

North Coast Section, CIF
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Dear Participating Coach,

Congratulations on your team's season and entry to the NCS/Les Schwab Tires Championship Event Series.

The NCS Values & Ethics Committee would like to take this opportunity to remind you, your team members, parents and fans of the commitment of NCS member schools to providing a sportsmanlike environment for students, coaches and spectators. In order for sports to serve a purpose in the educational system, coaches have a responsibility to help students learn the positive educational benefits from athletics. Examples are: responsibility, self-discipline, sportsmanship, teamwork, work ethic, integrity, and personal sacrifice for the good of others. According to athletes and students, the coach is the single most influential person in determining participant behavior. Take that responsibility very seriously.

WHAT YOU CAN DO AS A COACH:

- Always set a good example for others to follow, model winning graciously and losing with dignity.
- Teach the values of honest effort in conforming to the spirit as well as the letter of the rules.
- Develop and enforce penalties for participants who do not abide by sportsmanship standards. Discipline those students who display unsportsmanlike behavior; if necessary; forfeit their privilege of representing their school.
- At every opportunity, remind the student body and your school's team members that the opposing team is their guest, and that as hosts, they should be polite and courteous.
- Respect the judgment of the officials and their interpretation of the rules. Public protests can only lead to similar behavior by the players and spectators.
- Publicly shake hands with the officials and opposing coach before the contest. After the contest, congratulate opposing coach and team on a good effort.

You are one of the most influential people in our student athlete's life. Your job is not only to teach the skills of the game, but also to teach how to win and lose graciously. The attitudes they develop toward themselves and others will last a lifetime.

Again, congratulations on the success of your season and best of luck in the tournament.

Sincerely,



Wendell Greer, Associate Superintendent
West Contra Costa Unified School District
Chair - NCS Values & Ethics Committee

NCS Coaches USTA Rules Sheet

1. **Making Calls:** The player/team the ball is heading towards makes the call; Ball Touching player, hitting before it crosses the net touches, double hits, double bounces (USTA code #5). The opponent is not entitled to make the call (USTA code #20)

Handshake (USTA Code #2) – Is an acknowledgement by the players that the match is over.

2. **Point Penalty System** (USTA Table 12)

First Offense – Point Loss

Second – Game Loss

Third – Default

***Flagrant** – Immediate Default (USTA Reg D7) Racial Slur, Striking player, coach, etc...

Conduct

Visible or audible profanity or Obscenity

Verbal or physical abuse of a player or official

Abuse of racket, ball or equipment

Delay

Leaving court without permission

*Penalties treated as if point actually played (USTA Reg D 10)

3. **Times**

Warm-up 5 min (USTA Table 11)

Lateness (USTA Table 14)

5 min or less: Loss of toss plus 1 game

5:01 – 10 min Loss of toss plus 2 games

10:01-15 min: Loss of toss plus 3 games

More than 15 min: Default

4. **LET (Hindrance):** Ball rolls onto court during play and prompt call & play stopped **LET** given (USTA Rule 23). The player may **not talk** while the ball is moving towards opponent's side of the court. Example: yelling switch or back to partner in doubles. (USTA code 33, 34, 36) **Body movement** – a player may change position anytime, including while server is tossing ball, but any movement to distract an opponent I/E waving arms or racket, stamping feet is not allowed. **Grunting** - A player should avoid or may be penalized, or opponent given a LET. The opponent may ask for a **Let**, only if they stopped play in reasonable time (before hitting the ball). (USTA Codes 18, 19)

5. **Scoring Disputes:** (USTA code 32) Order of preference

1. Count all points and games agreed upon by the players and replay only the disputed points or games.
2. Play from a score mutually agreeable to all players
3. Spin a racket or toss a coin.

6. **Medical Time-out:** (USTA table 11) Injury, illness, or heat-related, cramping

No time-out given – medical condition cannot be treated, general fatigue; treatment needs injection, intravenous infusion, supplemental oxygen. Two Consecutive Time outs at the same time not over 15 minutes of time. (Fac III, E3)

NORTH COAST SECTION/LES SCHWAB TIRES CHAMPIONSHIP SERIES EVENTS

TOPIC OUTLINE FOR PRE-GAME SPORTSMANSHIP MEETING

This script serves as a guide to the content of the sportsmanship meeting.
The home school coach will conduct the meeting

TENNIS

Attendees: Participating school' s head coach, captain(s), officials, and site director.

