Melinda Eastman 24:15, 68-Sabrina Luo 25:01, 69-Jennie Waskey 25:17, 88-Molly Williams 26:48, 101-Marissa de la Torre 29:36, ) Total time: 2:04:21 Average time: 24:52
11	<b>Concord</b>	328	41 66 72 74 75 • (45-Angela Marvin 23:48, 75-Lisa Mattias 25:53, 81-Nikki Green 26:24, 84-Whitney Jorgensen 26:38, 85-Monica Bryant 26:42, ) Total time: 2:09:25 Average time: 25:53
12	<b>Rancho Cotate</b>	343	30 52 83 85 93 • (31-Jenny Charles 23:01, 57-Melissa Harvey 24:33, 93-Rachel Hightower 27:35, 96-Francesca Hopkins 28:00, 106-Manisha Hall 30:51, ) Total time: 2:14:00 Average time: 26:48
13	<b>Washington</b>	354	46 70 71 80 87 • (50-Claresse Mesa 24:10, 79-Sharlene Capas 26:10, 80-Jordan Holte 26:14, 90-Aimi Schultz 26:52, 99-Nanyamka Scott 29:10, ) Total time: 2:12:36 Average time: 26:31
14	<b>Petaluma</b>	374	67 68 76 79 84 • (76-Cristina Wilson 25:59, 77-Megan Hosey 26:04, 86-Breanna Vieira-Potter 26:43, 89-Emily Merriman 26:48, 95-Heather Noone 27:44, ) Total time: 2:13:18 Average time: 26:39

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Place	Team	Points	Places for Team Points (Overall Place-Name Time)
15	<b>Healdsburg</b>	380	43 63 88 92 94 • (47-Heidi Hendren 23:57, 71-Sara Hernandez 25:29, 100-Courtney Gallegher 29:15, 104-Lindsay Saffold 30:04, 107-Kate Howell 31:09, )  Total time: 2:19:54                      Average time: 27:58
16	<b>California</b>	402	57 69 90 91 95 • (63-Tatum Smith 24:41, 78-Sarah Soroken 26:07, 102-Janice Lee 29:49, 103-Elise Perez 29:56, 108-Sarikka Attoe 32:13, )  Total time: 2:22:46                      Average time: 28:33
	<b>Casa Grande</b>	0	• (43-Kim Ilian 23:45, )
	<b>El Cerrito</b>	0	• (34-Lache Bailey 23:06, 67-Nina Accornero 24:58, 74-Jenny McKnight 25:52, )
	<b>Elsie Allen</b>	0	• (41-Barbara Merris 23:34, 94-Estela Zamore 27:35, 97-Xochilt Gallegos 28:16, 105-Josephina Tellez 30:49, )
	<b>Irvington</b>	0	• (3-Katie Martin ADVANCE 19:57, 65-Elizabeth Phan 24:53, 83-Connie Chan 26:38, )
	<b>Sonoma Valley</b>	0	• (53-Elizabeth Pool 24:21, 59-Dana Gillespie 24:35, )

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Key: Overall Place, Name, Team, Time

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**Scoring Teams:**

1. Carondelet 64 (4 5 15 19 21 34 42)	
2. Montgomery 66 (1 6 10 18 31 37 50)	
3. Granada 78 (3 13 17 22 23 26 27)	
4. Moreau Catholic 89 (2 8 12 28 39 48 59)	
5. College Park 131 (9 16 20 32 54 55 64)	
6. Ukiah 161 (14 25 38 40 44 45 62)	
7. Benicia 223 (11 36 53 58 65 81)	
8. Northgate 227 (7 33 49 56 82)	
9. Las Lomas 260 (24 35 51 73 77 86)	
10. Ygnacio Valley 275 (29 47 60 61 78 89)	
11. Concord 328 (41 66 72 74 75)	
12. Rancho Cotate 343 (30 52 83 85 93)	
13. Washington 354 (46 70 71 80 87)	
14. Petaluma 374 (67 68 76 79 84)	
15. Healdsburg 380 (43 63 88 92 94)	
16. California 402 (57 69 90 91 95)	
1 Sara Bei (9), Montgomery	19:09
2 Lisa Gillis ADVANCE (12), Moreau Catholic	19:42
3 Katie Martin ADVANCE (11), Irvington	19:57
4 Julia Fischer ADVANCE (10), Granada	20:17
5 Meghan Andrade (11), Carondelet	20:46
6 Kelly Piatanesi (12), Carondelet	21:13
7 Diana Rancourt (12), Montgomery	21:25
8 Brooke Wheeland ADVANCE (12), Northgate	21:26
9 Amber Hendrix ADVANCE (9), Moreau Catholic	21:30
10 Monique Melara (11), College Park	21:41
11 Sarah Bashel (9), Montgomery	21:42
12 Kirstin Odegaard , Benicia	22:02
13 Terri O'Brien (12), Moreau Catholic	22:07
14 Sarah Alaie (10), Granada	22:16
15 Iva Jo Otto (10), Ukiah	22:17
16 Kristen Hart (12), Carondelet	22:18
17 Erin Gerdtz (10), College Park	22:22
18 Kelly Crampton (9), Granada	22:26
19 Shewit Haile (12), Montgomery	22:30
20 Carolyn King (12), Carondelet	22:33
21 Susie Goetz (12), College Park	22:35
22 Katie Nash (12), Carondelet	22:39
23 Jill Tarver (11), Granada	22:42
24 Amber Cano (11), Granada	22:43
25 Genevieve Casey , Las Lomas	22:49
26 Lenette Behnke (10), Ukiah	22:51
27 Jennifer Summers (11), Granada	22:56
28 Lisa Tindle (11), Granada	22:57
29 Courtney Burmann (10), Moreau Catholic	22:58
30 Shanita Bryant (10), Ygnacio Valley	23:00
31 Jenny Charles (10), Rancho Cotate	23:01
32 April Malvino (11), Montgomery	23:01
33 Laura Danner-Baird (12), College Park	23:03
34 Lache Bailey (12), El Cerrito	23:06
35 Katy Kvalvik (10), Northgate	23:12
36 Sarah MacCauley (10), Carondelet	23:16
37 Brooke Miller , Las Lomas	23:20
38 Rachel Kipperman , Benicia	23:22
39 Alisha McCon (12), Montgomery	23:23
40 Kelley Mahaffey (12), Ukiah	23:30
41 Barbara Merris (10), Elsie Allen	23:34
42 Nyssa Thomas (11), Moreau Catholic	23:39

