

NORTH COAST SECTION, CIF

Cross Country Championships Top Ten

Hayward High School – 3.00 miles

Boys Division I

| | | | | |
|----|-----------------|--------------------|-------|------|
| 1. | Yosef Ghebray | James Logan H.S. | 14:48 | 2004 |
| 2. | Jack Leng | Castro Valley H.S. | 15:04 | 2007 |
| 3. | Wyatt Landrum | Liberty H.S. | 15:09 | 2007 |
| 4. | Dmitry Kislyuk | California H.S. | 15:13 | 2007 |
| 5. | Tom Cox | De La Salle H.S. | 15:18 | 2005 |
| 6. | Mike Roderick | Monte Vista H.S. | 15:19 | 2008 |
| 7. | Matt Fitch | Montgomery H.S. | 15:21 | 2002 |
| 8. | Bhavik Kanzaria | Monte Vista H.S. | 15:24 | 2007 |
| 9. | Alex Enscoe | Berkeley H.S. | 15:26 | 2002 |
| | Andy Peabody | College Park H.S. | 15:26 | 2006 |

Boys Division II

| | | | | |
|-----|---------------------|-----------------------|-------|------|
| 1. | Yong-Sung Leal | Arroyo H.S. | 14:38 | 2001 |
| 2. | Wyatt Landrum | Liberty H.S. | 14:47 | 2008 |
| 3. | Parker Deuel | San Ramon Valley H.S. | 15:05 | 2011 |
| 4. | Reese Byers | Santa Rosa H.S. | 15:09 | 2009 |
| 5. | Nathanael Litwiller | Clayton Valley H.S. | 15:10 | 2008 |
| 6. | Andrew Zellman | Ukiah H.S. | 15:15 | 2009 |
| 7. | Carl Damkowski | Granada H.S. | 15:18 | 2001 |
| 8. | Paul Holden | Ukiah H.S. | 15:20 | 2011 |
| 9. | Jeff Bickert | College Park H.S. | 15:23 | 2009 |
| 10. | Sterling Lockert | Petaluma H.S. | 15:24 | 2007 |

Boys Division III

| | | | | |
|-----|------------------|--------------------|-------|------|
| 1. | Erik Olson | Novato H.S. | 14:49 | 2009 |
| 2. | James Attarian | Dublin H.S. | 14:51 | 2007 |
| | Jake Schmitt | Redwood H.S. | 14:51 | 2004 |
| 4. | Thomas Joyce | Campolindo H.S. | 14:58 | 2011 |
| 5. | Luis Luna | Piner H.S. | 15:03 | 2011 |
| 6. | Sterling Lockert | Petaluma H.S. | 15:04 | 2008 |
| 7. | Luis Luna | Piner H.S. | 15:08 | 2009 |
| 8. | Robert Pulford | Campolindo H.S. | 15:10 | 2008 |
| 9. | Nate Beach | Acalanes H.S. | 15:11 | 2007 |
| 10. | Ben Gutierrez | Bishop O'Dowd H.S. | 15:12 | 2005 |
| | Erik Olson | Novato H.S. | 15:12 | 2008 |

Boys Division IV

| | | | | |
|-----|------------------|-------------------------|-------|------|
| 1. | Daniel Milechman | Tamalpais H.S. | 15:07 | 2009 |
| 2. | Crosby Freeman | Piedmont H.S. | 15:15 | 2001 |
| | Rory Kuykendall | Sir Francis Drake H.S. | 15:15 | 2001 |
| 4. | John Lawson | Sir Francis Drake H.S. | 15:17 | 2011 |
| | Dan Maxwell | St. Mary's College H.S. | 15:17 | 2009 |
| 6. | Dan Milechman | Tamalpais H.S. | 15:18 | 2008 |
| 7. | Mark Ceraldi | Piedmont H.S. | 15:24 | 2005 |
| 8. | Daniel Milechman | Tamalpais H.S. | 15:25 | 2010 |
| | Matt Duffy | St. Mary's College H.S. | 15:25 | 2006 |
| 10. | Kenny Smith | Willits H.S. | 15:36 | 2007 |

Boys Division V

| | | | | |
|-----|--------------------|--------------------------|-------|------|
| 1. | Gabe Arias-Sherida | St. Joseph Notre Dame | 15:16 | 2011 |
| 2. | Nick Neely | Crystal Springs Up. H.S. | 15:23 | 2002 |
| 3. | Sean Drake | S.F. University H.S. | 15:25 | 2001 |
| 4. | Nick Ratto | St. Joseph Notre Dame | 15:28 | 2011 |
| 5. | Josh MacDonald | Redwood Christian H.S. | 15:29 | 2009 |
| 6. | Connor Clark | S.F. University | 15:32 | 2011 |
| 7. | Trevor Reinhart | Marin Academy | 15:34 | 2011 |
| | Hank Carl | South Fork H.S. | 15:34 | 2007 |
| 9. | Victor Ho | Chinese Christian H.S. | 15:36 | 2007 |
| 10. | Steven Iglehart | Branson H.S. | 15:37 | 2008 |