- 1) Welcome to all and congratulations!
- 2) Operational items:
 - 1) Location of Principals/Administrators-in-charge during the game
 - 2) Team introductions by announcer
 - 3) Half-time
 - 4) Post-game awards ceremony, if necessary
- 3) Head Coaches
 - 1) Congratulations - On behalf of NCS, thank you for your service to your student-athletes and your school
 - 2) Expectations - bench decorum
 - 3) Demeanor post-game & during awards ceremony
 - 4) Crowd Control
- 4) Team Captains
 - 1) Congratulations
 - 2) Leadership role
 - 3) Reminder...team represents school, families, community and league
 - 4) Expectations - player demeanor on the court & on the team bench.
 - 5) Taunting, trash-talking and any unsportsmanlike conduct are absolutely inappropriate and will not be tolerated
- 5) Officials
 - 1) Congratulations
 - 2) NCS expectations - This game will be officiated no differently than any other high school tennis game by National Federation of High School rules.
- 6) Closing Remarks
Remember.....
Only one team will emerge as the winning team tonight.....but everyone involved in this game has an opportunity to act like a winner.

GOOD LUCK!!

Code of Conduct for NCS Tennis

"It is the mission of the North Coast Section to provide wholesome, educational athletic activities that foster the ideals of sportsmanship, ethical conduct and fair play. All competition and practices shall be conducted in a safe manner that assures dignity, respect and courtesy for players, coaches, officials and spectators." (Board of Managers - April 26, 1996)

Student attendance is not a right, but a privilege. Site management/supervision has the right to remove any individual for not adhering to NCS and school rules/policies. (Penal Code 626.6)

The following are expected to be role models demonstrating sportsmanship at all times: Principal/administrative staff, Athletic directors, Coaches, players and cheerleaders, Faculty members, Booster club members.

The following behavior is unacceptable at all NCS/CIF high school contest:

- 1) Berating your opponent's school or mascot
- 2) Berating, yelling, booing or chanting at opposing players or coaches before, during and after the game. Personal attacks will not be tolerated.
- 3) Obscene cheers or gestures
- 4) Negative signs. All signs must show only positive support. Those which direct negative comments towards opponents or are unsportsmanlike or vulgar are not permitted.
- 5) Noisemakers (Artificial noisemakers shall not be used at any event. Artificial noisemakers are items such as, but not limited to, megaphones, air horns, bells, whistles, clickers, thunder sticks, explosive devices, tape/CD players, jars with pennies, drums, large water bottles, conch shells, plastic horns and radios.
- 6) Laser pointers
- 7) Complaining about officials' calls (verbal or gestures)
- 8) Throwing objects onto the playing area before, during, or after a contest.
- 9) Entering the playing area before and during a contest, including the awards ceremony, if applicable.

302H Code of Ethics for Spectators

- a) Spectators are required to maintain a high degree of sportsmanship during athletic contests.
- b) Spectators must, at all times, remain in the designated seating areas while a contest is in progress.
- c) No spectator is allowed to confront an official, coach, or player before, during or after an athletic contest.
- d) The actions of a spectator, detrimental to the playing of the game, may cause forfeiture of that contest.

304H Code of Ethics for Coaches

- a) A coach will be expected to maintain high levels of sportsmanship, thus serving as an example to be emulated by players and spectators.
- b) A coach may be held responsible for the behavior of his/her personnel. Repeated misbehavior by team personnel may be considered a reflection of the coach's inability to control them.

Proper behavior for a coach would preclude:

- 1) Disrespectfully addressing an official,
- 2) Disrespectfully addressing or baiting an opponent,
- 3) Indicating his/her objection to an official's decision using gestures, or charging onto the playingfield/court,
- 4) Doing anything that might incite undesirable crowd reactions,
- 5) Violating rules (particularly with regard to coaching decorum) listed in the official rule book of the sport in which he/she coaches.

All public school teams must be coached by a person who meets the requirements of the California Education Code and the California Code Title V.