43 Kim Illian (11), Casa Grande	23:45
44 Naomi Turner (10), Ukiah	23:45
45 Angela Marvin , Concord	23:48
46 Andrea Carrillo (11), Carondelet	23:49
47 Heidi Hendren , Healdsburg	23:57
48 Lydia McGinn (9), Ukiah	24:01
49 Koro Crofoot (11), Ukiah	24:07
50 Claressa Mesa (11), Washington	24:10
51 Melinda Eastman (9), Ygnacio Valley	24:15
52 Shawna Leppert (9), Moreau Catholic	24:16
53 Elizabeth Pool (11), Sonoma Valley	24:21
54 Jaclyn Attard (9), Northgate	24:25
55 Amy Bei (11), Montgomery	24:27
56 Natalie Freeman , Las Lomas	24:28
57 Melissa Harvey (10), Rancho Cotate	24:33
58 Anne Gulley , Benicia	24:34
59 Dana Gillespie (11), Sonoma Valley	24:35
60 Mandie Dougherty (10), College Park	24:38
61 Ruth Dowling (12), College Park	24:39
62 Hae Sun Nam (12), Northgate	24:40
63 Tatum Smith (11), California	24:41
64 Sarah Higgins , Benicia	24:41
65 Elizabeth Phan (10), Irvington	24:53
66 Heather Kranitz (12), Moreau Catholic	24:56
67 Nina Accornero (12), El Cerrito	24:58
68 Sabrina Luo (10), Ygnacio Valley	25:01
69 Jennie Waskey (10), Ygnacio Valley	25:17
70 Becky Rowney (12), Ukiah	25:29
71 Sara Hernandez , Healdsburg	25:29
72 Erin Elder (11), College Park	25:35
73 Kristin Agostini , Benicia	25:47
74 Jenny McKnight (10), El Cerrito	25:52
75 Lisa Mattias , Concord	25:53
76 Cristina Wilson , Petaluma	25:59
77 Megan Hosey , Petaluma	26:04
78 Sarah Soroken (12), California	26:07
79 Sharlene Capas (9), Washington	26:10
80 Jordan Holte (12), Washington	26:14
81 Nikki Green , Concord	26:24
82 Tracey Guymon , Las Lomas	26:34
83 Connie Chan (11), Irvington	26:38
84 Whitney Jorgensen , Concord	26:38
85 Monica Bryant , Concord	26:42
86 Breanna Vieira-Potter , Petaluma	26:43
87 Dierde Devlin , Las Lomas	26:47
88 Molly Williams (10), Ygnacio Valley	26:48
89 Emily Merriman , Petaluma	26:48
90 Aimi Schultz (12), Washington	26:52
91 Sara Chin , Benicia	26:52
92 Ellen Freytag (10), Northgate	26:56
93 Rachel Hightower (10), Rancho Cotate	27:35
94 Estela Zamore (9), Elsie Allen	27:35
95 Heather Noone , Petaluma	27:44
96 Francesca Hopkins (10), Rancho Cotate	28:00
97 Xochilt Gallegos (9), Elsie Allen	28:16
98 Erin Johnson , Las Lomas	28:27
99 Nanyamka Scott (10), Washington	29:10
100 Courtney Gallegher , Healdsburg	29:15
101 Marissa de la Torre (10), Ygnacio Valley	29:36
102 Janice Lee (10), California	29:49
103 Elise Perez (12), California	29:56
104 Lindsay Saffold , Healdsburg	30:04
105 Josephina Tellez (11), Elsie Allen	30:49
106 Manisha Hall (10), Rancho Cotate	30:51
107 Kate Howell , Healdsburg	31:09
108 Sarikka Attoe (10), California	32:13