Girls Division I

| | | | | |
|-----|--------------------|--------------------|-------|------|
| 1. | Amber Trotter | Ukiah H.S. | 16:15 | 2001 |
| 2. | Colleen Lillig | California H.S. | 17:30 | 2009 |
| 3. | Colleen Lillig | California H.S. | 17:38 | 2008 |
| 4. | Jena Pianin | Amador Valley H.S. | 17:41 | 2011 |
| 5. | Diribe Abdo | Berkeley H.S. | 17:49 | 2011 |
| 6. | Colleen Lillig | California H.S. | 17:54 | 2007 |
| 7. | Alycia Cridebring | College Park H.S. | 17:55 | 2007 |
| 8. | Alycia Cridebring | College Park H.S. | 17:56 | 2008 |
| | Diana George | Livermore H.S. | 17:56 | 2005 |
| 10. | Kelsey Santisteban | Castro Valley H.S. | 18:00 | 2010 |

Girls Division II

| | | | | |
|-----|-------------------|-----------------------|-------|------|
| 1. | Julie Nacouzi | Montgomery H.S. | 17:02 | 2009 |
| 2. | Nicole Hood | Carondelet H.S. | 17:08 | 2007 |
| 3. | Jacque Taylor | Casa Grande H.S. | 17:17 | 2008 |
| 4. | Jacque Taylor | Casa Grande H.S. | 17:18 | 2009 |
| 5. | Jacque Taylor | Casa Grande H.S. | 17:21 | 2007 |
| 6. | Heather Cerney | Carondelet H.S. | 17:30 | 2008 |
| 7. | Lindsay Allen | College Park H.S. | 17:36 | 2002 |
| 8. | Diana George | Livermore H.S. | 17:43 | 2008 |
| 9. | Christine Bayliss | San Ramon Valley H.S. | 17:47 | 2011 |
| 10. | Jenny Aldridge | Maria Carrillo H.S. | 17:48 | 2001 |
| | Kim Handel | Montgomery H.S. | 17:48 | 2002 |

Girls Division III

| | | | | |
|----|------------------|--------------------|-------|------|
| 1. | Carrie Verdon | Campolindo H.S. | 16:57 | 2011 |
| 2. | Carrie Verdon | Campolindo H.S. | 17:19 | 2010 |
| 3. | Ariel Wright | Bishop O'Dowd H.S. | 17:36 | 2005 |
| 4. | Grace Orders | Campolino H.S. | 17:38 | 2010 |
| 5. | Mo Huber | Acalanes H.S. | 17:45 | 2005 |
| 6. | Isabel Andrade | Petaluma H.S. | 17:47 | 2008 |
| 7. | Damajeria DuBose | Bishop O'Dowd H.S. | 17:51 | 2008 |
| 8. | Elaine Tanski | Miramonte H.S. | 17:59 | 2005 |
| 9. | Megan McMillan | Campolindo H.S. | 18:02 | 2011 |
| | Alexi Pappas | Bishop O'Dowd H.S. | 18:02 | 2005 |

Girls Division IV

| | | | | |
|-----|------------------|-------------------------|-------|------|
| 1. | Sarah Sumpter | Healdsburg H.S. | 16:59 | 2007 |
| 2. | Ariel Wright | Bishop O'Dowd H.S. | 17:15 | 2004 |
| 3. | Nicole Lane | El Molino H.S. | 17:43 | 2011 |
| 4. | Spencer Moore | St. Mary's College H.S. | 17:45 | 2011 |
| 5. | Alexi Pappas | Bishop O'Dowd H.S. | 17:53 | 2004 |
| 6. | Bridget Duffy | St. Mary's College H.S. | 18:06 | 2001 |
| | Gabi Rios-Sotelo | St. Mary's College H.S. | 18:06 | 2004 |
| 8. | Nicci Fish | Marin Catholic H.S. | 18:07 | 2002 |
| 9. | Danilla Musante | Bishop O'Dowd H.S. | 18:08 | 2001 |
| 10. | Theresa Devine | Marin Catholic H.S. | 18:14 | 2008 |

Girls Division V

| | | | | |
|-----|------------------|----------------------|-------|------|
| 1. | Julia Maxwell | Branson H.S. | 17:40 | 2011 |
| 2. | Clara Horowitz | Head Royce H.S. | 17:45 | 2001 |
| 3. | Lucy McCullough | Marin Academy H.S. | 17:47 | 2009 |
| 4. | Bridget Blum | S.F. University H.S. | 17:55 | 2011 |
| 5. | Holland Reynolds | S.F. University H.S. | 18:06 | 2011 |
| | Holland Reynolds | S.F. University H.S. | 18:06 | 2009 |
| 7. | Jennie Callan | S.F. University H.S. | 18:07 | 2009 |
| 8. | Andrea Imhof | S.F. University H.S. | 18:17 | 2005 |
| 9. | Lucy McCullough | Marin Academy H.S. | 18:23 | 2010 |
| 10. | Anna Harleen | Branson H.S. | 18:28 | 2011 |
| | Holland Reynolds | S.F. University H.S. | 18:28 | 2010 |